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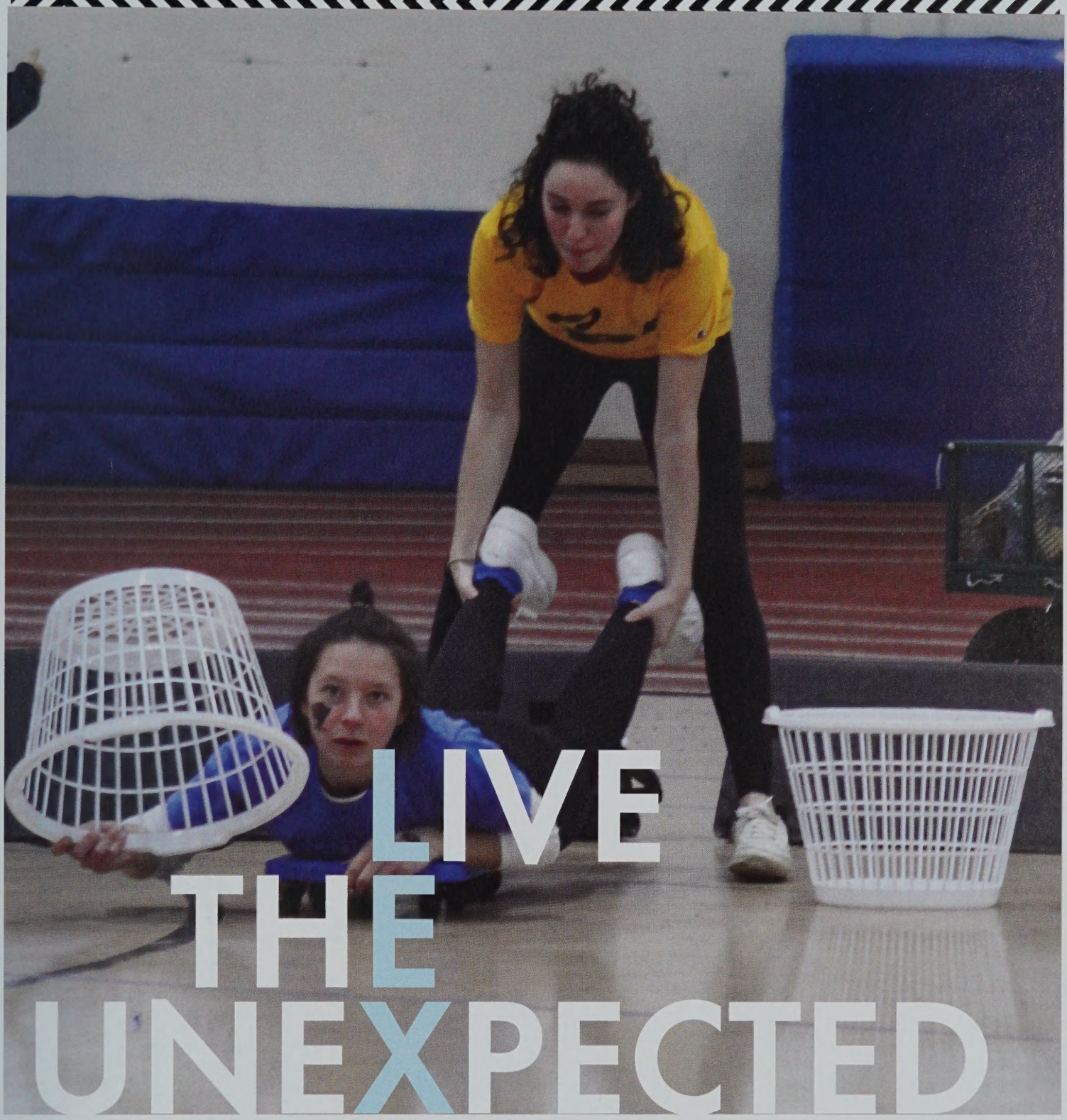

LIVE THE UNEXPECTED

LEXINGTON HIGH SCHOOL

REVOLUTION 2019

VOLUME 94

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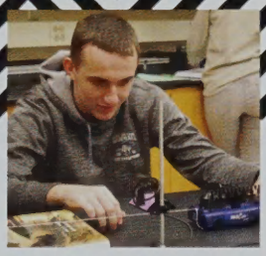

STUDENT LIFE 4 ACADEMICS 34 PEOPLE 60 SPORTS 130 REFERENCE 170

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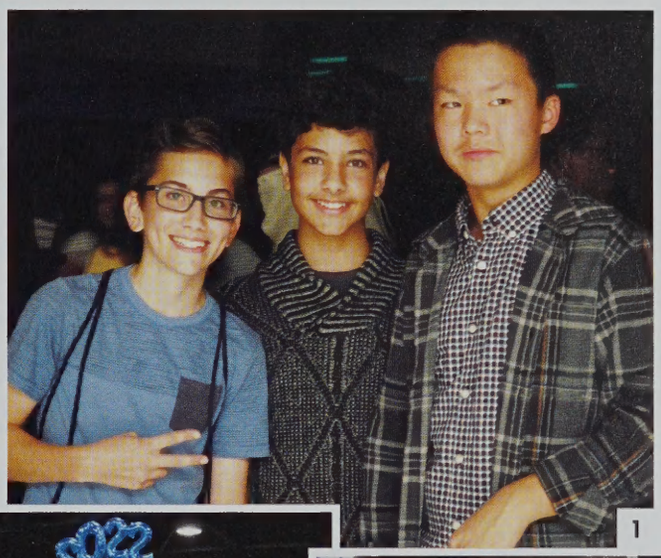
THE WRITING ON THE WALL Natalie Gebeyan (12) writes a message on the mirrors in Ms. Carey's room. Gebeyan said "I honestly think I just wrote my name... if not (cause I have taken the class so many times) I think I wrote something meaningful to me which was the day my grandma passed away which was also my junior year of high school. I think what I loved about high school the most was when my grandmother passed away, all the teachers and students at this school made me feel so loved and gave me all the support I needed through that rough time Junior year. Lexington High is known to support people through rough times in their life so I wouldn't want the love and support from anyone else. "



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1. SMILE! Jonathan Amirault (9), Matthew Hamami (9) and Guixuan Jin (9) spend time with each other at the welcoming dance for Freshmen in the fall. **2. SOARING TRICKS** Luke Lee (11) and Sean Wu (12) perform special Chinese yo-yo tricks for the crowd at Spirit Day. **3. CATCH EM'!** Parker Morii-Sciolla (11) holds onto Christopher Cervone's (11) legs during a hungry hippo game at Spirit Day. Morii-Sciolla said ""I think school spirit is something important for us to have. It unifies the school as one regardless of race, gender, religion. I also find that these pep rallies allow us to spend time and interact with those we don't speak to very often." **4. MULTI TASKING** Benjamin Leshan (12) throws a dodgeball in front of a crowd at the Best Buddies Dodgeball Tournament.

JUST BY CHANCE

In a school of just over 2,260 students, you never know what is going to happen next. One day you could be stuck outside in the cool September air participating in an hour long evacuation drill. Another day, you could be painting the quad wheel rainbow colors for the Sources of Strength Club. You could find out about an unexpected passion that a friend or teacher has that will blow your mind forever. There are a million different activities that people participate in that you never knew about before, and you never know how these opportunities will impact your life today. In our hallways and on our campus, you should expect the unexpected.

1. JAMMIN' OUT William Steinfeld (12) and Rishi Gollerkeri (12) sing and strum during the NHS Talent Show. The two had performed along with several other members of the Cross Country team. Steinfeld said, "Attempting to play a song at the talent show is a Cross Country team tradition - usually we have some sort of team anthem from the season. Being on stage singing in running shorts alone would be terrifying, but when you're surrounded by teammates who you've trained and raced with for months, who are also looking just as ridiculous and having just as much fun as you are, it's a great time."

2. HUDDLE UP Robert Chen (12) and Benjamin Defay (12) huddle around their phones and play games while they wait to return to their classroom. They were sent to the football field along with the rest of the student body to practice an evacuation drill in the case of an emergency. Chen said, "Most drills are necessary so we can respond effectively in the case of a real emergency. Although real emergencies may have a low chance of occurring, the high risk involved makes drills valuable."

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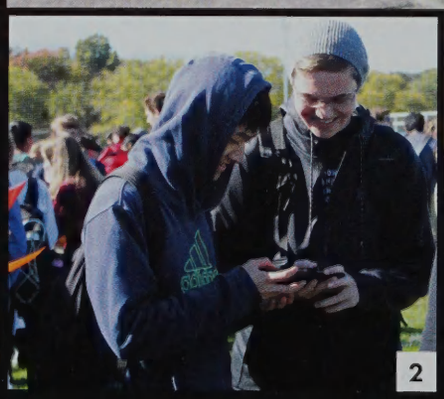

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AIM HIGH Candela de Amorrortu (12) and Sophie Schadler (12) await the arrival of the Class of 2022 on the first day of school. The two seniors were Peer Mentors, students who are outgoing, friendly and knowledgeable about the campus and student life. Amorrortu said, "I have actually learned a lot about myself by being a peer mentor. Reflecting back on who I was when I first got to this place and seeing how much I've grown over the years has been a special experience. I love hanging out with the incoming freshmen and watching them flourish throughout the years. I didn't expect to make such strong connections with the freshmen, but I made some great friends at the beginning of every year. It's been a wonderful opportunity to be a peer mentor and I will miss the community a whole lot. "

AROUND THE WORLD IN 68 DAYS

Students traveled all around the world, experiencing things they will remember forever.

There were just 68 days of summer vacation, so students used every single day to explore the wonders of the world. Some traveled overseas, some went to camp, and others stayed in town, but everyone found plenty of good ways to spend their break. Whether by plane or by book, students gained new experiences and life stories they would share when school began again. Kyuho Lee (10) said, "The best part of my summer was going on a road trip from San Francisco to Boston with my brother; we went through Crater Lake, Yellowstone, and Badlands National Park." While 68 days may not seem like a long time, students utilized every second of every day to make their summers worthwhile.

1

1. HELPING HAND After working with a group of kids, Arielle Lee (12) shows off her paint-covered hands. Lee traveled to Cambodia, as she had done for the past four years, to help educate students in rural areas in the arts and English."I've seen so much progress in the schools since I first visited and I'm proud to say I was a part of it," Lee said. "It takes a ton of energy and perseverance, especially in 97° heat, but the kids are beyond worth it." **2. DOGS FOR DAYS** Mina Lee (12) takes a break from rehearsal with one of the camp dogs. As a three-year member of the Boston Youth Symphony Orchestra, she always enjoyed their pre-season summer camp. Lee said, "Why do I love BYSO Camp? Well, first of all, look at this dog!! For all of you dog lovers, Camden, Maine during August is the place to BE. But by far, the best part about camp is the fact that it gives us, as an orchestra and as an organization, the opportunity to get together and make beautiful music with the people you love, away from our chaotic lives. I know band camp can sound kind of lame, but I swear - being with people who are even bigger nerds about music than you are is the coolest experience. Not only have I learned a ton, but during those two weeks in Maine, this group of 96 musicians become a family."

3

3. A SECOND HOME Emma Horwitz (12) gathers with some friends and locals after a long day of hard work. She traveled to the Dominican Republic to participate in a summer program, made some new friends, and enjoyed new experiences along the way. Horwitz said, "I became really close with people from all over the U.S. and the Dominican and learned about/became part of an amazing culture there. I'm really looking forward to seeing all of my friends again and being back in the most beautiful country with the friendliest people I've ever met." **4. FAMILY FUN TIME** Grace Wang (9) holds the magical staff of the Monkey King, a character from a famous Chinese legend. Wang and her family traveled to China this summer to visit family. "I hoped to catch up on all the things that had happened since our last trip, and to meet new members of the family! When we arrived, everyone was so welcoming and generous - I was sincerely touched. Other than spending time with family there, my dad, sister, and I also went on a few excursions to tourist destinations. Overall, it was pretty similar to what I was expecting (including the heat). But I'm very glad we took this trip, and hope to go back soon!" said Wang.

SUMMER HIGHLIGHTS

WHAT WAS A HIGHLIGHT OF YOUR SUMMER?

"It was a small moment but one of the highlights of my summer was when two of my friends and I were hanging out in our high school ministry room at our church and we decided to play around with the instruments set up there for worship. One friend picked up the mic, the other sat by the drums and I by the piano and we just played random music that actually sounded nice. I just love spontaneous moments like that." - **Anju Minemoto**

"The highlight of my summer was definitely traveling to Belgium and Holland. Getting to see the Ghent Jazz Festival was amazing, and it was great to see the European Parliament in Belgium and the beautiful canals and endless number of cyclists in Holland. I really enjoyed learning about the cultures of both countries." - **Rachel Kuznetsov**

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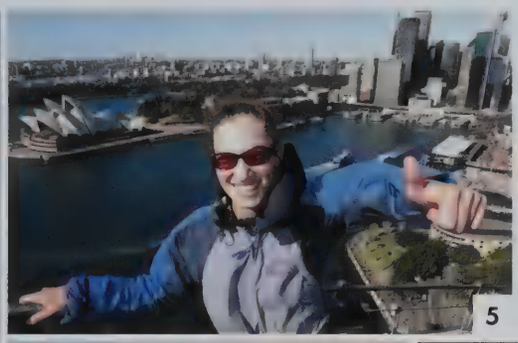

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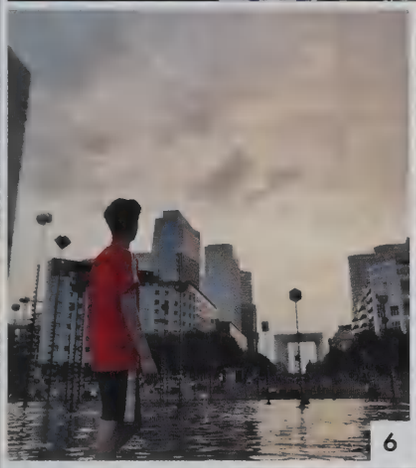
5. HELLO FROM THE TOP OF DOWN UNDER Talia Chait (11) gives a thumbs up on the platform of the Sydney Harbour Bridge. She traveled across the world visit Sydney, Australia with her family to escape the heat waves back home. Chait said, "Even though it was really windy and cold, it was an amazing experience. You are basically standing on the top of a bridge looking out across the water ways seeing the entirety of Sydney. I would definitely do it again!" **6. SUNSET BEAUTY** Henri Engstrom (9) experiences sunset during his stay in Germany. He and his family went on a tour across Germany, France and the Netherlands. Engstrom said, "By far the most interesting thing that I realized is that even in Germany, outside of cities not everyone speaks English in Europe. This really surprised me. It might sound naïve but I also realized how strikingly different culture is across country lines which are so close together, almost like states in the European Union." **7. THE TRAVELING BROTHERS** Nathan Willemsen (10) and Andes Willemsen (12) kayak together



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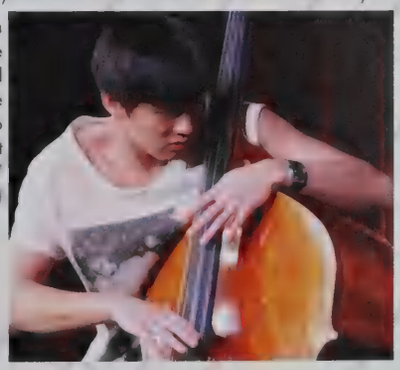
across a fjord in Ulvik, Norway. The brothers had traveled with the rest of their family to experience several of Norway's cities, such as Oslo, Bergen, and Finse. "While I spent some time in the wonderful surroundings of nature, the cities stood out to me. Despite being larger in size and all the signs being in Norwegian, it was relatively easy to navigate. We were able to take public transportation most places and it felt similar to Lexington in that regard, that you don't necessarily need a car to get around," said Willemsen, "However a difference I noticed is that open natural landscapes are hard to come by in the Lexington area, and it was something I found to enjoy about Norway, knowing that I could step out and just explore and sightsee on glaciers and in fjords." **8. DIAMONDS IN THE RUFF** While in Lima, Peru with her family, Leia Jekel (11) strolls by some of the city's street art. Jekel said, "My family and I experienced adventure and hidden surprises while spending time in Lima, Peru this past summer. Tourists are hard to find and the city has always been considered 'rough' by many who have stopped by before continuing to the infamous Machu Picchu. But there's nothing like turning a corner in Lima and finding some of the most genuine and emotionally driven street art, completely undisturbed by all the noise. It's rough but it's beautiful at the same time."

4

THE GOOD OL' DAYS

What is your favorite childhood memory?

"I didn't know English when I was little, and the vocab word was worm and some kid dropped to the ground and started worming to help me understand what w o r m meant."
- Hyunwoo Shin (12)



THOSE FIRST DAY JITTERS

Students came back to school during the last few days of August.

Summer vacation ended and school started. Students filed back through the halls of the school, which caused traffic jams during passing time. Many students were still enjoying those last days of summer, but others returned early to help orient the Class of 2022 and welcome them to the high school. Peer Mentors screamed and cheered as the freshmen walked onto campus for the first time. Brittany Lin (9) said, "I was excited, and a little nervous, there were so many new people I hadn't seen before! Each building felt like they were twice the size of the middle school! When it was time to go to my math class, I had no idea where I was supposed to go. Room 827? A bright patch of neon yellow was my savior. The peer mentor pointed out the building, and I found my classroom. After that, the school didn't seem so big and scary anymore, and I was excited to meet new friends and experience a new school." Abigail Lee (9) said, "I was nervous on the first day. I had expected to get lost, but since there were so many peer mentors, who were all very easy to approach, I was able to learn my way around the school faster." Even though the high school seemed scary to many, there were so many opportunities for students that go beyond the size of the school. Whether that is clubs, meeting new people, or playing a sport there was something for everyone.

1. LENDING A HAND Joyce Guo (12) helps a freshman find her next class. Schedules were confusing to many students when they first came to the high school. Peer Mentors were there on the first day to help new students find their classes. Guo said that she was a peer mentor because, "I really wanted to get to know the incoming class and help them get comfortable with all that LHS has to offer!" **2. HOLD IT HIGH** Marisa Boni (11) holds up a homeroom sign for orientation day. Boni as well as many others gave up a day of summer to help the freshmen acclimate to the multi-building high school. Boni said, "Peer mentoring is such a privilege. I get to interact with incoming students and introduce them to the great community that LHS will provide them for the next four years. I think Lexington High School has a reputation of being extremely stressful and that can be so overwhelming for new students. I love that I can use the knowledge I have gained of the LHS campus and experiences that I have had in this school to help ease that stress. As a Peer Mentor I feel as though I can help students and make an impact which is so rewarding."

3.WE UNDERSTAND Peer Mentors Jacob Milendorf (11) and Liam Cotter (11) guide Andrew Lawrence (9) across the quad. When asked why he enjoys mentoring, Cotter said, "First, as a group, we are some of the most outgoing, enthusiastic people that I have ever met and they genuinely want to make an impact on those who they interact with. The second reason is that growing up, I have moved to a lot of schools, and I was a freshman only two years ago, so I remember how my friends and I felt during the transition to high school, and just something as simple as telling a new freshman that everything is going to be okay makes much more of a difference than most people would think. So really, we all do it because we all have fun doing it and genuinely enjoy spending time together and we enjoy helping out those who feel lost in this whole new world they have entered." **4. WE ARE HERE TO HELP** Pamela Chiakpo (11) tells a freshman about the quad while providing a guided tour to a class. Chiakpo said that when she was a freshman, the most helpful advice she received was, "to find something separate from school that I enjoyed to help keep me grounded." **5. TRAFFIC JAMS** Students walk down the crowded main hall of the high school for the first time. On the first day of school, the halls were not as busy as they would be once everybody came back. Freshmen would soon learn about the short passing times.

6. ANSWERING QUESTIONS Molly Zeytoonian (11) holds a homeroom sign to help freshmen find their homeroom. Zeytoonian was responsible for helping the freshmen get to their homerooms and being available for questions throughout the day. Zeytoonian said, "The thing I love most about being a Peer Mentor is the influence you have on the freshmen. They are going into high school afraid of upperclassmen, heads filled with horror stories about stress at LHS. I love being able to show them first hand that nobody is there to haze them and that high school is what they make it!!"

HOW DID YOU SPEND YOUR LAST DAY OF SUMMER?

"I went to the beach with my family the last day of summer. We swam, ate ice cream and I took a bunch of photos with my film camera. It was nice being able to do something relaxing the last day before senior year started. You have to make every single day of summer worth!!"
-Rocio Hernández (12)

"For my last day of summer I slept in and honestly just chilled. I didn't do to much. I bought one last thing I need for school supplies but other than that I didn't do much else."
-Noah Fryou (12)

"For my last day of summer I stayed home and compared schedules with my friends for the most part, and hung out with two other friends in the afternoon. We took some pictures of each other just to cherish the non-existence of the dark eye circles."
-Huining Liang (11)

A LAND OF OPPORTUNITY

Underclassmen scoured the dozens of stands in search of extracurriculars at the annual Activities Fair.

As the freshmen, sophomores and occasional upperclassmen milled around the Field House, club representatives blasted music and gave out a variety of candy in efforts to recruit new members. Brightly colored posters and demonstrations had interested students crowding to sign up. The fair displayed numerous clubs that had something for everyone; from Ping Pong Club to the Hype Squad, there was no shortage of activities for students to sign up for. Callie Rabins (10) said, "It was so much fun!! I really loved the experience of running a club booth because I got to talk to so many people about their interests, which was a lot of fun. I also got to talk with the people in the booths next to me, which was really interesting. There was just so much good energy in the Field House that day!"

1. CHANGING LIVES Sage Fabricant (12) and Noah Fryou (12) try to arouse enthusiasm for the Fistula Foundation Club. The club raised awareness and fundraised for the Worldwide Fistula Foundation, which created hospitals and funded surgeries for birth injuries in underdeveloped countries. Fabricant said, "It really changes these women's lives and it's a beautiful thing to be a part of." **2. LOVING LANGUAGE** Irene Ouyang (12) promotes the Computation and Linguistics Olympiad to an interested sophomore. Ouyang said, "Language itself, with all its rules and patterns, is a difficult concept to grasp. This is what linguistics is for: understanding the origins of language, and having fun while doing so." **3. ON DISPLAY** Christine Wang (11) displays a portrait of her sister to passing freshmen. While many clubs attracted newcomers with treats and candy, a demonstration of what the club did also piqued attention. Wang was supporting the National Art Honors Society, a chapter of the national organization that connected to the community through art. Wang said, "I'm passionate about art because I believe it has real power to express oneself in ways that words can't."

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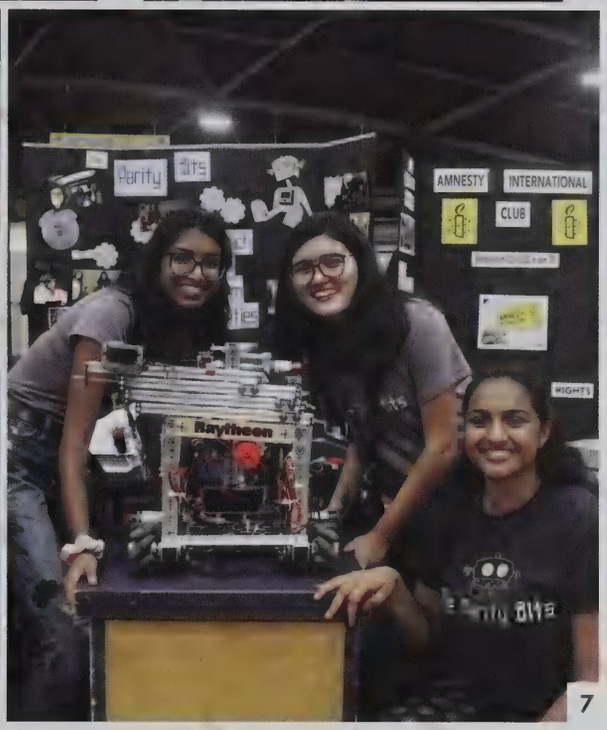

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4. STRUM ALONG WITH US Samuel Pak (12) shows off his ukulele skills to Grace McLaughlin (11) and Justin Lin (11). Besides ukulele, Pak dabbled in guitar, piano, drums, synth and other instruments. Though he experimented with so many instruments, Pak said, "Sometimes you need to take time to just chill and vibe to some ukulele. **5. HOW'S THE WEATHER UP THERE?** Jonathan Pfeffer (12) towers above the crowd on stilts as he carries a rainbow umbrella. The eye catching stunt was fitting to the club he rallied support for- Drama Club. Pfeffer said, "We play improv games and tease each other. It's a good time."**6. CHECKMATE, MATE!** Jonathan Hsu (11) shows off his chess skills, unfazed by the commotion around him. Hsu was a co-president of the Chess Club, where members spent weekly sessions hanging out and advancing their knowledge of the game. Chess might be a board game but it is very competitive. Hsu said, "I have been playing chess ever since I was five and beating people better than me makes it really fun." **7. BITS AND BOTS** Khushi Soni (12), Grace Abe (12), and Anushka Rathi (12) present one of their robots. They were part of the Parity Bits, the all-girls robotics team that competed annually in the FIRST Tech Challenge. Abe said, "I always think it's so cool to see how our robot comes together throughout the season. We start out with so many different prototypes, and we're constantly building and rebuilding, so our robot could look completely different from one competition to the next. My favorite thing about the Parity Bits is what a great sense of spirit and community the team has. We do outreach events and team activities year-round, and they're always lots of fun. I think it's really great to be on an all-girls team, because the majority of our outreach events are focused on inspiring younger girls to get involved in STEM fields."

TURNING PASSION INTO **ACTION**

What inspired you to found your club?

"I began with the hobby of playing hacky sack during the spring of 2018 in Greece and Bulgaria with a few friends. My friend Marc and I decided that we wanted to have a time and place where we would be able to de-stress and meet new people. Playing hacky allowed me to branch out. I met people from many different regions of the school. We currently have a tight following of the club and are attempting to extend the club to more people." - Christopher Cervone, Sack Club

"I founded Lexspects because I realized that there really was no place in LHS, diverse and intelligent community that it is, for students to share their perspectives on the varying social and even political issues that our generation faces today. I wanted to build a platform that could house all the perspectives and views each student has to offer, in a way that transcends the sort of norm of news reporting or publication: we publish everything, like opinion, news, prose, art, and more. Lexspects is still very new, (visit us at www.lexspects.com!!) but I'm hoping we continue to grow and share our work and maybe even promote civic engagement and effect change in the community." - Kelly Hui, Lexspects

"I believe that kindness and positivity have so much potential to make an impact! I really value trying to make someone's day even a little brighter, and I always try to look for the positives in a situation. We have so many amazing people here at LHS, and so I was inspired to start a club where, as a tight-knit group, we could work together to bring even more smiles to our community!" - Joyce Guo, Power of Positivity

"I started playing badminton when I was super young, but it never was on the same page as basketball or football. It's super fun and is more than just a "backyard" sport. So when junior year came and I didn't have time to travel for tournaments, I decided I could help badminton grow. A lot of people want to play badminton at school, but there was never a venue where we could play. I know places and people that we could play at, so I used this to build a place where people could have fun and meet new people. It's not an official school sport, so it's like super chill and no pressure, which is always nice. Just a good place to meet new people and have fun playing badminton!" - Stanley Wu, Badminton Club

"I've been told countless times that I am a confident and outgoing person and when I am asked how, I never used to have an answer as it has always come naturally to me. I became interested in how mindset effects our experiences in life and went on a little self discovery journey to find out the answer. I began to share my findings on how I live an authentic life with my friends to try and help them live with intent as I had learned to do. My words meant a lot to those around me and I was constantly being told how my positivity was inspiring and helped them see life through a different perspective that allowed them to detach from the stress that surrounds LHS on a daily basis." - Minna Abalian, Good Vibe Tribe

What are some traditions that hype your team up before games? A **TEAM** EFFORT

"The team stands in a circle, arms around each other, and there is a person in the middle. We start chanting, and the middle person gets us to chant "I got the juice, I got the fire, I got the juice I got the fire I got the hot desire". We say it 5 times, getting louder each time. It is easier to understand if you see it in person.
Andrew Swingle (12), Ultimate Frisbee

"The night before each cross country meet, the team gathers at someone's house for team dinner. Everyone brings pasta, juice, and pizza and we hang out and carbo-load. It really brings the team together in preparation for the race the next day."
Adam Bernstein (11), Cross Country

"We all gather around in a huddle and cheer "Lex on 3! 1...2...3 LEX!" and it's super loud and it kinda makes us feel powerful because that's how it sounded."
Noelle Germanetto (10), Soccer

that's the SPIRIT

Thanksgiving break starts off with visions of blue and gold.

Weeks of preparation by the Spirit Squad paid off on Nov. 21st, a day filled with excitement and cheer. Each class marched off to the field house for a special treat. Streamers, banners and balloons covered the walls and hung from basketball hoops. Bleachers were filled with waves of blue and gold thanks to the attire donned by the audience. Student volunteers put their game faces on, bringing their best dance moves, Chinese yo-yo skills, and trivia knowledge. Cheers and music filled the field house while students pedaled away on tiny tricycles and teachers stuffed their faces with whipped cream pie. Christian Han (9) said Spirit Day "filled LHS with school spirit. It was so fun because we got to witness a variety of exciting things that hyped everyone up. There is nothing more funny than two people stuffing their faces with some pie. This got everyone in our grade hyped which brought everyone's spirit." The Spirit Squad organized the event in order to build a community and form bonds among students. Student and faculty efforts paid off in bringing the school together for a day.

1. LET THE GAMES BEGIN Christopher Cervone (11), host of the Spirit Day pep rally, announces the winner of the trivia game. Cervone said, "For me, Spirit Day is a way to give students a break from the constant work that LHS gives them. It was my first year hosting Spirit Day and I really enjoyed watching students and teachers playing ridiculous games. I love events like these that bring the school together."

2. FLIPS AND TRICKS Luke Lee (11), a Spirit Day performer, shows off his yo-yo tricks. Lee said, "I thought that it would be cool to show people what the Chinese yo-yo really is and how incredible it is as a sport. To me, I was really inspired by the support from the crowd. For each and every trick, the roar of the crowd made my partner and I very excited about the act. This was an awesome day!" **3. HUNGRY HUNGRY HIPPOS** Darren Tran (9) holds Brett Fortier's (9) ankles during a feisty hungry hippo match. The game was a live competition mimicking a board game of the same name, where volunteers paired up to collect as many balls as possible. Fortier said, "I was able to learn more about someone I didn't know before, as well as represent the school in a fun and entertaining way." **4. MORE PIE!** Mr. Cuzzupe, parades around the field house as the reigning pie eating champion. "Spirit Day is one of those days where you have an opportunity to connect with students outside the classroom. It's a time to have fun, enjoy a few laughs and get a little time to not take life so seriously," said Cuzzupe.

5. ON YOUR MARK, GET SET, PEDAL! Shymon Samsel (11) participates in the tiny tricycle race. Samsel said, "I think everyone had a good laugh. I was volunteered by my teacher to participate, and I'm happy I did because it was really fun to do something that odd in front of my class. **6. SOULFUL SPIRIT** Anelga Haijar (12), sings a solo with her a capella group, Onomatopoeia. **7. PIE TO THE FACE** Ryan Greenberg (9) and Darren Tran (9) look over at their opponents during the pie eating contest. Tran said, "that the heart of the school is made up of students, and a large portion of that population is freshmen. LHS freshmen want the spirit so we need to work hard to make that happen."

DID SOMEONE SAY **MINUTEMAN?**

STUDENTS EXPLORE THE HISTORICAL MUSIC OF LEXINGTON

TO THE BEAT OF THEIR OWN DRUM Aavedon Roy (9), Miriam Abrams (11), Joanna Suber (12), Andrew Kochi (9), and Jordan O'Hare Gibson (12) play together in the William Diamond Jr. Fife and Drum Corps. Miriam Abrams (11) said, "We (William Diamond) perform at parades and musters throughout the year. I started seven years ago because I wanted to play an instrument and was jealous of my brother. I do still enjoy the colonial music and history, but I've also made so many amazing friends through fife and drum."

TRENDS & TOPICS

GONE, BUT NOT FORGOTTEN

This school year we lost some of the biggest legends in history including our 41st United States president George H.W. Bush, as well as comic legend Mr. Stan Lee.

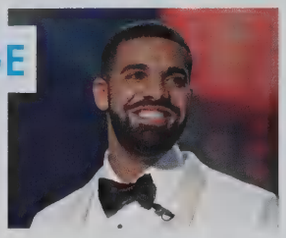
ARETHA FRANKLIN

American singer, songwriter, civil rights activist, actress, and pianist. She was known as the Queen of Soul.

BURT REYNOLDS

American actor, director and producer. He first rose to prominence starring in television series such as Gunsmoke.

KIKI CHALLENGE



The "Do The Shiggy" dance or "Kiki Challenge" was inspired by Drake's latest single "In My Feelings," from the new album *Scorpion*. Thousands of social media users, including celebrities such as Will Smith, posted footage of themselves doing silly dances to the tune of the hit song. Authorities around the world quickly warned people that is was dangerous after several reports of serious injuries.

Scan this QR code to see what all the hype was about.

DEVASTATING NATURAL DISASTERS

Many parts of the world experienced devastation as natural disasters hit, with no warning.

Thousands of people around the world lost their lives to natural disasters in 2018, a tragic reminder of how rapidly natural disasters such as the wildfires in California can become deadly. The year ended with a deadly tsunami in Indonesia, capping the country's worst annual death toll in more than a decade from natural disasters.

SUPERHEROES TAKE OVER THEATERS

While 2018-2019 had many fun grace the screens of theaters across the nation, Superheroes seemed to be leading the show with releases like Ant-Man and the Wasp, Venom, Spider-Man: Into the Spiderverse and Aquaman debuting soon after Marvel's Blockbuster Hit Black Panther.

Ant-Man and the Wasp

Venom

Spider-Man: Into the Spider-Verse

Aquaman

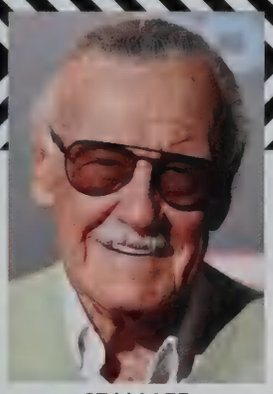
3 WEEKS IN THE DARK

Twelve members of the Wild Boars youth soccer team and their coach entered the sprawling Tham Luang cave network on June 23, 2018 only to be trapped by rising flood waters. The boys were found in early July, but jubilation quickly gave way to the realization that their rescue would be extremely risky and dangerous.

The world watched as a team of international cave diving experts led the mission to retrieve them, evacuating the boys one-by-one. The last of the group, the coach, successfully exited the cave on July 10th.

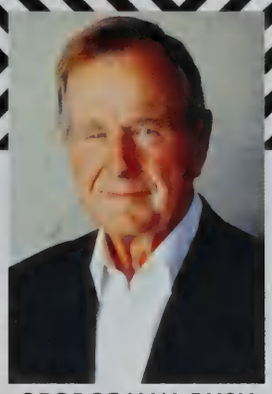
MAC MILLER

Malcolm James McCormick , known professionally as Mac Miller, was an American rapper, singer, and record producer.



STAN LEE

American comic book writer, editor, publisher, and producer. He rose through the ranks of a family-run business to become Marvel Comics' primary creative leader for two decades.



GEORGE H.W. BUSH

American politician who served as the 41st president of the United States from 1989 to 1993 and the 43rd vice president of the United States from 1981 to 1989.

GOVERNMENT **SHUTDOWN**

Holding out for funding for border security,President Trump forced a shutdown of the federal government. The shutdown, which lasted for 35 days, was the longest in U.S history. The shutdown affected approximately 800,000 employees and cost the American economy an estimated $11 billion.

MIDTERM **ELECTIONS**

These election winners all made history. Ilhan Omar of Minnesota, along with Rashida Tlaib of Michigan, became the first Muslim women to serve in Congress; Jared Polis of Colorado became the first openly gay person elected governor; Alexandria Ocasio-Cortez of New York, age 29, became the youngest woman ever elected to Congress; Sharice Davids, an openly lesbian Kansan, along with Deb Haaland of New Mexico, became the first Native American women to serve in Congress.

PROTESTING

In early September, Nike released the latest version of its *Just Do It* campaign featuring the face of professional football player Colin Kaepernick, who has effectively been blacklisted from the NFL for peacefully protesting police brutality against African-Americans by taking a knee during the National Anthem, underneath the slogan, "Believe in something. Even if it means sacrificing everything." Despite boycotts and some setting their Nike shoes on fire in protest, Nike has made over $6 billion since the ad came out.

SOCIAL **TRENDS**

Using Snapchats was a hilarious and interesting way to make virtual conversations.

Tik Tok was a social network with an impressive suite of video-editing tools, Snapchatlike AR filters, and features that let you sync your video to nearly any soundtrack you could think of.

With over 1 billion active users, Instagram was undoubtedly one of the most popular social networking apps in the world.

DID YOU HEAR?

"Spill the tea"
"Flexing"
"You bet"
"That's gucci"
"Finesse"
"Sauce me that"
"Yo imagine"
"Facts"

TURN UP THE MUSIC: **TOP SONGS**

THIS IS AMERICA
BY CHILDISH GAMBINO

GOD'S PLAN
BY DRAKE

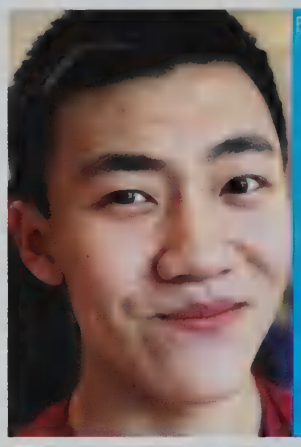
PERFECT
BY ED SHEERAN

SHALLOW
LADY GAGA & BRADLEY COOPER

MEANT TO BE
BEBE REXHA & FLORIDA GEORGIA LINE

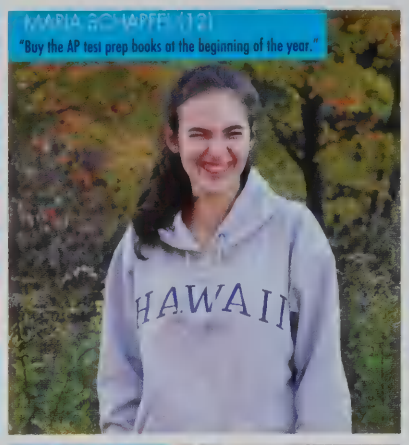
7 RINGS
ARIANA GRANDE

INSIDE SCOOP ON LIFE HACKS



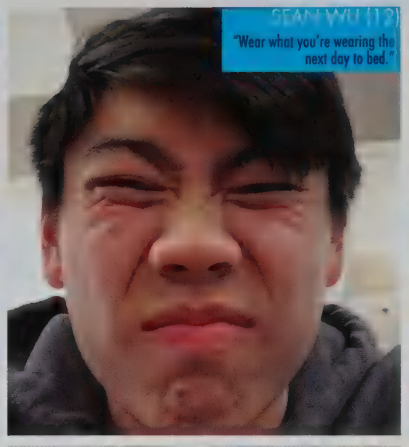
BILL WU [12]

"It's high school and it doesn't really matter. Remembering to focus on yourself and do what you love has really enhanced my high school experience and it's a lesson I'll carry beyond high school and throughout the rest of my life."



MARIA SCHAPPEL [12]

"Buy the AP test prep books at the beginning of the year."

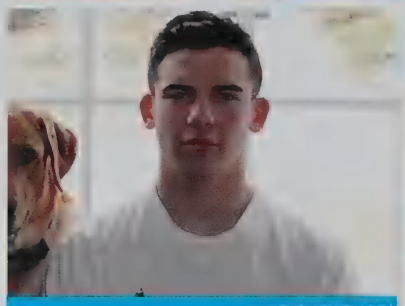


SEAN WU [12]

"Wear what you're wearing the next day to bed."

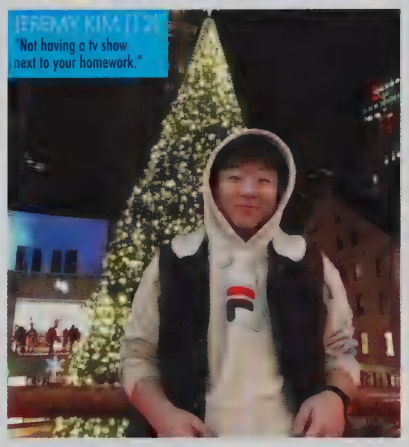
JACKLYN HOGG [12]

"Being organized! Compiling all of my assignments, home work, and events into one big calendar was very stress relieving. It gave me a good idea of when I needed to worry about things and when I didn't."



JOE SUTER [12]

"In class when I can't do work I just think of things that are funny and sometimes it gets me in trouble but I have a good relationship with all my teachers that I didn't get in trouble but people need to know that highschool is an important part of our life and I didn't. Realize it till late and have fun but make sure you get what you want to do in life is in place before you leave."



JEREMY KIM [12]

"Not having a tv show next to your homework."

ILLEN BOTHINGHAM [12]

"Always put a pencil in your coat pocket so you don't have to bend down to get one out of your backpack."

ALBERT CHI [12]

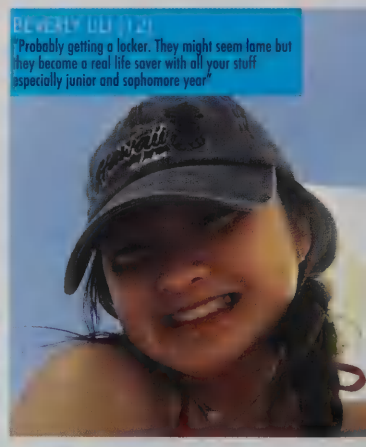
"Remembering the quote "With great power comes great responsibility" when problems arose made my life better."

RENE OUYANG [12]

"One trick: believe that no matter what happens, no matter how much you have on your plate and it almost seems like you're gonna be crushed by all the things on your "to-do" list, you're going to power through, you're going to make it out alive and everything will work itself out."

MARK WU [12]

"Take the time to look good in the morning. Don't roll out of bed and hop in the car to school. Take the time to do your hair, wash your face and plan out an outfit. When you take care of yourself, it makes you feel good and more confident. The confidence is crucial because it feeds your energy all day, making you more outgoing and just plain fun to be around."

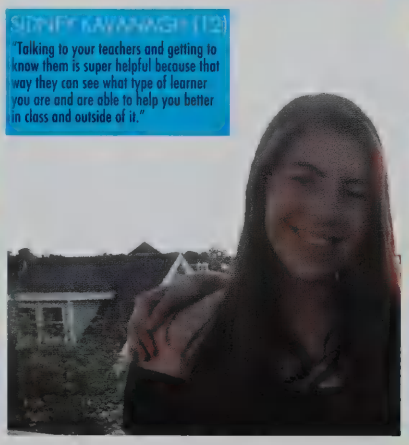


BEVERLY LIU [12]

"Probably getting a locker. They might seem lame but they become a real life saver with all your stuff especially junior and sophomore year"

JANICE CHOI [12]

"I'm not sure if this is a life hack but I have a mini pouch that I bring everywhere I go and I call it my bag of essentials. I keep things that are essential to myself such as chapstick, 3 hair ties, a nail clipper, a compact mirror, lotion, Advil/ibuprofen, bandaids, my debit card, driver's license, and my necessities for the time of month. This has made my life a lot easier because whenever I'm going out, all I need to do is grab this one pouch and I'm set to go!"



SUMIE KAWAMAGI [12]

"Talking to your teachers and getting to know them is super helpful because that way they can see what type of learner you are and are able to help you better in class and outside of it."

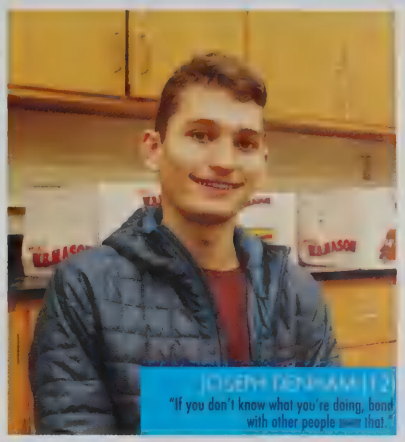
JANE JUNG [12]

"School counselors (in my experience) are really great. I went to see my counselor when I was dealing with a difficult personal situation and she was so supportive. They're here to help you, so take advantage of that and don't be afraid to ask for help for things school related or not. Plus, it doesn't hurt to get to know them better since they will write a college rec for you."

JANET MARIADOSS (12)
"Stay hydrated, take classes you're interested in not for the higher level. Find something that you do purely for the sake of fun and get to know your teachers! They're pretty cool."

INGRA DUTT (12)
"Don't take classes just because they're hard. My favorite classes are ones I'm interested in. Also just do your homework."

ADITYA MIRIYALA (12)
"Don't fall behind early on your work. You may think that you don't need to, but you should develop the mindset that you're responsible for your future."

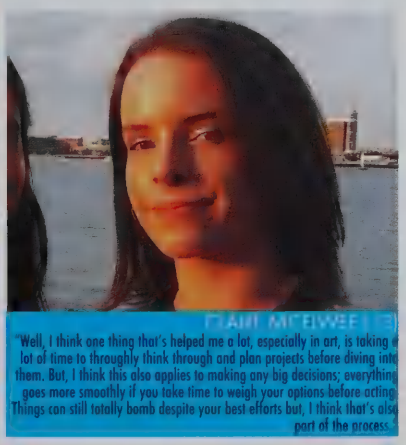


JOSEPH DENHAM (12)
"If you don't know what you're doing, bond with other people [illegible] that."

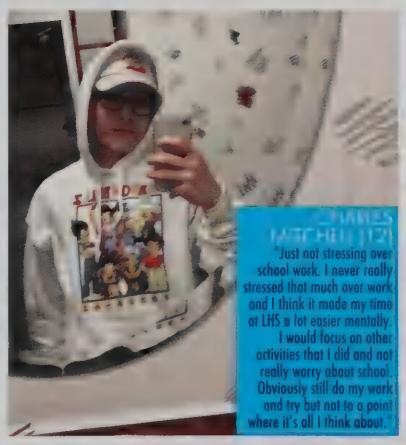
"It would probably be to not be afraid to ask people for help when you need it. In school we think that it's okay to struggle and not know what we're doing, but if we're struggling so much I never found in my experience that I was learning from that. I feel like in school and in life we never want to be seen as vulnerable or like we can't handle things, but in reality it's okay to not be okay and the people around us are there to support and guide us whenever help is needed, people just should never be afraid to reach out and ask."

- Janna Lee (12)

JACK MARCIN (12)
"Not worrying about everything."



ELAINE MCELWEE (12)
"Well, I think one thing that's helped me a lot, especially in art, is taking a lot of time to throughly think through and plan projects before diving into them. But, I think this also applies to making any big decisions; everything goes more smoothly if you take time to weigh your options before acting. Things can still totally bomb despite your best efforts but, I think that's also part of the process."



CHARLES MITCHELL (12)
"Just not stressing over school work. I never really stressed that much over work and I think it made my time at LHS a lot easier mentally. I would focus on other activities that I did and not really worry about school. Obviously still do my work and try but not to a point where it's all I think about."

DEBAYAN SEN (12)
"For most tests in high school, wearing my most comfortable clothes like sweatpants."

MAKING HAPPY HAPPEN

Representatives of each class convene after school to keep student life exciting.

Throughout the year, members of the four Class Councils assembled weekly in their designated classrooms to brainstorm and organize engaging events. Their efforts worked toward raising money for future dances, such as Sophomore Cruise and Junior and Senior Proms. The fundraisers varied from classic bake sales in the main hallway to collaborating with the School Store. The classes designed fun apparel for their respective grades, creating products such as simple water bottles, phone wallets and winter hats. These products simultaneously raised money and helped create class spirit. Junior Council member Rachel Zhang (11) said, "Class Council has allowed me to give back to the school by helping to organize events that are necessary for creating a fun and vibrant grade-wide community. Through Class Council, I have received many unique opportunities that I am very grateful for." The meetings, though focused, were always enjoyable. Sean Wu (12), who served on on the Senior Council, said, "Class Council is a fun time.It's like a group of friends meeting up to figure out how we can raise money for our class and plan dances. At times class participation can be worrisome, but overall the Class of 2019 hasn't failed to pull through."

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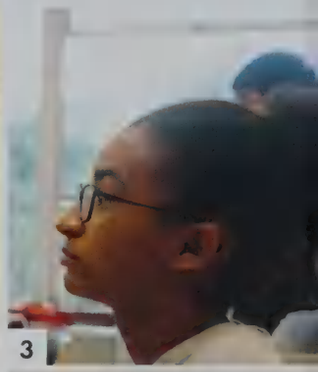

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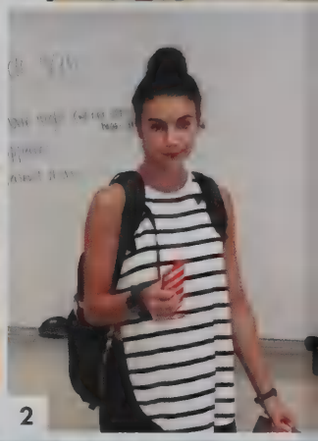

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WORKING TOGETHER Shangyin Au (10) works closely with his class advisor to come up with fundraising ideas for his class. While Class Council may not seem hard, it actually required several people to work together in order to figure out how to raise the most amount of money possible. Au said, "Class Council was a way for me to know a lot more people and help me socialize in a way that was less time consuming. I also wanted to say that I had joined some sort of club within the school and not be left out."

TURN IT UP

Freshmen gathered to dance the night away in a haze of music and lights.

Blue lights flashed across the freshmen class as they danced the night away in Commons 2. The first dance of the year did not disappoint, with tables piled high with chips, beverages and an assortment of candy. A DJ blasted trending music as students danced in conga lines. From slow dancing to the "Fortnite" inspired rave, students showed off dance moves such as "flossing" and the "electro shuffle". The students' enthusiasm could be heard in their voices as they screamed along to the music, and their passion could be felt in the heat that filled the room. The freshmen later synced their dance moves to the beat of "Cotton Eye Joe" as the night came to close. When describing her experience at the first freshmen dance, Claudia Hart (9) said it was "loud, um... and loud. Oh and it was loud." Volume aside, the underclassmen dances helped bond classmates and create class spirit. The Peer Mentor program had sent some representatives from the other classes to expedite the process. Marilyn Swinger (9) said, "The peer mentors were very fun to watch because they got really into it."

5. ESCAPE THE CROWD Ahmed Alzad (9), Kennice Brennan (9), and Ipek Kendircioglu (9) stick together as other underclassmen dance on. The group rocked out to the music, enjoyed the food, and hung out with several other friends at the dance.

6

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6. THE MORE THE MERRIER Jonathan Amirault (9), Matthew Hamami (9), and Guixuan Jin (9) get ready to dance the night away. Amirault said, "I don't usually like going to dances, so I was pretty hesitant about going to the dance this year. I eventually decided to go with a couple of friends who were also pretty hesitant. The dance started like usual dances do, with almost nobody actually dancing. After about a half hour, everybody started to flock towards the center of Commons 2, and it was actually pretty fun after that."

9

7. JOIN THE LINE! Gabriella Starets (9) and YeEun Lee (9) form a dancing conga line. Starets said, "I think my experience at the dance was good, but it was also really loud, too." **8. HANGIN' OUT** Min Feldman (9), Aaria Prakash (9), and Johnathan Reamer (9) take a break from the dance and hang outside of the practice rooms. It was their first high school dance, but they had a good time. Feldman said, "I always have a lot of fun spending time with my class and I am really appreciative of these events." **9. SAY CHEESE** Emily Xu (9) and Anya Rao (9) take a break and watch from the sidelines for a moment. Rao said, "It's just really nice to see all your classmates having so much fun, and being part of such a diverse whole." Xu made memories with her friends and had the opportunity to meet new people.

becoming a LEADER

Amolak Kumar (11) talks about how he came to the idea of running for class president.

"On a Friday night last year, my family was driving to New Jersey to see some relatives and friends, and it happened to be the day of a dance in sophomore year. I saw some photos of the dance on Instagram and the attendance didn't seem to be that great. I think someone even posted with a caption along the lines of 'we need more people here'. That's when it hit me like, we can do better than this. I messaged a few friends in a group chat that night and they were extremely supportive. They rallied around me and gave me the confidence to make a run at the position. Another aspect that I've noticed since we entered high school is that we aren't as united as we should be, both as a class and as a school. I want everyone to feel as great as I felt when my friends rallied around me that night. I see the position as more than just fundraising and organizing events, I view it as a chance to unite our school."

1. TAKE THE LEAD Before discussions begin, Khoi Henry Le (10), vice president of the Class of 2021, reviews the agenda for the day's meeting with felllow Council members. While the vice president and class president were in charge of heading meetings, both were active participants in conversations. Le said, "As vice president for my grade I'm included as part of Class Council, and I think it's been an awesome experience. I'm able to voice the ideas of the kids in my grade and integrate that into events that we organize, like dances and such. I've made friends and I've gotten to discuss and work with topics that I wouldn't if I wasn't in the Council. I think that it's an amazing opportunity and any student who wants to help out with planning events gets to come and contribute ideas. **2. BEST DECISION EVER!** Alessia Caira (11) checks her phone for dates at the end of an entire meeting on brainstorming ideas. Class Council created memories for students to enjoy and keep forever, while Council members gained valuable leadership experience. Caira said, "Joining Class Council was definitely one of the best decisions I made as a freshman. I originally joined to meet new people and plan the dances, but I quickly learned that it's so much more than that. Class Council has allowed me to make a difference by working with my peers on something that I am so passionate about. Throughout my three years, I've been able to get people excited about school events, and enjoy them myself. Being a part of student government has been one of my favorite aspects of high school so far, and I definitely recommend it to anybody who is interested!" **3. ACTIVE LISTENING** Salomé Longchamps (10) sits and listens during a Class Council meeting. Longchamps said, "I like sharing my ideas and contributing to my grade's events." While Class Council was a time when people mainly talked about the fundraising going on for their grade, it was also important to listen to when others contributed suggestions and join in on the discussion.

making

Members of Senate, both student and faculty, united to discuss school policies and events.

Student representatives and staff members combined forces every Wednesday duringl Block or after school to examine and delve into school issues. The meetings covered an array of topics, which ranged from school apparel to policy. Since discussions could get tense, the moderator and secretary kicked every meeting off with fun riddles, current events, and a mini game of "Guess the Song" to keep the atmosphere light. One of the most important jobs of Senate was to help project the student body voice and involve students in changes that could affect the entire school. Janet Mariadoss, a senior, said, "My experience in Senate has without a doubt influenced who I am as a member of society. It's great being a part of a group of people which values civic engagement, having a say in our school community, and coming up with tangible solutions to the problems we face. Whether it's discussing chromebooks or cultural diversity at LHS or setting up a teacher dunk-tank, we're always having an interesting discussion. We're also a really funny and light-hearted group of people which adds to the vibe of each meeting!" The senators, both student and faculty, were elected into position by classmates and other teachers to help provide perspectives from all angles.

1

1. SPEAK YOUR MIND Yoojee Kim (12) and Tony Kim (12) discuss the possible addition of umbrellas that could be rented out to students on rainy days. "For me, the best part of Senate is hearing the different opinions of everyone because I think a lot of people at LHS feel very strongly about things at school and I think it's important for students to have an outlet for those ideas," said Kim, "So honestly I think even more than the big changes that Senate makes for LHS, the reason Senate is important is because it provides an opportunity for people to do that." **2. BY THE PEOPLE, FOR THE PEOPLE** Andrew Shen (11) attempts to answer the riddle of the day. Though Senators often told jokes to keep the mood light, they focused on communicating the students' voices to the school administration. Shen said, "I think that the Senate's most important role in the community is their ability to represent the student body and influence school wide decisions to make life better for the students."

3. FOLLOW THE LEADERS Janet Mariadoss (12) and Tony

Sjodin (12) head a conversation on the use of straws and other plastic waste produced by students. Mariadoss took on the role of moderator, while Sjodin handled the secretary position. Sjodin said, "Senate is really a highlight of my week. We have an incredible chance to sit down and talk about what we want our school to do better and how we can do that. A lot of people don't know that Senate meetings are open to anybody, so any member of the student body can show up and propose new business for us to talk about. There's so much potential, so much we can do to make LHS a better place and it's amazing to be surrounded by other students just as passionate about making that change." **4. TAKING ACTION** Keena Gao (11) adds her perspective during a discussion on feminine hygiene products. Gao was one of the senators on the social action committee, which is specifically in charge of local activism at school. "I like Senate because we try to help out in the LHS community as much as we can," Gao said, "I wish we could get more feedback and suggestions from the students because we always appreciate new ideas for bills or events!"

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a whole new ME

how has your high school experience changed you?

"I don't think the school changed me, but rather the people in the school, specifically the students. Like with every interaction I learned something new and did my best to mold myself into a better human and just be less awkward and self-conscious. I'm still working on it, but I think being able to understand the way I have and will connect with people in this school (and in the future) has made my not only understand myself better, but also communities as a whole." - **Prithul Sen (12)**

"LHS has definitely changed me for the better as both a student and a person. Academically, I've learned a lot of skills that will serve me well in college and beyond, and the incredible people that I've met here will leave a lasting positive influence on my life." - **Brendan Cantwell (12)**

"I would say LHS has changed me for the better. Obviously a rigorous school system comes with its hardships, but at the same time I feel very prepared for what I might face in the future. I've also been able to grow and develop as a person due to the experiences I've had at LHS both socially and academically." - **Magdalena Cataldo (12)**

"I have learned to turn bononos into boyesyes. I think this is a positive change because anything is better than bininis."
Nicolas Daglio Fine (12)

"I've met a ton of amazing friends at LHS and got to do a lot of things I enjoy here. I've grown so much at LHS, and I'll be really sad to leave this school behind next year."
Seo Hyun Yoo (12)

"I now respond to the following names: Jonathan, Jon, Jonny, Jonny Boy, Juan-athan, JJ, and Parker Wu."
Jonathan Jiang (12)

1. SMOOTH MOVES Kevin Chen (12) unleashes a series of advanced moves on stage. He had learned the choreography to showcase for the performance. Chen said, "So for the talent show, I performed with the Urban Dance Club. I thought it was pretty fun, both being able to watch others perform and performing alongside others. I've got to say that I was particularly proud of being able to perform with the Urban Dance Club because for some of the members, it was their first time ever performing or dancing to this style. So, cheers to them for stepping out of their comfort zones." **2. RELEASING THE RIFF** Arjun Delity (11) puts all his energy into a saxophone solo during a performance with the Jazz Septet. Delity made a cameo appearance during the group's set. He said, "It was really fun." **3. RAP GOD** Tony Kim (12) performs a rap, advertising a local fundraiser. He felt he had used his time to energize the crowd. Kim said, "I love the NHS talent show because it's a chance to see people put on amazing shows. It's incredible to have a platform to the passion and time that people put into an activity, because you don't see it in class. You wouldn't know that the person sitting next to you in physics is actually an insane dancer. I had fun and I think the audience did, too. But not the judges, clearly, because I didn't win. But it was great."

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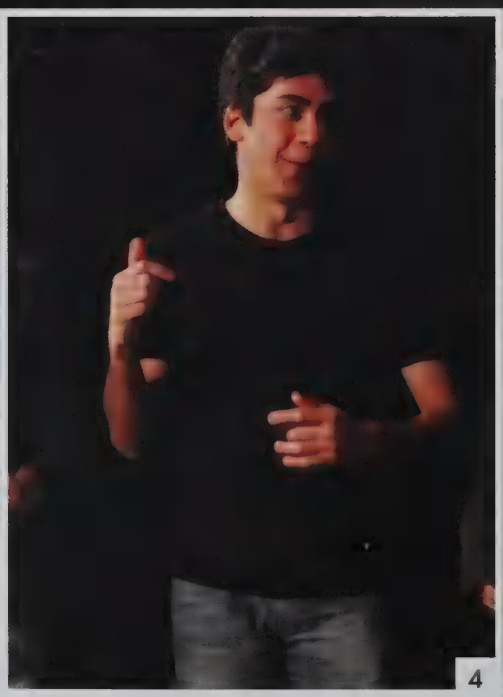

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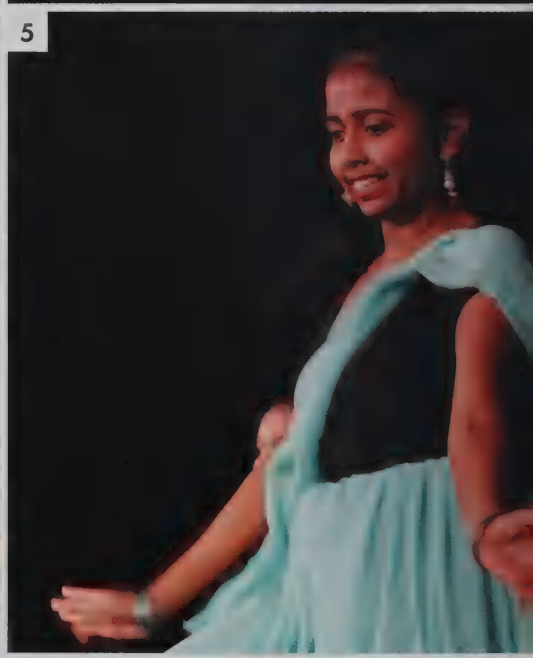

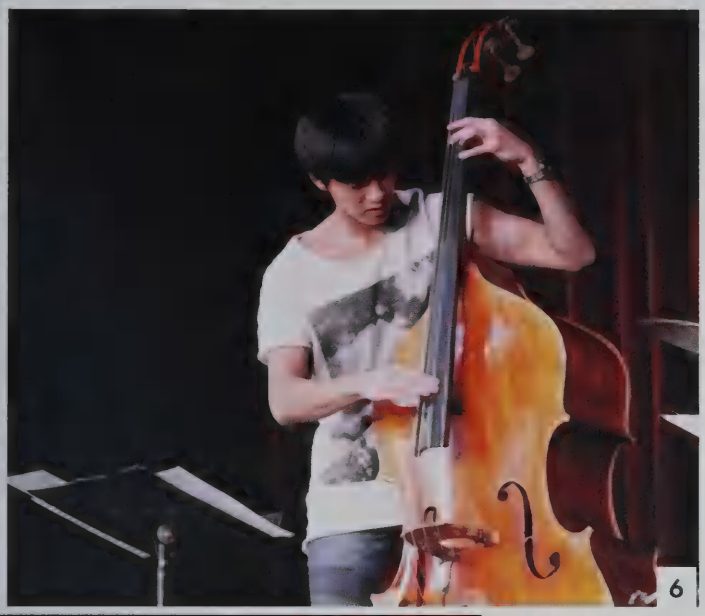

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WOULD YOU IMAGINE THAT

IF YOU COULD BE THE BEST AT ANYTHING, WHAT WOULD YOU CHOOSE?

"Sleeping, because I would always be able to sleep through boring things." - Zachary Kaufman (11)

"The best dancer." - Oriane Cayron (10)

"I would be best at helping others." - Karen Chen (10)

"I would be the best at everything!" - Luana Santos Silva (12)

7

4. BELT IT OUT Rod Tavangar (10) jokes on stage during his performance. Tavanger said,"The NHS talent show was nothing but a great time spent with great people. Watching the other performers was awesome and I can truly say I've never had more fun on stage with my A Capella group, RPS." **5. BHANGRA TIME!** Serena Behera (11)executes her dance moves. She had worked with fellow club members to present their Bhangra performance. Behera said, "My experience in the talent show was great! I am part of the LHS Bhangra team who performed. I thought it was really fun, as I got to see a lot of diversity in the types of acts." **6. WHAT A BASS** Hyunwoo Shin (12) plays bass as part of a quartet. The group jazzed up an old tune for the show. Shin said, "Some friends and I put on a jazzy act at the NHS talent show. We played a jazzity jazz arrangement of the not jazz tune 'Isn't She Lovely', by the great Stevie Wonder. Jazz is epic. We had immeasurable fun."

8

7. BACK-BREAKING BACK BEND Belinda Wu (10) displays her flexibility during a ballet performance at the talent show. Wu said, "It was exciting because I was new to this school. I didn't dance for about eight weeks from moving, so getting back to performing was really thrilling." She added that the audience's reaction made her feel more "at home". **8. PIANIST AT WORK!** Alexander Tung (12) plays piano as part of the jazz quartet. Tung said, "It was a nice concert setting in that the audience was largely comprised of peers and fellow students, so a lot of the pressure to perform well was taken off."

IN THE SPOTLIGHT

Students had a chance to put their hidden talents on display at the annual NHS Talent Show.

Students from all grades came together display their hidden talents. From jazz to showing off moves, from magic tricks to Bhangra dancing, the annual National Honor Society Talent Show was a place for students to show off their talents. The National Honor Society took the time to put on the show and set up for it. "To make the NHS talent show possible, we need to set a date, make sure the auditorium is available, get people to sign up to perform, get people to sign up to volunteer, and get businesses to donate prizes for the winners. Overall, this process takes a couple of months," said National Honor Society president Grace Abe (12), "I think one thing that's really cool about the NHS talent show is the creativity and unexpectedness of the acts - whether someone's rapping about the Music Department's mattress sale fundraiser or singing in an a capella group made entirely of cross country runners." Vice President of Fundraising for the National Honor Society, Nachiyappan Solaiyappan (12) also said, "The talent show wouldn't have been possible without the willing performers and a great team to work with. We randomly approached various people, asking them to showcase their fabulous talents on the day of the show. Thankfully this year, many people volunteered, resulting in some excellent performances. The best part in my opinion though, is the fact that all the performers were willing to break their barriers of shyness and display their unique skills. Something else that is great about the Talent Show is that it strays away from the strenuous LHS academic environment and let's the world see one's non academic side."

BEHIND THE SCENES

an inside look at the work that keeps the system running smoothly

Receptionist and Secretary - Diane Dennehy and Julie LaLumiere

What do you like most about LHS?
LaLumiere: "The students!"
Dennehy: "The students, the faculty, and the community."

What's the hardest part about your job?
Dennehy: "Managing multiple tasks. As you can see, I actually need to help someone right now!"

Something you didn't expect coming into this job:
Dennehy: "Everyday is a different day here. We don't have defined jobs, we have different role changes, we can be doing multiple things There's no "norm" to our day, I would say."
LaLumiere: "I guess the community involvement. I didn't expect involvement from the outside community, like PTO, LEF, and all the people who support LHS and their students and faculty."

What's one quote you live your life by?
LaLumiere: "Something along the lines of "Live each day to your fullest" and "Assume positive intent". I'm always just a very positive person, so something like that."

Ebony McCoy, Guidance Counselor

Who is your biggest inspiration or a mentor you look up to?
"So I am the last child of three, and my middle sister, believe it or not, is my biggest inspiration. We're four years apart and since I could remember I've always admired her. She's just a rock star in my eyes. I've watched her become a single parent at the early age of 18, and she took that obstacle and ran with it and never let it get in her way or consider it a roadblock. My nephew is now a college graduate, and she's graduating with her doctorate in June! She's truly my inspiration."

What would students be surprised to find out about you?
"I used to be a cheerleader! I was an All Star cheerleader. I played many sports; I was on the swim team, the field hockey team, the softball team... and then college got me! The freshman 15 is real and it never stops!"
How does your job affect your everyday life?
"So before I became a parent, I would probably answer this question differently. Now being a mother to a 1-year old, it definitely affects my everyday life because I want to give my students here my all, but sometimes I can't. Sometimes when the bell rings, I have to go to get him from daycare. I would say it affects my availability to be here 100% for my students."

What do you wish people wouldn't take for granted? Why?
"Life. Don't take high school for granted; these should be your best years. Definitely don't take life for granted, you never know. In a quick minute it could be taken from you, so enjoy every moment and possibility that comes your way."

Susan Kaftan, Nurse

What's the strangest incident a student has come in for?

"So you know how when you buy packaged things, they have a little preservative package? We had a student that had eaten one of those."

What do you wish you knew when you were a high school student?

"For me it would be that there's more to life than just high school. You tend to think this is life and this is the way it's always going to be, but there's just so much after. You're just at the beginning of your lives, really." Burns: "I think the biggest thing for kids is they think that what school they go to is the biggest decision they'll ever make, and that is not carved into stone. I mean if it doesn't work out, lots of people can transfer." Kaftan: "Also, I don't think you always know what you want to do with your life. I went to college for four years to get a decree in journalism, did that, didn't like it, went back to college and became a nurse."

One piece of advice you want students to know.

"I think it's important for them to find balance. I know it's an easy thing for me to say, but there's too much stress and seriousness about where you're going in your life. As you were saying, college is seen as this end goal for you, but it's important to have fun and be kids. I know that this environment isn't really supportive of that, and often on Fridays I'll say to kids make sure you have some fun this weekend, don't just do school work and feel stressed. I think that's one thing kids have lost, especially in a high achieving school system like ours. Even in the younger grades, everything is very structured. Very little free play time. I think that's a loss. So you lose your perspective and miss out on a part of life."

Paul Hartery, Custodian, retiring after 43 years

What's your favorite memory at LHS?

"Working/being with nice staff. I like when the kids come up and talk and they do hold the doors when you are carrying supplies."

Once a year we get together will all the custodians and maintenance men and have a big lunch. If someone is getting ready to retire, they honor that person. Most of them are really nice and they shake your hand. Most are family guys and they talk about that."

What or who will you miss most, and why?

Well, I won't miss the snow storms. I have favorite staff members and I am close to some of the guys I work with. We talk about sports, etc. The people, definitely."

Where do you see yourself after LHS?

"I just bought a condo in Bedford and I am going to pick up some golf clubs. I love to swim and I like to go for long walks. I see myself at some point getting a part-time job. Getting together with friends for lunch, family parties. I have a camera and want to learn photography; probably take pictures of birds and deer.

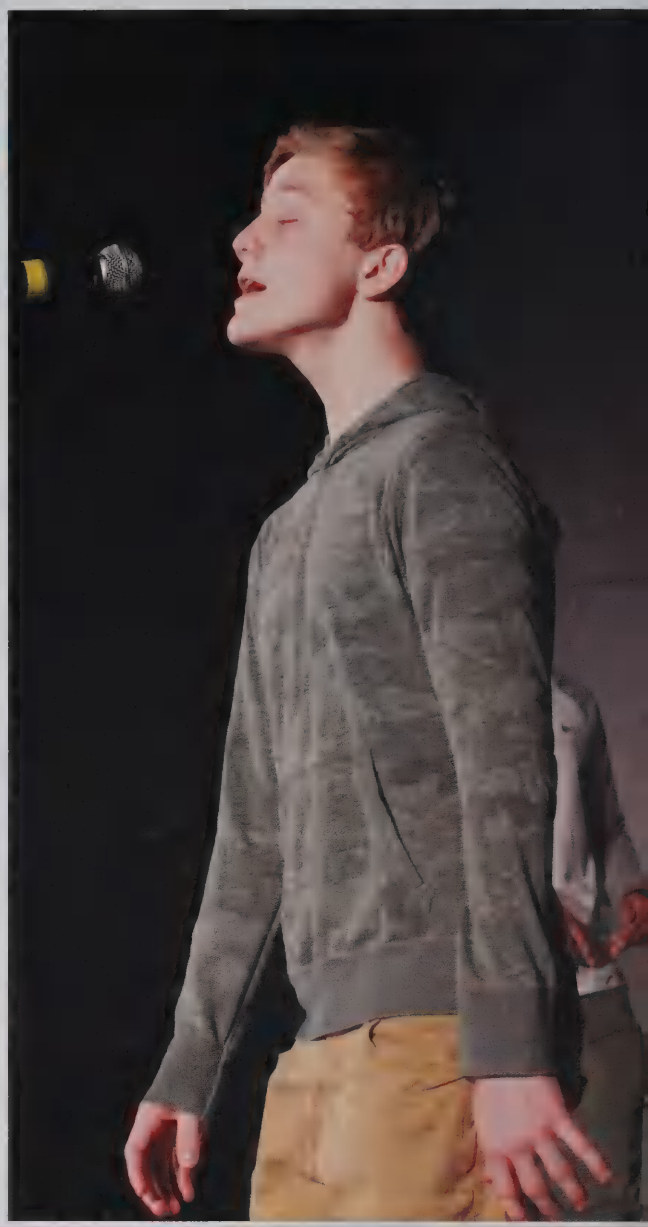
What changes have you seen during your time here, and what do you hope will change?

"I think the communication could be better; working rentals - used to get a note in your mailbox and now it's all emails. I liked the note in the mailbox better. It was more direct and you knew what they wanted. If you had any questions they would put their phone number and you could call them right up.

Addition of the mods in the real hot weather, the air conditioning works great, but in the cold weather, they seem to have a lot of trouble with the heat not working. Lately I noticed in the cafeterias more kids not putting trash in the barrels. They sneak out. In the good weather they eat outside and leave trash all over the place. But I really like the kids and enjoy talking to them and I WILL miss the kids."

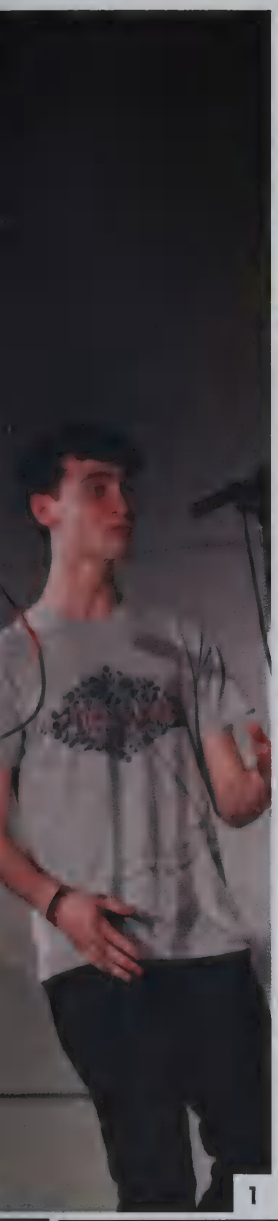
KEEPING IT SHARP

Friends and family gather for a night of lively performances in support of their peers in the a cappella program.



The a cappella tradition has been a part of school culture for decades. As a student run activity, group members held auditions and formed ensembles, wrote their own arrangements, and ran led rehearsals. The ensembles held four Jamborees, commonly referred to as "Jams", over the year to showcase months of hard work to the public. All were welcome to come. Audience members, often fellow students or family members, whooped and cheered from the balcony after each performance. The a cappella ensembles quickly became close-knit, spirited communities that supported one another. Some groups carried on traditions that have been in place for many years. "One tradition [Pitch] Pipes has is going to Anna's Taquerias after a gig, or just for fun to hang out and chill," Prithul Sen (12) said, "It is also customary to only get super quesadillas from there, it is the only acceptable meal, along with a horchata (absolutely killer drink, don't knock it till you try it). It sounds bizarre and pointless, but in all honesty I found most connected to the group after the Getaway concert, when all the alums came and sang songs with us. Right after, all the current and previous pipes went to Anna's for lunch. It was like a really chill ceremony, where we'd exchange stories, new and old. Circling around a group of tables and receiving wisdom from the alums was one of the most unifying experiences I ever had, because it felt so real and not forced. The chemistry was so organic, just like the ingredients used to make the food in Anna's Taquerias."

1. STANDING IN THE SPOTLIGHT William Eaglesham (9) takes the first solo with his group, the Pitch Pipes. He was surprised by his performance, as it was his debut solo as a member of the group. Eaglesham said, "I'm proud to have created something beautiful while doing something I loved. And of course, to get to practice it twice a week with some great people." **2. A SECOND FAMILY** While singing with his fellow group mates, Benjamin Kamis (10) reflects on his experience in the a cappella program. His group, Mixed Nuts, was "as close as a second family," Kamis said "Definitely one of my favorite parts of high school." **3. A SPECIAL BOND** Carlos Fruzzetti (11) grabs onto the microphone stand during his solo. He had worried about the audience's reaction to his solo. "All I wanted was for the audience to have a good time," Fruzzetti said, "I enjoy the bond that singers share because it makes the collection of our voices something that is truly unique and special."



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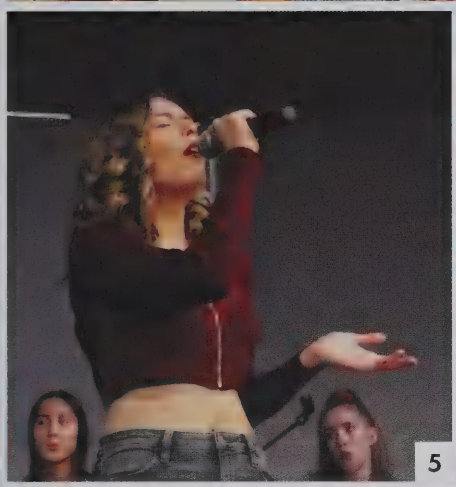
4. Making Connections While performing a solo for her group, Noteworthy, Veda Nagaraja (12) glances up at the audience in the balcony. Nagaraja said her experience with a cappella has taught her that "music really connects people of all different backgrounds and walks of life. I wouldn't have met or gotten to know so many amazing people if it weren't for our common love of music that prompted us to join the group. Music and singing have always been passions in my life and I get to do it with some of my best friends in the whole world." **5. BEST FRIENDS FOREVER** Katherine Gehring (11) sings the night away with a soulful ballad. Gehring and her group, Euphoria, performed last at the Fall Jamboree. Despite the two hour wait between the beginning of Jam and her solo, Gehring said, "It's hard to feel nervous soloing when you have your 15 best friends behind you. It's so awesome to see all the hard work we've put in over these past couple of months pay off." Euphoria "taught me more about life than any class I've taken. I would not be the same person I am today if it wasn't for Euph. And together with them I've made some of my fondest memories of my high school experience." **6. COMMUNICATION IS KEY** While performing, Linda Kong (11) looks at her fellow group members in Holy Guacamole. With no conductor, communication and cooperation is key. "It's crazy to think that if I didn't audition for Guac," Kong said, "I probably would have never met these wonderful people. I now have 15 built in best friends and I couldn't be happier with the people I surround myself with. And the fact that we all enjoy singing is pretty cool too." **7. MAKE IT WORK** Christopher Cervone (11) steps up with his group, Rock Paper Scissors, to solo for a fellow group member who got sick before the performance. With almost no preparation, Cervone had to bring the lyrics on stage with him. "I was mostly thinking about the lyrics," Cervone said, "I needed to focus really hard just to know the words. At some point everyone in the group is going to have to contribute. It truly is a team effort, and if somebody can't or doesn't do their job, it doesn't work." **8. BRIDGING DIFFERENCES** Along with her group, Onomatopoeia, Anelga Hajjar (12) closes her eyes as she concentrates on the song. "Nothing cures school anxieties like singing with friends," Hajjar said. "Nothing bridges all of our differences like crescendos and dynamics, and through hard work and grit, we can create truly beautiful art." **9. TEAMWORK MAKES THE DREAM WORK** During his solo for "Africa" by Toto, Foster Jackson (12) tries his best to hit all the high notes correctly. Looking back, Jackson said that he "got a lot more out of the experience than just skills." Together with his group, PB&J, Jackson said he learned to "work and blend with other voices that create something more than the sum of their parts is an extraordinary experience. My two cents is that the difference between a good and a great performance is not just the talent but the trust and effort involved."



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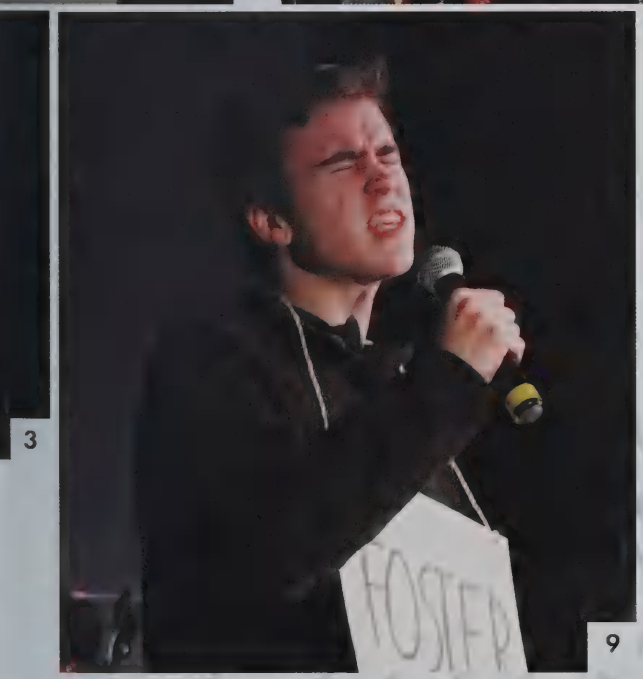

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A HAIRY SITUATION

Jason Ianuzzi, the chorus director, gets his beard shaved off by the hosts Daniel Winter (11) and Jacob Milendorf (11).

"As hosts of the LHS a capella Jams, it is our job to mesmerize, stupefy, and even gorgonize the audience. This Fall Jam it was only fitting to celebrate the transition of "No-Shave-November" to "Do-Shave December" with a razor, and a friend. We hoped that friend could be Mr. Iannuzzi. One day we came up to him and just told him, "we will shave your beard for Jam". He verbally resisted. At first it was a simple "no", but as the discussion progressed he finished with a definitive "never". We honestly completely forgot about the bit, thinking it too outlandish and not wanting to harangue Mr. I too much. But much to our surprise, Mr. Iannuzzi found us 30 minutes before the start of Jam, handed us a razor and gave us the blessing we needed to commence."

Jacob Milendorf (11)

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PLAYLISTS

New Playlist

Emily Chen (12)

FOLLOWING

+ Pynk
Janelle Monae
"Pynk makes me feel safe as a woman."

+ Fallingwater
Maggie Rogers
"At the end of junior year, I realized I wasn't happy with always studying and stressing. Fallingwater helped me process that realization and the wild release of junior year."

+ American Pie
Don McLean
"American Pie was an important song at my summer camp, and that camp was the first real thing I ever experienced. I think listening to it also helps me pay homage to my younger self."

Emily Narouz (10)

FOLLOWING

+ I Think If We Have Each Other
Alex Benjamin
"I like how it says the world's not perfect, but it's not that bad."

+ Mama
Jonas Blue
"It puts you in a good mood and it says to do whatever you want to do and be happy with what you have."

+ Eish Besho'ak
Tamer Hosny
"It helps me pay homage to my younger self."

Brendan Caracino (11)

FOLLOWING

+ Dream On
Aerosmith
"It tells me that I will always be able to get through any tough situation."

+ American Pie
Don McLean
"It shows how people are affected by the changes in the world around them."

+ Champions
Kanye West
"It's a hype song that is great to listen to to start your day."

Erin Kim (9)

FOLLOWING

+ Let It Be
The Beatles
"The song reflects my belief that we hope everywhere."

+ The Voice Within
Christina Aguilera
"The song tells me to believe in myself and to be strong."

+ Defying Gravity
Wicked
"Just try it."

Darren Tran (9)

FOLLOWING

+ O Mio Babbino Caro
Giacomo Puccini
"This iconic soprano aria is one of lyrical simplicity. For me right now, achieving simplicity in my life is a goal and this aria really is a motivator for that. This aria also happens to be my ringtone so it's always nice to hear it when I receive a call."

+ Redbone
Childish Gambino
"Well, Redbone was the song that got me hooked onto the R&B vibe. I've always liked this song and I doubt I'll ever stop loving it. Everyone that knows me knows why this song is important to me. In other words, this song is just one that has allowed me to express myself and my botched falsetto."

Liam D'Souza (11)

FOLLOWING

+ I'm Me
Us The Duo
"This song expresses how each person has different qualities and that how the singer was so different from others but was able to show herself for who she is and not conform to the norm."

+ Roundtable Rival
Lindsey Stirling
"I just found this as an inspiration since Lindsey Stirling plays all of her songs on the violin and listening to her play helps me believe that I can do more in bands like Wind Ensemble."

+ Riptide
Vance Joy
"This was the first song that I sung karaoke and I just loved to do it and it helped me start getting over my stage fright."

20:18

PLAYLIST OF MY LIFE

Alexander Nadelberg (9)

FOLLOWING

+ Don't Stop Believin'
Journey
"It has a good message and it makes me happy."

+ Layla
Eric Clapton
"It makes me want to improve my guitar skills and it has a great riff."

+ Pompeii
Bastille
"It has a special place because it was the first song I ever played in front of an audience."

Efthimis Deligiannidis (12)

FOLLOWING

+ To Kalokairi Mou
Yiannis Katsiras
"This is a song my family and I used to listen to whenever we visited my grandparents and cousins in Katerini, Greece. This song reminds me of my Greek heritage along with the fun times I spend with my cousins during our yearly trips to Katerini."

+ Careless Whisper
George Michael
"This all time classic song reminds me of the careless times I had with all my friends throughout my high school years."

+ First Day Out
Tee Grizzley
"This song single handily got me pumped up enough to take all of the SAT practice tests and SAT tests that I had to take during my junior year."

Rebecca Gerfen (11)

FOLLOWING

+ Who Says
Selena Gomez
"I think it is so inspirational and a great pick me up. Since it's such an old song I love that when ever it comes on everyone just breaks into song."

+ This Is Me
The Greatest Showman
"It is such a fun song to listen to while getting ready to."

+ Heat
Kelly Clarkson
"It is just so fun to sing either by myself or with friends."

Amy Finkelman (10)

FOLLOWING

+ Beautiful Crazy
Luke Combs
"I think that the message is really great, and that no one is perfect."

+ The Way Life Goes
Lil Uzi Vert
"I think that everyone can relate to this song, especially people in high school. It's just one of those baps where you can sit and chill with your friends."

+ Nights Like This
Kehlani
"I think that this song really goes hard, and is really relatable for girls or guys who are going through a breakup or are just stressed."

Jonathan Jiang (12)

FOLLOWING

+ Stop This Train
John Mayer
"Even as a kid, I never wanted to grow up. Honestly, I still don't. But this song helps me come to terms with watching myself and the people around me grow older."

+ Don't You Worry Bout a Thing
Stevie Wonder
"Over the years, I've learned to worry less and just enjoy the present. This song helps me trust that I'll get through whatever life throws at me."

+ September
Earth Wind and Fire
"This loop reminds me of all the memorable car rides I've had with my friends throughout high school."

Hyunah Boo (10)

FOLLOWING

+ comethru
Jeremy Zucker
"I love the nonchalance in the lyrics and I think it describes my mood a lot of the time."

+ Would You Be So Kind
Dodie
"This song is special to me because it's by my best friend's favorite artist and I love the lighthearted portrayal of a dismal topic."

+ Mine
Bazzi
"This just reminds me of frisbee and makes me happy :))"

20:19

GLOBAL LHS

Students from around the world share their experiences coming to Lexington.

CLARA PETIT
9th Grade
France

What was your favorite thing about France?
My favorite thing in France was being able to live so close to the rest of my family and see my grandparents so often.

What do you miss most about France?
The thing I miss most about France is probably also my family.

How have you found the U.S. to be different or similar to France?
The U.S. is very different from France. For starters the people act very differently; the people in the U.S. are a lot more friendly and respectful; however, the French way of living is much more appealing. There is a lot of history in each town and it's really enjoyable to go walking throughout the streets (for example: I lived in Nice, France, and there is a part of town called le Vieux Nice that is really cool) I was only five years old when we moved so I don't know a lot about the school system. However, I do know some background info. Like every kid in France I started school at three years old (yes, school starts at three there). When I was little there was never school on Wednesdays (I would go with my grandmother while my parents work and do extracurricular activities such as horseback and dance. Also my grandmother would bring me to see plays which is where my love of performing arts really took root). Also, school breaks were much longer which allowed for a lot more travel. People in France tend to travel a lot more than people in America. My favorite thing about the U.S. that is different is that school ends a lot earlier (~2:30 vs ~4:30/5). Also the people are a lot friendlier. I don't really remember my FIRST impression but I do remember it being very cold since we arrived in winter and the climate I was used to was one that was a lot milder than the New England climate. Now that I think of it, the constant good weather was another of my favorite parts of living in France. Another thing that shocked me was the huge amount of snow there was everywhere and snow days (no need for those in Nice). Finally the last thing that shocked me was how much bigger everything is in the U.S. from the cars to the houses to the towns.

JACINTA FELL
10th Grade
Chile

What was the hardest to understand about America?
"The hardest to understand was the language because I didn't speak English at all when I arrived. I understood some words but I was incapable to use them and also because I'm a very friendly person and I really need to be with people and talk to them because that is how I become myself."

What do you miss the most about Chile?
"I really miss my friends and my old school. For me, Chile is the perfect country. I grew up there with the same people and it's hard being away from them because I can't feel the same here. My old school was also my second home, with people that made me feel comfortable and smart in some ways. It was my favorite part of the day."

What surprised you the most when you first arrived in America?
"The thing that surprised me the most was the people who lived here; they always are with a big smile and giving good vibes to other people. I noticed that the people here do their jobs in a better way than Chile because they like what they do. They also say hi even if you don't know them well."

What do you like about here?
"I really like my new friends. I think that these new friendships that I made will be with me for the rest of my life and I am glad for that. I am also grateful that I was able to change my way of thinking in some many aspects."

ISA COONEN
12th Grade
Holland

How did it feel moving from Holland to America?
"Moving from Holland was a scary experience, I at first was really excited because back in Holland there was this dream about America."

What surprised you the most when you arrived to America?
"What surprised me the most when I first arrived in America was that Boston really looked like Europe of some sorts.

What was the hardest thing to understand about America?
"The hardest to understand about America was English. I really did not know a word of English when I first arrived here and learned English very fast thanks to great friends that I met along the way. The first thing that I was missing from Holland was just that people are very open and love to make jokes about everything and anything."

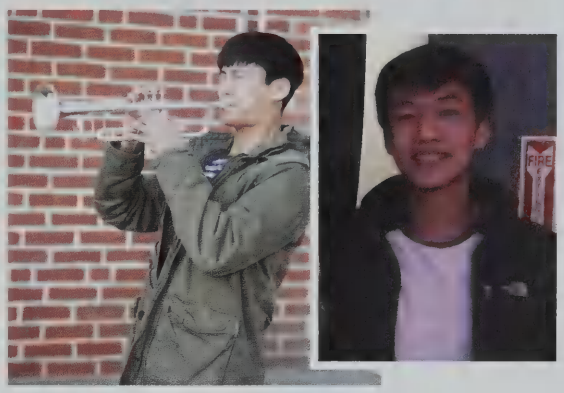
living & learning

seniors look back on their high school years and discuss what they've learned about life and themselves

STANLEY **WU**

"You know none of my parents, family members, or long-time teachers and friends think I have changed over the past few years. I tend to disagree with them of course but I think there is some truth behind it. The people that we are very close to focus less on physical attributes and more on personality and just general compatibility. I also think that change is natural. Who knows, I might not even look the same next year."

HYUNWOO **SHIN**



"Spread love, because it's contagious and will come back. It's sappy, but it's true. Like, if you're going to be mean, others will be mean. Try everything once. Be bold. Make mistakes. Move on. Don't take people for granted. Be grateful, and be thankful. Lastly, don't expect things to turn out the way you expect."

KESINIA **SORTOR**

"From freshman year the biggest change I've seen in myself is confidence and being able to move past setbacks. I used to constantly look for validation and beat myself up over every mistake I made in running, school, and my personal life. Now I am able to believe in myself and my abilities and I use my mistakes as learning tools to run better at my next race or study differently for my next test. One of the greatest things I've learned since freshmen year that a close friend and mentor taught me is to give yourself ten minutes to be upset with yourself and then move on and focus on the future."

CARMEL **SCHNEUR**

"I think over my time at LHS I learned that you need to care for yourself. There was a lot of pressure my freshman year with trying to make new friends and take all these different classes I kind of forgot to take a minute for myself. I changed and made a lot of healthy decisions that I know will help me and they don't always feel great at first but will benefit in the long run. Like braces, thank God I got those off."

JORDAN O'HARE **GIBSON**

"When I was a freshman, I was shy and reserved, but I still cared about what people thought of me. I cared too much. Now, I only care about what the *right* people think: me, myself, and I. My self-confidence and increased self-respect have led me to meet so many new and wonderful people, and I'm grateful for the community I had which allowed for this character development."

JOHN **KIM**

"Going from freshman year to senior year, I learned that I needed to do something about my hair. I decided that instead of looking like goku from dragonball Z, I would grow out my hair. Not sure how I ended here but its longer than freshman year so I achieved my goal, somewhat..."

COLLEGE **COMMITS**

Seniors describe their long journey to a sports commitment in college

CARLY BRIGG - MIT (FIELD HOCKEY)

Tell me about your field hockey journey! How did you start out. What kept you going?
"It was actually one of my best friends that dragged me to the field hockey meeting in 6th Grade and convinced me to play. She ended up quitting after 8th Grade, but I kept going and ended up making the varsity team freshman year. Then I started playing club and field hockey became a large part of my life."

What's your favorite memory involving field hockey?
"I went on a road trip to and from a tournament in Vermont with six other players on my club team and my coach. We ended up getting caught in a snowstorm on the drive back and stayed the night at an inn off the highway. It was an interesting night at a sketchy place to say the least."

What's one lesson you took away from your experience?
"Never give up. I know it's cliche, but it's true. You are a better player and person for fighting 'til the end of the play, game, and season."

A piece of advice for a beginner?
"Stick with it. Field hockey is a tough sport to just pick up. But if you keep practicing, it is a really fun game."

MAXWELL SEIDEL - COMMITTED TO PRINCETON (SWIMMING)

What's the biggest reward you get from swimming?
"The biggest reward I get from swimming would have to be the fact that I am able to work hard every day with my very close friends in order to become a better person in and out of the water. Also, swimming is very rewarding because there are results for the hard work you put in. With more hard work comes more success, and that is something that keeps you wanting more."

How do you balance out all your school work and extracurricular's in addition to swimming?
"I started competitively swimming around the age of 12, so learning to balance school, social life, and swimming, really started around 7th Grade. I think in order to be successful in anything, you have to be able to invest your time and energy into the activity in a way in which you will be able to achieve the most rewards. This means really focusing on one thing at a time and putting your all into each individual activity. When I am in the pool, I only focus on the practice and what I need to do to get better. Then when I am at home, I focus on recovering and preparing for school the next day."

What are some moments or notable achievements you're most proud of?
"One of my most proud achievements would have to be qualifying for the Swiss National Team and being able to represent Switzerland at the 2018 Junior European Championships in Helsinki, Finland. I am also very proud to be a Swiss National age group record holder and at 15 years old being New England champion in the 400 IM. I have also been extremely lucky and am proud to be a 12 time Swiss Junior National champion."

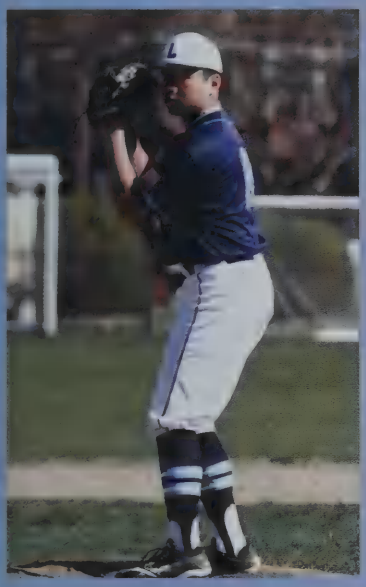
How has swimming influenced you?
"Swimming has influenced me in so many ways. It has really taught me to work my hardest day in and day out and to never give up on your dreams no matter how impossible they may sound. On top of that, it has made me a much more hard working and focused individual. It has taught me to focus on the task at hand to the fullest, and then once you have completed that task you can move on. It has also allowed me to meet so many incredible people and has opened so many doors for me."

EMME ZHOU - YALE UNIVERSITY (FENCING)

What are your long range goals in fencing?
"My long range goals are actually not that intense/far. I just want to keep fencing the NCAA circuit in college and do well, but I don't think I'm going to go full professional as of now."

How do you deal with pressure when you compete?
"When I compete, I used to feel a lot of pressure, but it was really helpful when my coach and my mother and my sister told me the best I could do was to try my best and that's what I've always done. They were really supportive, and even my teammates, which really helped me gain confidence and lower the pressure."

How does athletics make you a better student or worker?
"I think the biggest thing about being an athlete is that you learn to deal with so much pressure, not only from competing, but also from managing school and everything else on top of competing/traveling. It makes me more efficient when doing anything (practicing/training or catching up on school work), and I think it helps my mentality to know that if I try my best, that's enough."



MADISON DINA - AZUSA PACIFIC UNIVERSITY (BASEBALL)

What makes it worth all the time and energy spent?
"The reason why I put a lot of energy into baseball is because I love the game. I wish to someday play professionally so I always go into my training sessions thinking about how much I can improve."

How did you get into baseball, and why did you continue your passion for it?
"I started to get into baseball because my grandfather was always a baseball fanatic. I grew up in an environment where my whole family finds love for the game but never really got the opportunity to play. I wish to continue that passion everyday by reaching my dream to play professional baseball."

Who is your biggest inspiration or a mentor you look up to?
"I would say that my biggest mentor who I look up to would have to be my pitching coach Tom Landry. He has not only helped me get to where I am today, but he has also taught me many life lessons that I will carry on for the rest of my life. He's taught me that being a good ball player means being great on the field and off the field and to be the best person that you can be."

What was the biggest obstacle you've encountered in baseball, and how did you get through it?
"The biggest obstacle that I have encountered would be pitching in the biggest game of my life facing the #1 team (BC High) in Massachusetts with multiple college commits and a future top 10 overall pick in the MLB draft. Although I was nervous and somewhat doubted myself, I knew that my coach had chosen me to pitch for a reason. He knew that I could dominate the other team if my mindset was straight and my close friend Mazdak who caught for me helped myself gain confidence again. In the end, I have pitched the best game in my life and got to prove who I really am as a player."

SANCHO MAROTO - UMASS LOWELL (SOCCER)

What's your favorite part about soccer?
"My favorite part about the soccer season was all the people that I get to play with during those three to four months. It's always so fun being with those people every day and really getting to know them."

What were your goals when you first started playing, and do you think you achieved them?
"It has always been my dream to play in a professional soccer team. When I got to the US this changed. I changed my goal to go to a Division 1 school for soccer, and I achieved that and was very happy about it."

Do you have pre-game rituals?
"Before every single game I take a short nap, and I always have gum in my mouth during the warm up so I can really focus before the game. I always put my right cleat on first, then my left, and do the same thing with the shin guards and straps. I jump onto the field with my right leg first. Before the game starts I do a small sprint, jump three times and hit my right leg three times (all of this is now automatic, I don't think about it)."

How does being an athlete make you a better person?
"Being an athlete can change a person completely. For me it changes my whole personality, it brings order into my life inside and outside of school. Being an athlete also shows you that when you give maximum effort in anything that you set yourself to do, anything is possible."

LILLY BOVE - SACRED HEART UNIVERSITY (EQUESTRIAN)

What do you love most about riding?
"The horses! Being able to work with and ride a bunch of different horses every day is super fun and also rewarding. I'm fortunate enough to be with the same horse for four years now, and while it sounds cheesy, being able to build a relationship with these horses and understanding their quirks and personalities is honestly the best part about the sport."

How does it affect your daily life?
"It affects my daily life a lot! I spend pretty much all my free time at the barn riding and working. Three days out of the week I go straight from school to the barn, and end up leaving at 8 pm, and on the weekends my friends and I spend all day there taking care of the horses."

Are there any specific achievements you are most proud of, or memorable moments?
"For the past seven years, I've been competitively showing and had a lot of success, but probably the biggest thing for me was committing to the Sacred Heart University Equestrian Team and being able to continue riding in college. With that, some of my most memorable moments happen behind the scenes just at the barn. During the summer my friends and I will take our horses out into the field right before the sun goes down and just walk around and hang out."

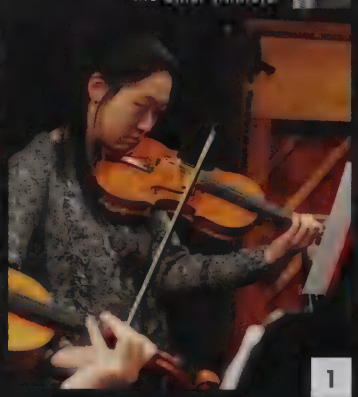
How has it changed you?
"I think one of biggest ways riding has changed my life is by teaching me ways to look at challenges. I come across challenges almost everyday at the barn both when riding but also working and I've had to try, and fail, many different options to solve a challenge! Riding has really shown me that trying something and failing is okay and that you have may have to do something, or many things, differently to succeed."

SERENDIPITY

If you walk down to the Music Department area, some people say it sounds like a music conservatory. And yes, there are traditional offerings such as theory, and orchestra, but there are also more unusual courses like Mixtape Anatomy, which highlights a playlist of songs from the last 50 years. Naturally there are the usual classes that everyone takes. But once you make it to senior year, more eclectic choices from Fighting Words, where students examine social change in literature, to the Physics of Resonance offered by the Science Department abound. You many find yourself with the opportunity to delve deeper into a subject of your choosing through a capstone project or to create something new through the arts or science. Every day brings new learning opportunities and chances for interactions with teachers and classmates. Every day you can expect the unexpected in a school of over 2,200 students and almost 400 staff members.

1. GOOD VIBRATIONS Hannah Ryu (12) warms up before rehearsal for Chamber Orchestra begins. Ryu had competed in the annual Concerto Competition, a competition open to musicians of any grade and any instrument, and was named one of three winners for the second time in her high school career. Ryu said, "My experience in Chamber Orchestra will forever be treasured in my heart because playing demanding yet charming music with my friends under the batons of Ms. Jayson, who is energetic and creative, and Ms. Haas, who had inspired me with her intelligence and leadership, is everything I could wish for in an orchestra. As a two-time winner of the concerto competition, it is an honor to play different pieces with the Chamber Orchestra and experience performing as a soloist, and as an orchestral member, it is a joy to play with the other winners."

2. BARBARIC YAWP Charles Yang (11) and Anka Hu (11) take notes together during Honors American Literature. The two had worked together outside class when they competed in Quizbowl, so teamwork came easily to them. Hu said, "I never really realized how much I enjoyed consuming, well, knowledge with people that care about it just as much as I do until this year- it feels nice sounding your barbaric yawp over the roofs of the world and knowing there'll be someone to answer it."



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A LANGUAGE OF OUR OWN Vrinda Chandar (12) uses hand gestures to help explain her response to a question in Spanish class. Chandar has taken Spanish classes since first grade and decided to continue taking classes as she grew older, with the goal of reaching AP Spanish. Chandar says, "I think it's helped me gain a sense of community. In my specific case, in recent years I've become a part of a new step family who are all Latin American and I think knowing Spanish has really strengthened my bond with them."

Students talk about their trips out of the country and what they learned while traveling abroad.

IT'S A FOREIGN AFFAIR

"This past summer I went to Europe, and I went to England, France and Italy. I learned the importance of knowing how to prepare for those kinds of trips.and learned how important it is to ask where the bathroom is. But more seriously, knowing how to read maps is something else I learned to get around."
Edward Lacson (10)

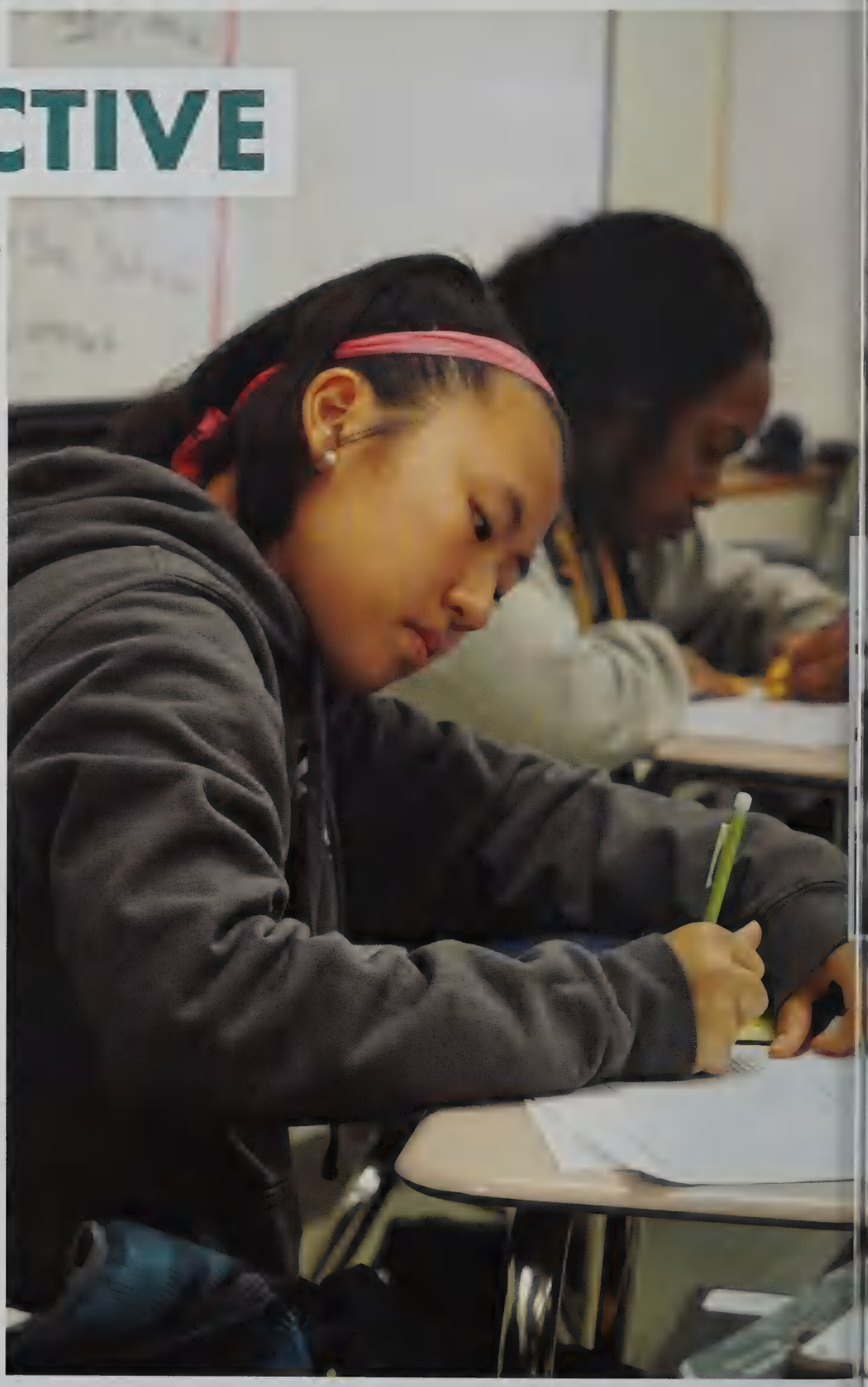
"Two summer ago, I went to Italy with my family for vacation for about a week and a half and I learned how many things we take for granted living in the U.S. Most people think of Italy as an advanced country, but during the trip, I noticed how most of the roads were still cobblestone, and there were scamming taxi drivers everywhere. It makes one realize that many of the things that make our quality of life so good in the U.S., and especially in a town like Lexington, don't exist in most of the rest of the world."
Kevin Zhang (10)

"From my experiences traveling to various countries, I've seen that there is so much out there to learn and live. Traveling definitely takes me out of my comfort zone and teaches me through interaction with others and their cultures."
Alissa Wang (12)

A NEW PERSPECTIVE

Students learn to see the world in a different light by studying literature from many times and places.

Courses went beyond reading, writing and listening; students learned how to look at the world through new lenses, such as the freshman Capstone Project which investigated why humans tell stories. Developed and taught in conjunction with corresponding history courses, English classes focused on improving analyzing skills, organization and reading comprehension. Juniors delved into American literature as they studied U.S. History. Students synthesized the new strategies they learned, along with their writing skills, to write final essays at the end of the year. Unlike other grades, seniors chose from dozens of English electives ranging from British Literature to Fighting Words: Social Change Literature that elaborated on knowledge gained throughout their literary experiences. Luke Choi (12) said, ""English and Literature has really opened up my perspective during my high school years. Reading the works of Hemingway has given me both a sense of global awareness and personal insight. Studying great American poetry with Mrs. Walters has allowed me to view American history from a creative standpoint, allowing for more emotional connections than reading out of Amsco. Enjoying Lewis Carroll's children's literature often show parallels between societal and psychological issues that permeated the early 1800's. Literature is not just a study of books or poems; to me, it's learning about other cultures, histories, and beliefs."

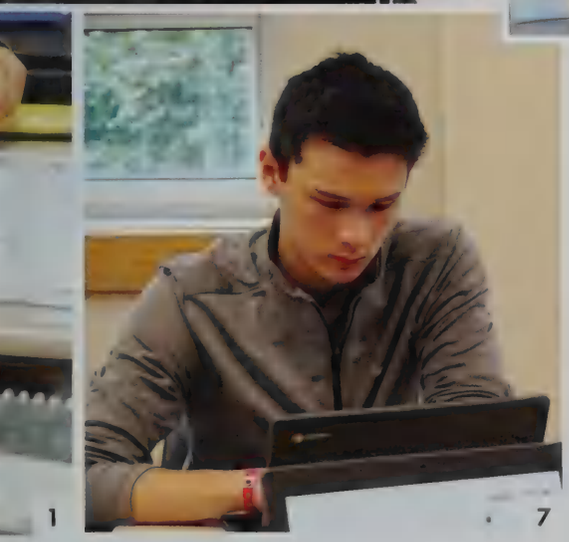


1. DELVING IN Claire Pak (9) jots down notes during a socratic seminar. Students typically sat in two rings and dove into deep discussions on literary devices, themes and overarching concepts.

2. UP AND AROUND Charles Yang (11), Adina Covic (11), and Rohan Purandare (11) gather around a classmate's poster during a gallery walk. Teachers often had them participate in physical activities to keep the energy up and the students engaged. Yang said, "For me, studying literature helps me understand how people in different circumstances lived and interacted with their societies and surroundings, and seeing the ways that other people's experiences are similar to and differ from my own is the most engaging part of English class for me." **3. PUT IT TOGETHER** Keena Gao (11) works on a poster about an imaginary school of poet Walt Whitman. Instead of writing an essay, the interactive activity aimed to make the students apply information they acquired after reading about the poet in a unique way. Gao said, "English helps me see outside of my own perspective and makes me appreciate the unique experiences and views people have."

4. SAY WHAT, NOW? While researching for a creative writing assignment, Liam Sweeney (12) and Sydney Porter (12) laugh at an article they are reading. Many of the writing assignments began as a simple prompt or theme, and students would then write whatever it inspired. "I love the freedom that creative writing gives us!" said Porter, "It's so much fun to hear how everyone in my class interprets the prompts that we are given. We're able to express ourselves and share any story ideas that our imaginations come up with."

5. IN THE ZONE Emily Chen (12) scribbles down an outline for an essay. Most English courses provided opportunities to write, but Creative Writing focused on improving writing techniques and encouraging imagination. Chen said, "I chose creative writing because I love to write. It's as simple as that." **6. ZONED IN** Natalie Gebeyan (12) and Cayla Weiss (12) plug in their earbuds so they can focus on writing and listen to music. Weiss said, "The most enjoyable thing about creative writing is that I can write about anything I want. I have always loved writing poems and short stories, and having complete freedom about what I get to write allows me to explore themes and genres I might not have otherwise had the chance to explore. I also love listening to what others write because everyone thinks so differently and no two stories are ever the same." **7. A NEW WAY OF LEARNING** Ryan Atkins (10) works on his school provided laptop. All underclassmen were provided with Chromebooks to increase accessibility to technology and compensate the growing use of online education tools. Atkins said, "I enjoy English because I get to experience a number of different cultures and opinions I would not be able to be exposed to otherwise."



follow your **DREAMS**

What is one goal you're working towards, and how are you doing it?

"Honestly it may not sound much, but a goal I've been working towards is how to be a better friend. On a basic level, I want my friends to have a great time with me living life. This usually comes from three major aspects that I'm always trying to improve at: reliability, availability, and positivity. Reliability and availability go hand-in-hand pretty closely to be honest, but I really needed words that end in -ity to make it sound cool. >:) I've been working hard on how to make myself more capable of helping whether it is in terms of academic or personal need; being open-minded is also part of this. Making yourself available is also to be willing to listen, especially in times when your friend really is struggling. Deep discussions are really the core of friendship in my opinion. I'm always at Commons 2 and I always try to make myself available in person or online. Positivity generally makes people grin and it could be that brief moment of smiling which makes the hard days bearable. I usually have a lot of energy (maybe not in the mornings lol XD) but I always hope it radiates to other people. Overall, I just want to be an even better friend than I am now. Who doesn't want that? I'm sure everyone does."

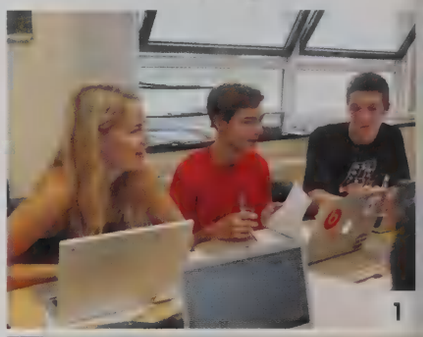
Jonathan Li (11)

A STEP BACK IN TIME

Students sit down to discuss themes through past and present world issues.

Courses aimed to address how different facets of history, such as leadership, culture, innovation, religion and politics, impacted ancient and modern societies all over the world. Instead of lecturing students, teachers implemented unorthodox methods to develop fundamental concepts and engage students. Caroline Martin (9) said, "We were studying legitimacy. So to test whether we perceived Mr. Spalding as legitimate he left directions on the board to place our shoes at the front of the room. At first, people were skeptical, but once that first person put their shoes at the front everyone followed." Other methods aimed to help students find personal connections to what they were learning. Juniors had the opportunity to write an essay for Veterans Day to deepen their knowledge about the sacrifices veterans have to make. "I decided to do the essay because my brother is a freshman at the Air Force Academy so the armed forces and veterans are now a really big part of my life. I thought it would be cool to share my perspective and to hear from others about the veterans who have impacted them," said Elizabeth Stump (11). "Doing the essay made me realize how important veterans are and how much we need to appreciate them and their sacrifices".

1. DEEP DISCUSSIONS Maxwell White (11) refers to his discussion prompts as he converses with his classmates. Class handouts often included images and primary sources with relevant questions to help stimulate a certain area of discussion. "It's so crazy how history repeats itself," White said. 2. TECH SAVVY Joseph Mostika (11) and Justin Liu (11) use their laptops to research for their project. Though physical copies of books and texts were traditionally used, online databases enabled students to discover information not accessible to them offline. The school library provided project guides on their website that directed students to reliable resources, helping students jumpstart their research. 3. PICK ME, PICK ME! Joshua Backert (11) leans back in his chair and raises his hand to get his teacher's attention. "History class is really fun, and I enjoy being in it," said Backert.



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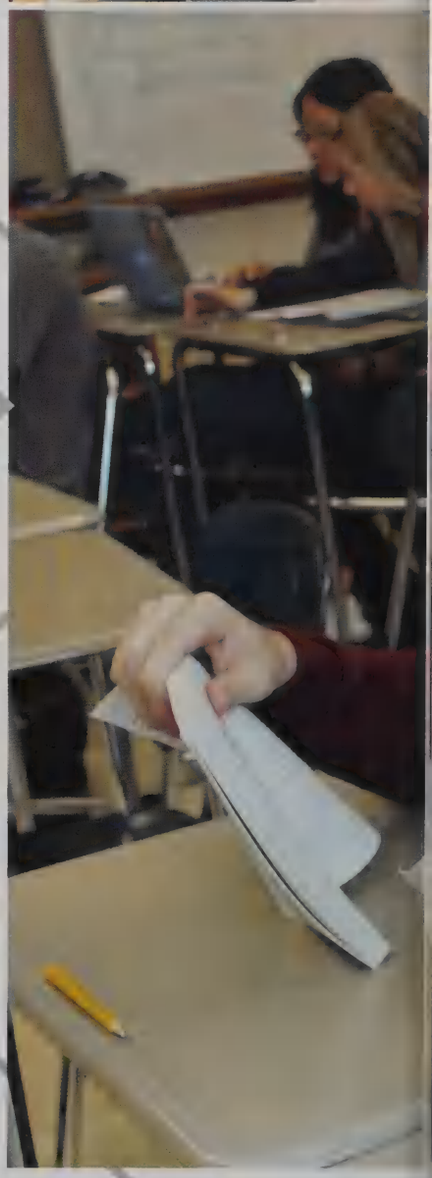


be a TREND SETTER

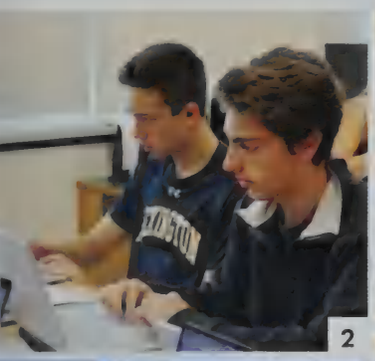
what trend would you want to start and why?

"I would love for there to be a trend that had something to do with sitting with kids who eat alone at lunches. For most people, lunch is when we get to take a break and decompress a little bit from the rest of the school day, but for some (too many) others, it can be the most stressful time of the whole day, whether that is because they are new to the school or just don't have a friend who has their lunch that they can sit with. It can be really powerful for someone to take just 30 minutes out of their day to sit with someone new, and they could even bring their friends with them as well. Yes, some people do prefer eating alone, but for others, this can be so helpful and who knows? Maybe it will even create some new, lasting friendships! There are actually a few LHS groups working on this idea right now, so hopefully we can make this hypothetical trend a reality sooner rather than later!"

- Lucas DiCerbo (12)

switch A-ROO

If you could switch bodies with someone else for a day, who would you choose and why?



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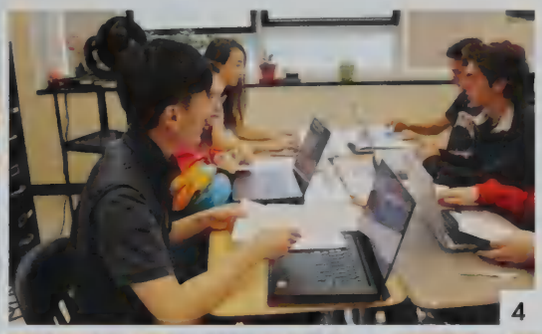

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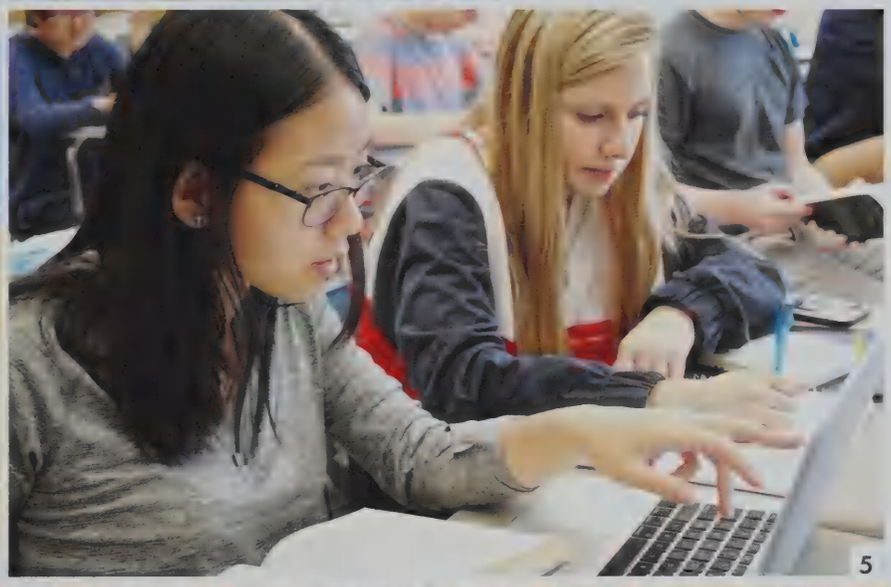

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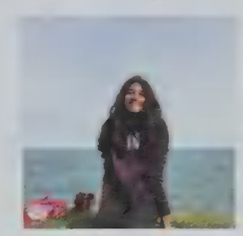
"My 105 year old great-grandmother because I would love to get to look inside her mind, see all the wisdom she has, and be able to revisit all of the beautiful stories from her life that she has told me."
Claire Johnson (10)



"I would switch with our president so I could resign."
Shweta Kondapi (11)

6

4. TABLE TIME Brian Chong (11) leads a discussion with his table mates. While much of the class period was spent on lectures, students also profited from conversations with classmates. As junior students were required to take U.S. History, they spent much of their conversations examining how past historical events affected the present, and what they could learn from them. Chong said, "What I like about history is that history is humanity's professor." **5. TAKE NOTE** Mina Lee (12) and Elizabeth Geldart (12) work together to take notes from their textbook in AP Economics. Similar to the senior English course system, the advanced course was one of several social studies electives available for seniors to choose from. Lee said she chose the subject "because Ben Choi and Richard Zhou said it would be easy." **6. IN THE MARKETING WORLD** Jinwoo Baik (12) and Samuel Crampton (12) examine their summer reading book, "Naked Economics: Undressing the Dismal Science" by Charles Wheelan, in order to prepare for an upcoming test. Beyond reading unusual books, AP Economics students also participated in unconventional activities to help comprehend new topics. Baik said, "I guess for the most unusual thing we demonstrated diminishing marginal returns through running a paper stapling company with more and more people and it got to the point where nine people were crowded around the table fighting for the stapler."

making a DIFFERENCE

if you could change one thing about the world, what would you do?

"If I could change one thing about our world, I would definitely get rid of prejudice and bad judgment. I think most of the time, we judge other people, either what they do or what they say, without even realizing that it could be disrespectful or harmful. And as cheesy as it may sound, the world would be a way better place if we could all just do and be however we want without fearing someone will judge us or criticize us."
Rocio Hernandez Chavez (12)

"I think I would make it so that everybody listened to each other more, because I feel like a lot of problems we have in today's society are because people aren't willing to see and accept that others have experiences that differ from their own. I feel like if we truly tried to listen to each other and empathize with our different experiences we would be better at understanding each other, ourselves, and the world in general."
Devanshi Bhangle (12)

"I would change the way people perceive achievements and academic prowess, especially in teenagers today I guess. A lot of people try to distance themselves from like doing well in school/extracurriculars by classifying people as "smart". but in doing so they develop this nasty inferiority complex (that can be truthful or not depending on the person) but it ends up as them perceiving themselves as like unable to do something that they like want to do despite having the ability to do it. It's like positive psychology – instead of thinking 'other people have the ability that I don't,' think of it more like 'other people put in the effort and so can I,' feel like a lot of people's perception that they lack meaning in their life could be changed if they shifted their perspective from that. Although it's not a perfect solution it should definitely be one of the first steps."
Chanseo Lee (12)

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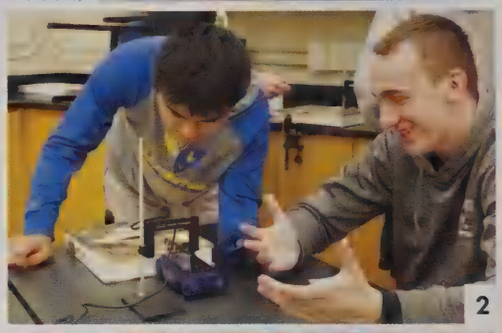
1.IT'S A BIRD, IT'S A PLANE, IT'S A... PIANO? Elisa Mezhirov (12) runs a cart piled up with masses through a photogate. The lab helped teach students the effects of mass on an object's acceleration, and how it applied to their daily life. Mezhirov said, "One of the my favorite things about physics is how versatile and broad it is. Physics teaches us how to find the speed of a piano falling from a height of four meters; it shows us the velocity with which we have to run to escape the falling piano; it teaches us the mass of a star we have to create for the piano to go into orbit and many more piano situations. In all seriousness though, physics is so engaging for me because it lets us take a hypothetical math problem and turn it into an experiment worth trying. Unless it's a falling piano... then maybe a smaller scale model would be best..." **2. EVERYDAY MOTION** Edward Dziadzio (12) hypothesizes what went wrong in their last run as Alex Jin (12) examines the cart. Dziadzio said, "Learning all the intricacies that go on behind the scenes of simple everyday motion, it really puts the world into perspective." **3. A LITTLE TO THE LEFT** Ilana Rosker (12) lines a frictionless cart up with her photogate to calculate acceleration. The photogate became a common tool Rosker and other physics students utilized in the class, as it calculated and graphed data in real time. Rosker said, "Physics is enjoyable because the people in my class are hilarious and we do cool labs that sometimes involve me embarrassing myself because I can't throw a ball but it's been fun!" **4. ROUND AND ROUND** Adi Thatai (12) tries to understand a new unit in his physics class. Though confusing, Thatai found the class fascinating and relatable. "The topic that has engaged me most in physics is definitely circular motion. For one, we did a lab where we spun metal balls above our heads and I got hit in the head a few times. That was pretty engaging, " Thatai said, "Also, sometimes I feel like I am a circle, and I can relate deeply to circular motion. Thanks Newton."



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5. EVERY LAST DROP Jason Dai (11) and Thomas Chiu (11) measure out chemicals before combining them. Even just a little too much of one acid would have caused unusable data, so every drop mattered to the final result. **6. ONE WRONG MOVE...** Michelle Tom (11) and Shiyu Yu (11) make sure they understand every step in the directions before moving on to the next part of their lab. **7. GOGGLES? CHECK!** Harris Erdman (11) and Arunendro Dutta (11) use crucible tongs to handle chemicals so they don't splash any on themselves. The students were required to use the proper safety equipment at all times when doing labs, as the chemicals were often dangerous. Erdman said,"Chemistry is such an interesting science. It's one of the most useful subjects for preparing us for the real world. It combines all forms of science in a way that can easily be applied to the real world which I think is very valuable."

all the good puns ARGON!

Students explored the workings of the world through hands on labs.

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From the water cycle to Newton's Laws, science classes depended on hands-on experiments to demonstrate how these essential concepts initially introduced in lectures were applicable to the real world. Labs allowed students to question the environment they lived in and broaden the way they interpreted it. In order to do this, teachers entrusted students with dangerous chemicals and expensive equipment, such as microscopes, acids, and electricity. However, these risks proved to be worth it. Aditi Mannem (11) said, "My experience in AP Biology gave me insight into the real world applications and in bioengineering techniques and fundamental concepts." Students began to take what they have learned beyond the classroom, and apply it to real life situations. Samuel Pak (12) said, "I love it when I figure something out in class, and then start to see it in the world around me. For example, learning about convection cycles in Earth Science, and seeing them play out in cooking, swimming, and air conditioning a room."

WHERE IT COUNTS

students take a closer look at mathematical skills that apply both in and out of the classroom

Beyond strange numbers and symbols, math courses engaged students in new strategies used unconsciously outside of class, such as problem solving, critical thinking, reasoning and argument structuring. Teachers encouraged this growth by incorporating application problems and helping students interpret the "why" behind every proof. These methods supported an open minded approach to math, as the classes proved that the journey to the answer had just as much value as the answer itself. Nathan Ramesh (12) said, "Math taught me how to think so that literally every aspect of my life is easier. Although... actually there's no although to that." Even though the concepts could be confusing, Xiangran Wen (12) said, "If you do truly understand your homework and classwork, then it is stress free. But it will be challenging if you do not focus and dig deep into daily practices."

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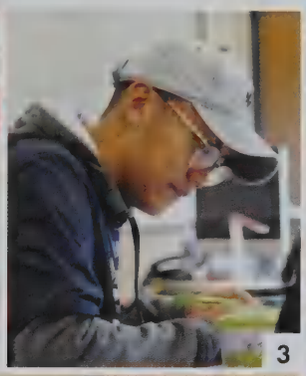

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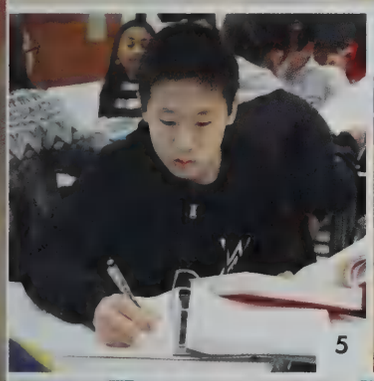
1. CALCULATE THE RATE Anthony Sjodin (12) uses his graphing calculator to help him solve a problem. Sjodin said, "I've always been surprised at how much I enjoy math, since it's definitely the subject I struggle most with. For me, a lot of frustration and late nights go into learning math, but it's so satisfying when I finally understand problems." **2. JUST LIKE FRIENDS** Sean Wu (12) seeks help on a class assignment with Ms. Haupt. Wu said, "Math is a #grind. It is the most difficult subject I've had for my four years of high school, but I have a lot of friends in my class which makes class bearable." **3. PUSHING THE LIMIT** Jaeho Chung (12) works on a limits and continuity worksheet. Chung took AP Calculus AB, one of the most demanding math courses available. **4. IN DEEP CONCENTRATION** Rachael Mathew (12) checks over her classwork. Students who needed extra time to complete assignments and extra support took advantage of I Block, which gave students a block three times a week where they could seek extra help and finish their homework. **5. BALANCING ACT** Tianyi Wang (9) balances a textbook on his desk while completing the class assignment. Though teachers often handed out assignments in separate packets and worksheets, the textbook often came in handy when a student was in need of extra problems or explanation. **6. SPIRIT IN THE CLASSROOM** Julia Arnold (9) completes her homework assignment during class. Arnold said "I play for the JV Girls' Soccer Team here at LHS, and our spirit wear that day was pink (in honor of Breast Care Awareness Month and Mean Girls Day). I am able to balance my school work and school sport since I realize that I don't have as much time as everyone else to do my homework and that makes me a lot more productive and keeps me focused on my work." **7. ANY ADVICE?** Fiona Breen (9) discusses a math problem with Ms. Sheppard-Brick. Teachers played an important role in every student's math journey. Students were encouraged to participate in class discussions and to ask questions.



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the road to SUCCESS

What do you consider to be your biggest success?

"Winning the Northeast Regional Science Bowl with my team for the first time in 7th grade."
Vedanti Bhargava (9)

"After over seven years of training in Karate I earned my black belt."
Joseph Denham (12)

"I auditioned and got into Symphony Orchestra, one of the honors orchestras. It was my first time auditioning for a school group and a huge success when I got in."
Joanna Suber (12)

"I qualified for the final round of the international ballet competition, Youth America Grand Prix, and went to New York to compete."
Belinda Wu (10)

just WORK IT

switching IT UP

Students talk about their predictions and opinions about the new schedule changes.

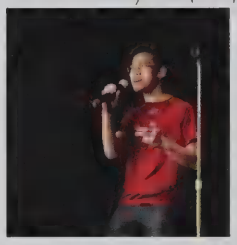
Zainah Islam (10)

"Personally, I don't like the schedule change. I think that changing our schedule to a 6 day cycle is just going to be very confusing. The duration of the blocks isn't very different so I don't think that affects people as much. I think this option was much better than others in terms of block length. I feel as though they tried to make things better but ended up making minor changes that will just make everything more complicated."

Alyssa Gee (11)

"Honestly I don't like the schedule change, because I'm already so used to the old one. I can barely sit in a 48 minute class, so it'll be even harder to sit in an hour long class. I guess, however, it's more reasonable for teachers though."

Khoi Henry Le (10)



"The schedule change is kinda wack - I don't really appreciate the six day rotation which is weird af but what can you do? Overall it's going to be interesting but I can't see anything big changing because of it."

Aarya Tavshikar (11)

"Yeah I think thats not really the smartest decision because you end up with massively long frees and it's overall unnecessary, considering I'm a huge fan of "if it works, why fix it."

Kyle Suh (11)

"At first I thought it was a terrible and unnecessary change that's just another way for the school administration to "relieve stress". But I appreciate the fact that they're at least trying to make some kind of change. I think a lot of people are scared for change especially for upcoming seniors, but I think this schedule change could help work management overall. Also, like it's not gonna be that hard to adjust to the new schedule. You'll get confused for like maybe a month more than you normally do and then you'll get used to it. Just because something works doesn't mean it can't be improved."

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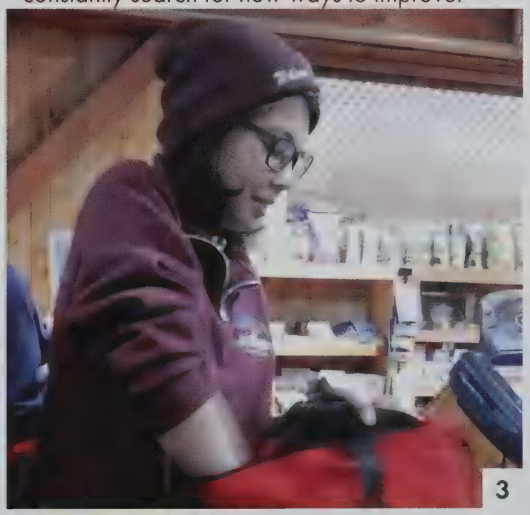
1. CHECK, PLEASE! Irene Ouyang (12) shuffles take out order forms at Mario's, a local Italian restaurant. Ouyang has been there for almost two and a half years, working 15-18 hours each week. Ouyang said, "The hardest past about my job? Hmmm, the customers, you never know what kind of questions they're gonna ask you: 'Is your meat sauce vegetarian?' It really requires a lot of patience. Like A LOT. What do I like most about it? The customers, definitely. You never know who you're gonna get and that's the thrill of it. They've all got something to teach you." **2. NUTS AND BOLTS** Rajvir Pabla (12) listens to music while he works at the Ace Hardware counter. Pabla worked 14 hours every weekend in addition to attending school and participating in extracurriculars. Despite the time commitment, Pabla said, "I would recommend students to take a job because it is a good way to start your first personal finance/budget. Also, a high school job can be a good way to learn good business ethic. With my job, I learned about many different fields, from fasteners to electrical, which can be helpful at home and school. So, ultimately a part time job can be super helpful for learning a thing or two about fixing a toilet or saving for college or a car."

Students share their experiences in working part time jobs outside of school.

In addition to homework, clubs and other extracurriculars, students above the age of 14 often found other ways to fill their schedules and resumes through local restaurants, stores and organizations. From scooping frozen custard at Abbot's Frozen Custard in the town center to teaching elementary kids at J.W. Hayden Recreation Centre, students found diverse opportunities involving their interests. Beyond being a source of income, jobs were a place of growth and learning. Anthony Sjodin (12) said, "Well I think LHS and all schools strive to teach their students responsibility and, sure, you learn it with due dates on homework and running clubs, but there's a totally different type of responsibility to others that you learn when working and I don't think I could have learned that from school alone." Some, however, were their own bosses. Mina Lee (12) was one of several student musicians who taught private lessons. The music department allowed students who played instruments to sign up to teach aspiring elementary and middle school musicians. Lee said, "I think one of the most surprising things I've learned while teaching is that I learn just as much as my student (hopefully) does during our lessons. Though the idea of having complete freedom in how and what I teach was inevitably daunting at first, I think it allowed me to really take the time to focus on how I can best create an environment where my student can feel not only comfortable in making mistakes but excited to as well, so that she is more driven to constantly search for new ways to improve."



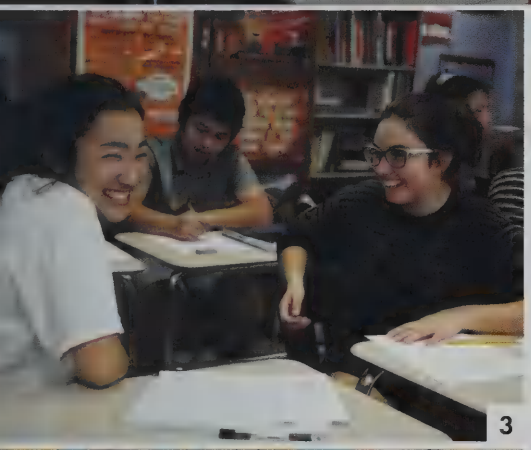
3. BAG IT UP Allison Chaput (12) bags groceries in a reusable cloth bag during her shift at Wilson Farms. **4. RUNS ON DUNKINS'** Samuel Pak (12) hands a bag full of donuts to a customer. Pak worked long shifts fairly often, and to cure boredom, he developed new strategies. "Honestly, being bored can be super productive. When you get bored you have to accept it, and find ways to move within your own brain. For me, I try to transcribe the songs on the radio, or try to sing improvised melodies over them. This way, I can exercise my musical abilities whenever I have nothing to do."**5. SCOOP-DIDDY-WHOOP** Rebecca Johnson scoops ice cream for a customer at Rancatore's, a longstanding ice cream store in the nearby town center. Johnson was one of dozens of other students who worked weekly at the store, as it was a popular opportunity for students seeking work. Johnson said, "I love working at Rancs because of the friendly and accepting atmosphere. The Rancs staff are all incredibly loving and are not only there to keep the store running smoothly but more importantly are there to support one another. I've made and strengthened so many friendships during my time working there and I'm so grateful to have such an amazing job that continues to help me grow! Plus, there's ice cream so what more could you ask for?!"

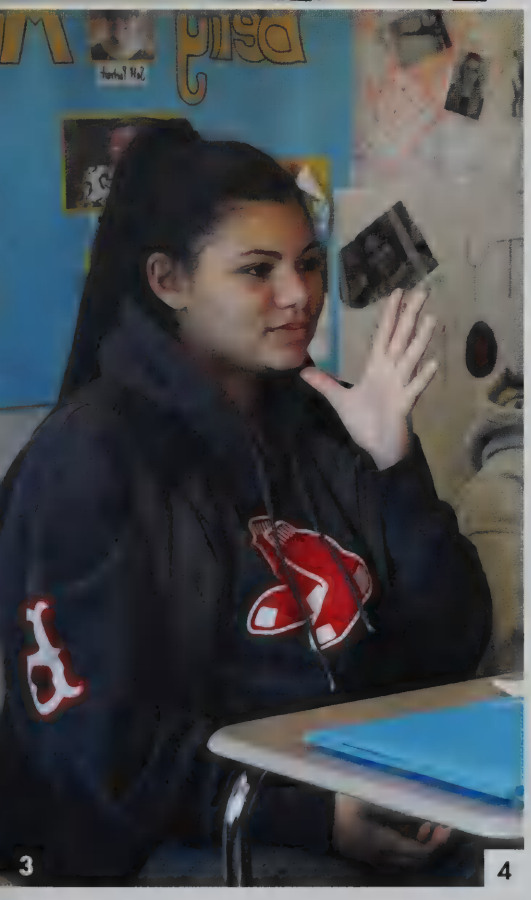
SAY HELLO TO THE WORLD

Students broaden their horizons by learning a world language of their choice.

World Language classes went beyond the basics; to help them fully understand their chosen language, many students participated in student exchange programs and traveled overseas. The French program hosted their annual French Exchange program, also known as "Fr-Ex". Students who wished to participate were paired up with a student from the partner school in France, and each individual took turns traveling overseas and living for a week in the other country. Chen Huang (12) said, "It actually took me a bit of time to make a decision whether to participate in Frex or not. As exciting as it seemed, I was not confident about my French and my ability to completely immerse myself into another culture. But I was more eager to open up my mind and connect with new people, ideas, and stories. Plus who doesn't want to explore Paris with a group of like-minded friends?" Similar programs existed within other language courses, such as Mandarin and German. Maria Jose Galvan Murillo (12) said, "I think that being part of the German exchange gave me so many valuable things, but I consider the friendships and a new perspective the most important. I met so many great people and made life long friendships with many of them. I also loved experiencing the German culture and another type living."

1. A SIGN OF FRIENDSHIP Audrey Eastridge (10), Paige Elander (10), and Naomi Pearlman (10) sign the word "Friend" in American Sign Language. Pearlman said "I think the Deaf Community is really unique and I want to learn more about it. ASL helps bring together the whole world, and I want to be part of that."





2. A NEW BEGINNING Owen Mattingly (9) and Jasper Nevis (9) contribute to a discussion in German class. Both Mattingly and Navis had a fresh start in a different language, as German classes were not available in their respective middle schools. "World language is a completely different type of class then most others," Mattingly said, "It's much more free and open as you have a whole language at your disposal; you just have to find it." **3. LAUGHS IN THE CLASSROOM** Anju Minemoto (12) and Madeline Ellmore (12) implement new vocabulary into a conversation in Spanish. While language classes included everything, from writing to culture, having discussions was often the most effective way to maintain or improve language skill. Minemoto said, "My favorite thing about Spanish class has got to be how we cover a whole range of topics applicable to us today like beauty, art (we just finished talking about Pablo Picasso's famous Guernica mural), science & technology, etc and it can be as real as we want or we can just joke around. I'm always laughing in that class." **4. THE LANGUAGE OF GESTURE** Alana Valdez-Downing (11) signs the word "Mother" in American Sign Language class. As a nonverbal language dependent entirely on hand movements and facial expressions, vocabulary was a main component of the class. ASL students were expected to demonstrate their proficiency in signing vocabulary for assessments, and some projects even involved translating a song of choice from the original language into ASL. **5. SPEAK UP!** Helene Mandl (12) discusses a class handout during AP Spanish. Though she had taken German her junior year, Mandl chose to stick with Spanish. "I decided to take Spanish because through it I've been able to learn about different cultures," Mandl said. "I think it's incredible how many Spanish-speaking countries there are around the world, each with their own history and so learning their language allows me to know more about so many environments beyond my day to day life."

"My *insert language* is really good."
Swetha Meruva (12)

"What food would you recommend?"
Huining Liang (11)

"You're cute. Can I have your number?"
Nicholas Centrella (12)

"I'm hungry."
Sean Wu (12)

If you could only learn one phrase in every language, what would it be?

IT'S A FOREIGN AFFAIR

EVERYTHING on DISPLAY

Students pushed their creative limits and expanded their abilities using all mediums.

In courses ranging from painting and drawing, to pottery and sculpting, to an enormous range of digital arts, students used their creativity to design wonders, while, at the same times, enjoying themselves. "Art class is a place where I can display my creativity in a fun way," said Julia Arnold (9). She wasn't the only one who thought art class is a good place for imagination. "I feel like I can really bring out my creativity in art, but enjoy myself at the same time," said Sophie Hua (9).

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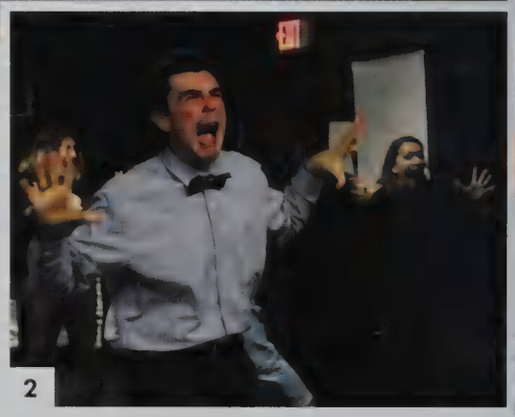

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1. WORK IT Claire Larson (12) works her clay on the pottery wheel forming what will eventually become a mug. Ceramics was a favorite class among students who took art, as many found it to be a different way to focus their energy and relax. Larson said, "I enjoy ceramics because it's a relaxing creative outlet, I can get away from stress from school without the pressure of a structured class-time." 2. BOO! Mr. Leake, the teacher for "The Play's the Thing", and Lauren Sterne (10) run an exercise on expressing emotions. While teachers in other subject areas didn't participate in activities such as poster making, in drama classes they were able to jump in and participate alongside their students. Sterne said, "The most interesting part is getting thrown into a class with a bunch of random people and then coming together to make something."

pause
REWIND
PLAY

what is one moment in your life that you would relive?

"I'd want to relive the time my friends and I went to the night premier of Captain America. I waited years for that movie, and it was one of the few times all of our schedules lined up for something we were all excited about." - Anthony Sjodin (12)

Probably the final concert we did in Greece, it was just such an amazing experience. I could feel the emotion of the music in the air, and we were connecting to people who didn't understand the words with the music."
- Hannah Oh (11)

"Hiking in the Grand Canyon - I really liked how I could appreciate the enormity of nature, and it really helped me acknowledge something greater than myself."
- Aarya Tavshikar (11)

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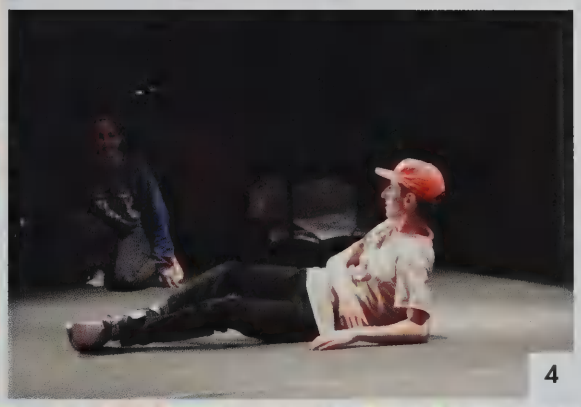

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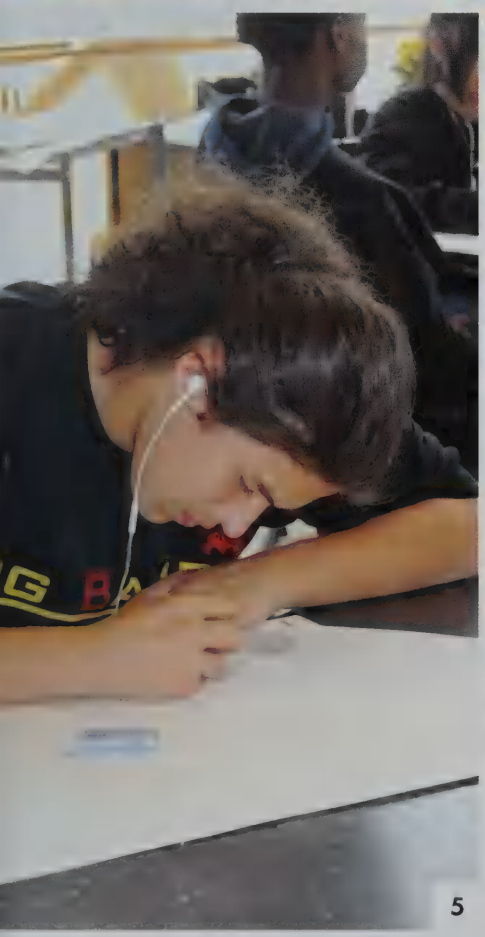
3. BACK TO BASICS Patrick Reynolds (12) etches detail into his clay project. Students who took Foundations of Fine Art had access to dozens of materials, but clay and paints were the most commonly chosen mediums as they were the easiest to manipulate and fun to work with. 4. PUT ON A SHOW Samuel Diamond (12) pauses under the spotlight on the floor during his skit. "The Play's the Thing" explored every aspect of developing a theatrical performance, from script writing to costume and prop design. Students worked throughout the semester to create one final performance to present to an invited audience. Diamond said, "This class allows students to express themselves more than any other class. We always create a fun,uninhibited environment." 5. TUNED OUT Karl Schapfel (10) listens to music as he adds detail to his drawing. While most classes typically didn't allow students to listen to music while working, art courses even encouraged it to promote creativity. Schapfel said, "What I really like about art is that our teacher is really chill and offers good compliments as well as helpful strategies to improve our work. I really like how there are a lot of different topics and styles that we explore."6. TIPS AND TRICKS Laura Cunha (12) looks to her teacher, Ms. Derocher, for some suggestions on her project. Though art was meant to be an individualized form of expression, it was often useful for students to seek advice from their peers and teachers. 7. LOTS OF FILM! Lilly Hart (11) and Clare Wiesen (12)look at their developed film to find pictures to print. In photography class students learn traditional methods of producing photographs using film and darkroom techniques.



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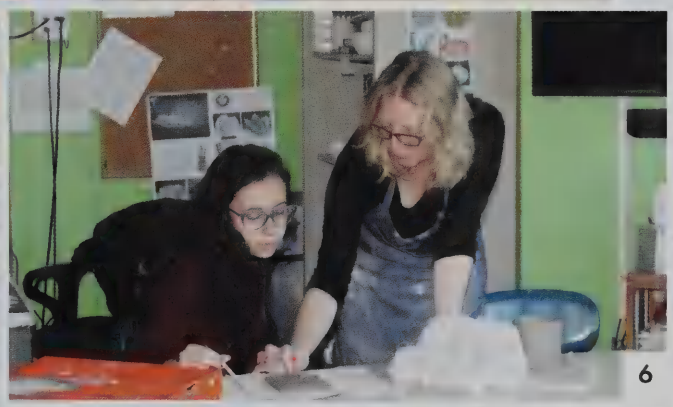

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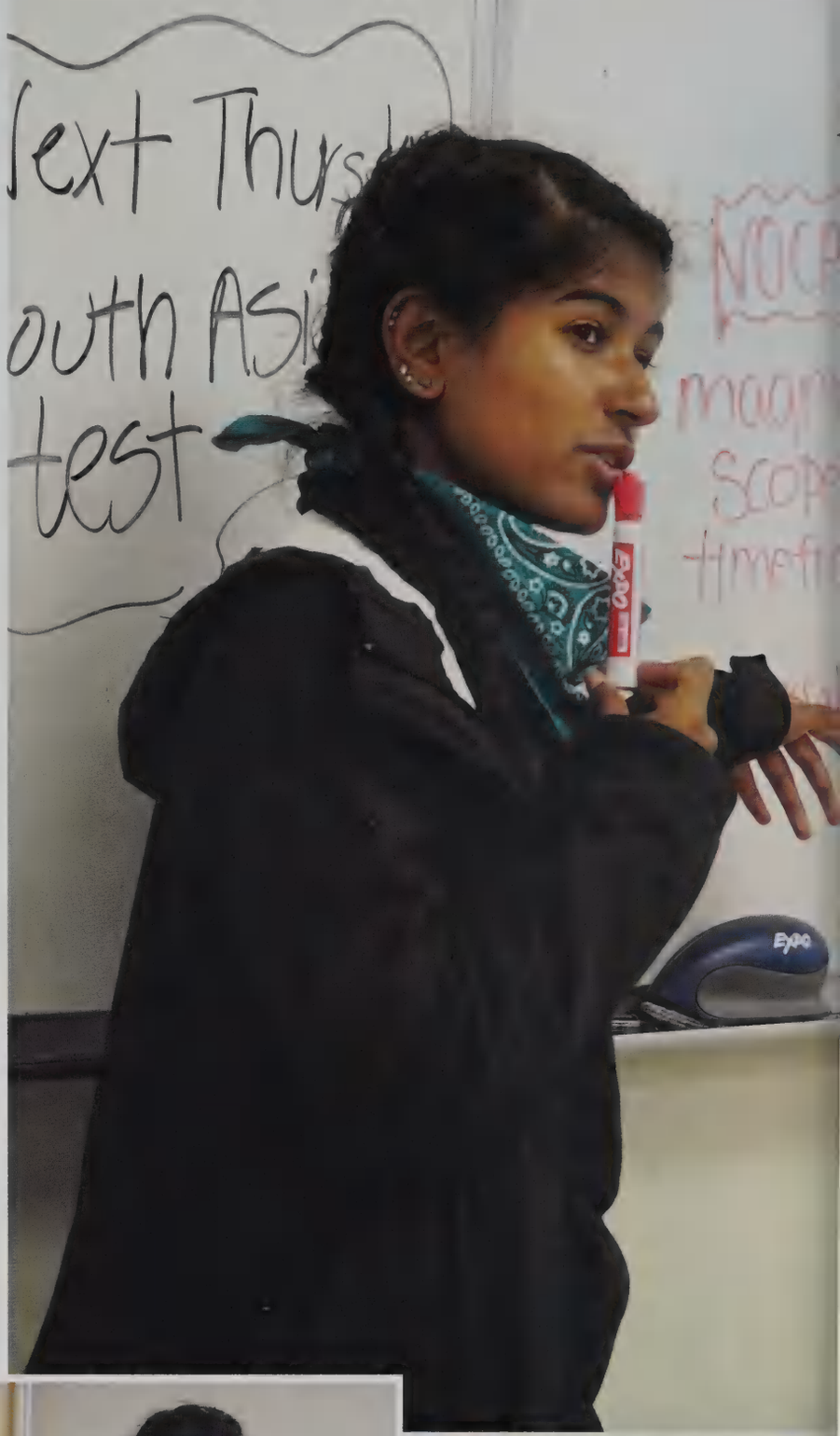
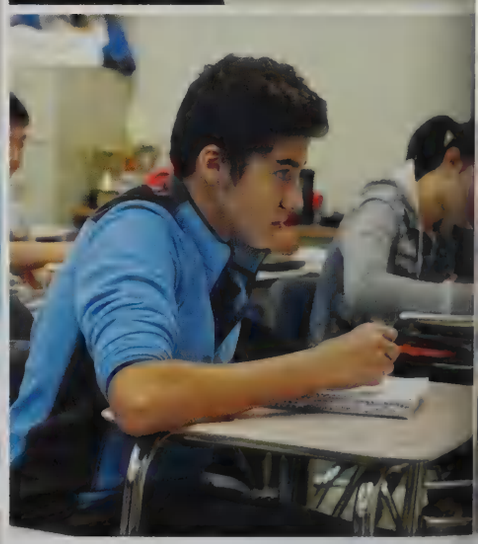
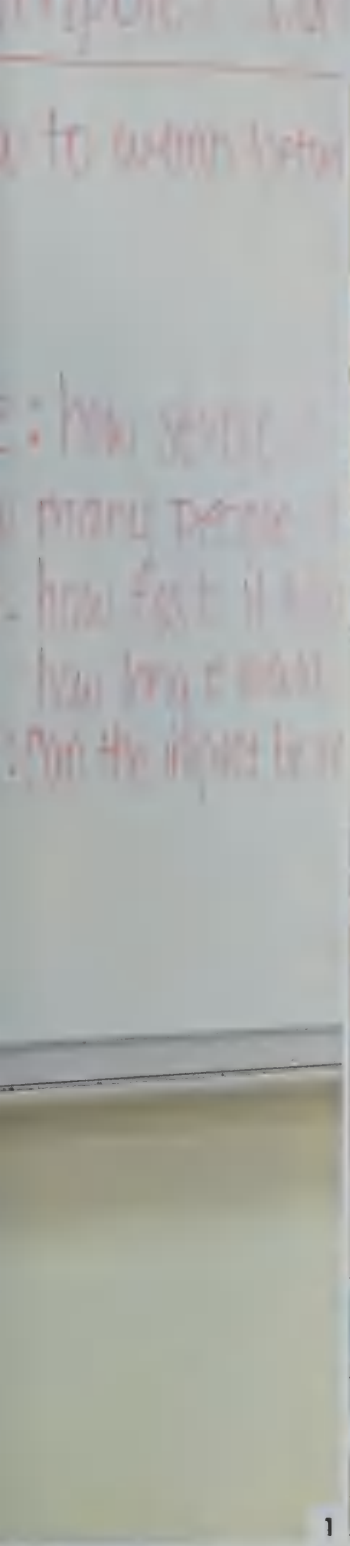
ARGUABLY the best

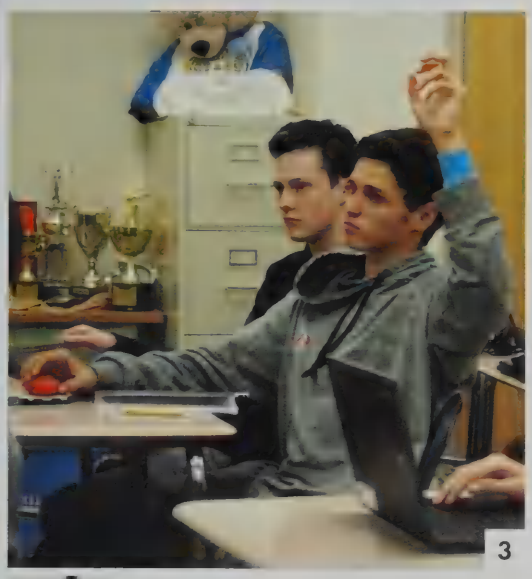
Students prepare to face off in a battle of words and speech.

Debaters rattled off written speeches and presentations in and out of class. Whether students were in Policy or Lincoln-Douglas, all were required to participate in weekend-long competitions all over the state. To prepare for these interscholastic forensics tournaments, debate students also had mandated practices after school. Non-varsity debaters were advised by those who successfully completed the prerequisite introductory course, gaining tips and tricks from their seniors. Varsity debater Devanshi Bhangle (12) said, "I really love debate. It helped me broaden my horizons and taught me a lot about the social location of other people in the United States. It also gave me a litany of portable skills like the ability to research and find effective articles, the ability to interpret the news and make sense of local events, the confidence to speak out about issues that matter to me in a way that helps me be heard, and a broad range of general knowledge about everything from how the government works to theories written by dead French philosophers. In addition, it's a lot of fun to travel for debate trips with my friends. I feel really connected to most of the people on the team and that has forged a bond and created a lot of fun memories that only team sports/activities can. Overall, I'm really grateful for this experience. I've learned a lot about debate and life and made a lot of great friends along the way!"









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1. WATCH AND LEARN Avani Kabra (12) stands at the white board explaining new vocabulary to the class. Kabra said, "Through debate, I have learned so much about the underpinnings of public policy and the avenues to create change. This is something that will follow me to college and in my career which is something I will always be grateful for." 2. LISTEN UP! Mark Gianino (10) takes notes as a varsity debater explains new strategies. Gianino was in Intro to Lincoln-Douglas Debate. Despite being in a prerequisite course, Gianino and his classmates were still required to participate in interscholastic competitions and after school practices. 3. ALWAYS QUESTION Francisco De Amorrortu (9) raises his hand to ask a clarifying question about new vocabulary terms. Despite not being a typical social studies course, students gained critical life skills in doing debate. Amorrortu said, "What I like most about debate is the aspects of everyday life, specifically in dialogue with others in and out of class, that skills learned in the course can be applied to. I find these skills important as they give me a greater sense of confidence and professionalism in conversation, useful at any point in time in my life."4. WORKING TOGETHER Janet Mariadoss (12) and Katherine Lim (12) introduce new strategies for competitive speaking. Mariadoss said, "I love how Debate can be anything from an expressive performance to a highly strategic game, depending on how you choose to approach it. The academic discussion spaces found within Debate that allow for

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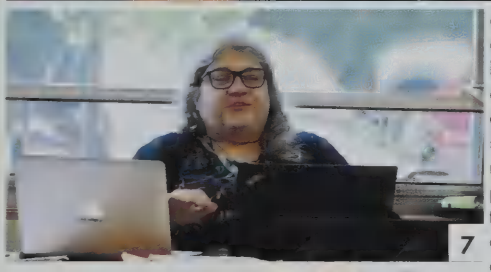

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open contestation of various theories and government policies, are unlike anything else! There's so much variety within one activity, which motivates me to constantly learn or improve my skills." 5. BRING ON THE COMPETITION Christian Han (9) comments on a discussion prompt with Vikrant Maan (9). Despite the intense environment in classes and competitions, debate students found a passion for it. Han said, "I like the competitiveness of debate and I am a competitive person which motivates me to do it." 6. LET'S LEARN Archit Kumar (9) writes down new strategies presented by Ms. Kaczmarek. 7. A LESSON LEARNED Ms. Kaczmarek, the debate teacher, gives advice to older students who instruct their underclass peers. While many debate classes were led by varsity debaters, the teacher stood by in case they needed advice.

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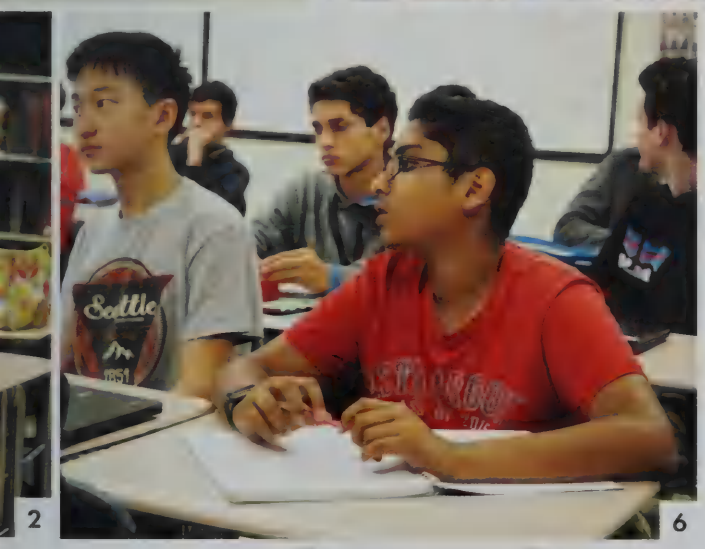

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HELP, I'M STUCK!

You are stuck on a deserted island. What do you do?

"I am with best friend Katie, my sister Meredith and my friend Emily (who is really smart). We are going to first build a shelter, and make friends (if there are any) with the locals. Then we are going to cut down some trees and build a raft, and sail away. Emily knows how to sail so we will be fine going by raft."- Melanie French (11)

PARADE DAYS BY THE NUMBERS

400 the number of students who called in "sick" or "out" the day of the Patriots' Victory Parade

6 the number of Lumbardi Trophies the New England Patriots have won

9 the number of World Series Championships for the Boston Red Sox

4 TEAMS

TITLE TOWN

1. SMILE! Anna Clough (12), Anat Melenteyv(12), and Natalie Gebeyan (12) are crowd standouts at the Pats Victory Parade on February 5th. About 1.5 million fans lined the parade route. **2. 'TIL NEXT YEAR!** Victoria Nagle (11) and Alessia Caira (11) are decked out in their Patriots' gear at the Super Bowl victory parade. Nagle said, "The parade was really fun; I enjoyed spending time with my friends and loved seeing the city come together to celebrate the Pats! I can't wait till we win again next year!" **3. BRING EACH OTHER UP** Alana Valdez-Downing (11) gives her friend, Kate Robinson (12) a piggy back ride during the Patriots Victory Parade. Valdez Downing said, "Going to celebrate a team in Boston is a once in a life time experience; the people and spirit are the heart of the city we call Titletown!" At least 398 other students also went into Boston for the thrill of seeing the entire New England Patriots team riding in duck boats in the parade.

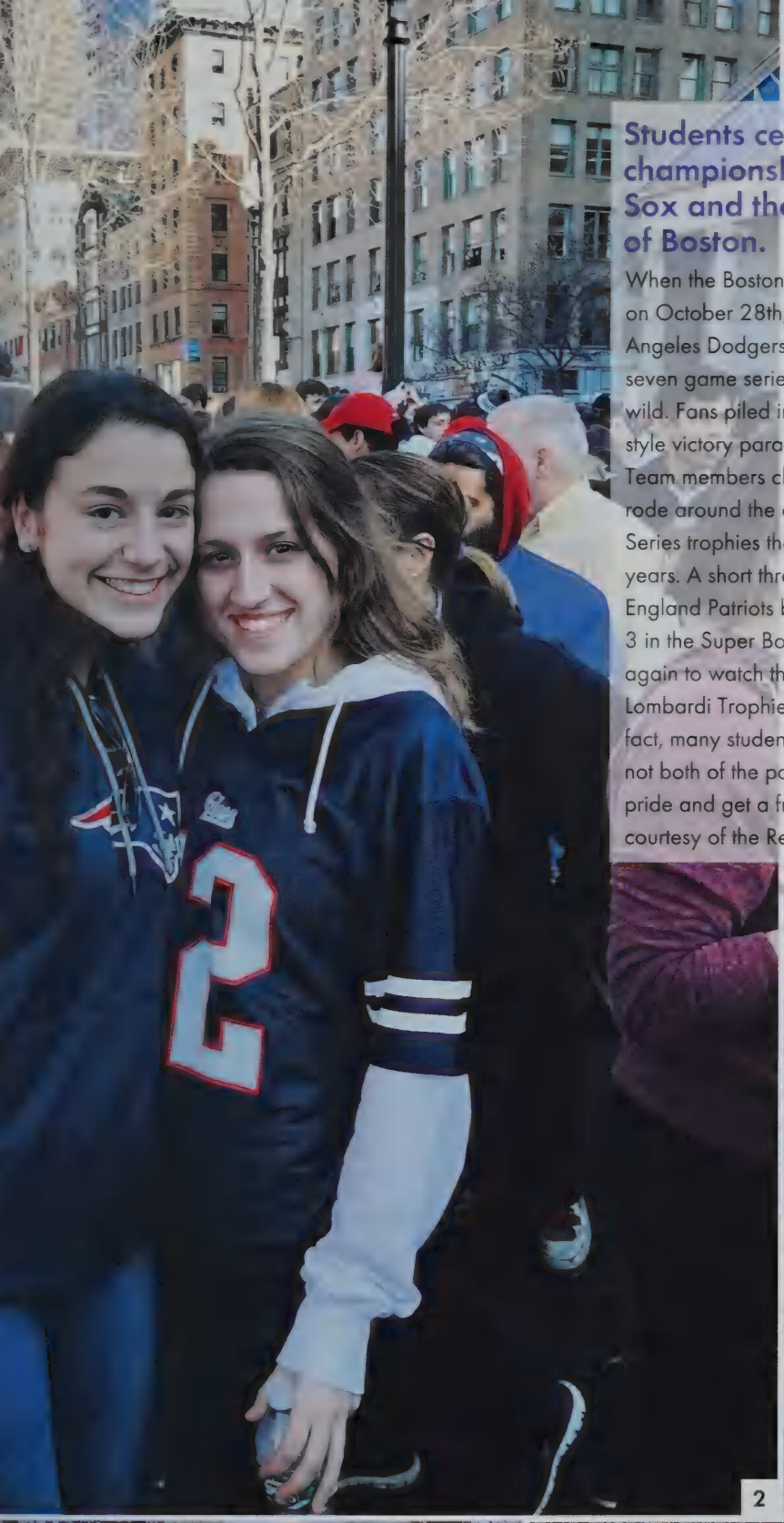
TWO CHAMPIONSHIPS

The RedSox finished off the Dodgers in Game 5 to clinch their fourth World Series championship in the past 15 seasons.

In a matchup that lived up to expectations, the New England Patriots beat the Los Angeles Rams 13-3 to take home the Vince Lombardi Trophy at Super Bowl LIII in Atlanta, Georgia.

Students celebrate the championship victories of the Red Sox and the Patriots on the streets of Boston.

When the Boston Red Sox won the World Series on October 28th, 2018, after beating the Los Angeles Dodgers 5-1 in the fifth game of the seven game series, the entire city of Boston went wild. Fans piled into the streets for the Boston-style victory parade that was held for the team. Team members climbed onto duck boats and rode around the city displaying the four World Series trophies that had been won in the last 15 years. A short three months later, the New England Patriots beat the Los Angeles Rams 13-3 in the Super Bowl. Fans packed the streets again to watch the Patriots, and their six Lombardi Trophies ride by in the duck boats. In fact, many students joined the crowds at one if not both of the parades to show their Boston pride and get a free day off from school courtesy of the Red Sox and Pats.



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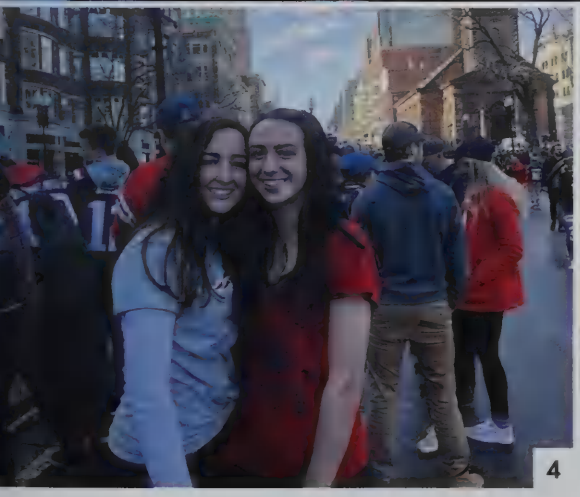

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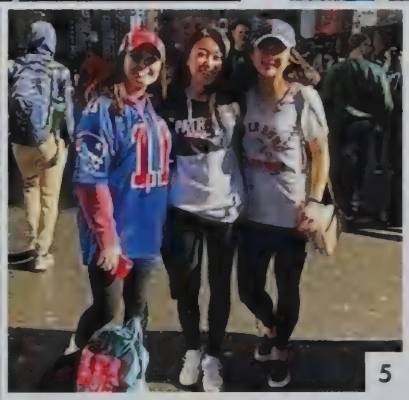

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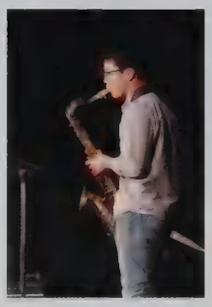
4. A BIGGER COMMUNITY Sarah McGloin (11) and Caroline Donaghy (11) take a break from watching the Patriots' Victory Parade. McGloin said, "The parade was so much fun and it was awesome to stand with other LHS students and feel apart of a bigger community." **5. OVERWHELMING EXPERIENCE** Amy Hu (12), Irene Ouyang (12), and Madeline Ellmore (12) immortalize their presence at the Patriots' celebration . Hu said, ""What I remember most was the excitement of stepping off the Red Line train at Park Street and getting swept into the crowd of ecstatic Patriots fans chanting Brady's name, as well as the anticipation of waiting in the crowded streets and finally seeing the wall of confetti and the line of duck boats coming around the corner with the boys holding up their Super Bowl trophies."

MUSIC TO MY EARS

Musicians from different genres reflect on their experiences in school music ensembles.



Why is the music program special to you?

"I vividly remember going on my first Cape Cod trip my freshman year. It was an end of the year trip for students in the music program. There wasn't anything music related, it was just a fun excursion. Josh Kim was picking up horseshoe crabs, everyone played ultimate on the beach and sang songs at night. There was a campfire and a softball game. And I remember being a freshman and seeing the way the seniors interacted with each other, how tight and comfortable they were with each other and how welcoming they were to others. I remember subconsciously wanting the same type of community for myself when I'm a senior. When I look back on my high school experience, I'm really comforted and proud of the fact that to a certain extent, we as a jazz ensemble, or a wind ensemble, or whatever, have fostered the kind of family that I saw in the seniors when I was a freshman on that Cape Cod trip. It's been such an interesting growth, because so many things have changed in my four years; JPL (Mr. Leonard) left, so many influential upperclassmen that were role models for me graduated, and so many new teachers and younger students have filled the empty seats. But some of my fellow seniors have also gone on so many trips together and have spent so many hours together that it has been impossible to not form a sense of community. So it's funny how things work out. I think they always do, if you just enjoy the time and the people you have now. And with the music program here, that's bound to happen."

- Tony Kim (12)

How have you grown since joining the music program?

"The music program at LHS has shaped me not just as a musician but also as a person. Of course I have grown musically to a massive extent as a direct result of being surrounded by some of the best high school musicians in the country. However, I can also say that working with some of the nicest, most passionate people I have ever met for the past four years has made me a better person myself."

- Alexander Tung (12)

1

2

1. BELLS AND WHISTLES Jane Jung (12) stares down at her music as she prepares to strike her first note. Percussionists laid the base for the ensemble's rhythm, hitting every beat with various bells, whistles, and drums. Jung said, "I think most people understand the importance of percussion, but still many lack respect for percussion for being "easy." It may not have the same technical challenges as say, a wind instrument, but playing percussion comes with its own unique challenges." **2. GET IN THE GROOVE** As one of the two drummers in Jazz 2, Mira Ward's (11) job is to lay down the style of the piece and keep time. Ward said, "Being in jazz has taught me to appreciate the process of improving. It can be so frustrating, but in the long run, there's nothing better than working super hard at something you care about and hearing your unique sound materialize when you collaborate with other people." **3. SHARING A SONG** Ilana Rosker (12) and Hannah Kim (11) share music as they rehearse during Madrigal Singers. Often referred to as "Mads", the advanced vocal ensemble admitted singers based on a highly competitive audition. Despite its rigor, Kim said, "I think what makes Mads special is since there's a smaller number of people, it feels more like a family. Mads also does a lot more gigs than the other choruses and it's always great to be able to serve the community" **4. EYES CLOSED, EARS OPEN** As he plays the bassoon, Aarya Tavshikar (11) closes his eyes in and concentrates on the surrounding ensemble. A select number of wind players participated in both a band and an orchestra where they played demanding pieces such as Antonín Dvorák's "Symphony No. 9" or Leroy Anderson's "Sleigh Ride". As one of these musicians, Tavshikar said, "I think that overall they are two super different experiences...for bassoons in band you are usually playing the same thing as the rest of the low winds, whereas in orchestra one minute you could be with cellos and the next with first violins. Orchestra reinforces a lot of the musical techniques introduced in band, and is really a refreshing experience."

3

HIGH SCHOOL REWIND

WHAT WILL YOU MISS MOST ABOUT HIGH SCHOOL?

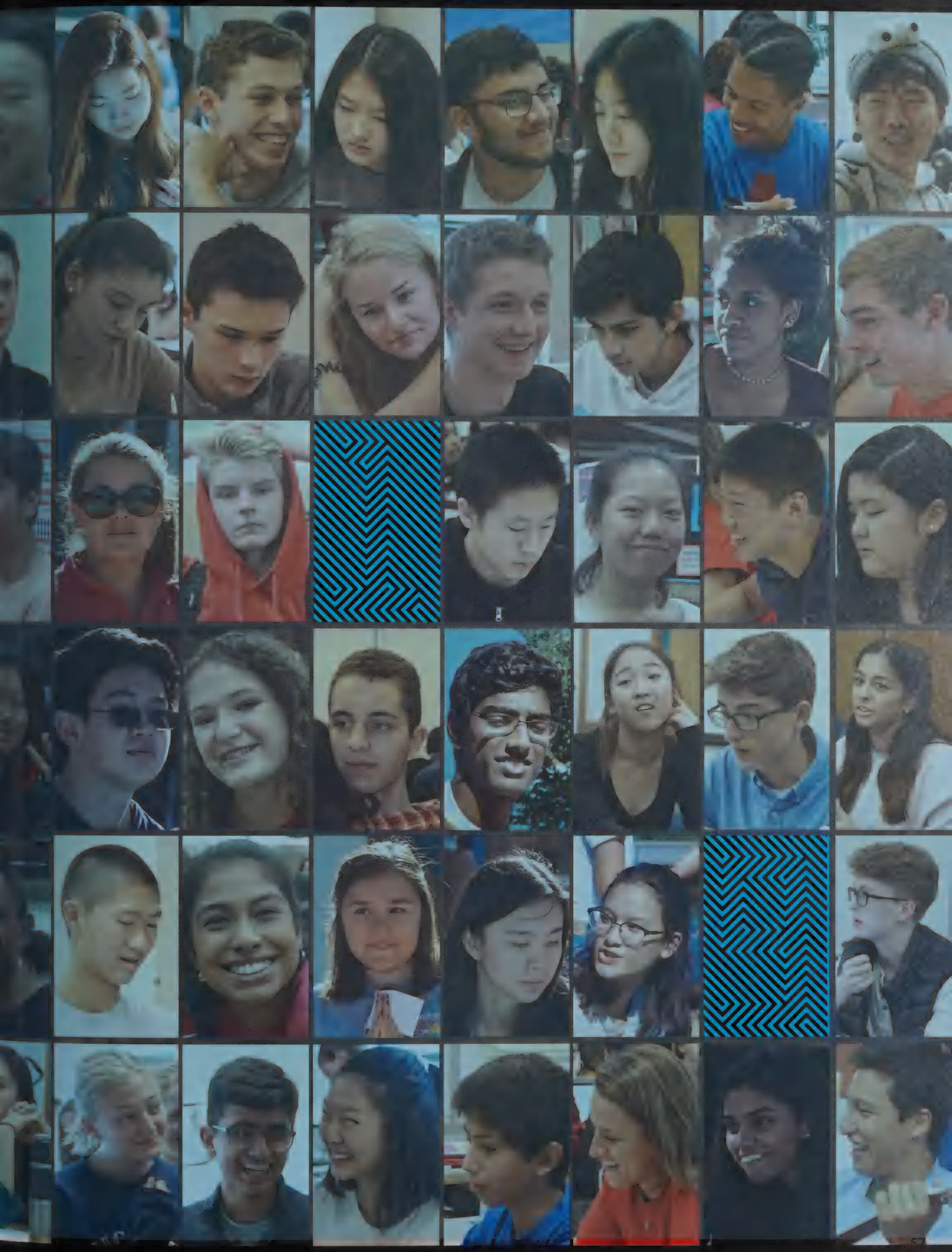
4

5. TWO MUSICIANS, ONE PIANO Ryan Murphy (12) and Jason Vogel (11) sit side by side, with Murphy playing an improvised solo and Vogel accompanying, or "comping". Vogel said, "I was first studying classical piano and I encountered the music of George Gershwin. There was a unique sound to it which I liked that made it different from other classical works, and searching for that sound led me to jazz. I like jazz because it's an art form that never gets boring and it's also a uniquely American invention, which I'm proud of. It is an incredibly versatile art form, and good jazz just sounds good and can make you feel how the song was meant to make you feel."

5

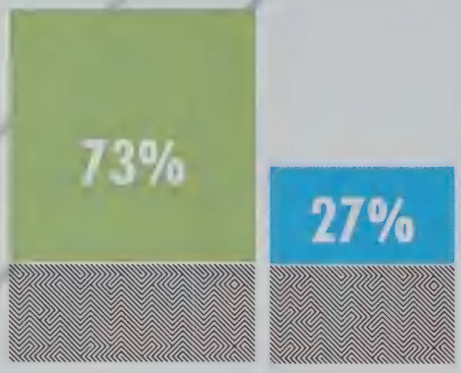
"I will miss most the number of opportunities that I've been given. From the number of music groups like the jazz and wind ensembles, to doing cross country, indoor track, and outdoor track, and the community groups like Sources of Strength and SADD club. And these groups are really open to all who are willing to put in work and join our communities. That kind of openness doesn't happen at a lot of high schools and even universities. Even though the academic stress is large here, the number of extracurriculars and clubs they offer help alleviate that pressure and make high school generally enjoyable."

- Rishi Gollerkeri (12)



THE INFLUENCE OF SOCIAL MEDIA

IS SOCIAL MEDIA GOOD OR BAD?



Luke Choi - Photography

Why did you choose to take portraits instead of other types of photography?
"Portraits are quite overdone now to be honest, but I love the interactions I get with the person I'm shooting. I'm not just trying to make them look good on camera, I'm striving to capture genuine expressions and emotions. That's probably why so many people do portraiture; the rush of capturing just one single perfect frame out of thousands is addicting."

What types of moments do you like to capture?
"Every shot, in my opinion, should have a theme. Do I want her to look fierce? Excited? Bored? Keeping these thoughts in mind, I do my best to capture unforced, natural moments. People often try to control every aspect of the shoot, but I've found that the best shots are often unplanned and on the fly."

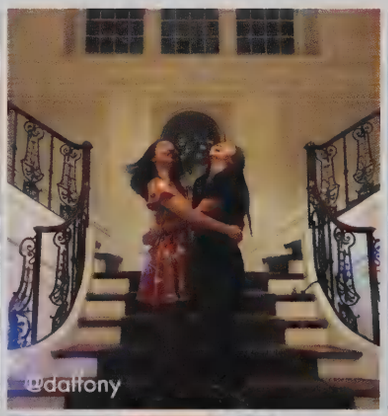
What advice do you have for other aspiring photographers?
"If you're shooting people, remember that the awkward poses often look best on camera. Try unconventional angles, and if in doubt, shoot from below! Don't be afraid to hold sessions in locations that have a lot of people; they really don't care and you shouldn't either (unless you're in the way)."

How do you improve your skills? (Who do you look up to, what resources do you use to learn, etc.)
"I carry my camera EVERYWHERE (Yes i'm that guy). If you're not practicing, then you won't improve, and photography is no exception. I used Youtube and Google for tips and guides, but remember, if you have your own technique and style that you like (and your clients like) then stick to it."

SPOTTED ON INSTA

@andrewelawrence

@shymar_samsel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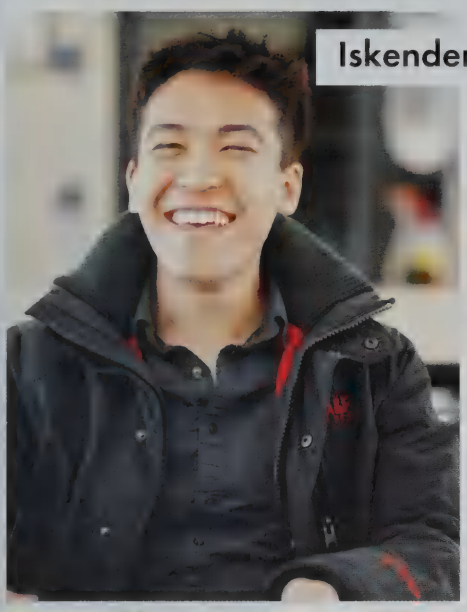
@manon_ledanna

@ptpatrick122

@valerie.faz

@danyashavarini

@maggieith



Iskender Mambetkadyrov - Youtube

How did this all start?
"So basically, I've been following Casey Neistat and other YouTubers, ranging from fitness to vlogs to comedy to video games. One day I was like, "Hey, what if I combined all of my interests and create some unique content?" And BOOM my YouTube channel was born. I took a part time job to buy a camera, and once I started my channel I got fired so I guess I was lucky to have had enough money to buy a camera before I lost my income."

Where do you see your channel in five years? Do you plan on continuing through college?
"Yeah! I've recently started to think of some video ideas and series that I'd love to make. I'm about to buy a notebook to jot down everything. I think that I'll still keep going. Hopefully one of my videos goes viral and I'll make it big, but I just like sharing my story with people."

How do you manage to balance all of your other commitments along with your channel?
"I generally live a carefree life. I mean like I do get sad that I didn't get a good grade but at the same time it's like I'll just do better next time. I don't know, I just do what I want to do. I feel it's natural for me to live like that. I wanted to create a channel, so I did. With my clothing brand, for example, I've thought about it for a few years and here we are going at it. It'll take a while to get it going but why not start now? We don't live that long, make the best of your time."

Who are your favorite YouTubers and how do they inspire you?
"Casey Neistat is a prime example of how influencers should act. He gives back to the community through charities, interacts with people with genuinity, like saying hi to the mailman, and makes relationships with people. I love to do that now! I just meet random people and I'm like, "Hey wanna get coffee or workout together or go see a movie or just talk about life?" It's fun getting to know people."

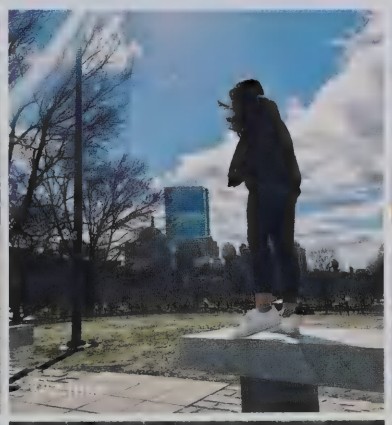
Magdalena Cataldo - Blog

What do you think is the best service a blogger can provide to his/her readers?
"The ability to relate. As high schoolers we often feel alone in our experiences and adversity. If I am able to show people that they aren't alone, that we all go through similar struggles, then I feel as though that is what makes blogging so rewarding. Inspiring people is flattering but I feel more accomplished when people message me saying that they have had a similar experience or that they are trying to live their life in a similar way. That's what makes it all worth is."

What was the most challenging moment in your blogging journey so far?
"There have definitely been lots of challenges through this whole journey. I think I second guess myself a lot before I post. I never want to offend or disrespect anyone with what I write and I think because my writing can be so upfront at times I am afraid of doing just that. So I would say my own self doubt which is perfectly natural when you choose to be vulnerable with people is something that is challenging for me, but I'm working on it."

How do you motivate yourself to keep the blog up and running?
"I think my motivation stems from my thoughts. I always will have something to say and it's wonderful that my words are able to reach people but that's not why I started blogging initially. I started it for myself as a place to share my voice because as an introvert I struggle with that at times. The confidence that has resulted from blogging is something that I take pride in and keeps me motivated."

What do you think is the best social media strategy for getting more visitors to a blog?
How has social media aided the growth of your blog?
"I've used both Snapchat and Instagram to promote my blog but I will say I prefer Instagram. After starting my blog I made my Instagram public in hopes to drive more traffic to my site. It has definitely played an important role in the growth of my blog and I've also been able to meet other bloggers on Instagram who I myself look to for inspiration."



UNCOMMON

In a school that is diverse in community, beliefs, and talents, something new for us to learn and experience from our fellow student population arises on a constant basis. Students are from 35 different countries and represent the continents of South America, Asia, Europe, Africa and North America. The different cultures and beliefs brought to our community by this large student population help make the diversity and depth of our school stronger. With so many students, there is something for everyone. Whether you want to join a club or be in the musical, play a sport or just hang out, there are so many options to get involved, and many of these offerings allow us to grow through interaction with people who help grow our world view. There are so many people to meet and interact with, each of whom helps inform our own experience and perspective on the world. In a school of over 2200 students, something unexpected happens every day. It is our diversity that allows the unexpected to happen.

1. COZY COMMONS Jessica Ma (12) examines a list of orchestra seatings in her Cookie Monster themed pajamas on the annual Spirit Day. Ma said, "I think the sense of community (especially in the quad or Commons 2 after school) makes LHS unique...sometimes I naturally go to Commons 2 to see who I can catch up with because so many people gather together there heheheh

CHEER AND SHOUT Doing their part to participate in school spirit, Raylee Keane (12), Claire Shiple (12) and Joyce Guo (12) dress in school colors and paint their faces with stripes at the annual Pep Rally. Shiple said, "At LHS, there is a lot of school spirit, but only in certain activities. I think that the school tries to create opportunities to promote school wide spirit, but these attempts fail because of a lack of enthusiasm from the students. We need to look for spirit within ourselves and participate in events rather than looking at administration to create it!"

Natalia Abbate

Grace Abe

Karl Abramson

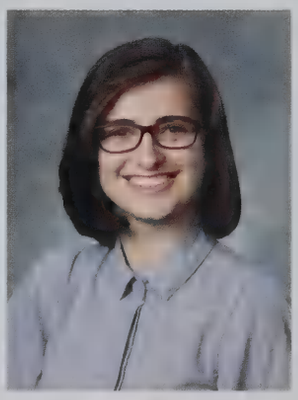
Brady Adams

Reina Ades

Katrina Aguiar

Anthony Albino

Samar Aldahan


Laurine Aldairy

Eden Alemayehu

Adriana Ali Hassan

Samantha Altschuler

Yuval Amitay

Kripa Anand

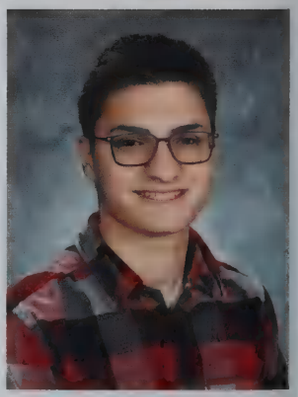
David Arena

Abigail Arliss

Luca Arshad

Soumya Atnoor

Jazin Ayala

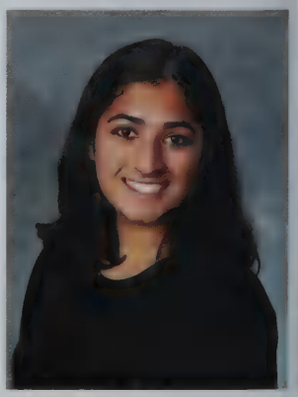

Ali Aydemir

Jonathan Bachman

Jinwoo Baik

Beatrice Barbesino

William Baron


Surita Basu

Carlos Beinbrech

Elias Benghiat

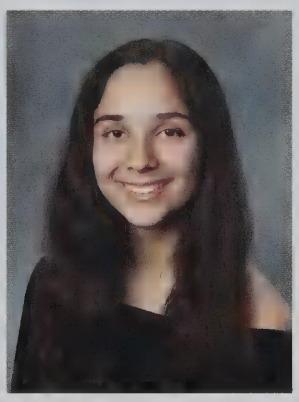
Anna Benson

Jack Berkes

James Berliner

Devanshi Bhangle

Charles Birnberg


Talia Blatt

Jillian Bodemer

Patrick Bodrog

Heather Born

Jonah Boruta

Tommy Bouksdorf

Lilly Bove

Felice Brennan

Caralyn Briggs

Catherine Bruce

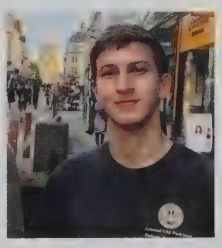
Sinan Bruce

Katherine Bruno

A WAY OF **LIFE**

WHAT'S ONE QUOTE YOU LIVE BY?

"The only way to deal with an unfree world is to become so absolutely free that your very existence is an act of rebellion." - Albert Camus
Luke Eriksson (12)



"They say we are asleep until we fall in love" - Pierre, The Great Comet, Dave Malloy (lyricist)
Aidan Lee (12)

"Why fit in when you were born to stand out" - Dr. Seuss
Jacqueline Minasian (12)

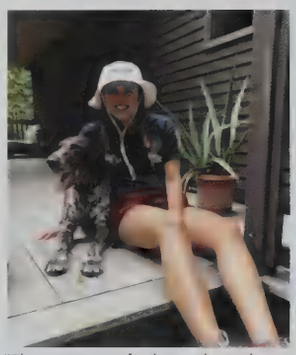
"It's just hard work, grit and determination" - Maddie Hinch, GB Gold medalist Field Hockey
Abbie Ortyl (12)

"I never look back, darling. It distracts from the now." - Edna Mode (The Incredibles)
Grace Abe (12)

"Speak for the silent, stand for the broken." - Mike Smith
Iskender Mambetkadyrov (12)

KEEP IT **GOING!**

WHAT'S A QUOTE THAT INSPIRES YOU?

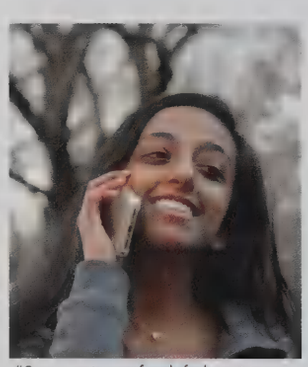


"The more you find out about the world, the more opportunities there are to laugh at it." - Bill Nye the Science Guy
Miriam Landis(12)

"Everything is theoretically impossible, until it is done." - Robert A. Heinlein
Seo Hyun Yoo(12)

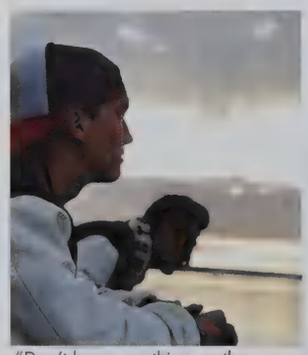
"A positive attitude may not solve all your problems, but it will annoy enough people to make it worth the effort." - Herm Albright
Roger Lacson (12)

"Fairy tales are more than true: not because they tell us that dragons exist, but because they tell us that dragons can be beaten."
- Neil Gaiman
Aradhna Johnson (12)

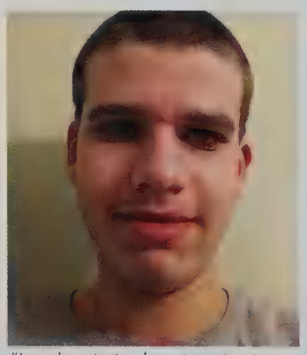


"Success is not final, failure is not fatal: it is the courage to continue that counts."- Winston Churchill
Veda Nagaraja (12)

"The essence of the beautiful is unity in variety."
– Felix Mendelssohn
Kay Tsukamoto (12)



"Don't leave anything on the table" - My Father
Nathaniel Sidel (12)



"Laughter is timeless, imagination has no age, and dreams are forever." - Walt Disney
Justin Malek (12)

Ronan Bryant

Ava Buchanan

Martha Bujwid

Ian Bulovic

Ashley Burke

Lucas Burkholder

Christian Burwell

Courtney Campbell

Brendan Cantwell

Rona Cao

Triston Carney-Quander

Magdalena Cataldo

Nicholas Centrella

Ethan Chan

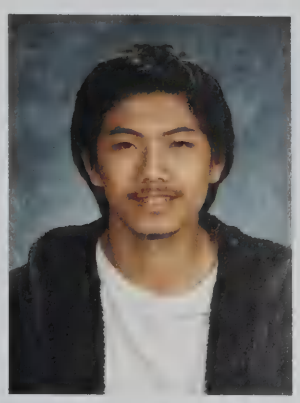
Vrinda Chandar

Shiv Chandra

Jeffrey Chang

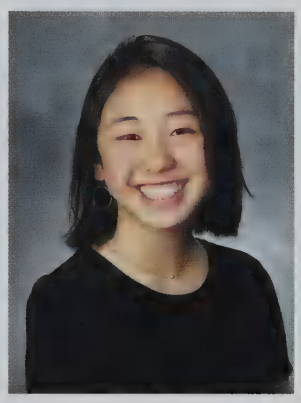
Allison Chaput

Jessica Chase

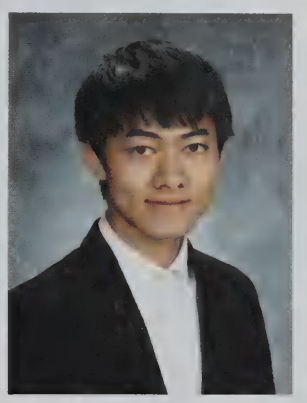

Meng Chau

Akshita Chaudhry

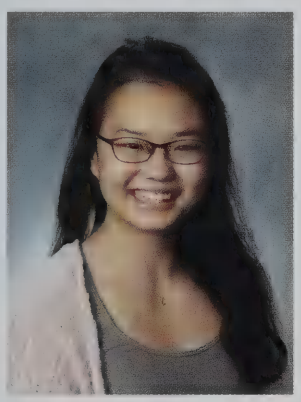
Edith Chen

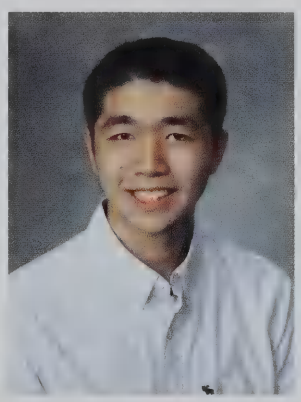

Emily Chen

Kevin Chen

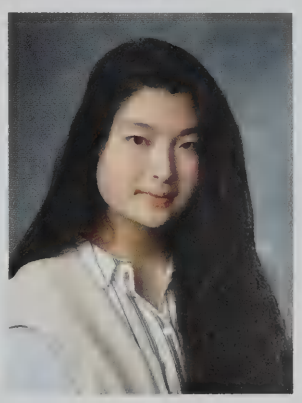

Robert Chen

Albert Chi


Zoe Chin


Cyruss Cho

Minwoo Cho


Caroline Choi

Janice Choi

Luke Choi

Alexa Christ

Aiden Christensen

Jaeho Chung

Ainsley Clark

Anna Clough

Shelby Coe

Alexander Cohen

Sebastian Colon-Flores

Caitlin Conners

Gregory Conrad

Ian Conrad

Isa Coonen

Ava Courduvelis

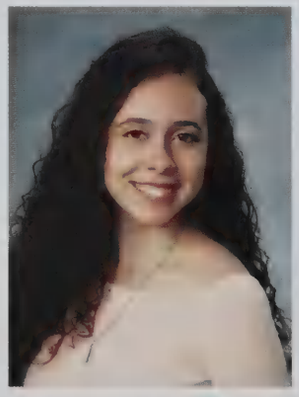
Samuel Crampton

Anna Craver

Andrew Croke

Kase Cronin

Adam Cser


Laura Cunha

Nicolas Daglio Fine

Mazdak Darvari

Soham Dave

Alice Davidson

Luke Davis

Candela De Amorrortu

Benjamin Defay

Efthimis Deligiannidis

Bill Demirkapi

Joseph Denham

Nicholas DesRoches

Victor Detchev

Lucas Dicerbo

Jillian Dimmock

A LOVE FOR **LITERATURE** What is your favorite quote from a movie or book?

"In the morning, I'm making waffles." - Donkey, Shrek
Eli Gappelberg (12)

"I'm laughing, just not externally." - Christina Yang, Grey's Anatomy
Patience Gubisch (12)

"All was well." - Harry Potter and the Deathly Hallows, J.K. Rowling
Anika Luo (12)

"'I don't think...' 'Then you shouldn't talk,' said the Hatter." - Alice's Adventures in Wonderland, Lewis Carroll
Michelle Pak (12)

"Now we're going to do the most human thing of all: attempt something futile with a ton of unearned confidence and fail spectacularly!" - Michael, The Good Place
Khushi Soni (12)

"When will my reflection show who I am inside?" - song from Mulan (written and produced by Matthew Wilder & David Zippel)
Minwoo Cho (12)

"Mr. and Mrs. Dursley, of number four, Privet Drive, were proud to say that they were perfectly normal, thank you very much." - Harry Potter and the Philosopher's Stone, J. K. Rowling
Shiv Chandra (12)

"I could say the clouds are green but that doesn't mean it's true"
- Christopher Paolini, Eragon
Therese Mandl (12)

"We didn't realize we were making memories, we just knew we were having fun."
- A.A. Milne, Winnie the Pooh
Sidney Kavanagh

Madison Dina

Ido Dinnar

Abigail Donaghy

Nicholas Dube

Joseph Dudek

Arjun Dulipsingh

Edward Dziadzio

Emily Eayrs

Brianna Edwards

Zoey Edwards

Danielle Efrat

Andrew Elbert

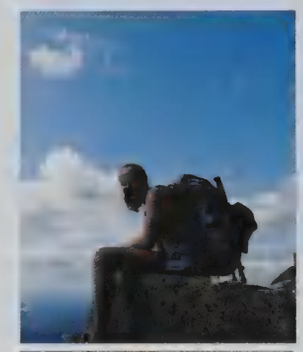
Madeline Ellmore

Luke Eriksson

Eric Espino

CHASING YOUR **DREAMS**

What is a quote that inspires you?



"Be kinder than necessary because everyone you meet is fighting some kind of battle." - J.M Barrie
Ella Mattingly (12)

"Life's most persistent and urgent question is, 'What are you doing for others?'" - Martin Luther King Jr.
Joyce Guo (12)

Sage Fabricant

Abigail Fanucci

James Feeney

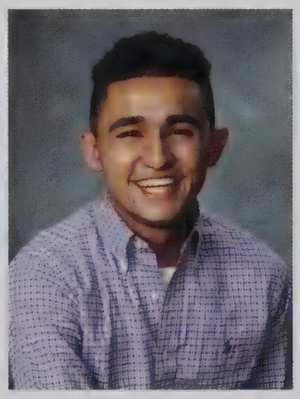
Joseph Fernandes

Stella Fisher

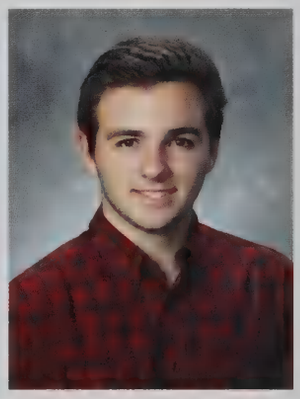
Brennan Fiske

Tora Fjaellskog

Christian Flaherty



Joao Franca Silva



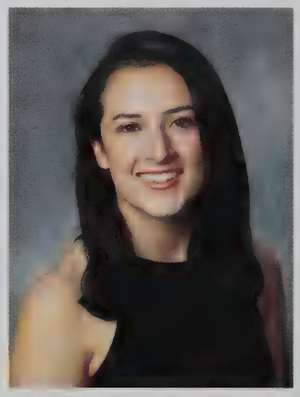
Carter Franciskovich

Madison Fries

Li Fen Frothingham

Noah Fryou

Matthew Fucci



Maria Jose Galvan Murillo

Batu Ganioglu

John Gao

Eli Gappelberg

Nerea Garcia-Mariscal

Natalie Gebeyan

Elizabeth Geldart

Pranav George

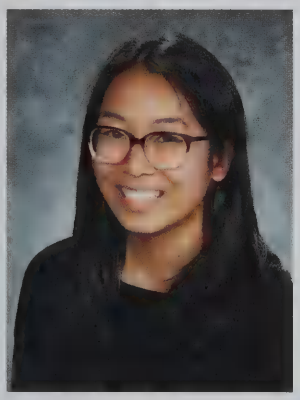
Emma Germanetto

Jaelyn Gillum

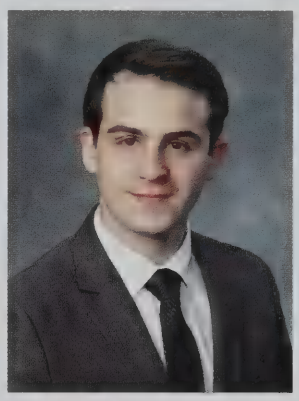
Nishan Glorikian

Sidney Goldinger

Rishi Gollerkeri


Maya Gong

Riya Gopal


Cameron Gordon

Zachary Greenberg

Maximilian Griner

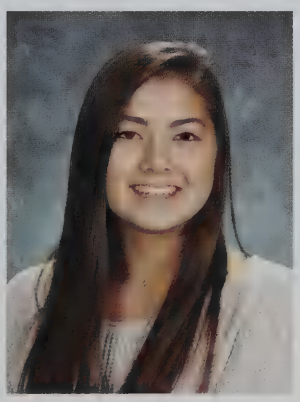
Emma Gruber

Jeffrey Gu

Patience Gubisch

Joyce Guo

Sahgar Gupta


Anju Haas

Anelga Hajjar

Kevin Halim

Claudia Han

Jason Han

WORDS OF WISDOM

What is your favorite quote from a coach or mentor?

"PRACTICE, PRACTICE, PRACTICE!!!!"
- Bo Huang, violin teacher
Joanne Wang (12)

"You're only young once, but you can be immature forever."
- Larry David, teacher
Jonathan Jiang (12)

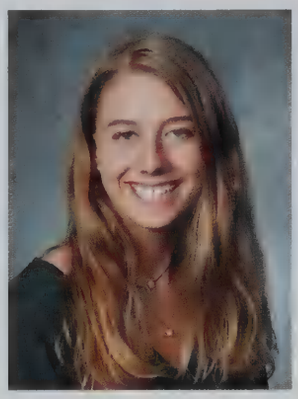
"Heart on fire, brain on ice."
- Michael Mucci, conductor
Catherine Lee (12)

"Ladies, let's stir the pot of momentum" - Lizzy Cook, Ultimate Frisbee coach
Beverly Liu (12)

"If you're early, you're on time. If you're on time, you're late. If you're late, you're left."
- Larry David, teacher
Elias Benghiat (12)

Jiaxuan Han

Aria Harris


Rachel Harvey

Amr Hassan

Daniel Hausmann

Zilong He

Marijke Heinisch

Randy Heney

Hyun Heo

Rocio Hernandez Chavez

Sheyda Hershberger

Duncan Hewitt

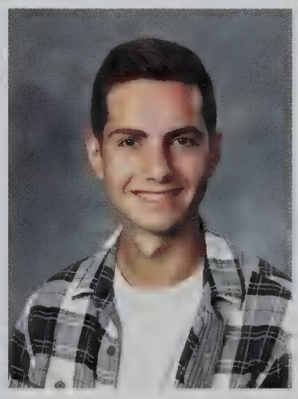
Alexander Hiser

Lauren Hobbs

Leah Hodge

Sharai Holley

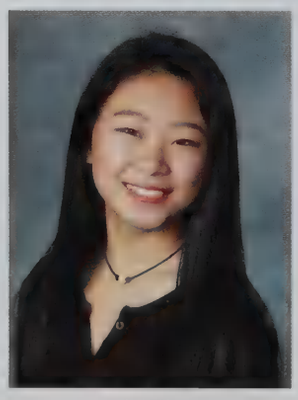
Elizabeth Hopkins


Evangelos Horiatis

George Horiatis

Emma Horwitz

Justin Hsu


Amy Hu

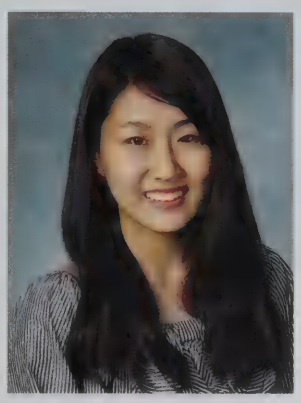
Grace Hu

Chen Huang

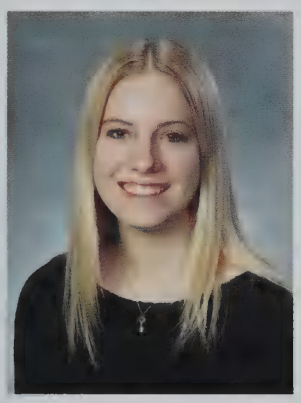
Dylan Hudacek

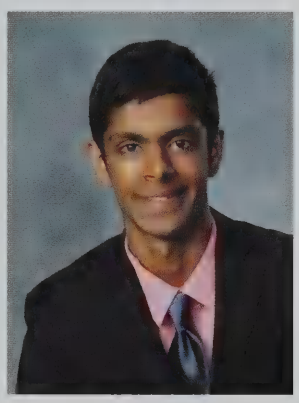
Christopher Hughes

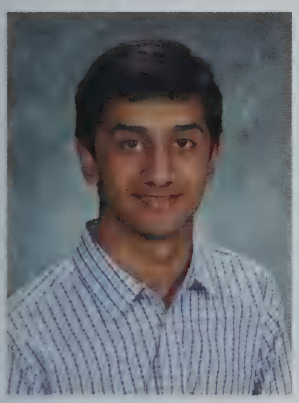
Thomas Hwang


Akari Ito

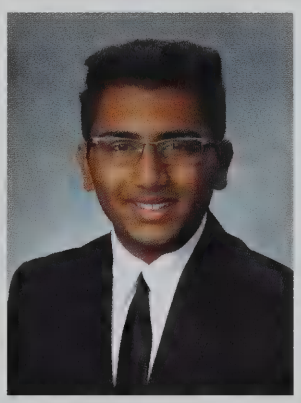
Foster Jackson

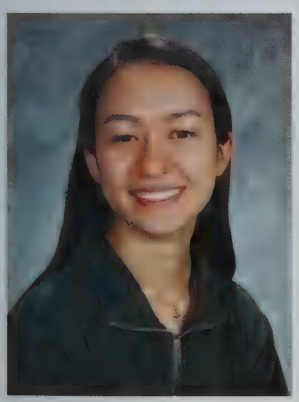

Gabriella Jackson


Jeb Jacob


Ameya Jain

Lilli Jarausch


Arjith Jegannathan


Anna Jensen

Jake Jesurum

Jonathan Jiang

Zhi Quan Jiang

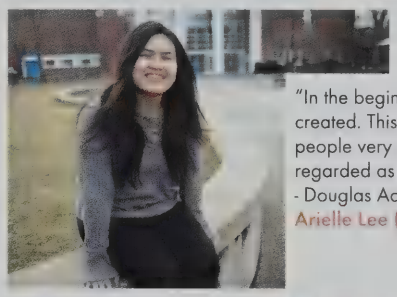
Alex Jin

Aradhna Johnson

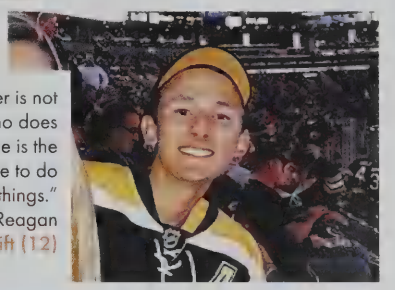
A WHOLE NEW WORLD

What's a quote that changed the way you look at the world?

"Outrage may kill tyrants but it also kills witches. [...] This is not progress. This is not how humanity becomes more filled with love than it is with hate. Hating hate is not a proper substitute for love." – Justin Little
Joanna Suber (12)



"In the beginning the Universe was created. This has made a lot of people very angry and been widely regarded as a bad move."
- Douglas Adams
Arielle Lee (12)



"The greatest leader is not necessarily the one who does the greatest things. He is the one that gets the people to do the greatest things."
- Ronald Reagan
Michael Swift (12)

"Everything will be okay in the end. If it's not okay, it's not the end."
- John Lennon
Anna Maffa (12)

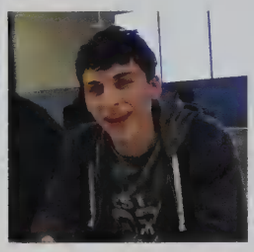
"Embrace uncertainty. Some of the most beautiful chapters in our lives won't have a title until much later." - Bob Goff
Grace Takvorian (12)

"Learn something new today."
- Harold Helmuth, grandfather
Hannah Whalen (12)

LAUGHTER IS THE BEST MEDICINE

I laughed the hardest when someone said...

"Hey Hey Hey!"
- Fat Albert and the Cosby Kids
Ismat Burlison (12)

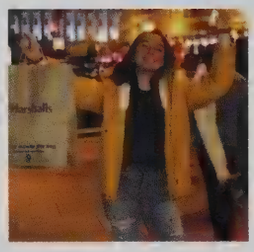


"I used to be indecisive, but now I am not quite sure."
- Tommy Cooper
Lynn Fredfunghum (12)

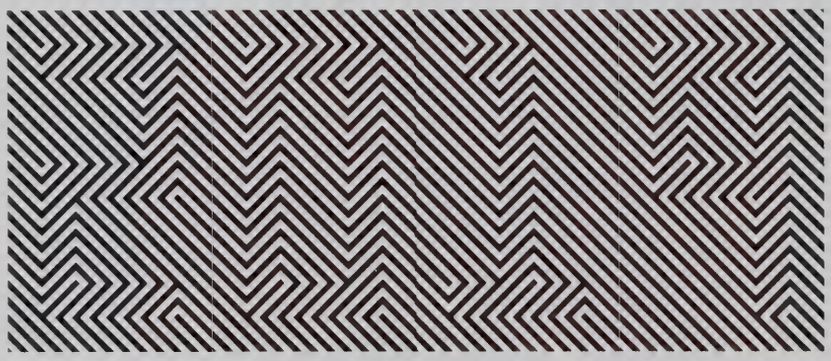
"If I spent half as much time studying as I spend on Subtle Asian Traits, I would still be failing all my classes."
- Michelle Lu
Clarence Lee (12)

"Productivity and efficiency are our middle names."
- Jason Han
Jason Kim (12)

"That wasn't like High School Musical at all."
- Seth Egan
Madalen Elmore (12)

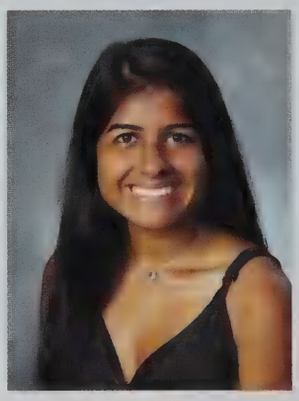


"And remember, a vote for Vermin Supreme is a vote completely thrown away."
- Vermin Supreme
Sidney Goldinger (12)



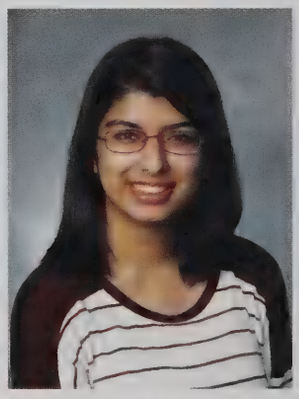
Rebecca Johnson

Jane Jung



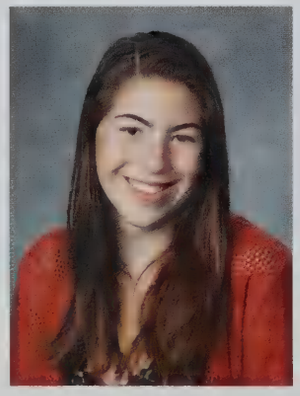
Avani Kabra

Martin Kane



Asiya Karim

Jessica Karson



Sidney Kavanagh

Aditi Kaveti

Emily Kaye

Raylee Keane

Paola Kefallinos

Patrick Kelly

Dalton Kern

Ishaan Khurana

Rebecca Kielar

Dong-Ju Kim

Eugene Kim

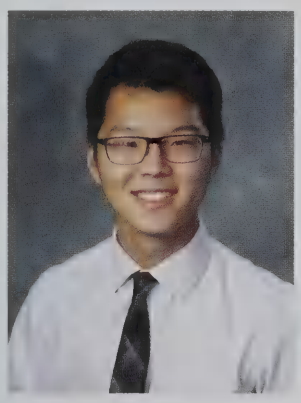
Genna Kim

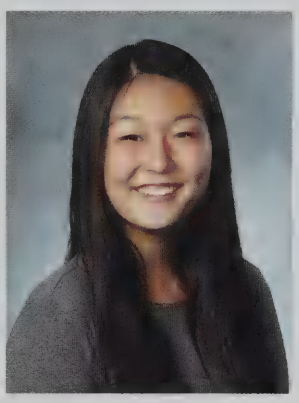
Jason Kim

Jeremy Kim

John Kim

Suwon Kim


Tony Kim


Yoojee Kim

Rin Kitazume

Brandon Kiwanuka

Elizabeth Komar

Patrick Kridaratikorn

Laya Kumar

Neil Kumar

Saahil Kumar

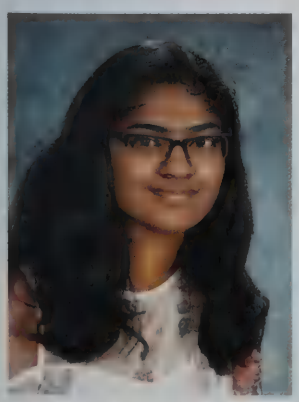
John Kuszmaul

Rachel Kuznetsov

Rebekah Kwolek

Maia Laats

Roger Lacson


Saidarshini Lakshmi Narayan

Miriam Landis

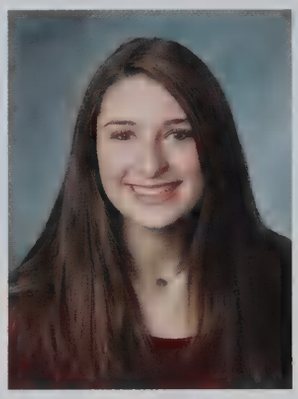
Johnathan Larrabee

Claire Larson

Rayla Lasovick

Andre Lauzier

Elisabeth Lawrence

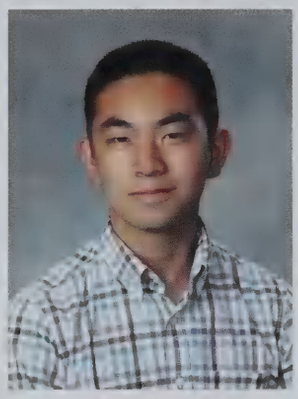

Madeleine Leake

Aidan Lee

Arielle Lee

Catherine Lee

Chanseo Lee


Christopher Lee

Elliott Lee

Ginu Lee

Janna Lee

Lauren Lee

Mina Lee

Isadore Leginsky

Amelia Lemont

Rebecca Leopold

Benjamin Leshan

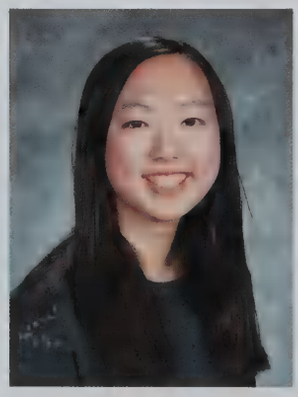
Melanie Lesure

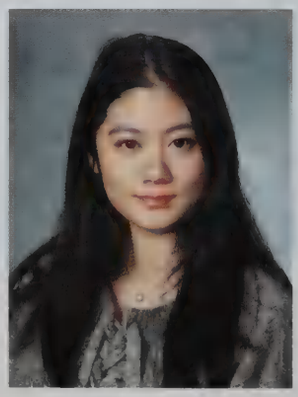
Alana Leung

Colleen Levangie

Forrest Levey

Daphne Li


Katherine Lim


Hannah Lin

Ansel Link

Meha Littlewood

Beverly Liu

Bruce Liu

Daniel Liu

Jessie Lo

Klil Loeb

Jacob London

Leonard Losen

Alexander Lu

Knut Lundstrom Svahnqvist

Anika Luo

Zachary Lynch

Jessica Ma

Ashley Machado

Anna Maffa

Sanan Mahrokhian

Lane Malafeew

Justin Malek

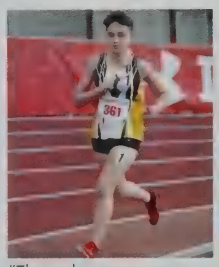
Nicholas Malek

I WANT TO BE THE **VERY BEST**

What is a quote that motivates you to be your best self?

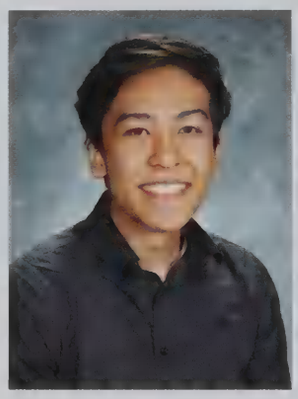
"Thanks to God that he gave me stubbornness when I know I am right."
- John Adams
Megha Prasad (12)

"The deadline is in one hour." - Jeffrey Harris
Shinkyum Rho (12)


"The only person you are destined to become is the person you decide to be."
- Ralph Waldo Emerson
Kesinia Sortor (12)

"Be kind, for everyone you meet is fighting a hard battle."
- Ian Maclaren
Kevin Chen (12)

"O God, help me to win, but in thy wisdom if thou willest me not to win, then O God, make me a good loser."
- Robert Baden-Powell
Alexander Cohen (12)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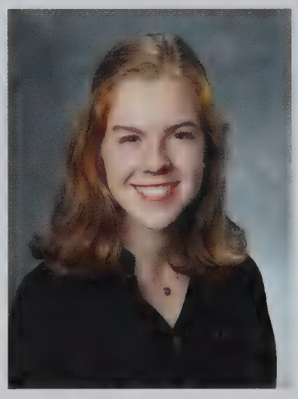
Antonios Mamounas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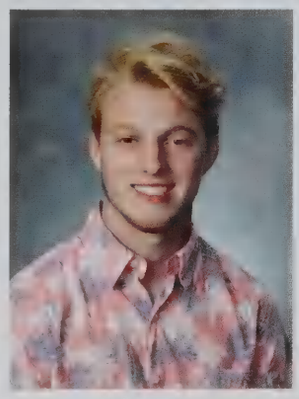
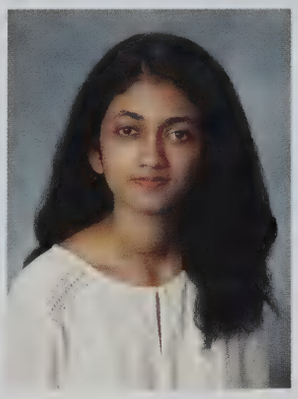
Therese Mandl

Mandalin Marcell


John Marcin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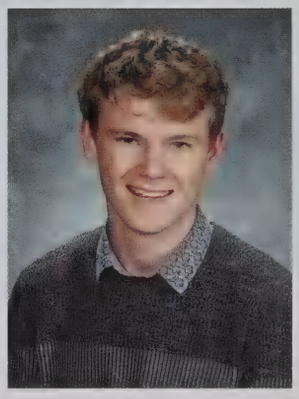
Sancho Maroto Tobias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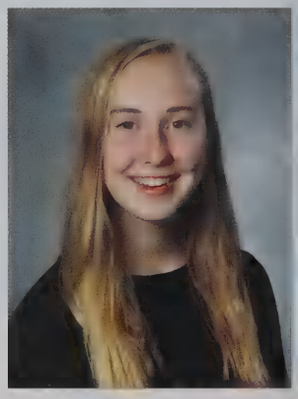

Ella Mattingly

MY LIFE **MOTTO**

What's one quote you live by?

"Life is short, the world is wide. I want to make some memories." - Donna Sheridan, Mamma Mia! Here We Go Again
Danielle Efrat (12)

"One cannot think well, love well, sleep well, if one has not dined well." - Virginia Woolf
Olivia Stewart (12)

"Things do not happen. Things are made to happen." - John F. Kennedy
Anthony Sjodin (12)

"Pursue excellence, and success will follow, pants down." - Rancho, "The 3 Idiots"
Ishaan Khurana (12)

"The time is always right to do what is right." - Martin Luther King, Jr.
Stella Fisher (12)

"Today you are you! That is truer than true! There is no one alive who is youer than you!" - Dr. Seuss
Lucas Dicerbo (12)

"The smallest acts, of kindness make the biggest differences in someone's life." - Samantha Goodwin
Claudia Han (12)

"With all its sham, drudgery, and broken dreams, it is still a beautiful world." - Max Ehrmann
Anna Jensen

Devin McAlister

Natalie McClain

Claire McElwee

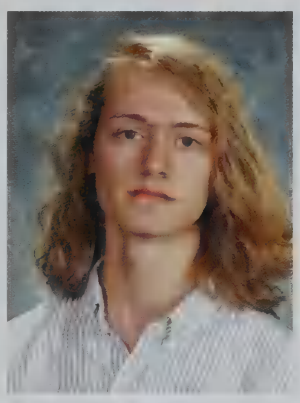
Ryan McElwee

Michael McKenna

Kirsten McLaren

Isabelle McRedmond

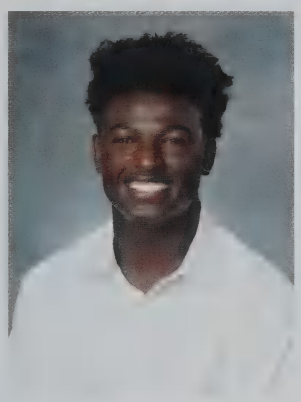
Katryn Mei


Jacob Mela

Anat Melenteyv

Eileen Melkonian

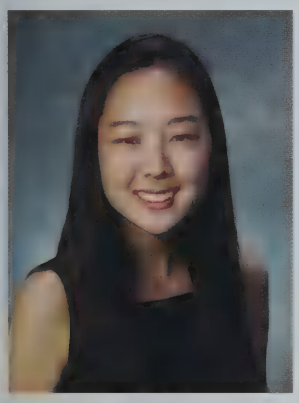
Jasmine Meltzer

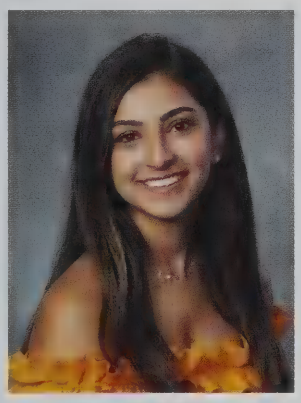

Mesay Merseth

Aditya Meruva

Swetha Meruva

Elisa Mezhirov


Eden Min

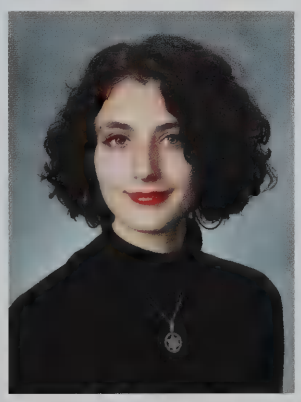

Jacqueline Minasian

Anju Minemoto

Alexander Mingolla

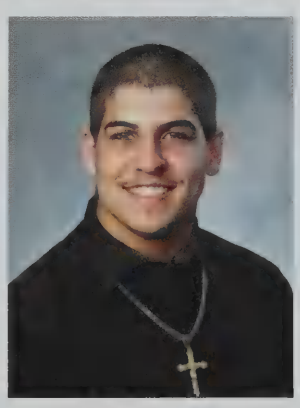
Anne Grace Miniutti

Charles Mitchell


Michaela Mitzenmacher

Taisuke Miyamoto

Charles Mo


Arman Movsesian

Julia Murphy

Ryan Murphy

James Murray

Veda Nagaraja

Jessica Nahigian

Vibhuti Naik

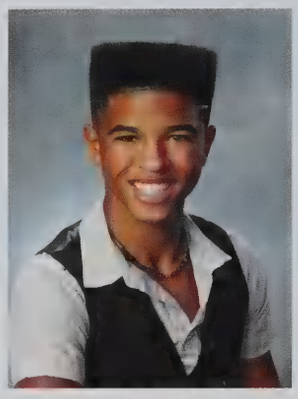
Yuri Nakano

Ayush Nanavati

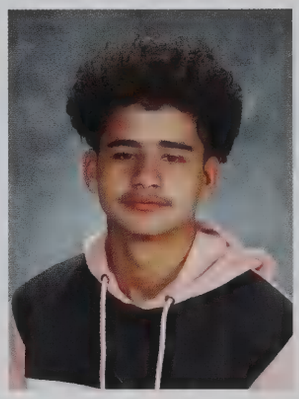
Alice Ni

Caelyn Nordman

Aujinai Noyes


Jordan O'Hare Gibson

Nicolo Omenetto


Dante Ortiz

Abbie Ortyl

Irene Ouyang

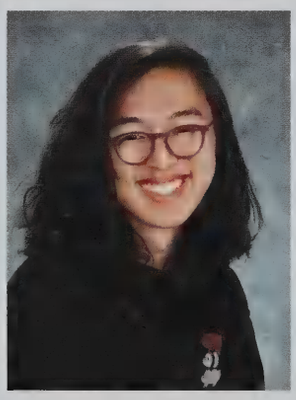
Daniel Overton

Matthew Ozgen

Rajvir Pabla

Stephanie Pagnozzi

Michelle Pak


Samuel Pak

Elliot Parry

Tihan Perera

Nickolay Perezhogin

Eva Perhanidis

Alexander Perry

Jules Petit

Jonathan Pfeffer

Roy Nadav Pianka

SOME WORDS OF **ADVICE**

What's one quote you live by?

"I don't Twitter, I don't MyFace, I don't Yearbook." - Bill Belichick
Samuel Crampton (12)

"I didn't come this far to only come this far." - Tom Brady
Kevin Zhou (12)

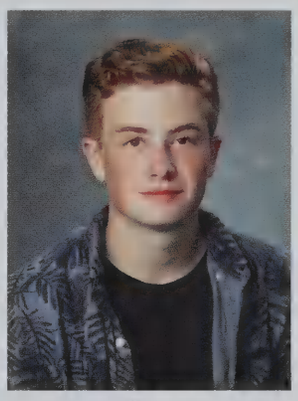
"The goal of education is the advancement of knowledge and the dissemination of truth."
- John F. Kennedy
Parth Purohit (12)

"Life is 10% what happens to you and 90% how you react to it."
- Charles R Swindoll
Kirsten McLaren (12)

John Pierro

Nyiesha Pope

Sydney Porter



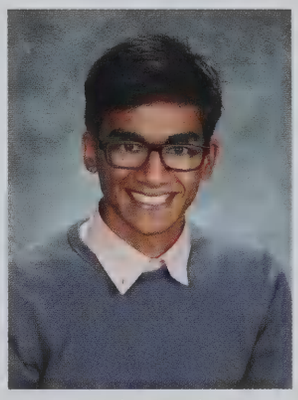
Griffin Posey

Megha Prasad

Theodore Price

Parth Purohit

Amaya Quick



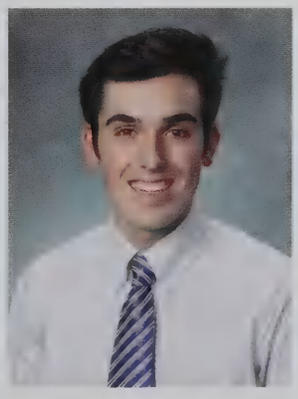
Nathan Ramesh

Anushka Rathi

Rasmus Raukas

Sylvie Raymond

Leah Redmon



Connor Reese

Samuel Reitshamer

Megan Ren

Daniel Resnick

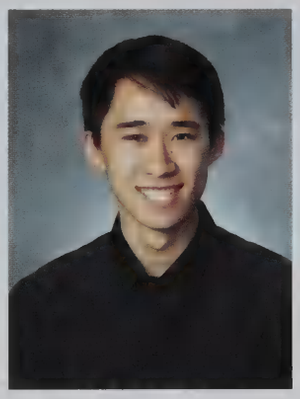
Patrick Reynolds

Shinkyum Rho

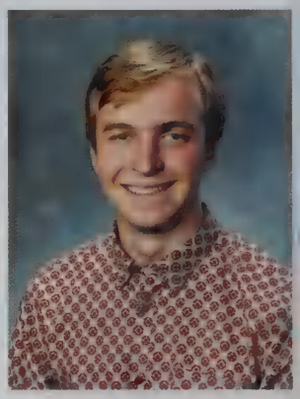
Miranda Ripley

Kate Robinson

Samantha Robinson

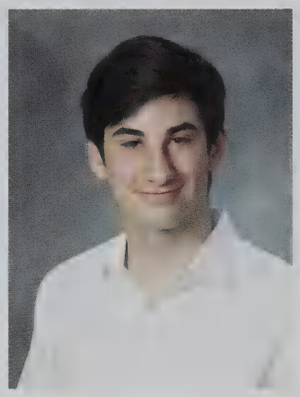

Andrew Rojnuckarin

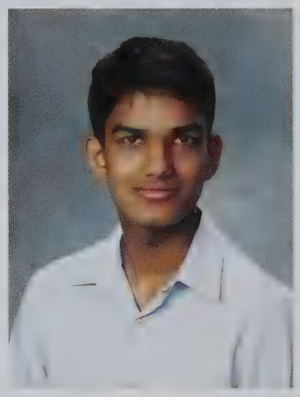
Kate Romero

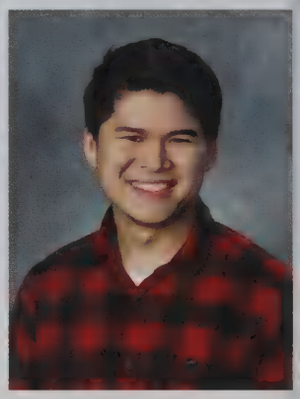

Nicholas Rommel

Ilana Rosker

Steven Rossi

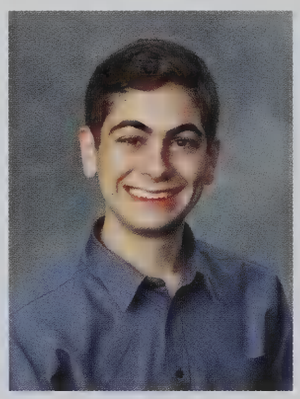

Oliver Rourke

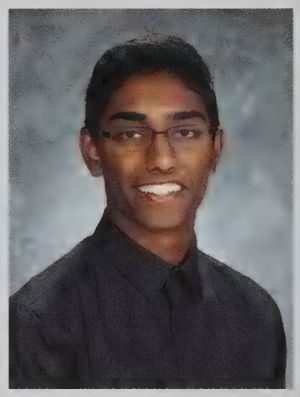

Vedant Roy


Kenneth Rubenstein

Hannah Ryu

Michael Sacco


Narek Sahakian


Aman Saiju

Junior Salcedo Rosario

HITTING THE RIGHT **NOTE**

WHAT'S YOUR FAVORITE SONG LYRIC?

"Reach highs, never reach limits."- Lil Wayne
Knut Lundstrom Svahnqvist (12)

"The best people in life are free." – New Romantics, Taylor Swift
Chen Huang (12)

"Through others, we become ourselves." - Marina and the Diamonds - The Archetypes lyrics
Ansel Link (12)

"Friendly fire munitions running low
The supplies, they were dropped
upon their foe
1918 the war still rages on
The battalion still trapped in the Argonne
Chose not to surrender,
they chose victory or defeat
Fallen brothers resting by their feet"
- The Lost Battalion, Sabaton.
Jules Petit (12)

"All I do is win win win
no matter what"
All I Do Is Win,
DJ Khaled
Saahil Kumar (12)

Kirsten Salpukas

XinNan San

Sanjana Sankar

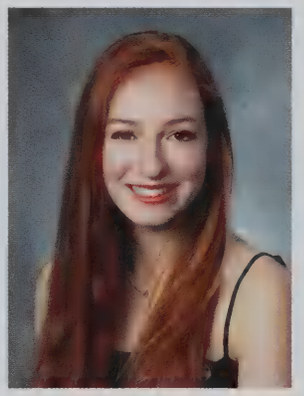
Bianca Santos Silva

Luana Santos Silva

Saskia Schacht

Sophie Schadler

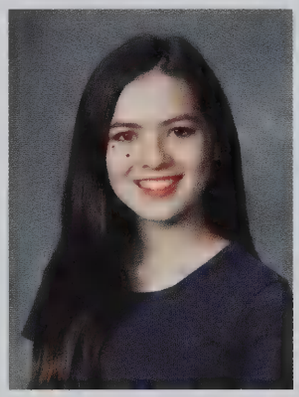
Maria Schapfel


Piper Schneider

Carmel Schneur

Ariana Schreibman

Jack Schruender


Emma Schumacher

Olivia Scopa

Graham Seed

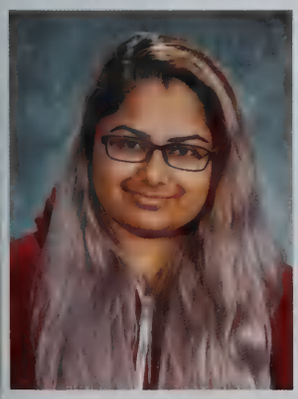
Adrena Seferian

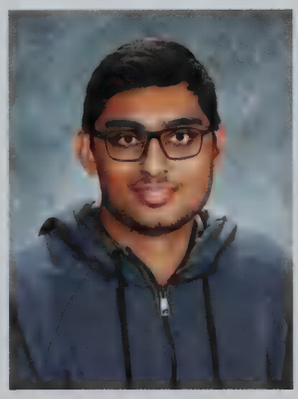
Maxwell Seidel

Debayan Sen

Prithul Sen

Christian Sevigny


Nabeera Shahzad


Tejas Shastri

Donya Shavarini

Emmet Sherman

Hyunwoo Shin

Claire Shiple

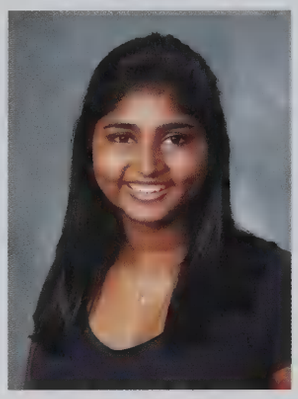
Nathaniel Sidel

Harnaz Sidhu

Melissa Sidley

Stephanie Siracuse

Anthony Sjodin


Ashanthi Snell

Isabella Snyders Dykeman

Nachiyappan Solaiyappan

Khushi Soni

Kesinia Sortor

Ayush Srivastava

William Steinfeld

Juliet Stevenson

Olivia Stewart

Joanna Suber

Rafe Sullivan

Danica Sun

Mary (Cate) Swan

Susannah Swann

Liam Sweeney

Michael Swift

Nathaniel Swinger

Andrew Swingle

Ibrahim Syed

Nathan Tadigiri

Grace Takvorian

Richard Tang

Ariya Taraz

Jake Terrell

Adi Thatai

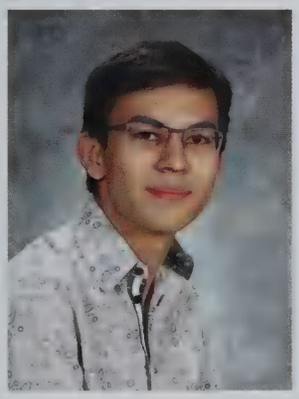
Simone Thornton

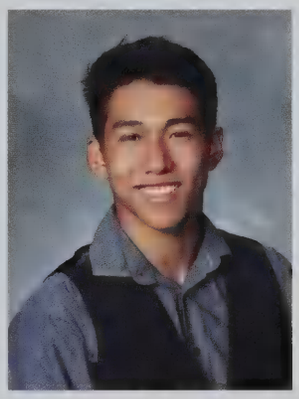
Joseph Tibbles

Zoe Toulmin

Justin Tsai

Kay Tsukamoto


Alexander Tung


Kazuyoshi Uda-Thach

Isabella Van Der Weide

Gabriel Van Emon

Sandhya Vellayappan

Delia Wada-Gill

Riley Walsh

Alissa Wang

ONCE UPON A **TIME**

What is your favorite quote from a movie or book?

"The problem is not the problem. The problem is your attitude about the problem." - Captain Jack Sparrow, Pirates of the Caribbean
Paola Kefallinos (12)

"'The path of the righteous man is beset on all sides by the inequities of the selfish, and the tyranny of evil men. Blessed is he who, in the name of charity and goodwill, shepherds the weak through the valley of darkness, for he is truly his brother's keeper and the finder of lost children. And i will strike down with great vengeance and furious anger those who attempt to poison and destroy my brothers. And you will know my name is the Lord when I lay my vengeance upon thee.' (Ezekiel 25:17)"
- Pulp Fiction (1994)
Jordan O'Hare Gibson (12)

"You're a wizard, Harry."
- Hagrid,
Harry Potter and the Sorcerer's Stone
Megan Ren (12)

AN **INSPIRED** JOURNEY

What is a quote that inspires you?

"Find out who you are and figure out what you believe in. Even if it's different from what your neighbors believe in and different from what your parents believe in. Stay true to yourself. Have your own opinion. Don't worry about what people say about you or think about you. Let the naysayers nay. They will eventually grow tired of naying." - Ellen DeGeneres
Cayla Weiss (12)

JUST **ONE** MORE...

What is a quote that motivates you to be your best self?

"Here's to the crazy ones, the misfits, the rebels, the troublemakers...The ones who see things differently. They're not fond of rules. You can quote them, disagree with them, glorify or vilify them, but the only thing you can't do is ignore them because they change things. They push the human race forward, and while some may see them as the crazy ones, we see genius, because the ones who are crazy enough to think that they can change the world are the ones who do."
- Steve Jobs
Noah Fryou (12)

STORY OF MY **LIFE**

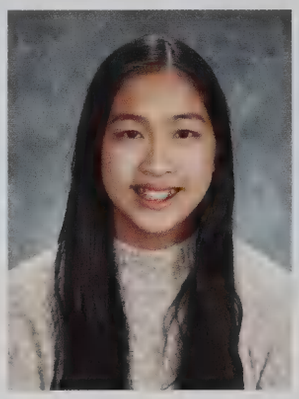
What's one quote you live by?

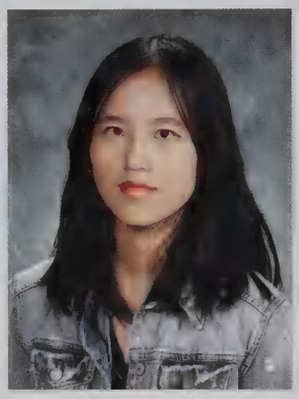
"That is where it all has to start: / With the simplest things. More kindness will do nothing less / Than save every sleeping one / And night-walking one / Of us. / My life belongs to the world. I will do what I can." - "The Strength of Fields", James L. Dickey
Ryan Murphy (12)

Charles Wang

Frank Wang

Franklin Wang


Joanne Wang


Yitao Wang

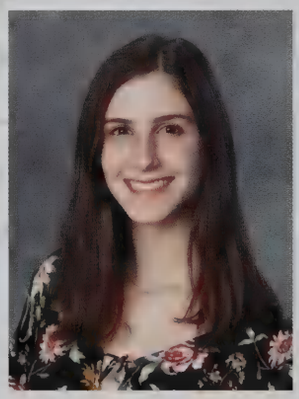
Pierce Warburton

Reed Warburton

Alexa Wardwell

Sarah Watanabe

Sydney Weekes


Cayla Weiss

Evan Weissburg

Xiangran Wen

Hannah Whalen

Christopher White

Micayla White

Michael White

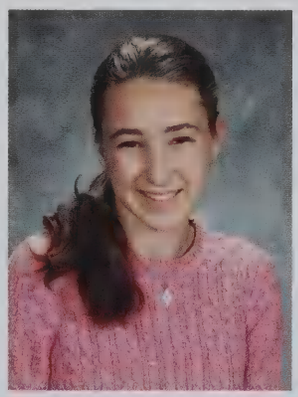
William White

Clare Wiesen

Sarah Wille

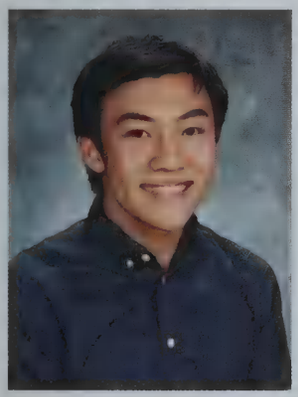
Andes Willemsen

Timothy Willis

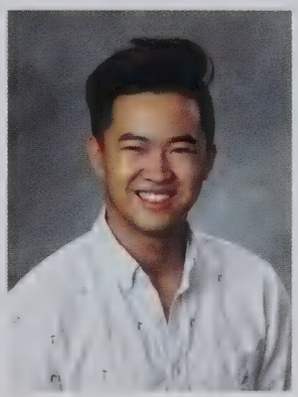

Julianna Winters

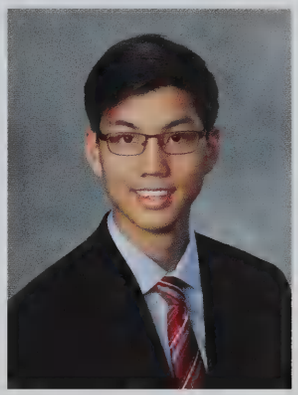
Matthew Worzala

Alexander Wu


Bill Wu

Evan Wu


Parker Wu


Ryan Wu

Sean Wu

Stanley Wu

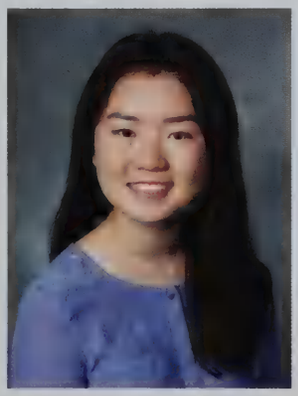
Xi Xiao

Laura Xu

Ethan Yang

Hongjia Yang

Kairan Yang


Seo Hyun Yoo

Lucas Yuan

Zihang Yuan

Daniel Yun

Matthew Zak

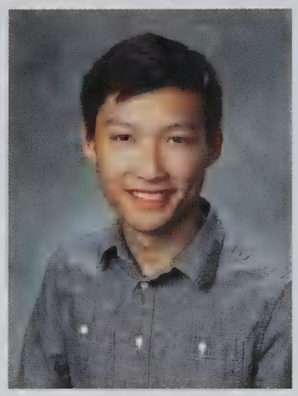
Andrew Zhang

Zekai Zhang

Dorothy Zhao

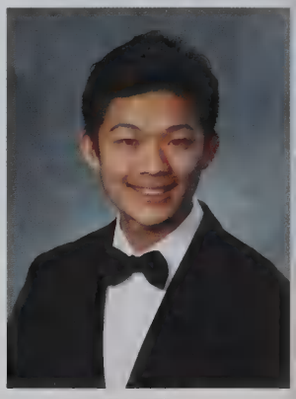
Eric Zhao

Yingtong Zhao


Yiming Zheng

Alex Zhou

Emme Zhou


Kevin Zhou

Kevin Zhou

Annie Zhu

Leo Zhu

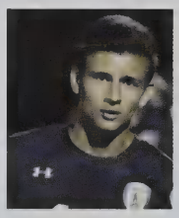
Evan Ziegler

Sarah Zola

Morgan Zvezdov

Not pictured:
Myesha Akmal
Gabriela Batista-Vieira
Anthony Bianchi
Benjamin Burnham
Luke Butler
Kassidy Buzzell-Shane
Anthony Cheang
Kevin Chin-Sam
Hangjun Cho
Samuel Diamond
Sarah Dickenson
Sebastian Garcia-Lavin
Jakelin Hernandez Escobar
Elizabeth Hubbard
Roua Hussein
Nabil Kebichi
Aditi Krigovski
Jiaqi Li
Henry Lu
Rachael Mathew
Brendan McEvilly
Kalina Nurse
Julian Petrillo
Matthew Pusatere
Mattias Rask
Uriah Sainterling
Rajat Sirohi
Timothy Sun
Asutosh Thakur
Haolin Zhang
Victor Zhao

SOME LIFE **ADVICE** What's one quote you live by?


"Always winning isn't good, you must win fighting." - Diego Simeone
Eric Espino (12)

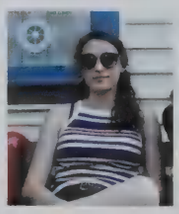
"My biggest regrets are the bids I never took" - Jake Cook
Adrena Seferian (12)

"The struggle itself towards the heights is enough to fill a man's heart. One must imagine Sisyphus happy" - Albert Camus
Jacob Mela (12)

"There is no gate, no lock, no bolt that you can set upon the freedom of my mind."
- Victoria Woolf
Rocio Hernandez Chavez (12)

"And I knew exactly what to do. But in a much more real sense, I had no idea what to do." - Michael Scott, The Office
Nathan Ramesh (12)

"My fashion philosophy is, if you're not covered in dog hair, your life is empty."
- Elayne Boosler
Courtney Campbell (12)

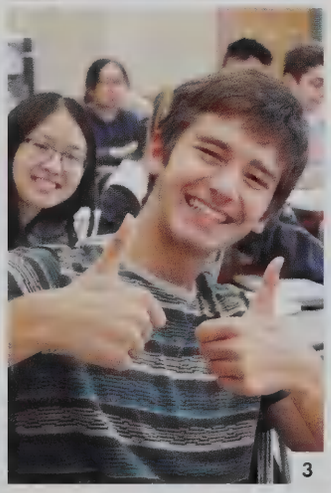

"You never know if you don't go, you never shine if you don't glow."
- Shrek (Lyrics by Smashmouth)
Aria Harris (12)

"One sees clearly only with the heart. The essential is invisible to the eyes."
- Antoine de Saint Exupéry
Morgan Zvezdov (12)

"You miss 100% of the shots you don't take.
- Wayne Gretzky
Anushka Rathi (12)

1

2



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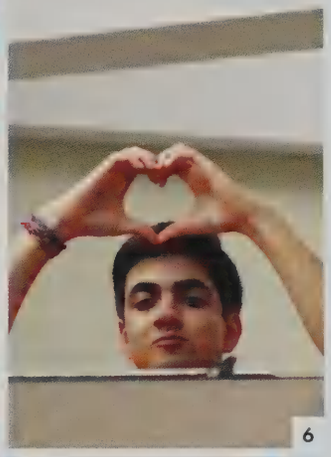

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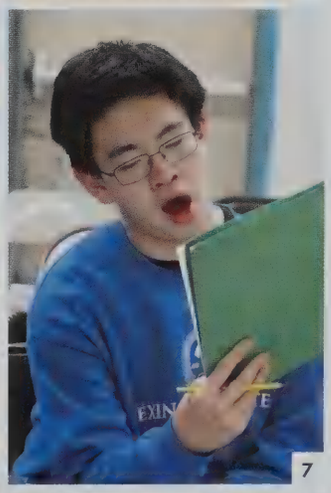

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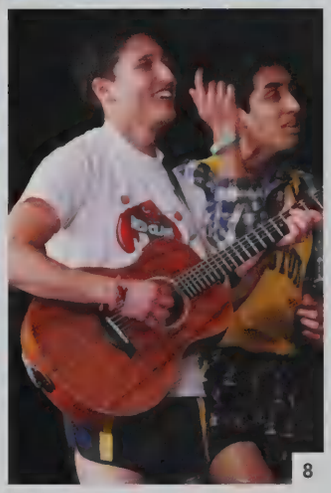


8

1. Sean Wu
2. Yoojee Kim
3. Maximilian Griner
4. Jonathan Jiang
5. Tony Kim
6. Shiv Chandra
7. Jeffrey Gu
8. William Steinfeld, Rishi Gollerkeri

LOOK WHO'S ALL GLOWED UP

Seniors reflect on how they have grown as students and individuals since their freshman year.

LANE MALAFEEW

"Among some substantial alterations made to my appearance, such as getting my braces off, I have changed drastically as a person over the last four years at LHS. Namely, I have grown to truly appreciate the opportunities I've been given but also to come to terms with not necessarily taking each and every one of them. In an environment of eager intellectuals prepared to tackle virtually any challenge thrown their way, it can be difficult to step back and recognize one's limits. Nearing the end of my fourth year in high school, I can say that I have finally begun to find a balance in setting forth in ambitious endeavors whilst prioritizing mental and physical health. My perspective on myself and the world has adapted everyday, and will continue to perpetually, the more I learn and experience in life."

ANSEL LINK

"Now I am proud to say that I have grown from a freshman fetus into a senior citizen. (That freshman backpack has curved my back in a shape that's got your grandma jealous). But in all honesty, I have grown a lot more over the past four years than my height shows. During my freshman year, I hid behind a shell for such a long time and was not ready to be my true self. I really wasn't living my life to the fullest. Yet over the years, for some weird reason, people became friends with a mess of a person like me and yanked me from my cocoon into the real world. Now I don't know if I'm a butterfly or a moth, but I'm out here flying and soaring. I don't think I am any better looking or really that much smarter, however, I do know that in these past few years I have learned so much about myself. I know what I like, who I am, and what type of person I want to become. This is a gift that I did not even know I wanted and am extremely grateful for. Although I may fly out into the world not knowing where I am or where to turn, I will always know what I am and where I wanna go. So let's get sickening!"

NACHIYAPPAN SOLAIYAPPAN

"Even before my freshman year of high school, I knew that I wanted to take every AP and Honors course possible so that I could be seen as the ultra-hardworking kid with a super bright future. But as I entered my Sophomore year, I was not recommended to enroll in a single high-level course. In hindsight, I am so glad that I did not force myself into a workload that would not have benefited me; I instead met the friends of a lifetime and found time to pursue my passion for magic. I realized that you cannot force success by trying to put on a show for others. If I am kind to others and do my best to lead a balanced life, I can have faith that everything will fall into place. So allow me to re-introduce myself. My name is Nachiyappan Solaiyappan, and my real learning has only just begun."

EMILY EAYRS

"Over the course of my four years at Lexington High School, I feel as though my confidence has really shifted. My insecurities were at an all time high when I was a freshman. As everyone was making new friends and finding new hobbies that they liked, I felt stuck and angry with myself. It really took a toll on my mental health, making me always anxious and concerned about the new stresses that had been introduced since starting at LHS. Overall I really feel that in the recent years, I've put in more effort to try new activities, clubs, and sports that, as a freshman, I never imagined I would be a part of. It made me an active member of the LHS community and really allowed me to express myself more and branch out and show people my funny and goofy personality!"

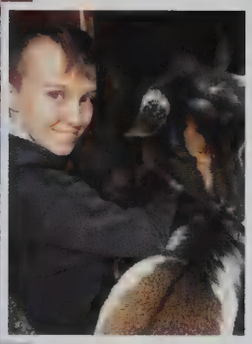
JOYCE GUO

"I feel like I've come so far since freshman year in so many ways! I think I've grown a lot as a person in terms of knowledge of the world and of myself (and in terms of self-confidence!) and it's kind of crazy! I'm really happy that I've grown into the person I am today and I can't wait to continue growing (and hopefully helping others realize how much beautiful potential they have)! Through my ups and downs at LHS, I've learned so much. It's been an incredible four years."

LUKE DAVIS

"In freshman year, I was way more concerned about grades and my GPA and all that academic stuff. Over the course of the four years I've come to realize that life is way more fun the less you care about that kind of thing. Like I'm not gonna look back in 20 years and think "Wow I remember that time I got a 100 on my midterm, that was crazy." That's not realistic. I'm gonna remember the friends I made and all the things we've done. So for me, doing those things ended up being more important than grades."

DANIEL **OVERTON**



"I came out as transgender the first day of sophomore year and I think that was a big turning point in which I started looking forward to the future instead of being trapped in the past. Also, I have actual people friends instead of just animal friends and I was not expecting that at all. I was kind of expecting to be lonely in high school and that is not true. I think probably continue to surprise myself and defy my expectations of who I'm going to be. "

ANNA **BENSON**

"As a freshman I always worried that I didn't have a "thing". I participated in extracurriculars like swim team and the musical, but I was never the best at any of it. I thought that to be successful at LHS I had to be the very best at something, and I felt like I wasn't. Now, as a senior, I have come to realize that is so far from true. I love the activities I do and the people I surround myself with. I have become so much more confident in myself over the past 4 years, and I believe my freshman self would be proud of the person I am now."

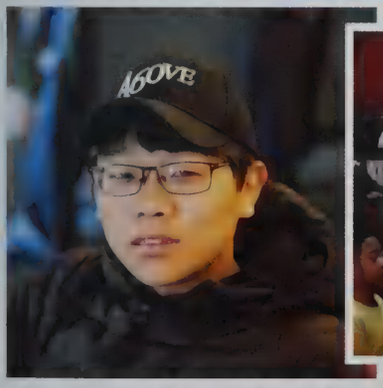
JANICE **CHOI**

"I have changed both physically and mentally, however, I feel as though I've learned more from my mental growth. As I've now dealt with many different types of people and circumstances, I have learned to appreciate the little things people do for me."

KEVIN **ZHOU**

"As people often like to point out, I'm really not all that different physically since freshman year (besides growing like ¼ of an inch). I'd say my biggest growth has come in handling emotional lows. Within the past year I've focused on becoming able to shake off feelings of regret and disappointment, both of which often plagued me throughout high school. Being able to move on from things and focus on the present and future have been vital to enjoying my last few months here and will continue to be for the rest of my life."

MINWOO **CHO**



"In my high school career, I have taken 121 credits. I enjoyed about 90 of those credits and despised the rest. My hatred for these classes came from my arrogance and pretentiousness, Thinking I was better than the students around me prevented me from taking advantage of my opportunities. Everyone has their talents and perspective and not acknowledging them is probably the biggest mistake someone can make. For that reason, if I have to choose my most important lesson at LHS, it has to be humility."

ISABELLA **VAN DER WEIDE**

"Since freshman year, I've learned how to part my hair and stopped wearing my sister's hand-me-downs. I've learned how to integrate polynomials and define hindsight bias (What *should* I have done differently?) , and I've gotten slightly better at managing my time (My bed to bus stop record has dropped from 20 minutes to 9). Honestly, though, I'm the same person I was four years ago, just even more so. Things are looking up."

JUNIORS Class of 2020

Minna Abalian
Lila Ablimit
Emin Abrahamian
Gino Abrams
Miriam Abrams
Charlotte Adams
Youssef Afify
Ashlan Ahmed

Rayhan Ahmed
Jiangyuan Ai
Brendan Albert
Mickhael Alemayehu
Nathaniel Alessandrini
Michael Alessandro
Eduardo Alvernaz
William Amsler

Sidharth Anantha
Samuel Andrews
Benjamin Aquilina-Piscitello
Dario Arcieri
Arun Asthagiri
Mohammad Atiyyat
Chrisondra Awomah
Joshua Backert

Selvin Backert
Jun Ki Baek
Meher Bal
Cathryn Barbour
Daisy Baril
Emily Barnes
Mia Baskey
Yonatan Bason

Swetha Battini
Regan Beers
Serena Behera
Micah Benson
Adam Bernstein
Neel Bhalla
Ria Bhandarkar
Samuel Boehm

Yan Bojanowski
Jyothsna Bolleddula
Marisa Boni
Alexis Boudreau
David Boudreau
Liri Bouksdorf
Chris Bourjolly
Gregory Braginsky

Megan Brand
Barnaby Brandon
Mia Braunstein
Colin Breen
Jesper Brenner
Audrey Brown
Nyree Brown
Taylor Brown

Madelin Bryant
Deniz Bulucu
Ian Byrnes
Joseph Cacciatore
David Cai
Alessia Caira
Rachel Caldwell-Glixon
Andrew Caliri

Rachel Camp
Brendan Caracino
Mary Carney

Isaiah Carver
Christopher Cervone
Erin Cesmeli

Talia Chait
Sachiv Chakravarti
Poojitha Chandrashekar

Richard Chang
Annabelle Charles
Jenssey Charles

Aaron Chen
Cathleen Chen
Justin Chen

Victor Chen
Pascal Cheung
Pamela Chiakpo

THE CHERRY
ON TOP

WHAT IS THE BEST PART OF BEING A JUNIOR?

The best part of being a junior is the fine line between copious amounts of freedom and choice: class selection, frees and opportunities, knowing that you are an upperclass person, yet having seniors to fall back on, but ultimately not having to worry about college apps yet. - **Justin Lin**

I guess, even though it's really busy, it makes me stay more organized and reminds me that grades aren't all about getting A's. - **Karis Lee**

The best part of being a junior is having frees and being able to leave campus. It gives us more independence and responsibility, and lets us have more flexibility over what we do during the school day now that we have our bearings at LHS. - **Charles Yang**

The best part of being a junior is definitely the freedom. You have more responsibility but your teachers also trust you more and they don't babysit you as much. - **Katya Kappler**

Alexander Chin
Christopher Chin
Thomas Chiu
Yubin Cho
Leeya Chohan
Kurissa Choi
Nathan Choi
Soo Young Choi

Brian Chong
Christina Chow
Ember Christensen
William Cincotta
Mihai Ciocan
Jonathan Clark
Takirah Clark
Lucy Conlin

Angelina Conte
Alexander Coombs
Hein Coonen
Kyra Cooper
Dylan Corbett
Cassidy Corbin
Liam Cotter
Ryan Cotter

Marc Courtemanche
Adina Covic
Sophia Cox
Matthew Crowe
Tucker Crowley
Kaylie Cruz
David Cser
Mariano Cuartas

Mirabella Cue
Seth Cutler
Liam D`Souza
Danika Dai
Jason Dai
Elissa Daniel
Sarah Daniel
Jackson Davy

Lilia Dawson
Eric Decoste
Stelia Deligiannidou
Arjun Delity
Mason Denton
Avinash Desai
Samedh Desai
Steven Dillman

Baptiste Dimanche
Elizabeth Ding
Charles Dixon
Hyunah Do
Glen Thanh Doan
Toranosuke Dohi
Caroline Donaghy
Nicholas Donatelli

Danielle Donges
Jiarui Duan
Arunendro Dutta
Anna Eaglesham
Andrew Egan
Thomas Ekrem
Amir Elananzeh
Lucas Elliott

Lillian Ellmore
Nairi Enright
Harris Erdman
Ezra Erives
Nikki Farahani
Luciano Filippi
Jennifer Fiore
Alasdair Fletcher

Regina Fong
Avery Fortier
Molly Fortier
Peter Fray-Witzer
Melanie French
Carlos Fruzzetti
Amanda Fucci
Kaoru Fujiwara

Simran Gandhi
Valentine Ganis
Keena Gao
Arianna Gaston
Alyssa Gee
Katherine Gehring
Luca Gentile
Rebecca Gerfen

Isabella Gharabegian
Jesse Gilbert
Brian Gillis
Jonathan Gimble
Nikita Gnilitskiy
Rishi Goel
Marie Goemans
Shreya Gokhale

David Goldberg
Seth Goodman
Ishika Goyal
Elle Gruber
Emily Gu
Iris Gu
Maanas Gupta

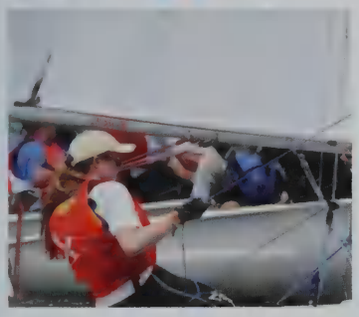
Michael Gupta
Sadiv Gupta
Gabriel Haddad
Maude-Emmanuelle Hajjaj
Matthew Harding
Naiomi Harris
Lilly Hart
Sydney Hart

Annika Hawkins
Owen Hefferman
Naoki Heginbotham
Alecia Hennessey
Jinhee Heo
Olivier Hepler
Brian Her
Lianne Herzog

Thomas Hewes
Vivian Ho
Charlotte Hobbs
Nicholas Hogan
Remy Horne
Noah Hoshino
Angela Houh
Jonathan Hsu

Anka Hu
Jie-Sin Huang
Jodie Huang
Kelly Hui
Joseph Hunt
Lewis Hwang
Shreyas Inamdar
Alexa Infelise

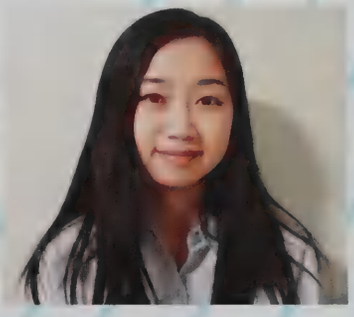
LEVEL **UP** HOW DOES BEING AN UPPERCLASSMAN COMPARE TO BEING AN UNDERCLASSMAN?



"As an upperclassman, school can be a lot more stressful than freshman and sophomore year. There are SATs and ACTs and everyone's worrying about college. But it's also a lot better; we know the school, our peers, and our teachers so much better. And now we have frees where we can study or meet with teachers or get coffee with friends, which really helps to relieve a lot of the stress."
- Rachel Camp

"Being an upperclassman, there's definitely a lot more pressure about grades and thinking about college. It's also so weird walking in the hallway and seeing so many young children."
- Miriam Abrams

"The only differences to me are that upperclassmen have frees and that the underclassmen seem to fear us only because we are older."
- Daisy Baril



"I feel like time is passing quicker now that I know I'm over half way done with high school already."
- Christine Wang

Carl Ivarsson
Finna Jacobson
Milad Jaffari-Shahreza
Fayza Jaleel
Leah James
Salvador Jaramillo
Jacey Jardine
Leia Jekel

Kaleigh Jenness
Ishika Jha
Michael Ji
Rosanna Jiang
Enzo Journet-Novoselic
Cyriac Joyce
Sahaj Kakullavarapu
Arushi Kalpande

Ethan Kanef
Anjali Kannan
Katya Kappler
David Kashian
Seray Kauffman
Miriam Kaufman
Zachary Kaufman
Harnidh Kaur

Samiha Kazi
Declan Kelly
Carson Kemp
Abdul Khan
Shiv Khandelwal
Rena Khoury
Hannah Kim
Jiwon Kim

Lauren Kim
Yuri Kim
Savik Kinger
Marcell Kiss
Thomas Klebe
Parvati Kodendera
Rachel Koh
Shweta Kondapi

Linda Kong
Joris Konijnenberg
Clara Kuli
Amolak Kumar

Anjali Kurup
Madison Lacombe
Angela Lai
Maya Lamm

Eric Landers
Lindsey Laquerre
Nora Lavins
Katherine Lawee

Claire Lawrence
Lily Lawrence
Manon Le Donne
Brianna Lee

LIGHTS, CAMERA, ACTION!

Samuel Andrews (11) may have the talent to become Hollywood's next big thing.

Why did you start making videos? When did you start making videos? I started making videos in freshman year. I had been watching a lot of YouTube in the last two years of middle school, and creator like Casey Neistat and Sam Kolder (now very cliché) really inspired me and challenged me to make my own. I never really had much expectation of myself. Me and my brother created a channel and were really carefree and optimistic.

What video are you most proud of and why? Which video has the most number of views? I made a video called "My Year 2017" (and there's another one fr My Year 2018 that came out recently) that has over a thousand views, but most of my videos have several hundred views. I'm not particularly proud of any video because it pains me to watch them after editing each one for hours...I'm basically just proud of my culmination of work and I'm excited to make something in the future that I can truly say I am proud of.

How many regular subscribers do you have? At this point I have 313 subscribers, but hopefully soon I start to make more consistent videos and the rate of subscribers I get increases.

Do you have ideas of videos you are going to make in the future? I have many video ideas, but most videos are decided by spontaneity and chance, and the vast majority of my ideas never happen.

What other YouTubers do you follow? Why? I follow many other YouTubers to be inspired, entertained, and learn new things. People like Brandon Amato, Casey Neistat, Ollie Richie, Captain Potter, John Olsen, Sam Evans, and Sam Kolder are creators who I look up to. I used to look up to these people for inspiration, but more often than not they just make me feel so far from my goal and working by myself with my head down seems more and more productive.

David Lee
Jae Lee
Karis Lee
Luke Lee
Seoyoung Lee
Jacqueline Legutko
Sophia Lehrer
Charles Leightheiser

Chun Wunn Leung
Tiffany Leung
Maxwell Levine
Daniel Lewitzky
Brandon Li
Caroline Li
Evan Li
Jonathan Li

Robert Li
Yuxiang Lian
Huining Liang
Gary Liao
Justin Lin
Kexin Lin
Amanda Liu
Justin Liu

Robert Lloyd
Aron Lu
Ke Lu
Yihan Luo
Nicholas Lupone
Albert Ma
Emily Ma
Emily Ma

Shuhe Ma
Anthony Mabardy
Charles Mabardy
Joshua Machado
Sydney Mackler
Dillon MacNeil
Naoko Maeda
Joline Maher

Sarine Mahrokhian
Aggeliki Mamounas
Eugenie Mangon
Aditi Mannem
Oneniotekowa Maracle
Julian Marmier
Simon Martarello
Dennis Martinez Jimenez

Nicholas Maus
Hallan Nicholas Maxwel
Matthew McAlarney
Kyle McCandless
Katrina McCarthy
Mae Mae McDermott
Jack McGaraghan
Sarah McGloin

Andrew McGovern
Fiona McGuire-Eggleston
Miranda McGuire-Eggleston
Dylan McLaughlin
Grace McLaughlin
Addison Metzger
Caroline Michaud
Jacob Milendorf

Eliza Miller
Ashna Mitta
Shruti Mohan Karthikeyan
Callie Moody
Kriti Moogala
Parker Morii-Sciolla
Khushi Morparia
Joseph Mostika

Joshua Mozes
Isaac Mukamal
Rishi Mukherjee
Conor Murphy
Luke Murphy
Lordrich Muyanja
Victoria Nagle
Vighnesh Nagpal

Navya Nakka
Benjamin Nevis
Daniel Nothaft
Helena Nybakken
Meghan Nyhof
Oonah O'Neil
Danna Ofek
Hannah Oh

Karen Oh
Tristan Ohler
Hailey Olcott
Michelle Olofsson
Nicholas Orf
Ana Ortiz Derosa
Junpei Ota
Anushka Pachaury

Ashwin Padaki
Gabriela Padilla
Felipe Palacio
Aadharsh Pannirselvam
Sameer Paranjape
Jenny Park
Sarah Park
Bryna Patel

Nikhil Patel
Devesh Pathak
Sai Teja Pathivada
Elias Paulino
Matthew Pearlman
Diego Perez Iglesias
Thais Perros
Abigail Pickar

Olivia Pitts
Paula Prado
Zoe Prestbo
William Pullen
Rohan Purandare
Ashish Puri
Emily Qiu
Sabrina Quadir

Hanah Raj
Aishwarya Rajagopalan
Anjali Raman
Jillian Ranauro
Roshni Ray
Tristan Raymond
Andrea Reier
Emilie Rennie

Davis Richard
Cameron Richards
Annika Richter
Ian Richter
Zoe Robertson
Brent Roman-finnagan
Ofek Rotlevy
Taylor Salerno

Shymon Samsel
Luciana Santillana Linares
Tara Sarma
Srinivasan Sathiamurthy
Arunima Saxena
Jessica Schroeder
Theodore Schroeder
Aditya Sen

Elena Serenko
Nikita Seth
Octave Seux
Noah Sevigny

Vani Sharma
Dimitriy Shchedrovitskiy
Nathaniel Sheehan
Andrew Shen

Nathan Shenoy
Lily Sheth
Ella Shubert
Vir Sikand

Johanna Simon
Isabel Siu-Zmuidzinas
Emily Sjodin
Mason Smith

Kirea Snell
Paul Song
Tiancheng Song
Xiyu Song

Victoria Sowle
Summer Spencer
Pranathi Srirangam
Lauren Steiger

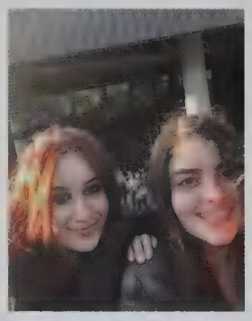
Malte Steines
Pauline Steines
John Stevens
Eliza Stokes

Bella Strollo
Elizabeth Stump
Kyle Suh
Angelina Sun

Hamish Swanson
Anviti Swaraj
Hannah Sweeney
Nathan Swirnoff

LOOKING FOWARD

WHAT ARE YOU LOOKING FORWARD TO IN YOUR SENIOR YEAR?



"I'm looking forward to, not necessarily colleges, but exploring my options and feeling like I'm going to be this extremely independent person. I also am hyped for the post-application process and being able to chill in all my classes. The pressure kind of goes away and you can finally use the frees to like, go get coffee and such."
- Andrea Reier

"Besides the obvious answers of second semester and graduating, just the feeling that you're almost there. You're basically at the finish line of this god-awful marathon you've endured for three years already."
- Conway Xu

"I can't wait to be done with this school. I don't mean that I hate LHS, but I can't wait to feel that all my work here is done. Some may call it senioritis, but for me, I think the last semester of senior year will be a peaceful goodbye."
- Lila Ablimit

"I'm looking forward to spending time with my friends during the last year of what has been a great high school experience."
- Emin Abrahamian

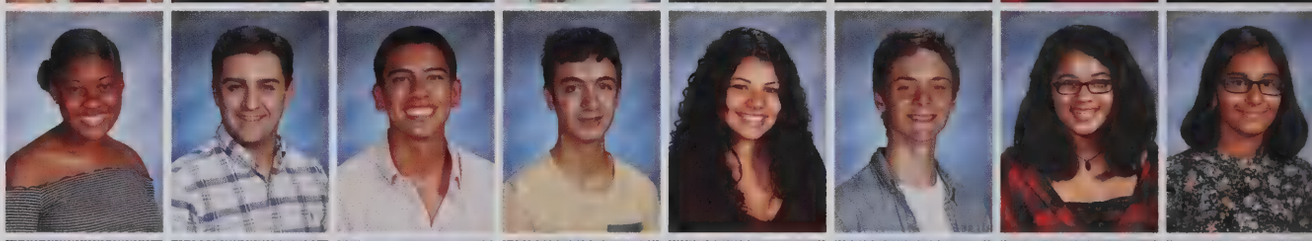
"I am looking forward to the time when I graduate and look back on my days at the high school. I also am looking forward to finishing classes early because it means I can have more free time to relax!"
- Talia Chait

Ariya Syed
Gabriella Tagliamonte
Gaia Taig
Matthew Tam
Antoinette Tan
Jacob Tan
Yike Tang
Zhengwei Tang

Aarya Tavshikar
Andrew The
Stella The
William Thibodeau
Jaiden Thomas
Rifka Thomas
Aakash Thumma
Yitong Tian

Renee Titemore
Michelle Tom
Armaan Tornow
Lilla Torontali
Emiliano Torres Valencia
Ameli Gitl Tsirkin
Michelle Tu
Abhiraj Tuniki

Alea Turner
Nicholas Ursino
Mateo Useche Rosania
Batuhan Usluel
Alana Valdez-Downing
Lukas van der Laan
Valerie Vaz
Darshana Venkatesh



Jakob Venzke-Kondo
Beau Vernet
Karl Vernet
Maeva Viaud
Benjamin Vlacich
Anjali Vlassak
Johan Vlassak
Jason Vogel

Katherine Vogelzang
Isaac Volan
Shivendran Vytheswaran
Bruce Wan
Christine Wang
Evan Wang
Kikuno Wang
Michelle Wang

Qifa Wang
Yida Wang
Yifei Wang
Yilin Wang
Mira Ward
Sydney Wardwell
Graham Warren
Lael Watson

Jackson Weber
Camryn Wedgwood
Lauren Wedgwood
Emily Weinberg
Shachar Weinmann
Daniel Wen
Nicholas Whalen
Maxwell White

Naor Wiesel
Luke Wille
Daniel Winter
Rachel Wong
Elland Woodnutt
Julia Wu
Justin Wu
Payton Wynn

Ethan Xi
Edward Xia
Janabel Xia

Jessica Xiao
Kevin Xiong
Conway Xu

Charles Yang
Heidi Yang
Kevin Yang

Eric Ye
Jeffrey Yeung
Helen Yin

Yuxiao You
Jiawen Yu
Shiyu Yu

Emi Yuki
Daisy Yuyun
Jessica Zales

Yianni Zavaliagkos
Molly Zeytoonian
Alex Zhang

Annie Zhang
Elizabeth Zhang
Haoyang Zhang
Patrick Zhang
Rachel Zhang

Yuweiming Zhao
Boqing Zheng
Linxi Zhong
Jiayi Zhou
Justin Zhu

INSPIRING **OTHERS**

Minna Abalian (11) started a blog about her life in the hope of inspiring others to live life to its fullest.

When and why did you start your blog?
I started the blog a year ago when I was just beginning to come out of a rough few months at the beginning of sophomore year. Starting on a deeper self-love journey, I found myself on a path that brought epiphanies at least once a day. My friends started calling me the "little philosopher" and "mini Buddha" because every time I spoke it was something inspirational. I found myself wanting to share those epiphanies with more people in the hope that my story might help them with their self-love journey too and ended up turning to a blog as a platform.

What is your blog about?
When I started the blog I was in the mindset of being purposefully vulnerable and so my posts tended to be about the beauty in the unknown and that uncertainty that comes with being vulnerable. As I personally continued to grow, my writing reflected what I was focusing on in life. There are many things I have planned; I want to teach people about the power of manifestation, how to own their self-worth, and live an authentically intention inspired life.

Has your blog taught you anything about life in general? If so, what has it taught you?
Creating the blog has really reinforced the idea that a single act creates an endless ripple. You never know the impact that you have on the world and your words could mean the world to a single person, so use your voice for good. I get so many people telling me how they read one of my posts and instantly connected with it and that means the world to me.

What part of your blog are you most proud of?
I'm most proud of the confidence that I had to begin in the first place. To put thoughts in your head into words that get shared with countless others is vulnerable in itself, but that's exactly what I was trying to tell people - that in vulnerability there is authenticity. If putting myself out there will help someone then why not? I don't care about numbers, how many views I've gotten or the following that I have. If I can help just one single person on their journey through life then I've succeeded.

Not pictured:
Yukyung Cho
Emily Dye
Aidan Fox
William Fryou
Yilan Gu
Melvin Hargrove IV
Matthew Kashian
Christopher Klein
Anna Lee
Isa Lundstrom Svahnqvist
Margaret Murphy
Sarai Pereira
Eric Tang
Adrian Verret
John Viglirolo
Talya Washington
Brandon Wilkins

SOPHOMORE Class of 2021

Kai Abitbol-Pierce
Joshua Abrams
Thomas Ahn
Ali Akmal
Cassandra Albino
Lily Aldairy
Kevin Alexander
James Allen

Mikhail Alperovich
Lior Amitay
Maya Anand
Nicolaes Anderberg
Evren Arif
Matteo Arshad
Rayyan Asif
Yuliana Astorga-Licardie

Ryan Atkins
Shangyin Au
Kyle Au-Yeung
Jalessi Aviles
Anna Babashak
Leanna Bai
Sunwoo Baik
Annika Bajaj

Mithun Baliga
Ava Barrentine
Caroline Barry
Lourenco Belleau-Bhowmik
Dafne Bennatan
Brianna Bennett
Gabriela Bensassi
Taylor Benson

Matthew Berhe
Christian Bernier
Mimansa Bhargava
Charles Bijesse
Camilla Bobrowicz
Hyunah Boo
Benjamin Borgers
Evelyn Boruta

Meiling Bottan
Myles Boutwell
Lluvia Brambila
Jacob Brandes
Wesley Brattain
Aylin Bruce
J. Buchta
Nora Bulovic

Helen Bultman
Daniel Burcsu
Ana Burwell
Peyton Campbell
Eileen Cannon
Thomas Caouette
Naya Cardoso-Monteiro
Miguel Caro

Julia Carreras
Ian Carson
Trevor Cattier
Oriane Cayron
Daniel Cellucci
Jeffrey Chan
Tobias Chang
Anika Chaturvedi

Karen Chen
Linda Chen
Natalie Chen
Richard Chen
Clara Cheng
Colin Cheng
Jacqueline Cheng
Dimitri Chernozhukov

Arjav Chhabra
Tej Chhabra
Yeon Woo Cho
Jeong-Wan Choi
Jessica Choi
Jiyoon Choi
Ronan Chota
Jacob Chu

Cynthia Chung
Annabel Cincotta
Samuel Clough
Nathaniel Colburn
Leagsaidh Collis
John Cowdrick
Benjamin Craver
Vincent Criniti

Nathan Croke
Erin Cullinan
Juno Daciuk
Johnathan Dagan
Josh Daniel
Naod Daniel
Lily Darvari
Anubhab Das

Mahima Das
Matheus de Oliveira
Charlotte Deahr
Christopher Demirjian
Tayin Desai
Katherine DeVine
Max DiCerbo
Jayden Dillon

Jarret Dlugy
Dilara Dokmecioglu
Kiyan Downing
Connor Driscoll
Kaitlyn Driscoll
Elizabeth Dube
Anjali Dulipsingh
Ariel Dvorkin

WHAT KEEPS YOU MOTIVATED?

"I think that the main thing that keeps me going is the feeling that I get when I accomplish something. Although I constantly feel unmotivated to do much, I know that the happiness and satisfaction I get when I achieve something is quite nice." **- Lily Finkelstein**

"I stay motivated to do something by making it fun. For example, when I had to memorize a poem for English, I chose the poem 'Oh the Places You'll Go' by Doctor Seuss because I knew it would be way more fun poem to memorize. Though sometimes discipline is needed to keep me on task, creativity is what mainly keeps me motivated to accomplish my tasks."
- Nicolaes Anderberg

"Something that keeps me motivated is working for a good future because if I want to be successful in life when I'm older, I'm going to need to put the work in now. Also, my dad is always pushing me to be better even if I don't want the push."
- Violet Nabbanja

TGIF! WHAT IS YOUR FAVORITE THING TO DO ON A FRIDAY AFTER SCHOOL?

"On a Friday after school, the thing I look forward to the most is eating pizza with my family during our weekly movie night. I look forward to this because we always get a large pizza for our movie night, which I really like."
- Kevin Alexander

"My favorite thing to do after school on a Friday is to go rock climbing because I love climbing and think that it's a great way to get rid of stress of the week. It's also really fun to focus on something other than school, even if it's just for a few hours. Rock climbing is something that lets me go into the weekend feeling good about myself and everything I have to do over the weekend."
- Ekaterina (Katya) Ivanova

"After school on Friday I like to hang out with my friends or do something besides school work to relieve stress."
- Josh Daniel

"On Fridays after school, I like to stay home in bed and sleep because it helps me relax and de-stress from the week's load of work."
- Mehdi Zidar

Sophia Dwyer
Audrey Eastridge
Anne Eayrs
Philip Eisner
Fawzi El-Kattan
Annika Elander
Paige Elander
Hannah Elefante

Elizabeth Enright
Carlee Epps
Benjamin Epstein
Jacob Epstein
Reuben Erives
Ada Erus
Deniz Erus
Nicholas Everin

Mor Evron
Nicholas Favazzo
Joshua Fein-Cole
Jacinta Fell Maira
Jake Fernandes
Audrey Ferrell
Jacqueline Fertitta
Aiden Fieleke

Amy Finkelman
Lily Finkelstein
Henry Fisher
Amanda Flashner
Micayla Flashner
Jeremy Fleming
Nathaniel Fortune
Nasir Francillon

Omari Franklin
Cynthia Fu
Gauri Gajeshwar
Nicholas Gamota
Noam Gans
Tan Gao
Yujia Gao
Christian Garay

Valeria Garcia-Lavin
Benjamin Garvey
Murrette Gaudette
Tara Gensure
Sheldon Gentling
Noah George
Noelle Germanetto
Anya Ghali

Caroline Ghayour
Mark Gianino
Tara Gill
Aleia Gisolfi-McCready
Kaisha Glass
Lauren Goldinger
Matei Golesteanu
Joy Gong

Zella Goodell
Natalie Gorshkova
Henry Graf
Samuel Greenberg
Sophie Gregoretti
Zoe Gu
Johanna Guarin
Punya Gupta

Rebecca Haberman
Maia Hahn-Du Pont
Zachery Hall
Mirabelle Harris
Mason Hatfield
Brian Healy

Matthew Healy
Peyton Heisner
Pavel Hellriegel
Courtney Herzog
Jordan Hewitt

Michael Hickey
Kaitlin Hilderbrand
Emmanuela Hippolyte
Chloe Hofland
Timothy Hogan

Nuri Hong
Sirawich Hongsamat
Anna Honohan
Grace Horwitz
Jocelyn Hsieh

Andrew Hu
Jonathan Hu
Oliver Hu
Shui Hu
Emily Huang

Anne Hurd
Grace Hurd
Robert Hutchinson
Alexander Hwang
Owen Hwang

Lillian Intriligator
Darya Iranmanesh
Julia Irving
Jun Ishibashi
Zainah Islam

Ekaterina Ivanenko
Nadia Ivanenko
Lina Jaafar
Pia Jain
Isabel Jakimczyk

Ye Hoon Jang
Shishir Javali
Sharath Jegannathan
Emmett Jenness
Aansh Jha

Hanna Jiang
Yiqi Jin
Claire Johnson
Kacey Johnson
Matthew Joseph

FAVORITE **SPORT**

What sport would you play for the rest of your life and why?

"If I were to only play one sport for the rest of my life, it would be squash because it's already the sport I play and I put a lot of effort into it as I have been playing for five - six years. It's also become a kind of outlet for me; I would use it to release stress sometimes because I find comfort in the repetitiveness of practice."
- Natalie Chen

"A sport I would be willing to play for the rest of my life would be football because it shows you teamwork and responsibilities. It also contains a very hard working atmosphere that you don't see in most other sports."
- Omari Franklin

"I would play frisbee for the rest of my life because it's a growing sport and I could make an impact on the world by making it more well known and played. Also I like playing frisbee for the fun of it."
-Samuel Greenberg

"I would play volleyball because it teaches you teamwork and cooperation. For example, during games, you call out the ball to let your teammates know you are going to receive the ball."
- Jamin Seo

IF I COULD **TURN BACK TIME**

""I would probably go back to the first dance in freshman year because I feel like that was a moment where everyone was just really happy and we all came together and just had fun."
- Lily Aldairy

"I would go back to when I was in kindergarten because I miss how we had nap time and the expectations weren't as high as they are now in high school. I enjoyed kindergarten the most because we got to play everyday and there wasn't much work we had to do."
- Ben Tibbetts

Stephen Joseph
Fynn Jueppner
Rishi Juneja
Iman Kagimu
Aditi Kalia
Satnam Kalkat
Benjamin Kamis
Thomas Kan

Lulian Kang
Zachary Katzman
Sakshi Kaul
Alisya Kaur
Pooja Kawatkar
Aidan Keaveny
Linda Kebichi
Christopher Keefe

Matthew Keefe
Aidan Kelly
Anita Keltcher
Campbell Kemp
Akul Kesarwani
Meher Khanna
Mehr Khurana
Euhan Kim

Hyungbin Kim
Minjune Kim
Yejun Kim
Yul Kim
Hailey Kingsbury
Maelis Knobloch
Ethan Kong
Alissa Krawczyk

Ishan Kumar
Pooja Kumaravel
Edward Lacson
Sailavanya Lakshmi Narayan
Isabel Larrabee
Erica Larson
Catalina Lazzarino
Khoi Henry Le

Kristine Le
Charissa Lee
Gladys Lee
Joshua Lee
Kyuho Lee
Bryan Leung
Faye Lewis
Alex Li

Athena Li
Christina Li
Jennifer Li
Angelina Lian
Melina Lian
Isabelle Lim
Flora Lin
Lawrence Lin

Lihan Lin
Parker Lin-Butler
Mariah Linskey
Alexander Littlewood
Benjamin Liu
Charles Liu
Megan Liu
Joshua Lo

Salomé Longchamps
Christian Looney
Daniel Lurie
Eli Lurie
Maya Lurie
Alex Ma
Julia Mackenzie
Venkata Varun Subhash Madiraju

Luke Mager
Sabrina Mahoney
James Maliszewski
Sanjay Mallikarjun

Kwan Chi Man
Rachel Man
Eliza Manasas
Ishika Mandelia

Athena Marcell
Lorelei Marcell
Grace Marcin
Silvia Mare

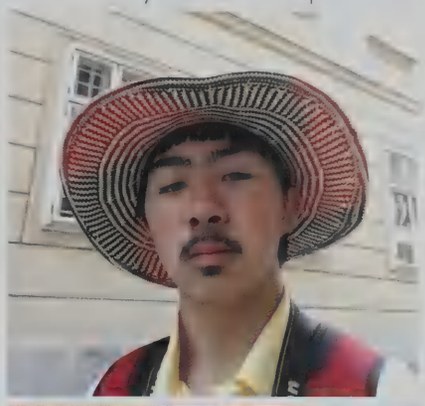
Sophia Martel
Sophia Martin
Jad Matalka
Rebecca Mathew

Peter McCallion
Donald McCarthy
Justin McCarthy
Nicholas McKee

PAST **MEMORIES**

Galaton Zhou Talks About A Funny Freshman Experience

"The funniest experience I had in freshman year was when I was volunteering at a hockey clinic for little kids and I'd been trailing a kid. As I was trailing the kid, the coach running the clinic came up to me and asked, 'Is that your son?'"



WHERE **TO LIVE**

If you could chose anywhere in the world to live in, where would it be?

I would live in Ancient Rome because it'd be cool to see how they Romans lived and how similar it was to today. Also because we learned a lot about it in class, we would be able to use the knowledge to survive." -Ben Borgers

Jane McKenney
Lachlan McLaren
Collin McMahon-Shea
Alannah McShine
Katelyn McShine
Surya Meiyappan
Brianna Mhlanga
Rahim Mian

Peter Miniutti
Suhanee Mitragotri
Mizuki Ken Miyagawa
Sohail Mohammed
Shobhan Mohanty
Elly Monaco
Katherine Mooney
Alexander Morgan

Catherine Movsessian
Abhinav Mukherjee
Sophie Munn
Alexander Murphy
Darragh Murphy
Sarah Murphy
Emma Murray
Sophia Murray

Laila Musleh
Violet Nabbanja
Emily Narouz
Marina Naumova
Nisha Nayak
Anna Nelson
Matteo Nguyen
Wendy Ni

MEET YOUR FAVORITE **NOVEL CHARACTER**

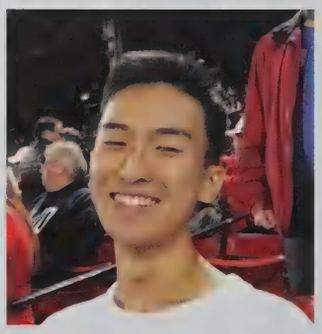
"I would want to talk to Charles Wallace in "A Wrinkle in Time" by Madeleine L'Engle to discuss current events and maybe ask him to help me with some of my math homework."
-Sophia Nietubicz

"I would want to meet Harry Potter from the Harry Potter series by J.K. Rowling because I like adventures and I want to know more about being a wizard."
- Alex Li

"I would want to meet Starr Carter from "The Hate U Give" by Angie Thomas because she is brave and smart and we could talk about current events. Because she is contemporary, I think that we could have some really interesting conversations."
- Callie Rabins

WHAT FILM **WOULD YOU MAKE?**

"I would make a movie about how education around the world affects people in different ways and how it changes their future in a positive way."
- Liza Nussbaum



"If I could make a film about anything in the world, I would make a documentary about YouTubers. I feel like a lot of people still don't quite understand or grasp the...reach and impact of these individuals on this rising platform. They may not be "mainstream" yet, but I think they are a representation of the kind of world that is to come. I think it's important to understand this."
- Thomas Ahn

"If I could make a film I would make one that I would keep to myself. In the film I'd describe the way I see the world currently and what my core values are in life. I'd keep the film so that in the future if I ever lose myself, I can look back and be reminded again of who I truly am."
- Annie Sui

Edward Nieshoff
Sophia Nietubicz
Anna Nolden
Johnathon Nordman

Liza Nussbaum
Anne O'Donnell
Wakako Okuda
Michele Oldrati

Daniel Ong
Ori Orgad
Joshua Ostrower
Max Ostrowski

Elijah Pacheco-Bloch
Jusrin Padam
Nathalie Pak
Caroline Palys

Kieran Parikh
Santiago Parizek
Meera Patel
Maria Pawelka

Alexandra Pawloski
Naomi Pearlman
Rafael Pedro
Ang Pei

Sonali Peiris
Alexander Peng
Michael Perkins
Zenon Perros

Trisha Peswani
Oona Peterson
Angelique Pham
Zachary Pierro

Neeka Pirooz
Nicholas Porter
Alexander Price
Manaswini Pujar

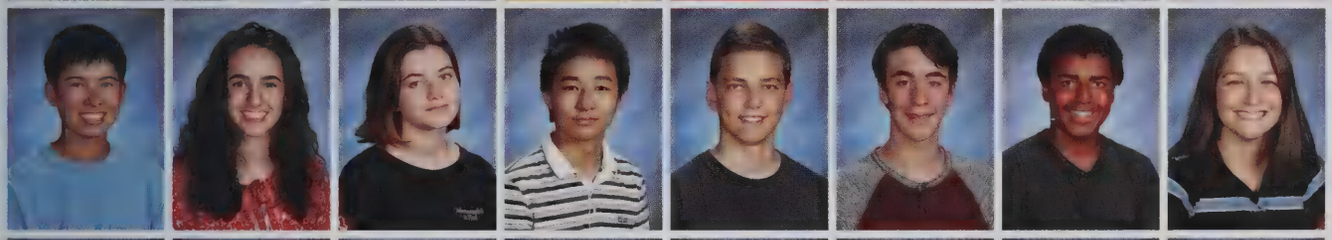
James Pullen
Joao Queiroz Pontes De Carvalho
Callie Rabins
Daria Radulescu-Banu
Owen Rago
Raasin Rahman
Shruti Ramanathan
Mahima Ramesh

Maximus Ramina
Sritha Ravi
Varsha Ravikumar
Adam Rayan
Abigail Reed
Max Reitshamer
Gavin Ricardo
Amelia Ricci

Alyssa Richards
Alexandra Rifkin
Galen Roy
Adva Rozenberg
Anika Ruberti
Garen Sahakian
Sabrina Salman
Alexander Samra

Bianca Santi
Varun Sasisekharan
Anhad Sawhney
Karl Schapfel
Vilius Schmidt
Nevaeh Scott
William Scott
Deena Selitsky

Jamin Seo
Anjali Shah
Anubhav Shelat
Ethan Shin
Ethan Silverman
Maxim Slobodchikov
Benjamin Solomon
Reed Solomon



Liam Somers
Abigail Sommers
Kinga Somodi
Zhixuan Song
Ilya Sortor
William Spector
Jonah Stang-Osborne
Lauren Sterne

Grace Stevens
Henry Stevenson
Maya Subramanian
Annie Sui
Abigail Sullivan
Sophia Sullivan
David Sun
Yinuo Sun

Zhenming Sun
Hannah Sweeney
Roshan Syed
Helen Tang
Jiahui Tang
Fabian Tang-Jones
Matteen Taraz
Rod Tavangar

Chee Wei Tay
Caleb Teeter
Sam Terrell
Erin Terrett
Jadyn Thibodeau
Alexis Thomas
Keegan Thourani
Benjamin Tibbetts

Trevor Tisdale
Virag Torontali
Isaac Traub
Adair Treadway
Nicholas Tringale
Samantha Troy
Darren Tswei
Alexandru Tufa

Elsa Tuneblom
Eden Vachtel
Meenal Vaddeboina
Jorien Van Den Herik
Peter Vander Rhodes
Isha Vasishtha
Lucas Vasquez
Lia Veit

Cole Velis
Mihir Venkatachalam
Zachary Vincent
Ishani Wakhlu
Elisabeth Walter
Ian Wang
Shengyue Wang
Alexandra Wardle

Gianna Watson
Jacob Weinstein-Delahunt
Elise Weiss
Kayla Weng
Ella Wheeler
Nathaniel White
Rebecca Wilkinson
Nathan Willemsen

Joshua Wisdom
Kyle Won
Kristina Wong
Riley Wong
Belinda Wu
Lucca Wu
Anchi Xia
Daniel Xu

Elaine Xu
Henry Xu
Kathy Xue
William Yang
Miriam Yankevich
Ravi Yeddanapudi
Youngseo Yi
Derek Ying

Yassien Youssef
Giancarlo Zaniolo
Joseph Zarba
Shaina Zaslow
Isabelle Zeaske
Jillian Zerkowski
Nicole Zermani
Alyssa Zhang

MEANINGFUL SONGS

Students talk about songs that they would use to describe themselves as a person..

"I would choose the song "High Hopes" by Panic! at the Disco because I have high hopes for what's going to happen in the future. As in the song, the lyrics say " I always had a feeling I was gonna be that one in a million, always had high, high hopes" and I hope one day I will be able to say those words.."
-Youngseo Yi

"I would choose the song "Wheel in the Sky" by Journey because it is about how life will go on no matter what you do which is similar to my belief for life."

-Tej Chhabra

"I would choose the song "I Lived" by One Republic because I feel like I've done a bunch of stuff in my life and I can look back and say I lived but I don't know what to do now. However there are also so many experiences that I haven't had yet so I can't really say that I've lived because there is so much more that I want to do. This song "I Lived" outlines what I am looking for in life."
-Claire Johnson

Andong Zhang
Angela Zhang
Enya Zhang
Grace Zhang
Irene Zhang
Jack Zhang

Jessica Zhang
Jilun Zhang
Kevin Zhang
Wenjin Zhang
Xinyi Zhao
Sophia Zheng

Galaton Zhou
Jiaxin Zhou
Alec Zhu
Emily Zhu
Mehdi Zidar

Not pictured:
Sean Buzzell-Shane
Rion Dore
Leila Exume
Mason Feeley
Chloe Flanagan
Emma Frayberg
Raffi Lachinian
Jia Lian
Conner Lofstrom
Marcus Mazzarini
Jason Rassaian Jr
Evan Russo
Ben Stephens
Jesse Taube-Perrotta
Rachel Westphal
Yuanhui Zhang

WHICH HOUSEHOLD OBJECT WOULD YOU WANT TO BE FOR A DAY?

"If I could be a household object for a day, I think I would be a clock. I'd be a clock because it's an object that people interact with on a daily basis. For example, people need to check the time with clocks and I could help them with such an essential tool."
-Jiyoon Choi

"If I were to be a household object I'd probably be a lightbulb because that'd be pretty lit. Also, I like light bulbs because they give brightness to a dark area."
-Daniel Ong

"I think I would be a blanket because I could warm people up and can surround people with warmth and comfort to make them happy."
-Edward Lacson

FRESHMEN Class of 2022

Adriana Abela
Eliora Abramson
Marcus Adams
Tieren Adams
Samuel Ades
Frances Adiwijaya
Catherine Aggouras
Madelyn Aggouras

Gabriel Aguirre
Anika Ahuja
Ahmed Akoad
Tanisha Alam
Maximiliano Allard Mendez
Ali Almohssen
Merkeb Amanuel
Jonathan Amirault

Manu Amundsen
Raunak Anand
Peyton Anderson
Joshua Andrews
Anthony Antonio
Giordano Arcieri
Andrew Arena
Julia Arnold

Naomi Arnold
Viveca Arumugam
Albert Astrom
Ece Atalay
Camelia Atassi
Sohum Atnoor
Beryl Awomah
Swapnesh Baguli

Dilara Bahadir
Wayne Baker
Rohan Balachander
Julia Barnes
Christopher Baron
David Baron
Isabella Barrett
Orion Barrett-Tzannes

Thierno Barry
Ava Basker
Sarah Baskin
Ty Bason
Elizabeth Basta
Kathryn Basta
Xaviera Bastien
Raquel Batista-Vieira

Arthur Batte
Charitha Bavirisetty
Mira Belanger
Nikhil Belgaonkar
Sofia Benedetti
Kiana Bernabel
Alexandros Bertsekas
Charles Beverly

Anushka Bhagwat
Vedanti Bhargava
Roshni Bhattacharya
Megan Bliamptis
Andrew Bo
Asritha Bodepudi
Cade Boiney
Graham Bracken

Fiona Breen
Kennice Brennan
Jack Brenner
Jaden Bunt
Kiara Burey Fraser

Alison Burkholder
Abigail Burstein
Alexander Carington
Callum Carnan
Kirsty Carnan

Sophia Carney
Lena Cassidy
Pierce Cattier
Eeshan Chakrabarti
Leyao Chang

Rhone Charles
Samuel Charney
Siyona Chawla
Ellie Chedid
Collin Chen

ONE TEAM, THE DREAM

How has being in a school sport helped you in other areas of your life?

The football team taught me hard work, commitment, and how to be a good teammate. It could be difficult to get through practices, especially in the cold, but with the support of my teammates and coaches we all got through and has a great time.

Being a part of a school sport really showed me that it takes a team and everyone in it to not only win, but to succeed. It taught me responsibility, even as a freshman to try hard every day and some days were rough but it's those days that I looked up to a teammate or a coach for motivation. They're always there to help and knowing that, especially as a freshman is really helpful now, and in the years to come. Being part of such an amazing group of girls everyday fostered new relationships and friendships. The older girls on my team lead by example and inspire me to do the same. But most importantly, we have fun everyday and it's really unique to be part of something greater than oneself and I got to experience that firsthand.

Jianna Chen
Marina Chen
Neo Chen
Rachel Chen
Pavan Cheruku
Laasya Chiduruppa
Seohyun Cho
Yuna Cho

Rameen Chohan
Faith Choi
Vera Choi
Allanna Chung
Hyeonhwi Chung
Declan Clark
Jasmine Clarke-Wilkinson
Sophia Clausen

Maxwell Cole
Christina Collazzo
Atticus Colwell
Ryan Conners
Jonathan Coombs
Rebecca Cooney
Kelly Cotter
Haley Creighton

Giovanni Crema
Patrick Crogan
Daniel Cronin
William Cronin
Andrew Crowley
Jamahl Cruickshank
David Sumner Cue
Avery Cutler

Amelia Darcy
Sayid Davis
Selena Davis
Francisco De Amorrortu
Michael DeAngelis
Ariana del Angel Flores
James DeLima Carroll
Sofia Demirjian

Jackson Denham
Eric Deschner
Koshik Dhotre
Lauretta Diang Di Moussavou
Oliver DiCerbo
Peter Dillman
Weiqi Ding
Alexander Dixon

Troi Dixon
William Duan
Zhemin Duan
Feodor Dubinsky
Rajendro Dutta
William Eaglesham
Evan Eberle
Eric Edmonds

Isolde Edson
Thomas Egan
Salma El-Kattan
Sydney Elliott
Rowan Engelward
Henri Engstrom
Devin Ergul
Nathanael Esperance

Ariela Etingof
Alexander Exposito III
Fredrick Famiglietti
Matthew Favazzo
Min Feldman
Brandon Fitjer
Grace Flanagan
Philippa Fletcher

Samantha Forni
Brett Fortier
Kiera Franciskovich
Joshua Frentrop
Clara Fu
Hikaru Fujiwara
Nicolas Gabby
Mark Gainey

Shreya Gajula
Lucas Galioglu
Alec Gallardo

Hunter Gannon
Taien Gao
Leala Garcia

Sofia Garcia
Alexa Gelormini
Joshua George

Michael George
Lily Georgopoulos
Joseph Germanetto

A BEGINNER'S GOAL

What do you hope to get out of your high school experience?

TRISHA SHENOY

Honestly, at the end of it I just want to be happy. I am not entirely positive of what I want to do in adulthood, but I'm hoping that by the end of high school, I'll know. I want to have made friends that I'll still call in 20 years and I want to have made memories that I can reminisce about with these friends. I hope to learn social and academic skills that will help me throughout my life and that I can pass down to future generations. Also learning how to do taxes wouldn't hurt too.

A BIG CHANGE

What has made your transition from middle school to high school easier?

JONATHAN AMIRAULT

I have three older brothers who already graduated from LHS, so I've been visiting this school since I was six. I was pretty familiar with many parts of the school before I even got here. Even though I had been preparing for the transition from middle to high school for awhile, I still felt nervous about venturing to the large campus with over 2000 students. My brothers gave me so much advice about what to expect from clubs to teachers to homework. Their advice about how to "survive" LHS has made my first couple of months here much easier.

Olivia Gharabegian
Zachary Ghazaryan
Ava Glavine
Emma Glynn
Michael Gordon
Milo Gorry-Hines
Oliver Goss
Parker Grainger

Ryan Greenberg
Julia Griffiths
Jazz Grullon
Caitlin Gu
Jeffrey Guo
Liam Guzman
Umme Habiba
Theodore Haddad

Matthew Hamami
Christian Han
Henry Han
Julian Han
Sophia Han
Ahmad Hanberry
Claudia Hart
Paige Hawkes

Charlotte He
Hiroki Heginbotham
Henri Heinisch
Seoyun Heo
Hugo Sergio Hernandez Chavez
Bailey Hobai
Emily Hobbs
Katherine Hogan

Chanaiah Holland
Olivia Hoover
Alexander Hristov
Arthur Hu
Sophie Hua
Charles Huang
Vincent Huang
Leah Hubbard

Sofie Huntington
Nozomi Ito
Matvey Ivanov
Malvika Iyer
Amartya Jain
Anushka Jain
Nicholas Jalbert
Samin Jayaswal

Akshay Jha
Guixuan Jin
Annika Johnson
Caleb Johnson
Bryn Jones
Andrew Jung
Ava Kam
Avni Kamat

Amanda Kanashiro
Kunal Kapoor
Nishika Karody
Nicholas Keim
Elizabeth Kelly
Ipek Kendircioglu
Aline Keremian
Joe Khabbaz

Maryam Khan
Prakshi Khare
Sofia Khoury
Amaan Khwaja
Erin Kim
Sarah Kim
Henry Kjelsberg
Andrew Kochi

Arun Kodumuru
William Kohlasch
Emi Kokubo
Raya Kompany
Jeffrey Kong
Dimitrios Kontos
Wilson Kooi
Hudson Kortbus

Ameya Kothandaraman
Anna Kozlova
Krishna Kuchibhotla
Archit Kumar
Robert Kwolek
Raegan Lacombe
Elena Lam
Nicholas Lam

Jessica Laman
Martin Landis
Carolyn Lane
Thomas Lane
Cogan Lawler
Andrew Lawrence
Matthew Ledesma
Abigail Lee

Andrew Lee
Erica Lee
Gabriel Lee
Jiwoo Lee
Joshua Lee
Luisa Lee
Minu Lee
YeEun Lee

Geanna Lehrer
Julia Lennon-Newell
David Lewis
Austin Li
Daisy Li
Evan Li
Sophie Li
Caitlin Lian

Crystal Liao
Allison Libby
Albert Lin
Brittany Lin
Emily Lin
Yavor Litchev
Francis Liu
Sarah Liu

Tiffany Liu
Erin Loftus Reid
Dana Lu
Ivy Lu
Nathan Lu
Madelyn Lucente
Aiden Luchian
Karl Lundstrom Svahnqvist

Sophia Lupone
Alexander Luque
Jacqueline Luque
Anna Luterman
Ambar Luzio
Aidan Lynch
Marissa Ma
Zixuan Ma

Vikrant Maan
Jacob MacDonald
Benjamin Mack
Carter Mack
Lillian Mackenzie
Dylan Mackler
Evan Maclure
Noah MacNeil

Aria Maher
Julia Majchrzak
Shreya Majumdar
Mariana Makkar
Jack Maloney
Juliette Mangon
Anthony Marifiote
Lucille Martarello

Caroline Martin
Nereida Martinez Jimenez
John Mathurin
Owen Mattingly
Isabelle Mazerall
Marielsa McBride
Aiden McCarty
Dylan McConnell

Leo McGaraghan
Isabel McGovern
Nora McGovern
Douglas McNamara
Joseph McNeil
Emma McRedmond
Olivia McRedmond
Vidushi Meel

Sara Mei
Mira Menon
Saumith Menon
Vikram Menon
Lily Metzger
Neel Meyyur
Joshua Miao
Arielle Min

Angelina Minasian
Sara Minemoto
Ella Mizrahi
Mourad Mokrani
Celia Molla
Eva Molla
Renee Montwieler
Melanie Moon

OOPSIE DAISY!

What have you learned from your mistakes?

ERIN KIM

I learned that it is really important that you keep track of what you need to do. I learned this lesson when I had come home one day and started my homework. I had forgot my planner that day so I did not know exactly what I needed to do. I had forgot about doing an important assignment, but I got lucky and it was due the next day. This close call helped me realize the importance of planners and keeping track of things.

JULIAN HAN

It is my personal belief that mistakes are unavoidable and a natural piece of learning. One of the many things that my mistakes have taught me is not to turn away from something new at first glance. Most new things require you to really put in some consideration, time, and effort before they start having meaning. Mistakes have also taught me to be more careful and really think before I take any action that could be detrimental in some way. As a whole, mistakes are things of resentment and will most likely be regretted. However, I believe from each and every mistake a personal benefit can be gained, for the betterment of self improvement.

FAMILY FUN

What is your favorite family tradition?

JILUD TRIVISVAVET

Each year, one to two members of my family would fly back to Thailand for a few days a year and spend time with the other members of my family. We don't see the other part of my family very often so we spend all our time with my cousins and grandparents. Once we/they get back we eat loads of American or European cuisine to balance out the week of Asian cuisine. This tradition is my favorite because I get to reconnect with family members I have not seen in a year and I get to revisit places that hold a lot of memories.

MATTHEW WANG

My favorite family tradition is celebrating Chinese New Year because I can eat a lot of good food. I can also hang out with family that I do not see very often. One famous tradition is giving each other red pouches, which contain money in them. Chinese New Year also means that there is no homework, which allows me to spend more time with my family.

Kaede Moriyama
Ezekiel Moroze
Ali Mosallaei
Nicolas Mueller
Ethan Mukwaya
Kenshin Murakawa
Madeline Murphy
Jack Murray

Kaitlyn Murray
Alexander Nadelberg
Samruddhi Naik
Sae Nakamura
Yashita Nakka
Rachna Nambiar
Dayton Nandy
Aryan Narayan

Jasmine Nedham
Heath Nevis
Jasper Nevis
Esther Ng
Laura Ng
Elisa Nguyen
Carolin Nothaft
Isabella Novikov

Colleen O'Brien
Georgeanne O'Brien
Kevin O'Neill
Kaitlyn O'Shaughnessy
Samuel Offsey
Natalie Olofsson
Kiernan Olson
Stella Omenetto

Alp Onay
Caroline Onorato
Alexander Ordentlich
Isaac Ostrow
Jackson Ostrowski
Manpriya Pabla
Andreas Padilla
Claire Pak

Robin Pan
Samuel Pardoe
Jimin Park
Ava Parsons
Simone Parsons
Eva Passer
Kaya Patarroyo-White
Ayushi Patel

Nayrie Patel
Sunay Patel
Jai Pathak
Richa Patil
Sofia Patrizi Sorcini
Alexander Perezhogin
Alan Perry
Efthimia Pesiridis

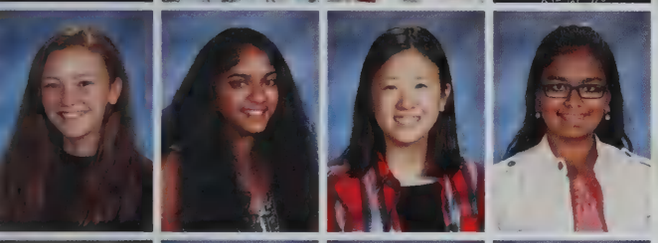
Olive Peterson
Clara Petit
James Pickar
Kevin Polackal
Ella Posey
Ankitha Prabhakar
Aaria Prakash
Syed Noah Quadri

Daniel Rachev
Aaroosh Ramadorai
Sandhya Raman
Daniel Ramsey
Nathan Randall
Johnathan Reamer
Emma Reddy
Sofia Rezvani

Christina Richards
Erica Riley
Ian Robert
Miranda Robert

Lydia Rommel
Madeleine Rosa
Emily Rosenthal
Aavedon Roy

Nathan Ruesch
Joseph Sabatini
Elena Sabin
Steven Sacco



Annika Salpukas
Navya Sammeta
Emilie Sang
Shashwati Sanjay

Octavio Sanrame
Sanjana Sathiyavanthan
Dair Sawyer
Raghavendra Saxena

Tanisha Saxena
Neo Scarbrough
Rhys Scarbrough
Leonard Seidel

Grace Sevigny
Neha Shahzad
Jawad Shalabi
Jehad Shalabi

Sanjana Shanker
Keshav Sharma
Sophie Sharma Poudel
Charlotte Shaw

Zyariah Sheffield
Trisha Shenoy
Luke Sheth
Alexander Shick

REACHING FOR THE STARS

Who is your celebrity inspiration?

STELLA OMENETTO

Freddie Mercury is my celebrity inspiration (duh). He inspires me not only because he was an extraordinary singer but also because he defied a lot of stereotypes present in his time. He was original and did what he wanted rather than submitting to society's expectations. This inspires me to highlight the things that make me strange and be happy being an oddball.

TROI DIXON

I would have to say my celebrity inspiration is Aminé and Tyler the Creator. They are both amazing rappers. Even though I do not aspire to be rapper like they are they are still huge inspirations to me. Tyler brings the good vibes & Aminé brings the hype. They are definitely the only rappers I could listen to while doing homework or anything that requires focus but also keeping me in a great mood. Overall they are just my favorite people.

SAMUEL ADES

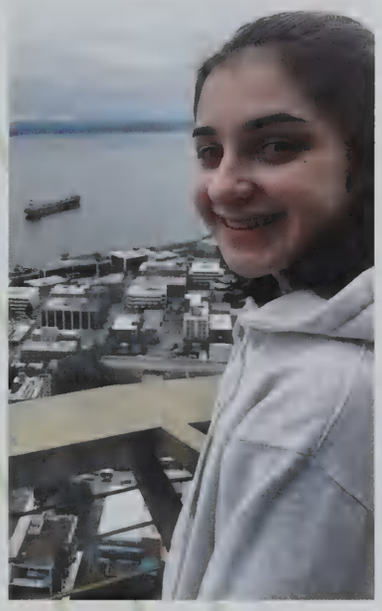
My celebrity inspiration is Red Gerard. Red Gerard is an 18-year-old snowboarder who won the men's snowboarding slope style at the 2018 Winter Olympics just at the age of 17. He inspires me because I also snowboard and whenever I go down the slope or hit a jump, I think of him and how it does not matter how young you are, and how you can always complete your dreams.

TERRIFIC TRIUMPHS!

What is your greatest school related achievement?

JACQUELINE LUQUE

I feel that my greatest school related achievement at the high school was making new friends. I have found that my time at LHS is a lot more fun with people who enjoy the same interests that I do, and participate in the same activities. And for that, even though it does not relate to grades, I feel that meeting new people and making new friends is one of the most important things that has happened this year.



Maya Shimron
Hyunmin Shin
Gabriel Shiu
Sumair Sidhu
Maya Silverman
Mariyam Simon
Shekinah Simon
Justin Sjodin

Jackson Smith
Traver Smith III
Anisha Snell
Hunter Snell
Julien Song
Natalie Sorel
William Soylemez
Karmyn Speed

Skylar Spencer
Shreyas Sreeprakash
Dave St Fort
Gabriella Starets
Hannah Steinbrecher
Till Steines
Samir Stevenson
Tavin Stewart

Jake Strollo
Emma Stump
Gaeun Suh
Anthony Sun
Yifei Sun
Keshav Sundar
Varun Suraj
Hobart Swan

Marilyn Swinger
Joel Swirnoff
Ayesha Syed
Nodoka Tachibanaki
Daniel Tadigiri
Charlotte Taibi
Erykah Takudzwa
Catherine Tan

Hina Tanaka
Alexander Tang
Regina Tashjian
Artha Tavshikar
Chee Ying Tay
Anthony The
Aulani Thomas
Ella Thomas

Ajay Thumma
Armaan Tipirneni
Rafael Torres Chavez
Darren Tran
Jilud Trivisvavet
Colin Tsuboi
Arata Tsutaki
Gideon Tzafriri

Alice Van Evera
Sophie Vaz
Helena Venzke-Kondo
Shefali Verma
Rebecca Voss
Filip Vrancic
Chloe Wahl-Dassule
Daniel Wang

Ethan Wang
Grace Wang
Matthew Wang
Takumi Wang
Tianyi Wang
Yuxi Wang
Aaron Warneck
Sophia Weber

Yiming Wei
Fiona Weir
Casey Weisberg
Nicholas Weiss
Zhuoran Wen
Olivia White
Michael Wiesen
Olivia Wijatyk

Cecilia Wille
Nicholas Williams
Olivia Wise
Chak Kai Wong
Elizabeth Woo
Ashley Wright
Michelle Wu
Jerry Xia

Anna Xu
Emily Xu
Adithya Yadhav
Anna Yang
Grace Yang
Tianyi Yang
Leon Yap
Justin Yates

Can Yildirim
Ashton Young
Catherine Yu
Victoria Yuan
Alina Yungelson
Yuexin Zang
Jason Zermani
Anna Zhang

Bonnie Zhang
Bryce Zhang
Daniel Zhang
Kaibo Zhang
Powell Zhang
Yiming Zhang
Yiquan Zhang
Jesse Zhao

Kevin Zhao
Sudi Zhao
Tiffany Zhao
Daniel Zhou
Rachel Zou

Not pictured:
Abel Clement
Lars Cramer
Kinshuk Dasgupta
Beau Ear
Sean Fei
Rayna Jagasia
Kailen Larkin
Thomas McGeachie
Hoang Ngo
Alaya Pereira
Anya Rao
Yesline Salcedo
Sarena Shah
Teng Tu
Hank Whalen
Daniel Xiang
Zachary Yuen

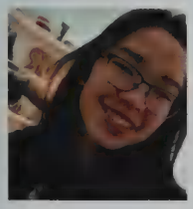
INSPIRE AND ASPIRE Who is someone in your life whom you admire?

ELIZABETH KELLY

I admire my mother, she is constantly giving me advice and support. She is giving, compassionate and generous. She is willing to give up her time to help me and my siblings. My mother is ready for any questions I have at anytime. My mom is someone I can always look up too. She is willing to drive me anywhere she and will work around her schedule to make sure I get to the place I need to.

NOAH MACNEIL

Someone in my life that I admire is my mother. She has been there for me ever since I was born. My mother has taught me so many things in life; how to walk, talk, and write. My mom has been my inspiration throughout my whole life.



FRANCES ADIWIJAYA

I have a family friend named Editha, she lives in Indiana right now. I admire her because she is a very dedicated person. Right now she is studying to be a doctor and she has to take a test to get her medical license. She did not pass the first two times, but she studied very hard, and I admire her for that.

FACULTY & STAFF

Zachary Abdu-Glass, World Language
Danielle Agresti, English
Glenn Allen, Science
Janet Almeida, Special Ed
Jennifer Altreuter, Science
Sarah Anderson, Library
Kelly Anderson, Math
Justin Aramati, Performing Arts

Heather Arrigo, World Language
Andriy Barchuk, Science
Michelle Barkson, English
Damian Barneschi, Visual Arts
Erin Barrett, Social Studies
Jeremie Bateman, Counseling
Samuel Beh, Social Studies
Theresa Bell, School Office

Jane Bergin, P.E. & Wellness
Marissa Binnall, Math
Sophie Blum, English
Erzsebet Bognar, Special Ed
Kristie Borges, Counseling
Melissa Brooks, Special Ed
Thomas Buckley, Special Ed
Kristi Burns, Health Services

Melissa Buttaro, Counseling
Sarah Cammer, Science
Marc Cantor, Special Ed
Krista Cardellichio, English
Anne Carey, P.E. & Wellness
Melissa Carroll, Special Ed
Carin Casey, Library
Ryan Casey, World Language

Jared Cassedy, Performing Arts
Abigail Chaffer, English
Amanda Ciarletta, P.E. & Wellness
Jennifer Cohen, English
Amelia Collison, Science
Janice Compton, Science
Elizabeth Cook, Science
Wendy Cordero, Math

Michelle Coyle, Special Ed
Alyssa Creney, English
Jacalyn Crowe, Science
Elizabeth Curtin, Special Ed
Erin Cutting, Special Ed
P. Victor Cuzzupe, P.E. & Wellness
Kari Darling, Science
Tammy Darling, Social Studies

Lawrence David, Social Studies
Jane Day, English
Olivia De Diego, World Language
Kristie Demirev, P.E. & Wellness
Diane Dennehy, School Office
Kristen DePesa, English
Katie Dobbins, Special Ed
Michael Doherty, Special Ed

Patrick Donaher, Performing Arts
Danielle Donigan, Special Ed
Susan Donnellan, School Office
Paola Dorfmann Zanirato, World Language
Christopher Doucette, Math
Marshall Drury, English
Paul Dube, Special Ed
Marianne Durand, World Language

Rachel Durocher, Visual Arts
Michael Egbert, Social Studies
Jay Eidson, Special Ed
Barbara Eliason, Special Ed

Jessica Elliott, Special Ed
Rina Farber-Mazor, World Language
Laura Ferrari, Science
Lauren Finkle, Visual Arts

Donna Fitch, Special Ed
Heidemarie Floerke, World Language
Patrick Flynn, Social Studies
Janet Foley, Health Services

Brooke Forrelli, Social Studies
Julie Fouhy, Special Ed
Krista Gainty, P.E. & Wellness
Matthew Gardner, Social Studies

Ryan Gendron, Social Studies
Elliott Gimble, Science
Stacy Glickman, Counseling
Cara Goldberg, Math

Jill Gormisky, Math
Nicholas Gould, Science
Maria-Liza Granada, Special Ed
Kristen Grant, Special Ed

Felicia Grullon, METCO
Elizabeth Hadden, Math
John Harper, Special Ed
Dea Haupt, Math

Maureen Haviland, World Language
Justin Hemm, Special Ed
Eileen Hirsch, Special Ed
Reginald Hobbs, Science

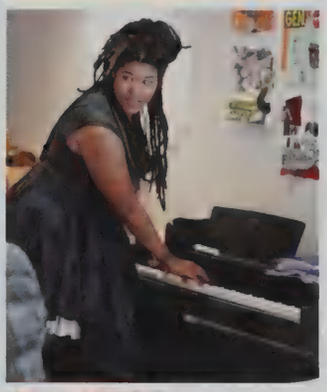
Kelly Hovsepian, Special Ed
Kellie Hurlock, Special Ed
Jason Iannuzzi, Performing Arts
Danielle Israel, Special Ed

EYES **UP**, EARS **OPEN**

What's the strangest thing you've done to get your students' attention?

"I breakdance on the floor!"
- Jane Bergin, P.E. & Wellness

"I like to wear fun costumes, especially during holidays such as Halloween, or I show music videos from my band!"
- Rachel Jayson, Performing Arts



"I like to make funny jokes about my favorite students, especially those who eat in my class!"
- Jieying Yao, World Language

"I often dance in front of the class, whether it be Pliés or Piourettes."
- Dea Haupt, Math

"I once told one of my students that I wasn't going to entertain them because I was not Big Bird, but then again, I might be Big Bird."
- Karen Russell, English

FACULTY & STAFF

Deborah Jackson, World Language
Rachel Jayson, Performing Arts
Barbara Jezak, P.E. & Wellness
Susan Kaftan, Health Services
Basavanagudi Kamath, Science
Kevin Kelly, Math
Jessica Khamarji, Visual Arts
Lori King, Math

Joshua King, Science
Sheera Knecht, Math
Parul Kumar, Science
Julie LaLumiere, School Office
Lauren Lamoly, English
Michael Law, Special Ed
Andrew Lease, Performing Arts
Hallie LeBlanc, Counseling

Rachel LeBlanc, Math
Amanda Lemieux, Special Ed
Brian Lenihan, Special Ed
Ruth Levanoni, Special Ed
Nia Levell, Special Ed
Yan Liu, World Language
Alexandra Lonardo, English
Joanne Loomer, Counseling

Samantha Lowe, Visual Arts
Patricia Lyons, School Office
Scott Maitland, Skills
Katherine Manning, Social Studies
Erick Martha-Reynolds, World Language
Linda Mayer, Special Ed
Debbie McCanne, Special Ed
Ebony McCoy, Counseling

Laura McCullough, Special Ed
Jane McFarland, Special Ed
Matthew McGee, Special Ed
Annmarie Meuse, Special Ed
Charles Mixer, Science
Deborah Mola, Counseling
Brendan Moran, English
Amy Moran, World Language

Lindsay Mosca, Math
Dianne Murphy, School Office
Suzanne Nabet, Science
Katelyn Natale, ELL
Bethany Newberg, Math
Emily O' Neil, Counseling
Lisa Olaharski, Science
Joshua Olivier-Mason, English

Casey Paoletti, Special Ed
Mary Pappas, Visual Arts
Charlotte Parish, English
Amy Parrish, World Language
Bonnie Peletier, Math
Francesca Pfrommer, Math
Katherine Pike, Library
Sandra Pike, Special Ed

Andrew Porter, Special Ed
Linda Prisco, Counseling
Thomas Quirk, Special Ed
Jason Rajotte, P.E. & Wellness
Rebekah Rankin, World Language
Walter Richardson, Math
Katelyn Riley, Science
Alethea Roy, Visual Arts

Karen Russell, English
Carol Sampson, School Office
Mary Gretchen Segars, METCO
Ellen Shea, Social Studies

Laura Sheppard-Brick, Math
Uzma Siddiqui, Social Studies
Leanna Singer, Special Ed
Jillian Singer-Wong, Performing Arts

Leah Small, Special Ed
Bernadette Smith, Special Ed
Steven Solly, P.E. & Wellness
Valentina Sountsova, Science

Bryce Spalding, Social Studies
Samantha St. Lawrence, English
Robin Strizhak, English
Kristin Strobel, Social Studies

Christine Stueve, Special Ed
Christine Sullivan, World Language
Michelle Sullivan-Dupont, Library
Ann Kim Tenhor, Technology

Jason Thrower, Special Ed
Paul Tiernan, Special Ed
Michaela Tracy, Math
Edward Unger, Social Studies

Agan Unwalla, Special Ed
Jeanette Urquhart, Science
Claudia Vanegas, Counseling
Kristine Vargas, Science

Lauren Venuti, Special Ed
Andre Verner, Math
Harriet Wallen, Library
David Walsh, English

Christen Walters, English
Shane Wilson, Social Studies
Jennifer Wolcott, Special Ed
Jieying Yao, World Language
Lily Zhu, World Language

A BLAST TO THE **PAST**

If you could speak to yourself in high school, what advice would you give yourself?

"It's a combination of self-care and living each day with gratitude. I was caught up in how I wished I had things, whether it be time or resources; joy comes to you through living life with gratitude."
- Tammy Darling, Social Studies

"Don't sweat the small stuff."
- Reginald Hobbs, Science

"It gets better ... there is always a reason to carry on."
- Robin Strizhak, English

"Take the time to discover what you truly love and to pursue that further in high school."
- Damian Barneschi, Visual Arts

"Don't stress and enjoy life!"
- Kelly Pendergast, Math

INSPIRE AND ASPIRE

Teachers inspire students to make everyday differences.

JANET HAAS, PERFORMING ARTS

Janet Haas passed away after 32 years of teaching. Students reflect on her impact on their lives and the school.

"When I was in fourth grade (at Estabrook) we were supposed to pick an instrument to learn. I desperately wanted to play bass and although it wasn't allowed until fifth grade, Mrs. Haas made an exception for me and allowed me to start a year early. To this day, playing bass brings so much joy to my life and has allowed me to delve into music. Had it not been for that simple gesture so many years ago I would not be where I am, and because of that I am eternally grateful to the most influential bass player I have ever met, Mrs. Haas." - Marc Courtemanche (11)

"I remember when I joined Rep freshman year, in my first school year after my T1D diagnosis. I had to tell all my teachers about my diabetes and it was super uncomfortable and scary but when I told Ms. Haas, instead of the uncomfortable silence I got a "Me too!" and "I have glucose tabs if you ever need to use them!" and it made me so happy to know there was someone I could look up to who understood what I was going through and wanted to support me." - Lily Aldairy (10)

"Having entered the Lexington Public Schools system in the 9th grade, I never got the chance to work with Ms. Haas at the middle school or elementary school level. However, my experiences with Ms. Haas for the three short years I worked with her were amazing, both in and out of the classroom. In rehearsal, she consistently inspired me to pursue music but there was one experience which truly showed me how much of a sweet, caring person Ms. Haas was. The day after jazz nite 2 of my junior year, Ms. Haas came up to me. and to my surprise, said, "Alex, wonderful performance. You showed me how amazing a new style of music can be." - Alexander Tung (12)

SOPHIE BLUM, ENGLISH

"Ms. Blum creates such a positive and comfortable classroom environment. I can't think of any time that I haven't felt good in her presence. She always encourages you to be exactly who you are and wants you to express yourself through your work in her class. As a whole, Ms. Blum is one of the most caring and accepting people I've ever met.

One of my favorite memories with her was the day I gave her a skirt I made for her. I always noticed how she loved to wear clothes made by local/unknown designers. She was like a less cartoon Ms. Frizzle. Because of this, I made her a purple circle skirt with a Macbeth quote embroidered on the side. It gave me so much joy to see her get super excited over something I made from excess fabric I had laying around."
- Parker Morii-Sciolla (11)

MONICA HARRIS SCHRAMME, VISUAL ARTS

"Despite being in the midst of a house renovation and having a young child at home, every day I come into class she's in a good mood. I also love how much she cares about her students. She's gotten to know me so well over the course of the year that she knows right away if something's up and she'll ask me about it. She's one of the teachers that I'm closest to and I love her passion for art and creativity that she has.

There was one time that I made the mistake of asking about how her kitchen renovation is going, and she went on for about 25 minutes about kitchen tiles. Regardless of that, I still love her." - Grace McLaughlin (11)

LAURA FERRARI, SCIENCE

"Mrs. Ferrari inspires me because of how excited she gets about teaching. I would ask her a question and as she's explaining it, her face slowly but surely lights up and before you know it she's smiling so wide because of how excited she is. I interviewed her for Humans of LHS once and getting to know her made me appreciate all my teachers more; she's honestly just the most bubbly teacher I've ever had the pleasure knowing." - Jiyoon Choi (10)

BEHIND THE SCENES

an inside look at the people who keep the system running smoothly

John Diperna, Stage and Sound Tech

What's your favorite part of your job?

"I'd have to say that my favorite part of my job is, among a variety of things, that I get the most satisfaction out of seeing young artists grow throughout the production. A lot of times I see a lot of these kids start in middle school and then get up to the high school level. Just seeing how they change their creative process and how they adapt and how their abilities change is probably the coolest part of my job. I also get to live in a fantasy world every day, which is fantastic. I'm building a 1930's New York City now, but then next week I'm making Malibu in the 2000's, so every day is something different, which is also pretty cool."

What's your favorite event to work on, and why?

"Follies, I love Follies. I think it's great because it's a time where you really get to see people as individuals shine, not just students but also faculty. It's something that is just fun; no one's being graded, it's not for a class, it's just people coming together and enjoying theater. I also really love Jam. I have a bit of a cappella in my background and it's fun to be on this side of things. Plus, we have really talented groups and really talented singers. And then, because it takes up the majority of my time, I have got to say the musicals that this town puts on. Again, the talent is so mind-blowing at this level."

How do you try to interact and communicate with students?

"So, I try to run the technical element of this department as a professional theater company would. We have our lighting department, we have our sound department, we have our scene carpenters, we have our scenic painters The kids really do it all, so the students who are in the lighting department for example, they're the ones writing all the lighting cues, they're the ones who are hanging and focusing lights. It is completely hands-on by the students. The students are the ones who are painting everything, building set pieces, the props. It's completely student-led, and giving them this freedom I think is what allows them to really shine. That's what I love the most, because you see how excited they get, and it makes you excited, and that just makes you want to do a better job tomorrow, and it's just this upwards spiral of inspiration."

Karen Hurley, Registrar and Jane Aronson, Assistant Registrar

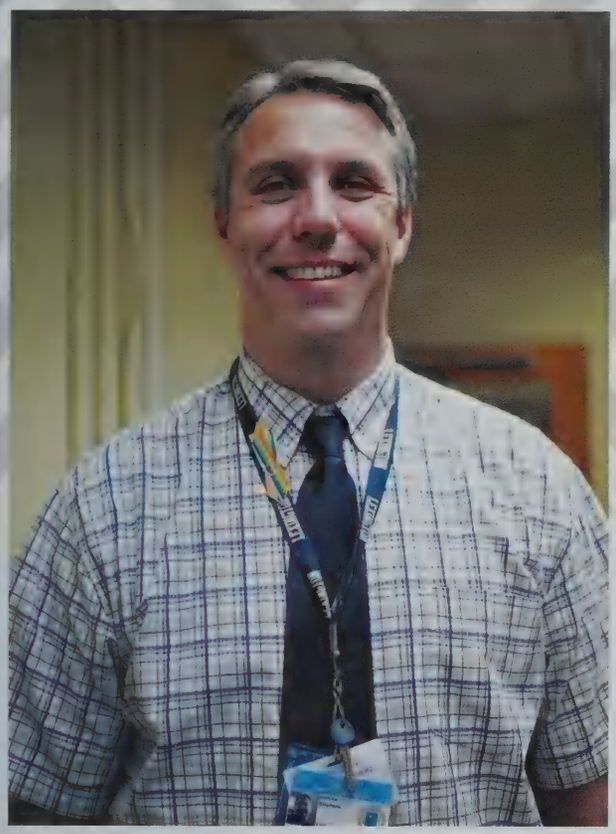
How many transcripts do you send out every year?

Aronson: "If you're talking about seniors, we send over 10,000. When students apply early, we send their junior year transcripts and as soon as Quarter 1 is available we send that automatically to all the schools that got the junior year transcripts. We send midyear to every school everyone applies to, we send Quarter 3 only if a senior requests it, and then we send one final transcript to wherever each senior is going."

What are you most thankful for?

Aronson: "When I come to the thankfulness piece, of course I'm really thankful for health, but work-wise I'm not trying to be corny but I've worked in a lot of different places and I have never worked (don't listen it'll go to your head) with someone as conscientious, as reliable, as incredible at problem solving as Karen. And you know, that's not a big space for the two of us, so if we didn't get along, if we couldn't work together in the way we do, oh boy!"

RUNNING THE SHOW



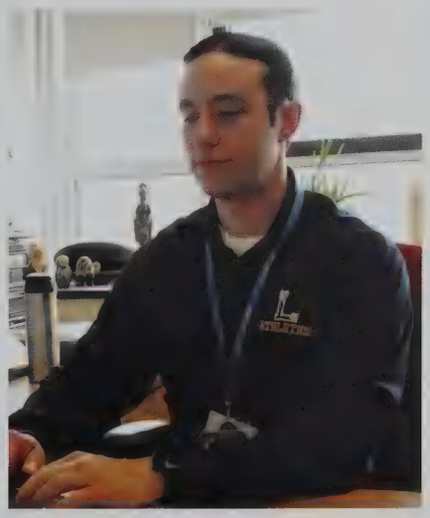
PRINCIPAL: DR. ANDREW STEPHENS

DEAN: MS. BECKY WILUSZ

ASSOCIATE PRINCIPAL: MR. ANDREW BAKER

DEAN: MS. KATE HERMON

DEAN: MS. NICOLE CANNIFF



DEAN: MR. SCOTT KMACK

DEAN: MR. JAFFRIE PERROTTI

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MINGOL

minute

TO WIN IT

With 21 varsity teams ranging from Alpine Skiing to Lacrosse, unexpected is the norm - from jubilant victories that weren't predicted to losses that devastated a season. The Girls' Varsity Soccer team made history by making it for the first time in many years to the Division 1 North finals. The Boys' and Girls' Indoor Track Teams continued to dominate the Middlesex League with a final season record of 5 wins to 0 loss (Boys) and 4 wins to 1 loss (Girls). "So I've been reflecting (with Thesi's help, some of these are her thoughts) and I think there are a couple things that are unexpected in ultimate. People tend to see frisbee as a really chill sport, which makes sense because we've got no referees, we're a relatively new sport, and people play frisbee for fun in the park. But especially at high levels and even at the high school, the intensity and aggression of playing is insane. It's a really competitive sport, which most people coming into it don't expect. I think something that I wasn't anticipating is how many friends I would make. On the surface level, it's just another sports team, but we've actually grown such an incredible community around ultimate, and I absolutely love my teammates." - Megan Ren (12)

1. UP AND OVER Sydney Mackler (11) jumps into the air as she serves to the opposing team. Mackler said, "Playing this year with my teammates was so much fun this year. We were all super close on and off the court and could really rely on each other. This year we all definitely made some great friendships. And probably one really fun thing we did was when we had a program wide team dinner it was so much fun and awesome to build relationships with all the teams!"

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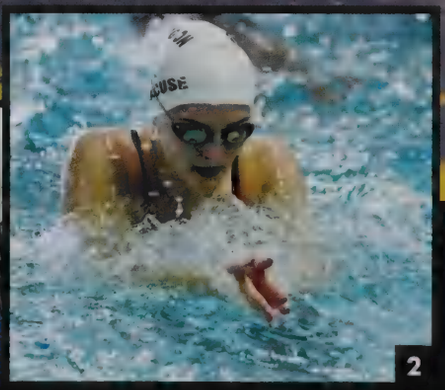

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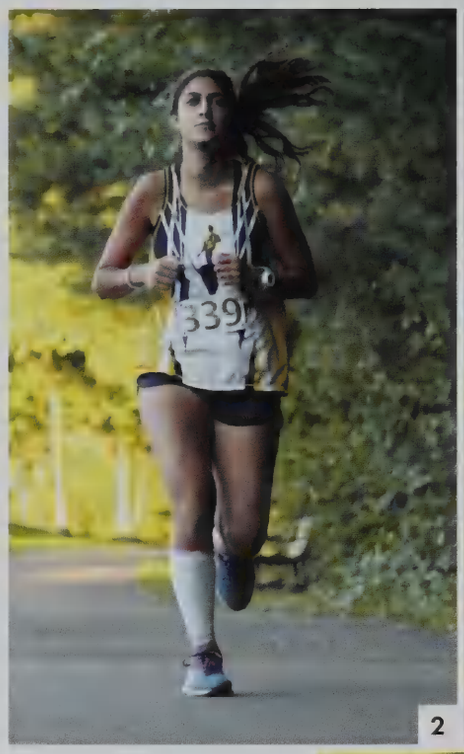
2. LIKE A FISH IN WATER Stephanie Siracuse (12) cuts her way through the water during a meet. This was Siracuse's fourth and final year on the team, but she had been swimming ever since she was 3 years old. Siracuse said, "With swimming being such an individual sport I didn't realize how much I would learn about being a part of a team and working with other swimmers. As much as it is an individual sport, it would not be able to work without the support from my teammates!"

TAKE IT TO THE MAT During a match with Bedford, Patrick Kridaratikorn (12) forces his opponent onto the mat. Kridaratikorn had been wrestling for two years, so he was no beginner to the sport. When reflecting on his experience, Kridaratikorn said, "Wrestling has taught me a lot about grit everything is earned in the sport there are no short cuts."

1. HUDDLE UP The girls huddle up for the pre- meet pep talk at the last home meet against Woburn. **2. LAST MEET** Looking ahead, Donya Shavarini (12) runs her last cross country meet of the year. Going into the meet, the team was looking reclaim victory over Woburn. Shavarini, a captain, said "I think the team was motivated by each other this year. We were inspired by each other's drive to win and that made us better and focused on winning." **3. NEARING THE DONE** Near the end of mile three, Stephanie Pagnozzi (12) starts the final push to finish the race. When the race is over, runners sometimes wonder if they could have done better if they had done something differently. Pagnozzi said "I usually think about how my race was overall and if I could've pushed myself more." **4. FROM BOTTOM TO TOP** Laughing together, Kesinia Sortor (12), Isabel Jakimczyk (10), and Isabel Siu-Zmuidzinas (11) warm up before practice. Coming into this year, the team was the underdog. Sortor, a captain, said "I think we really surprised everyone this year, winning the Middlesex League Championship, winning the Division 1 race, and placing our seed in the states meet on a tough icy course."



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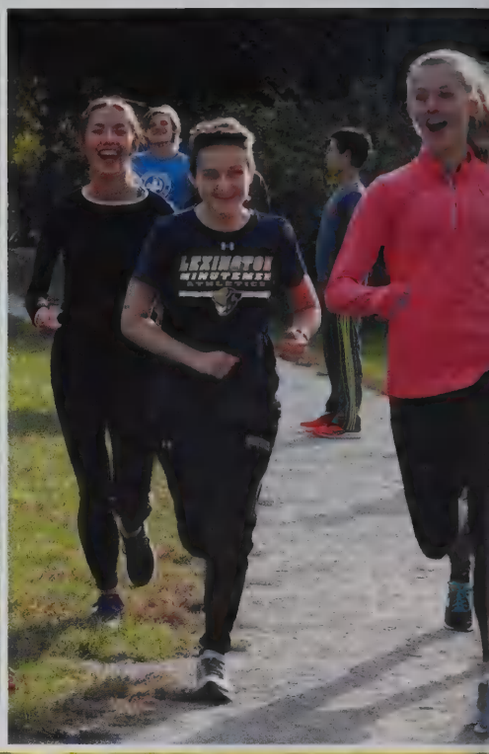

GOING THE DISTANCE

The Girls' hard work paid off for a season to remember.

In the height of the season the Girl's Cross Country team beat their rival, the Woburn High School Tanners, at the league meet, which was also the last home meet of the season. On October 29, 2018, the girls then went on to win the Middlesex League Championship. "They changed course from 4K to 5K at the Middlesex League Championship. On the course there was an enormous puddle and it took place on a golf course, called Woburn Country Club." said Li Fen Frothingham (12) "It was very hilly but hills were not a problem for us because we practiced on "lorings"affectionately named for the street we practiced hill repeats on." In spite of how physically draining the hill running was, the girls still had fun reaching their goal. Danna Ofek (11)said, "I loved coming every day and working hard with my team towards the same shared goal. It's such a special and positive atmosphere."

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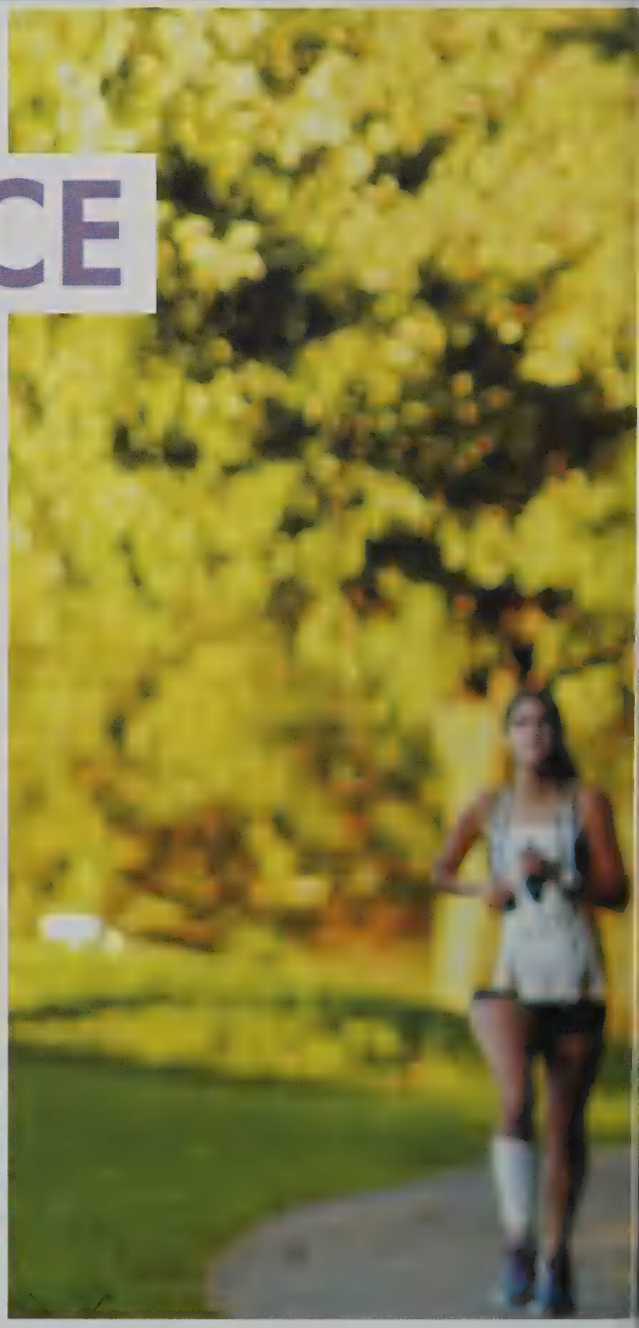

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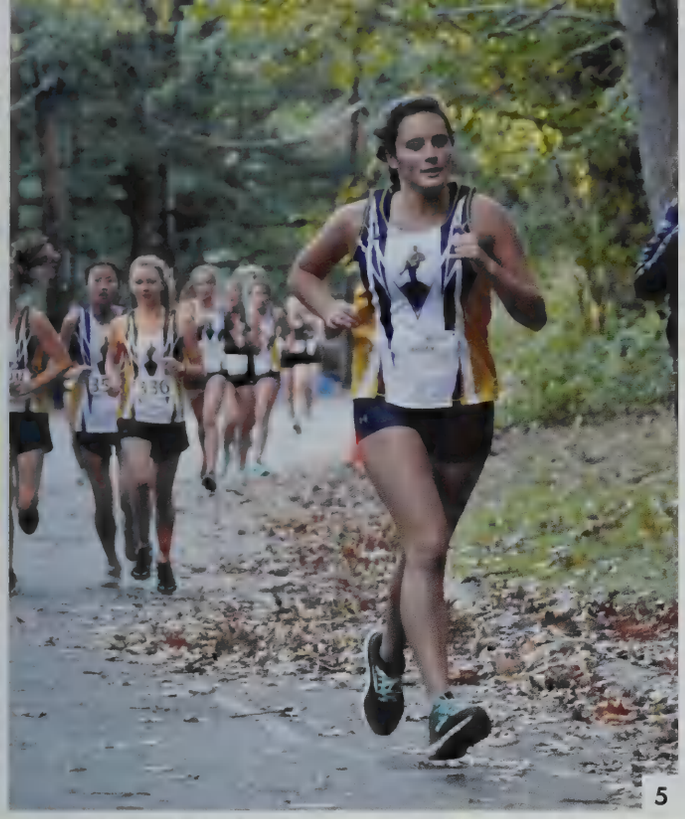

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WOULD YOU **RATHER**

RUN A FLAT RACE IN THE HEAT OR A REALLY HILLY RACE WITH OPTIMAL WEATHER?

Zoe Gu, Li Fen Frothingham, Maria Schapfel

"Really hilly with optimal weather because we do a lot of hill training so we're all used to hills" - Pauline Steines (11)

"Probably a flat race in the heat because in past races heat hasn't been that big an issue" - Li Fen Frothingham (12)

"Really hilly in optimal weather because it's fun to speed on the downhill." - Maria Schapfel (12)

"I'd rather run a flat race in the heat because the heat doesn't bother me and I'd rather have a good course to run on" - Zoe Gu (10)

"A really hilly race in optimal weather because I like hills because they are motivating" - Lorelei Marcell (10)

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5. ALMOST DONE Jessica Chase (12) runs past the one mile marker and starts the ascent on Baskin Road. At every home meet, parents, runners, and friends scattered along the race route to cheer. Chase said her favorite part of a home meet was "the support your teammates give along the way."**6. HARD WORK PAYS OFF** The crowd screams wildly as Danna Ofek (11) runs past to win the race. After two years of defeat, the team was hungry for victory and worked hard in the weeks leading up to the meet. Ofek said "It felt really redeeming and satisfying to see all of our hard work pay off."

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COMING AT YOU

The Boys fought long and hard for the outcome of an amazing season.

Those who participate in cross country understand how much dedication is required for this sport. No matter how awful the weather is, you can always see runners outside after school preparing for the next big meet. Participants had their entire lives revolving around this sport. Nathan Croke (10), a member of the cross country team, said, "Cross country isn't just a sport, its a lifestyle, You base your whole life around it; what you eat, when you sleep, what you do in your free time, and most importantly, keeping your body healthy."

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1. PUSH THROUGH Matthew McAlarney (11)pours on the speed to pull ahead of the competition. Despite racing individually, teamwork is crucial to success and motivation in races. McAlarney, a junior, said, "My season highlight was working extremely well together with the team during workouts and races. My teammates and I made great improvements to our racing ability, and 5K times." 2. TIME KEEPER Rishi Gollerkeri (12) takes race times as the boys cross the finish line at Lincoln Fields. 3. MORAL SUPPORT Nicholas Porter (10) and Seth Cutler (11) stop to congratulate each other after a hard fought race. Porter had a great race, placing third and breaking the previous home course record. Porter said his favorite part of finishing a race is "knowing that I can indulge in a chocolate milk."

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4. PUMP THOSE ARMS Arms pumping hard, Jeb Jacob (12) sprints to the finish. Jacob, a captain, finished seventh, and helped the team claim victory over Woburn, rebounding from the previous week's loss. "I am happy with how the team performed and we are proud about the progress we have made," Jacob said. **5. AWAITING THE GUNSHOT** Tension is high as Jack McGaraghan (11) awaits the gunshot. The agony of standing at the start line waiting for the race to begin is something every runner can relate to. McGaraghan said "[I feel] nervous for sure. But, I find the less nervous I am the better I feel while racing." **6. ALL TOGETHER** The boys do high knees during dynamic warm ups at Lincoln Field. High knees helped make sure the muscles in their legs started to move. **7. BURST OF ENERGY** Justin Liu (11) leads the pack at the beginning of the JV race. Liu said, "The start is awesome. When the gun goes off there's a burst of energy that goes straight from your head and into the ground. When you're in a meet like League or Ocean State when there's over 300 people, it's amazing." **8. LEX GO** The boys come in for a cheer together before getting ready for the race to start.

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RUN ANYONE?

IF YOU COULD GO FOR A RUN WITH ANYBODY WHO WOULD IT BE AND WHY?

"Galen Rupp, he's the fastest man ever" - Anthony Mabardy (11)

"Probably Shaq, because it would be hilarious." - Eli Gappelberg (12)

"I'd run with Obama because that would be really cool and then I could dust him and I could say I outran the president of the United States of America." - Selvin Backert (11)

ALIVE AND KICKIN'

The girls put their best foot forward, scoring many goals throughout the season making it all the way to the finals.

The Girls' Varsity Soccer Team made history by making it to the finals of the Division One North finals. Even though they lost 2-0 against Brookline High School on November 10th, the girls had not made it to the finals since 2000. Jennifer Fiore (11) said, "Being a part of the team this year was so rewarding and we really became a family. These strong connections were crucial to our success and made the feeling of making history that much sweeter. Realizing that we had made it to the finals was a surreal moment and it was amazing to see our hard work pay off, even when the odds were stacked against us. I remember the ride back to the high school; we were all stoked to continue on to the finals and it was unforgettable as we all danced and screamed the whole way home, so much so that we all lost our voices."

1. CONNECTED FOREVER Claire Shiple (12) defends the ball from her opponent during a game against Arlington High School. Shiple said, "I'll miss my teammates the most! Although we span different grades and friend groups, we will all be connected for the rest of our lives through the experiences we share." **2. BRING IT TOGETHER** The team huddles up before a game starts. **3. KEEP IT OUT OF THE GOAL** Eliza Stokes (11), the goalie for the team, stands by the goal post ready to kick the ball back into play.

MEET THE CAPTAINS

WHAT WILL YOU MISS MOST ABOUT THE TEAM NEXT YEAR?

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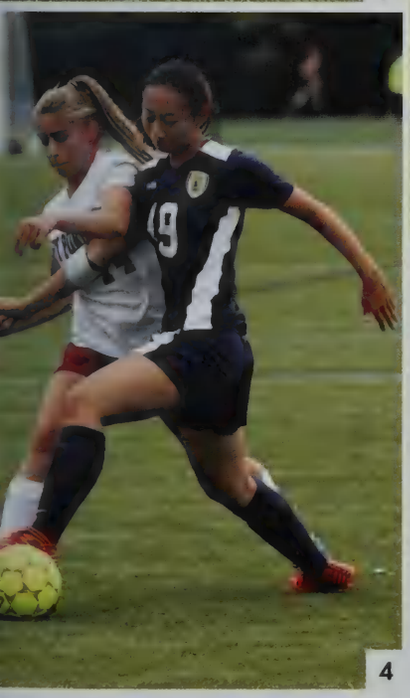

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4. FEEL THOSE POSITIVE VIBES Karen Oh (11) takes the ball away from her opponent and attempts to push the ball to her own teammate during a game against Arlington High School. Oh said "Soccer has taught me how to think in positives. After making a mistake, I think about what I learned from it instead of focusing on not making the same mistake again. I feel like it's a good way to have a more confident mindset in the long run. While this life lesson is valuable to me personally, I'd like to think it makes for a more positive environment for those around me as well!" **5. UP THE FIELD** Isa Lundstrom Svahnqvist (11) looks around the field for a teammate open to pass the ball to. In order to score goals, the team needed to work the ball up the field. Lundstrom Svahnqvist said, "Soccer has taught me about team work. Learning how to work with others and understanding that everyone brings something different to the table. It has also taught me how to be persistent. In a soccer game you can't give up because then you are not only letting yourself down but also your teammates. Dedication is another thing I learned from soccer. It has taught me the importance of commitment and constantly striving to improve."

"I would have to say I'll miss the camaraderie that came with the team this year."
- Sheyda Hershburger

"I will definitely miss the girls the most next year. This was the closest team I have ever been a part of and I am certain that our chemistry is the reason we were so successful on the field this year!"
- Reina Ades

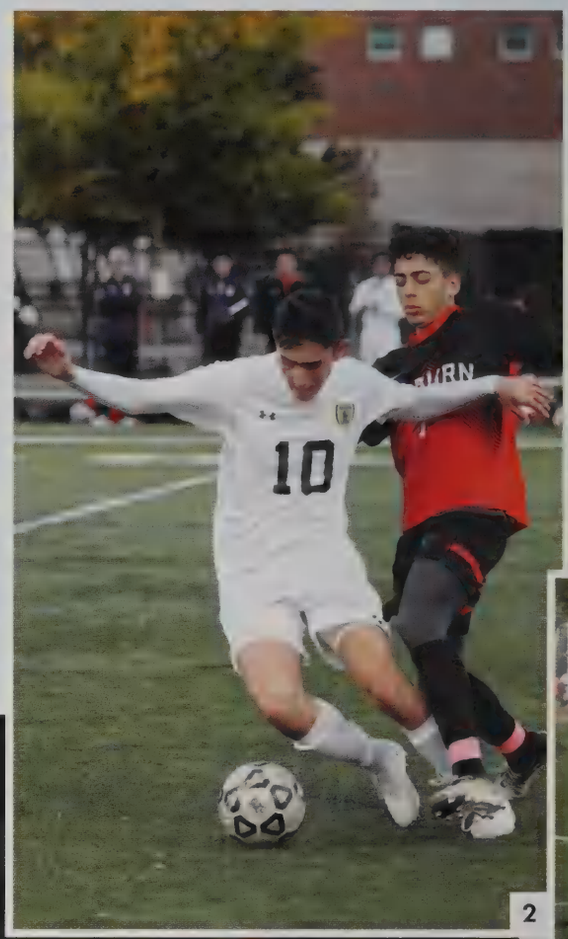
"This year we had a really special group of girls on the team. We were such good friends off the field, so when we played, we just clicked. I think our chemistry was a big factor to our success this year. I already miss seeing all the girls everyday!"
- Abigail Donaghy

"I will miss most the strong friendships I had with all the girls on the team. Over the course of the season, we spent so much time together that we all became so incredibly close. I will miss joking around with them in the team room and having our team dinners. On the soccer field, I knew I could always count on these girls. This team was a really special team."
- Avani Kabra

KICKIN' IT UP
A NOTCH

The Boys' Varsity Soccer Team put in the hard work to create an unforgettable season

The Boys' Varsity Soccer Team started off with an unbeaten record until they played the Winchester Sachems. Even though they lost that one game, the team still made history by winning the League Championship with a win-loss record of 15-1 during the season. The boys then went on to win the first round of the playoffs, but lost in the second round. Throughout the season, the boys maintained a competitive drive, while supporting each other and working together. Knut Lundstrom Svahnqvist (12), a captain, said, "What I enjoy most about soccer is the challenge of constantly improving and building a drive and hunger in me that is constant. I also enjoy having soccer as a main focus in life. I know I derive the most happiness from it, and it has taught me a lot about what is truly important in my life. I am going to miss...going to work with the same guys everyday and having those positive moments and learning from the negative ones."



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WE MADE A FAMILY
Nathaniel Swinger (12) stops a ball from going into the goal by deflecting with his chest. Swinger said, "Playing for the Soccer Team gave me an opportunity to not just play soccer, but to play it for more than just myself. It was a real family." By playing soccer together every day, the boys become a family.

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2. BE AGRESSIVE Dylan Corbett (11) pushes away his opponent during a game against Woburn. "Soccer has taught me about the importance of teamwork and being part of something bigger than myself. It is my second family and gives me a chance to represent my school, Go Lex," said Corbett.

3. PRACTICE MAKES PERFECT Junpei Ota (11) tries to snag the ball from Toranosuke Dohi (11) during practice. Ota said, "It's plain and simple. Coach had the biggest heart out of all of us motivating us to win many games.

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4. KEEP CONTROL OF THE BALL While playing a scrimmage against his friends, Elijah Pacheco-Bloch (10) controls the ball.

5. IT IS ALL ABOUT PATENTICE Robert Lloyd (11) waits to receive the ball from his teammate down the field during a game against Woburn. Lloyd says "I love playing on a team with friends who I have been playing with for many years. It's also awesome to have the opportunity to learn from the great coaches."

6. BEING A LEADER During a game against Woburn, Sancho Maroto (12), a captain, changes directions with the ball to confuse his opponent on where he is heading next.

A GREAT SEASON

Sancho Maroto's (12) Soccer Season Review

"This year was great for the Soccer Team starting in August with the pre-season clinic and the tryouts. Everyone knew what the team's goal was and during tryouts everyone worked hard to get into the team. We started off with a 3-0 record until we played Winchester. We lost that game and that was the only game we lost all regular season. That game changed our mentality for the rest of the season because we knew that we had to give everything on the field. We had a very good winning streak afterwards. Arlington was #2 in the league and if we beat them, we were going to be able to win the league. That game really showed what the Lexington Soccer Team is. The whole team worked for the whole 80 minutes, and at the end we we got the win. Knowing that we beat Arlington was a very good feeling because we knew we had a very big chance of winning the league. We finally won the league with a league record of 15-1 being the second best record the Soccer Team's ever had in the high school history. We won the first round of playoffs but lost in the second one. It wasn't a bitter defeat because we knew we gave everything out there and the score did not show what happened on the field. Overall we finished with a 17-1-1 record and finished the year on a good note. Our team had five All Star players, two All State players and one II New England player. That shows the level that we had in the team for this year."

SERVING UP ACES

The Girls' Volleyball Team put forth their best efforts both on and off the court.

The team finished the season with a win to loss record of 7-11. While not the final record the team hoped for, the members of the team walked away from the season having learned plenty from each other, besides improving their skills on the court. The team pushed each other in practice and in games. Taylor Salerno (11) said, "I feel fortunate to be a part of a hardworking team. I've had a lot of fun playing at Lexington these past few years." Even though the running every practice was hard to push through, the girls created lasting friendships during the season. Madison Leakes (12), who was captain of the team, said, "I'm going to miss my teammates because we have built such a special bond especially the girls that I have played with for two to three years."

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1. SET IT UP Sydney Mackler (11) sets the ball to her teammate. Mackler said, "Playing this year with my teammates was so much fun. We were all super close on and off the court and could really rely on each other. This year we all definitely made some great friendships. The most memorable part of the season was when we had a program wide team dinner it was awesome to build relationships with all the teams!" **2. GET YOUR HANDS READY** Colleen Levangie(12) goes up for a block at the net. Reflecting on her role as a senior on the team, Levangie notes that the most things she helps bring to the court are "Leadership and teamwork. Volleyball teaches you what it truly means to lead my example when your teammates are depending on you."

3. TEAMWORK MAKES THE DREAMWORK Huining Liang (11) and Majo Galvan Murillo (12) wait to receive the opponent's serve. Huining Liang says, "Once you're on the court, you force yourself to focus on the game and throw all your stress behind, because then you learn to put the team before yourself, which makes the experience remarkable. The most memorable part of the season would probably be the daily 3 times 8 in 30, where we run across the basketball court 8 times in 30 seconds. For people like us who 'love' to run, it was definitely a struggle for the first week or two, especially considering the 100+ degree gym. But by the end of the season, all of us managed to pull through with encouragement from each other."
4. HUDDLE UP The team rallies on the court as one group to get psyched before their match begins. **5. HIGH FIVES ALL THE TIME** Sydney Mackler (11) and Regina Fong (11) exchange a high five after a point is over. The team supported each other in many ways, both on and off the court. Fong said, "My favorite part of the volleyball team is the genuine connections we all had and that we were all always just constantly bonding! And I loved that although I wasn't as skilled as them they were all very supportive and always teaching me new things!"

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HOW TO **DO A VOLLEYBALL SERVE**

Eden Vachtel (10) shows step by step how to do a volleyball serve.

STEP ONE
Use your dominant hand and hold the volleyball. Place your feet into a serving stance with one foot in front and one foot behind.

STEP TWO
Carefully throw the ball up into the air with your dominant hand and bring your other hand back by your body.

STEP THREE
While throwing your other arm up to the ball to strike the ball, bring your dominate hand back down towards your chest. If you follow these simple steps and are patient, you will be able to do a volleyball serve.

STRONGER, TOUGHER HARDER

The Varsity Football Team prepares for the season with teammates, coaches, and families.

"The only thing that is better [than] playing football is playing football with family," said Coach Mitchell Rodrigues, as he reflected on his time with the Freshmen Football Team. Coach continued that, "ending on a high note,[the] Varsity Football Team tackle[d] their way through an amazing year. Although they fell short of district playoffs, the players started off strong and ended their season with a new record of 6-3. The team strived to put their 100% effort throughout the year, and it paid off with a great season."

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WOULD YOU IMAGINE THAT!

WHAT WILL YOU BE LIKE IN 10 YEARS?

"I think similar to most people, I have no idea where I will be in ten years. Hopefully by then I will have graduated from college and I'll have a clearer picture of what I want to do with my future. I also hope to still be close with my high school friends"
Michelle Tu (11)

"I hopefully will be done with college and pursuing a P.H.D or any other graduate degree. It's still quite blurry and I'm trying to explore my passions"
Justin Wu (11)

"I picture myself either performing or teaching music, allowing others to experience and enjoy the world of music. I could be in a school teaching or be a conductor of an orchestra,but I will pursue a life with music"
Luke Lee (11)

"In ten years, I hope to maintain my happiness and health while working towards a master's degree in business"
Nairi Enright (11)

1. GAME READY Aidan Lynch (9), quarterback of the Freshmen football team, adjusts his mouth guard while the team prepares for a game. **2. OUTTA MY WAY!** During the Burlington vs. Lexington Thanksgiving Day game, Mason Hatfield (10) pushes his opponent away to continue running down field. In the end, Lexington beat Burlington 40-27. **3. JUST OUT OF REACH** Anthony Bianchi (12), Varsity quarterback, jumps into the air to throw the ball down field. Bianchi was named a football All Star and was a part of the offensive All Conference team. **4. GET READY** Benjamin Burnham (12) stays back to defend a possible long pass during the Thanksgiving Day game against Burlington. Burnham was named a football All Star and a defensive All Conference. Burnham said, "I was extremely proud when I found out I was an All Conference player. I am grateful for our amazing coaches who put in countless hours to ensure we became better football players and better men. Most of all I will miss my fellow seniors. I'm so proud of how we rallied together for the final stretch of the season. it was an honor to share the field with them and I will cherish this experience forever." **5. DEFEND ALWAYS** Jonathan Bachman (12) steps up to the line of scrimmage and prepares to defend during a night game. Bachman was also named a football All Star and a defensive All Conference. Bachman said, "I was equally suprised and gruntled. I play football because I love the game. I didn't play anything except special teams backup until this year and it was satisfying to see my hardwork pay off. Out of all the great things about LHS football, I will definitely miss the bond that forms between linemen most." **6. PUSH THROUGH!** Luke Butler (12) pushes through his opponent to reach the end zone for a touchdown during the Thanksgiving Day game against Burlington. Butler said, "George Peterson is a great coach and person and has gave me life lessons to teach my kids when I'm older , but at the end of the day I'm still better at football than my brother."

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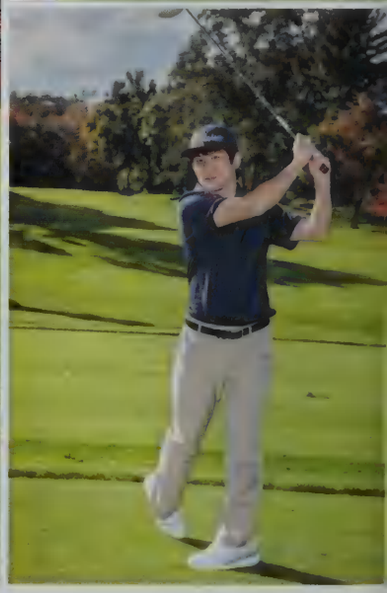
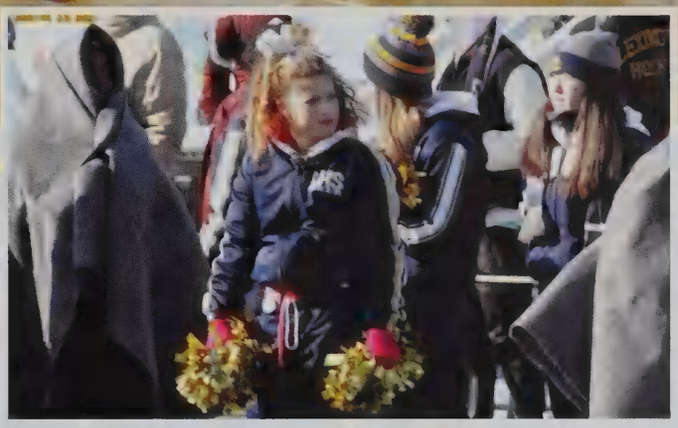
HIT THE BALL!

The golf season brings a winning record and competition at the state level.

Two golf teams hit the course in the fall with both Varsity (18 golfers) and Developmental (23 golfers) competing respectively against local squads in the Middlesex North division. The Varsity Team putted its the way to a 7-4 season record, while the Developmental squad honed their skills. Both teams practiced at Stone Meadow and hosted home matches at Pine Meadow Golf Club in Lexington. Capping the season, Varsity placed fifth out of 13 teams competing in the Division 1 North Regional tournament held at Turner Hill Golf Club in Ipswich, MA. Anchored by Collin McMahon-Shea (10) and Matthew Harding (11), starters for the regional finals included Brian Healy (10), Chee Wei (Max) Tay (10), Michael Swift (12), and Tristan Ohler (11). Headlining some individual achievements, Collin McMahon-Shea (10) took on the whole field to win medalist honors for lowest score among all competitors at the event, shooting a 74, two over par, to win by just one stroke over three golfers tied for second. Matthew Harding (11) also posted a 77, five over par, to finish tied for eighth place. With these top-10 finishes, the teammates qualified for individual play in the Division 1 Massachusetts State Finals held at Chicopee Country Club. Collin concluded his late-season run by finishing tied in 32nd place and Matthew tied for 45th place in the state's D1 fall classic to end the year.





LOUD AND PROUD

The Cheer Team supported and cheered on the Football and Basketball Teams.

Cheerleading is a team effort and it requires practice and trust to execute dangerous stunts safely. But cheering is about more than dance and stunt routines. Takirah Clark said, "I've been a cheerleader for eight years. At first, I thought it was just cheering on the sidelines. Then I got put in All Stars; it's competitive. Just seeing the difference of how a team can work together to make an impact on each other and outside makes me want to continue." Like other sports teams, cheerleading builds skills used off the field. According to Alea Turner, "It's not limited; there is always something to learn, not just cheers. It's about life skills.

WORK HARD
PLAY HARD

A tight knit community forges a successful Field Hockey Team.

"We swung the ball across the defensive line from left to right getting it to our strong side then carried it up the sideline for a cross to the middle and then a shot on goal," recalled Zoe Toulmin (12), illustrating both the stick-work and the coordination the Field Hockey Team had developed throughout the season. "We learned how to work well together in order to lead our team to victory from the back of the field," she continued. The student athletes trained not only their skills and strategies, but also worked hard to establish a strong tight-knit team and a supportive environment both on and off the field. Co-captain Bess Lawrence (12) said it best. "I honestly just love our team dynamic. We're such a small team that everyone gets to know each other super well and because of that we're constantly trying to make each other better and relying on one another."

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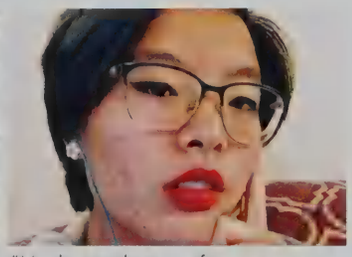
1. KEEP YOUR HEAD IN THE GAME Nairi Enright (11) gets into position in a game against Reading. The Field Hockey program strove to be a inclusive community. Enright said "A favorite field hockey event of mine is the Best Buddies game. The game is not only fun, but also integrates all the field hockey teams together for a great cause. Also, there are baked goods, involved, which is always a bonus.". 2. ONE, TWO, THREE, SWING! Sydney Wardwell (11) runs to catch up to her opponent during a game against Reading High School.3. EVERYTHING IS BETTER WITH FRIENDS Annabel Cincotta (10) and Felice Brennan (12) work together to gain possession of the ball. Teammates worked with a partner in order to improve the collaborative skills of the players on and off the field .4. KEEP YOUR EYES PEELED Abby Ortyl, a senior, practices her goal tending skills before a game. Ortyl said "The Field Hockey team is the most amazing athletic community at LHS that I've ever been a part of, the coaches are the best; the level that the team plays at is great (as we went 15-1-2 this year) and the group of girls are like my family. I think this year my favorite moment was winning the Middlesex League title. The whole team worked really hard this year, and we were also able to tie Watertown who had been undefeated for a really long time. This year in particular the coach wanted to try something new in terms of team bonding, so we went on a rafting trip in Maine and stayed for a couple days in a cabin. At first I was a little hesitant, but when I was spending time with my team and having fun all of my anxieties that I had before went away. All in all the field hockey community at LHS has been a life changing experience for me and I feel so blessed to have played for four years and gotten the opportunities that I have." 5. THAT BALL IS MINE Ana Linda Ortiz DeRosa (11) air dribbles the ball past a Reading player. During games,coaches emphasized using skills learned in practice. 6. WHATA STEAL! Annabel Cincotta (10) steals the ball from her Reading opponent.

TURN BACK **TIME**

What is one moment you would want to relive?

"A moment I would relive is finding out that I got a state qualification in Debate and a speaker award last year in my first year of Debate."
- Mehr Khurana (10)

"When I went hiking to Torres Del Paine, Patagonia. It was one of the most beautiful views I have ever seen and I saw how beautiful my country (Chile) is."
- Max Allard (9)

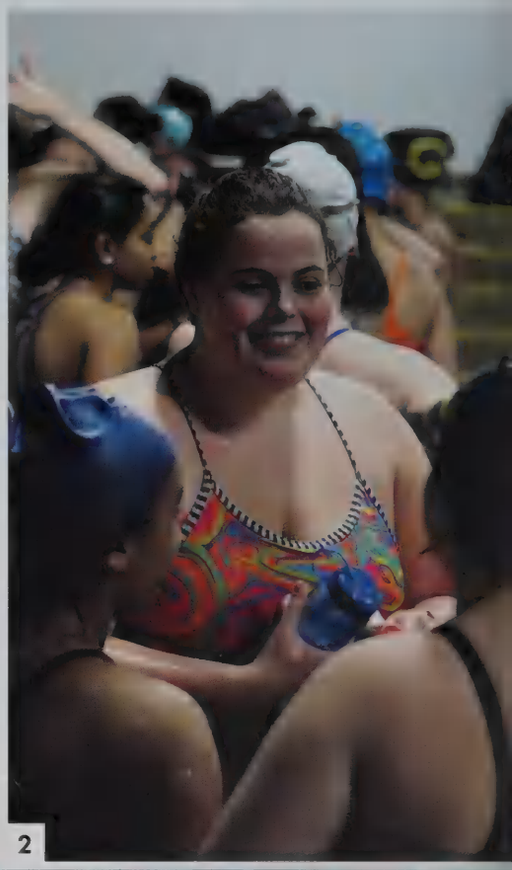


"My dragon dance performance at summer camp. It was exciting to perform for so many people, and because we were last, many people looked forward to the dragon dance the most."
- Nora Lavins (11)

MAKING A SPLASH

The Girls' Swim Team prepares to sink the competition

In order to perform at their best and come out on top, the girls worked together as a team during practices and at meets. By motivating each other during sets, the swimmers grew individually, and as a team with team dinners, secret pumpkins, and celebrations after tough meets. The senior swimmers shared wise pieces of advice with those younger athletes who were in need. Sara Mei, a freshman, said, "The older kids help us out so much. We share stories about swimming and life and the older kids are always there to give relationship advice. Once when we were at a really tough meet and I didn't feel prepared to swim, and an upperclassman came over before one of my events, and gave me some motivation. I ended up doing really well, and had a really good time." The Swim Team is a varsity sport and competition was fierce. Mei said,"I didn't think until the first day of practice that I would make the team, never mind Sectionals and States, but was super happy that I did. I will miss the seniors next year and anyone else who leaves. It is a super caring team and we all watch out for each other. "



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1. SWIMMERS' SELFIE Seniors Anna Benson, Stephanie Siracuse, Aditi Kaveti, Dorothy Zhao, and Rachel Harvey take a selfie at their last swim practice. Siracuse said "During my four years on the LHS Swim Team, I have made lifelong friendships with the most amazing, empowering women. There is no other group I would rather do ten 100's on pace with! **2. A TEAM TALK** Catherine Bruce (12) talks with her teammates during practice. Bruce said "I have met some of my best friends through Swim Team and I know I can count on any of my teammates to be there for me, no matter what. Swim Team made my high school experience so much better because even though we had to suffer through tryouts and practices, the bonds and friendships that we created every year made it all worthwhile." **3. FREESTYLE** Lucille Martarello (9) practices freestyle. Martarello said, "Our team quickly became a family and the hard work that we all collectively put in payed off in the end." **4. AFTER A DAY'S WORK** Meiling Bottan (10) rolls up the lanes before she leaves for the day. Bottan said that she and her teammates, "didn't get much time to talk because we'd be under water most of the time but that meant we would make our team dinners and after practice count." **5. GLIDING ALONG** Stephanie Siracuse, (12) practices her backstroke technique. **6. JUST LIKE FLYING** Katherine Vogelzang (11) swims butterfly alongside her teammates. Vogelzang said, "Swimming has shaped so much of my time at LHS, whether it be practicing everyday or the bonds built at team dinners and meets there is truly nothing like the community that the Swim Team offers. One of my favorite days of the season is when we all spend an afternoon hanging or creating our tie dye shirts for the year. It's so fun spending time with friends and getting excited for out upcoming meets!"

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7. SWIM FOR IT! Gaeun Suh (9) practices her freestyle stroke. Suh said, "As a newbie I would definitely say there were a lot of days where swim practice was a complete nightmare that I dreaded. But the entire team was always there for me and they would lift my spirit even on cloudy days. Team dinners were always incredibly rewarding. Bus rides were unforgettable and the songs that were sung and the conversations gave comfort to me before and after the meets. The upperclassmen were so affectionate and supportive to newbies like me. I was inspired by them all. Our team was definitely was driven by Coach Anne's two words of encouragement, which was to have 'mental toughness'. There couldn't be a better team sport than swimming."

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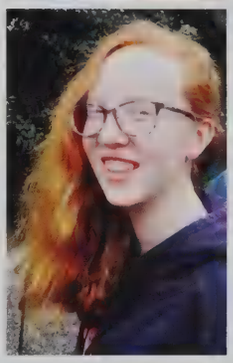
JUST A LIL' PIECE OF ADVICE

What is the best piece of advice you have been given?

ANDREW LAWRENCE (9)
That's a hard one. Probably to take a breather and focus in on one thing when your life seems to be in chaos. My ski coach told me during a ski competition because I had fallen my first run and was doing poorly. It helped me refocus and I ended doing very well.

SHREYA MAJUMDAR (9)
My mom always told me that your behavior and attitude counts more than how "good" you are at something. Someone will always be better than you, no matter what. But you can still get ahead with your actions. Being nice and getting close with people will help you get more opportunities than just by capability alone.



CLAUDIA HART (9)
The best piece of advice that I have been given is probably to try not to be an overachiever and stress myself out too much with too many activities because I tend to be that kind of person and that has really helped me manage my time and not get too stressed out about the small things.

ON THE CREST OF THE WAVE

The Boys' Swim Team completes another successful season

The Boys' Swim Team splashed through the competition,with a record of six wins and zero losses, and earned the chance to compete at the MIAA Division I state meet at Boston University. The boys learned the importance of teamwork and group work through their many practices, resulting in their many wins. The team attributes their success to Coach Randall's encouragement and advice. Alex Mingolla (12) said "Since I first joined the team four years ago, our coach has hammered home one of his core beliefs: individual talent alone will not win meets. His constant pushing of us to work as a group is in my opinion the most crucial factor behind our past and present success. This season was no different - despite abnormally low numbers, every swimmer of every ability pulled his weight, and that kind of teamwork is what made winning our league title even sweeter." Nathan Randall (9) summed the season up with, "Best. Team. Ever."

1. ROBED IN VICTORY LJustin Tsai (12) dons his team robe for a celebratory photo after the team's win against Belmont. **2. PERFECT FORM** L Alex Mingolla (12) gets ready to dive in for the team. **3. GET READY!** Julian Marmier (11) waits for the start of the race. **4. THE FLY** William Yang (10) practices the butterfly at swim practice. Swimmers met multiple times a week at Minuteman High School to prepare for races. This year was the last year the Swim Team would be able to swim at Minuteman before renovations destroyed the facility. **5. BACK IN THE GAME** Ryan Wu (12) gets ready to swim his event, the backstroke, at a meet against Belmont. **6. WE WON!** Noah Fryou (12) and Mason Denton (11) celebrate with their teammates as their victory against Belmont is announced.

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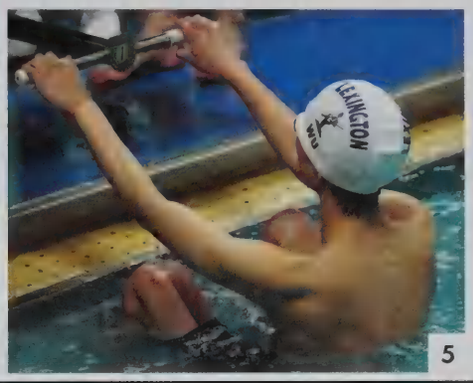

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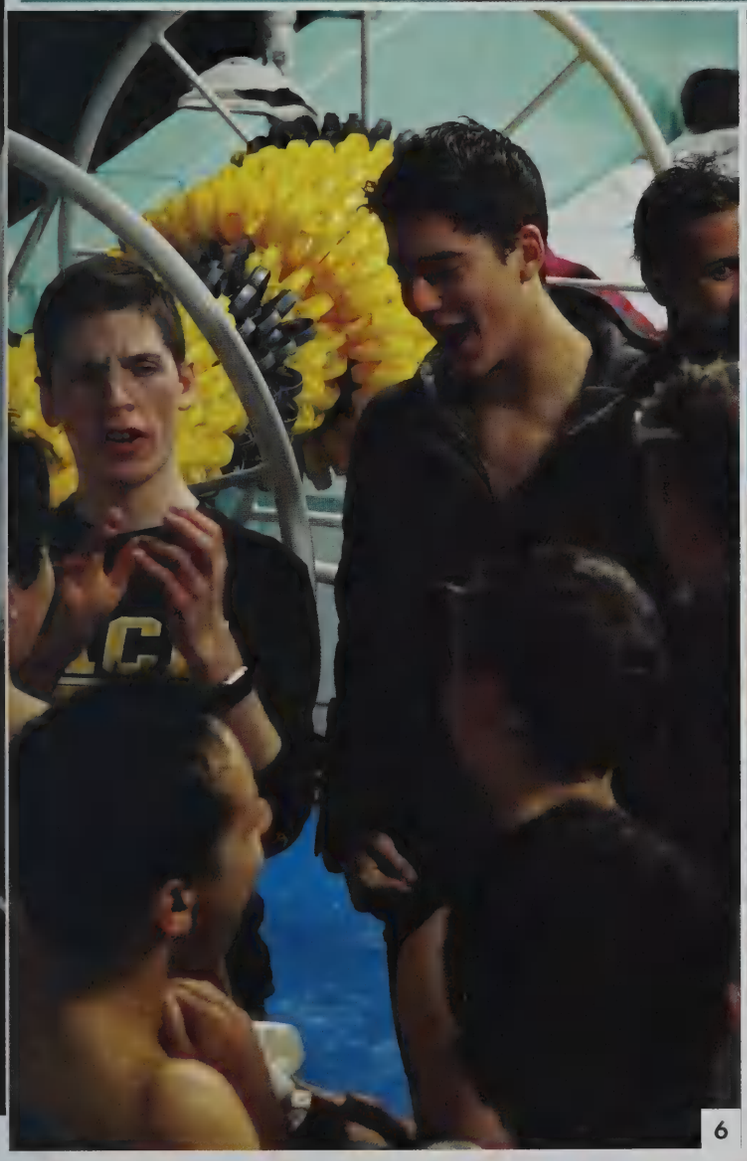

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7. A FRIEND'S SUPPORT Bill Wu (12) stands on the platform as Nathan Randall (9) gives words of encouragement. Wu said said "Swimming in essence is an individual sport; you compete in a race for the fastest time. I firmly held this belief for years but swimming on the LHS boys' team has really reshaped that perspective. Perhaps winning a race requires raw strength and stamina, but previous seasons have taught me that winning meets require much more. I remember we faced a team that had two or three really strong swimmers that outswam even our best. But in those events, despite their first place finish, we were able to secure second, third, and fourth place, resulting in more points and therefore the win. We kept this up throughout the entire meet, and I walked away from that pool with a W and a changed view. I've carried this mindset throughout high school which has taught me to seek deeper meaning in what I do."

If you could have a **SUPERPOWER,** WHAT WOULD IT BE?

"Super speed to get to class on time and not waste time on things like grocery shopping"
- Callie Moody

"Be Wonder Woman because she can do anything and because she is motivational and inspiring, would use my power to save the world "
- Regina Tashjian

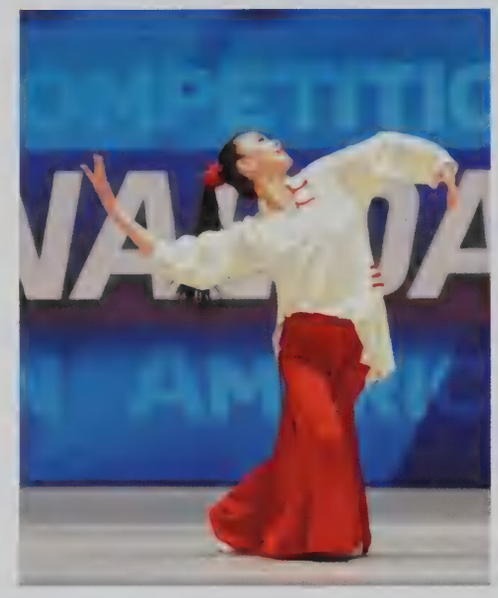
"Change into any animal because that way I could fly, swim and do whatever else I want to do"
- Rebecca Voss

"The ability to not needing to sleep, so I would have a whole 24 hours to experience life"
- Jonathan Hsu

"I would either choose to have healing powers so I can heal people with incurable diseases, or I would choose to have the power of telekinesis, so I can use it to stop accidents or just to grab some food from the kitchen without getting up "
- Huining Liang

"It would be to take away people's pain, like healing or curing people. Especially at LHS I would want to reduce people's stress if that counts as a superpower. I want this power because from personal experience, things just work so much better when everyone is in a positive and relaxed state."
- Chen Chen Huang

THE ART OF DANCE



Janabel Xia (11)

When did you start Chinese dance?
I started Chinese dance when I was only three and half years old, and it was the first type of dancing I had ever done. My mom brought me to a studio to try it out, and I fell in love with it very quickly.

What's your favorite part of Chinese dance?
If I had to pick just one, my favorite part about Chinese dance would be the level of freedom in it. The performance factor involves a lot of acting, so this level of expressiveness in Chinese dance is something that I really enjoy. It also involves a lot of intricate details, such as the shaping of the hands (this is also a detail that distinguishes different ethnic dances), yet there's still a lot of artistic freedom in the interpretation of movement. It just feels really good to express myself with this level of freedom.

What's something you have learned from practicing this sport?
I've learned more about my culture through Chinese dance. As an Asian American who has lost a lot of fluency (at least in reading and writing) in their culture's language, Chinese dance has been a way for me to stay connected with my culture. I've learned a lot of subtle things about the values of my culture through dance alone. There's a certain cultural spirit, a very human feeling, that I get when I immerse myself completely in the dancing, and I hold on to this as part of my identity.

What is one thing you wish people knew about this sport?
One thing I wish people knew about this sport is that it's not easy! Though dancing may seem less intense than other conventional sports, the training, stretching, conditioning, etc. that we go through is no less exhausting or painful. Being sore after every class is a given, and injuries are common. That being said, it's still super uplifting to work your body in a healthy way; the spirituality I find in dancing is empowering. This spirituality can be compared to the "runner's high" of other athletes.

What's the most difficult part of Chinese dance?
One of the most difficult parts of Chinese dance is really nailing the feeling within the ethnic culture of dance. There are many ethnic groups in China, and each dance has a specific, unique ethnic style. To be able to adapt to the movements, the energy, the breathing, and other nuances of each style is challenging. At the same time, it's also one of the most rewarding feelings when you start to get it.

1. OUT HUSTLE, OUT PLAY Lena Cassidy (9) looks around the rink for a teammate to pass the puck to during a game against Wilmington High School. **2. GET THAT PUCK** During a game against Wilmington, Lilia Dawson (11) tries to get the puck from her opponent.

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3. GET AN ASSIST As the puck is carried toward the net, Nicole Zermani (10) is waiting to assist if her teammate can't score past the opponent's defense during a game against Wilmington High School. **4. SKATE AS FAST AS YOU CAN!** Elizabeth Geldart (12), a captain, skates as fast as she can to get to the puck before her opponents can. **5. DEFEND ALWAYS** Madelin Bryant (11) and Abbie Ortyl (12), a captain, defend the goal during a game against Wilmington High School.

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HUSTLE, HIT, AND NEVER QUIT

The Girls' Varsity Hockey Team finishes fifth in their league.

"MY FAVORITE PART ABOUT THIS HOCKEY SEASON WAS GETTING TO KNOW PEOPLE FROM DIFFERENT GRADES AND HAVING FUN TOGETHER AS A TEAM. I LOVED BEING ON THE TEAM BECAUSE IT'S BASICALLY A FAMILY AND I GOT TO BE PART OF SOMETHING BIGGER THAN MYSELF. THIS YEAR WE GOT BETTER IN THE SENSE OF A TEAM DYNAMIC AS WELL AS SKILL-WISE, AND I'M SO GLAD WE DID SO."
- SARAH MURPHY (10)

1. TAKE THAT PUCK! Ronan Bryant (12), a captain, faces off against the Arlington team. **2. CAN'T CHECK THIS** Nathaniel Sidel (12), a captain, is checked by a player on the opposing team. **3. ON THE OFFENSE** Brian Gillis (11) carries the puck into the Arlington zone, looking to score a goal. **4. CATCH THE MOMENT** Luke Murphy (11) picks up the puck on the breakout and skates on the rink.

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5. SPIRIT NEVER DIES The teams face off as teammates watch from the sidelines. Ginu Lee (12), a captain, who played offensive and defensive this season, said, "It was a tough game." Arlington came "wanting to play as hard as hard as [they] could." The team wanted to "make an impression on the MIddlesex League" and finished fifth for the season. **6. TEAMWORK MAKES THE DREAM WORK** Henry Kjelsberg (9) passes the puck to a teammate during the game against Arlington. At this point in the game, the boys were down by one goal. **7. QUICK ESCAPE** Ginu Lee makes a fast break to get away from a chasing Arlington defender

GOT STICK?

The Boys' Hockey Team ended the season with a record of 5 wins, 12 losses, 3 ties and in 5th place in the Middlesex League.

"BEING A PART OF THE HOCKEY TEAM IS AN AMAZING EXPERIENCE. THE ATMOSPHERE IS GREAT BECAUSE WE ARE ALL PART OF A TEAM WHERE EVERYONE SHARES THE SAME INTERESTS. I ALSO LOVE BEING ABLE TO SEE MEMBERS OF THE TEAM AT SCHOOL." - JOSEPH HUNT (11)

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1. BEST FRIENDS ON AND OFF THE COURT Marisa Boni (11) handles the ball during a game against Wilmington. Boni said, "The best part of basketball is the bond that the team has. Since basketball teams are fairly small compared to other sports, we really get to know each other as players on the court and as people off the court. I would say some of my best friends were made because of basketball and being able to play with them every day, through the lows and the highs of the season, makes the sport so fun to play. You really need to know your teammates and be able to depend on them all the time to be successful and I think our chemistry really showed this season against some of the toughest competition in the league." **2. RUN THEM DOWN** Dribbling the ball, Ofek Rotlevy (11) moves the ball down the court in a game against Wilmington. Rotlevy said, "What I enjoy most about playing on the basketball team is definitely getting to spend so much time with the girls. I think that because we are such a small team we really have no choice but to love each other and we all get along so well that it makes the season that much more enjoyable." **3. JUMP UP!** Catherine Aggouras (9)shoots over her opponent's attempted block to score during a game against Wilmington.

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ORDER ON THE COURT

The Girls Basketball team does not mess around on the court.

The Girls' Varsity Basketball team finished the season with a record of eight wins and12 losses. Although the team had some tough losses, including a 29-58 loss to Belmont High School, the girls put their maximum effort into every game. In spite of the disappointing season, the girls managed to enjoy time off the court. Kirea Snell (11) said, "One of my favorite parts of the basketball season is getting to spend time with my teammates. We're a comparatively small team so we really get to know each other and we always have a blast at practice and team dinners. I love game days, so one of my favorite memories was when we played Reading, an almost undefeated team at home. It was a close game the whole way and came to an amazing close after they tied the game and with six seconds left the ball was inbounded and passed up the court for me to lay in a buzzer beater for the win. It was an amazing game that helped us turn our season around, I'll never forget it."

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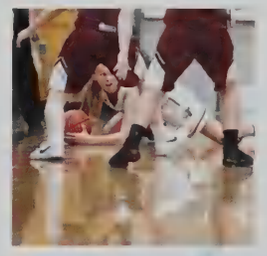
4. PRACTICE HARD, PLAY HARDER Sydney Porter (12) stands next to Elizabeth Stump (11) as they start a drill during a practice. "My favorite thing about basketball has to be the games!!! They're so much fun to play in because we work so hard in practice everyday and games are where it pays off and we get to show other teams our best," said Porter. "Next year I'm really going to miss the team atmosphere." **5. NICE PASS!** Elizabeth Stump (11) passes the basketball to teammate Kirea Snell (11) during a game against Wilmington. Stump said, "I love how fast paced the game is and when there is a sequence of passing down the court that is just perfect, textbook playing, it is a beautiful thing to be a part of."

PRE-GAME RITUALS

WHAT DO YOU DO TO GET READY FOR GAME DAY?

"Usually before a game I will shoot around by myself and then watch the JV team play. I always eat a peanut butter and jelly sandwich before my games."
- Addison Metzger (11)

"Before a game I usually listen to my pre-game playlist, eat my favorite pre-game meal which is a peanut butter and jelly sandwich and I sometimes go and shoot around in the gym a bit before we stretch as a team."
- Oonah O'Neil (11)



"I have a pair of "lucky" socks that I always put on for game days. My family thinks they're starting to get nastier. But I just think they're getting luckier."
-Izzy Jakimczyk (10)

FOR KICKS

YOUNGSEO YI (10)

When and how did you start taekwondo?
"I started when I was about five or six years old, so about kindergarten. I'll be honest, it was one of those activities that my mom forced me to start, but as a little kid it just totally rocked my world seeing kids not much older than me kicking and doing all this super cool stuff."

How many years have you been doing it for?
"I've been doing taewondo for about ten years."

What keeps you motivated?
"That's a tough question to answer, since there are just so many motivations. Competition is one, and my experience in taekwondo is another. It's a long story, but I just really love taekwondo and I really want to improve myself and my skills, so that's what motivates me."

What about it thrills you?
"Well, the adrenaline of kicking someone in the face for one. But especially in competitions, your efforts up to that point all culminate into a short span of five minutes, ten if you're doing two events. So the anticipation of future competitions, as well as the go-big-go-home aspect of competition is what really gets me excited. Learning new techniques and more complicated kicks are also exciting too."

What is your favorite thing about it?
"Just the sweat and the effort I get to put into it. Hard work bringing a good payoff is the most rewarding feeling in the world, and I get to improve myself in the process. Not only that, but I've met some really amazing people that I get to train with, and it's just a whole mix of positivity and drive to get just a little more ahead of the game."

OFF THE REBOUND

The Boys' Varsity Basketball Team put in their max effort during practices and during games.

The Boys' Varsity Basketball Team finished the season with a record of 14 wins and eight losses and finished second in the Middlesex League. Through thick and thin the boys stuck together and put in their maximum effort throughout all of the practices and the games, never quiting. The team suffered a painful 55 - 72 loss in the game against Waltham, which served as a catalyst to turn things around. Following that game, they came back to win the next five out of six games, which earned them their second place League finish. "A great memory was our game in Winchester when the opposing crowd was really loud and rowdy. We ended up winning that game with two clutch free throws at the end from Dante [Ortiz (12)]," said Charlie Birnberg (12). "I'll miss the brotherhood of guys on the team. "

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1. GET IN THE WAY David Cser (11) does his best to break up a layup during a game against Arlington Catholic. **2. LAY IT UP** Jazin Ayala (12) heads in for a layup, scoring against his Arlington opponents..

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3. TAKE A SEAT Theodore Schroeder (11), Joseph Cacciatore (11), Tucker Crowley (11), David Cser (11), and Mason Hatfield (12) sit down on the sideline in between points to take a rest. **4. LOOK AROUND** Dante Ortiz (12), a captain, looks around the court to see if anyone is open for a pass during a game against Arlington High School. **5. DEFEND, DEFEND!** During a game against Arlington High School, Mason Hatfield (12) works hard on defense.
6. NEVER GIVE UP During a game against Arlington High School, William Amsler (11) dribbles the ball while running down the court to try and score a basket for Lexington. **7. GET THE BALL** Kase Cronin (12), a senior team captain, scrambles for a defensive rebound after an Arlington High School missed bucket.

1. **SOARING** Keena Gao (11) launches through the air into a third place finish in the long jump. Gao, who also placed second in the 55 meter dash and was the first leg of the 4x200m relay said, "Long jump feels amazing when you nail the technique and sprinting makes me feel more powerful and is so fun!" 2. **A RIVALRY** Kesinia Sortor (12) and Pauline Steines (11) take second and third in the mile. Going into the meet, the team was hungry for victory and both Sortor and Steines ran in multiple events. Sortor said, "It was awesome to beat our old rivals and come back from a losing streak against Woburn. We were closely matched in every race and every athlete gave their best after our loss to Belmont." 3. **A TEAM PLAYER** Elena Sabin (9) sprints around the curve, followed closely by Aylin Bruce (10) and Sunny Tang (10). The girls took first and third in the 600 with some personal bests and extending the team's comfortable lead over Woburn. Sabin's favorite part of the meet was "just being with the team because you know everyone has worked hard to be there." 4. **JUMP FOR JOY** Rachel Caldwell-Glixon (11)

LEAVE THEM IN THE DUST

The Girls' Indoor Track Team races ahead of the competition.

The Girls' Indoor Track Team raced ahead of their opponents, finishing off the year with a strong record of four wins and only one loss in the Middlesex League. They beat out their longtime rival, Woburn, and brought home a big win for Lexington. Yuna Cho (9) said "Even though there were times where I wanted to give up since the workouts were almost impossible, I pushed through it and it ended up helping me get into Varsity. The team community is so welcoming and our bond is so strong that we are basically a giant family. The captains always hype us up before meets and we always make sure to do our special chant before the race to get out adrenaline running." With the number of underclassmen on the team, the girls did not expect to have such a rewarding season. As the season went on everybody got to know each other and cheered each other on. This resulted in a number of athletes, regardless of age, qualifying for the divisional and state meets. Senior captain Janna Lee said, "The accomplishments of the season make me excited to see where these girls take the program in future years."She continued, "Girls Indoor Track Team - something to watch out for; a fighting force."

WHAT WAS YOUR SEASON HIGHLIGHT

"Probably seeing every single teammate compete their hardest and watch them succeed, nothing makes me happier or more proud:)" - Isa Coonen (12)

"Being Coach Hall and Coach Cox and OB's favorite" - Anna Yang (9)

"Winning the Middlesex league meet. Everyone worked so hard the entire season and to see the amount of heart and effort that the team put out there was amazing. " - Janna Lee (12)

"I think for this season, I really put my work in during practice, so I was able to get a PR for every meet" -Sunny Tang (10)

"Probably chilling on the high jump mat before practice with my friends" - Li Fen Frothingham (12)

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leaps into the air to clear the bar. In this meet she also competed in the long jump and 55 meter hurdles. According to Caldwell-Glixon, "High jump is very more you can't master the technique perfectly then you're less successful, whereas in running, I feel personally it is more about developing a positive mindset to achieve your goals." 5. CONGRATS! Marielsa McBride (9) sits with Rachel Caldwell-Glixon (11) as she takes off her spikes after the meet. McBride competed in the 55 meter dash, the high jump, and ran the third leg of the 4x200m relay. McBride said, "My favorite part of finishing my relay is celebrating and congratulating the other girls in my relay." 6. GO, GO, GO! Marielsa McBride (9) passes the baton off to Aleia Gisolfi-McCready (10), the anchor leg in the 4x200 against Arlington. The girls ran a season best, beating Arlington by almost four seconds. One of Gisolfi McCready's favorite events is the 4x200 because, "The relay is more of a team event and I love the idea of running with other people to win."

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1. **RUNNING BUDDIES** Side by side, Maxim Slobodchikov (10) and Max DiCerbo (10) keep a consistent pace as they run lap after lap in the mile. Slobodchikov said, "You have to stay awake and alert to make any moves your opponents throw at you while staying smart about your endurance. In this race against Woburn, me and Max tried to ride the pack, stay behind until the end.."

2. **IN THE AIR** Sprinting down the lane, Alexander Hiser (12) takes flight, placing fourth in the long jump. He also ran the 55m, and 4x200 relay. The team flew to victory against Woburn and after the meet, Hiser said, "It was a happy feeling because we had been trying to beat them since my freshman year. I think the competition has made us friends; I know the Woburn runners much better than any other team." 3. **1,2,3, AND RELEASE** Michael Gupta (11) puts the shot 45'10.5", placing first. To change things up, Coach Hall moved the team's seats in front of the straightaway to the curve of the track, causing complaints and grumbling. Gupta preferred the new seats because "There's a better view of the track, and its closer to the throwing area which means I don't have to lug 40 pounds of equipment too far."

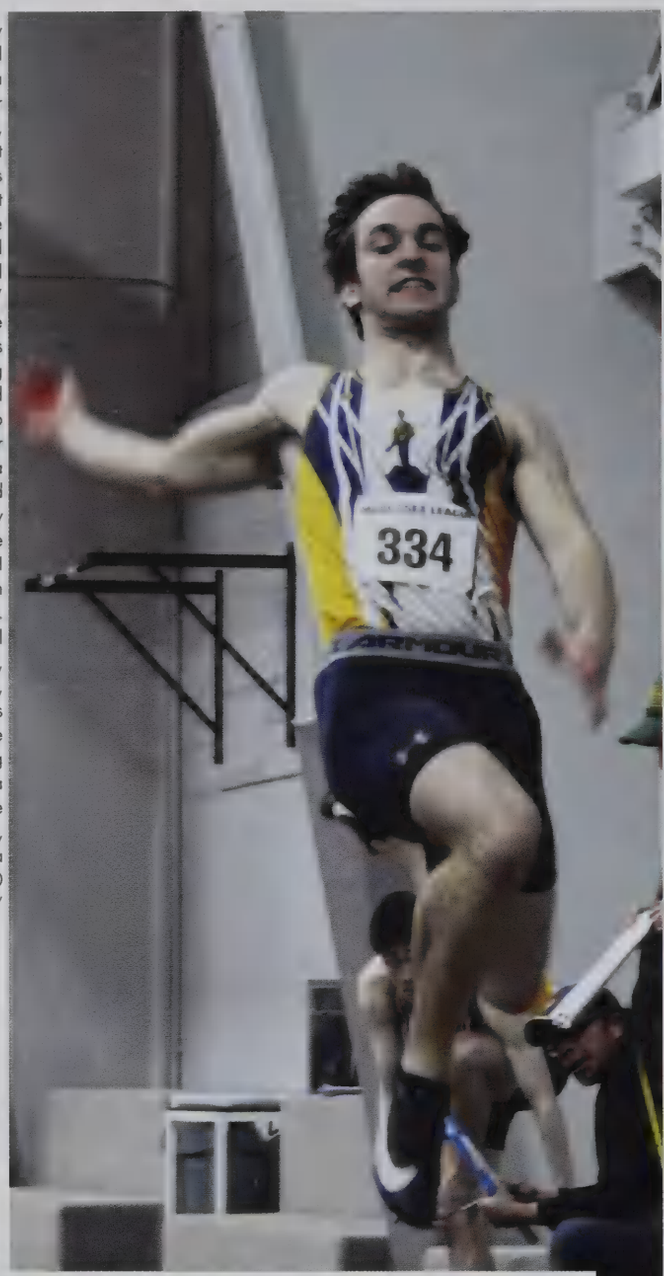

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photo credit: StevensFive Photography

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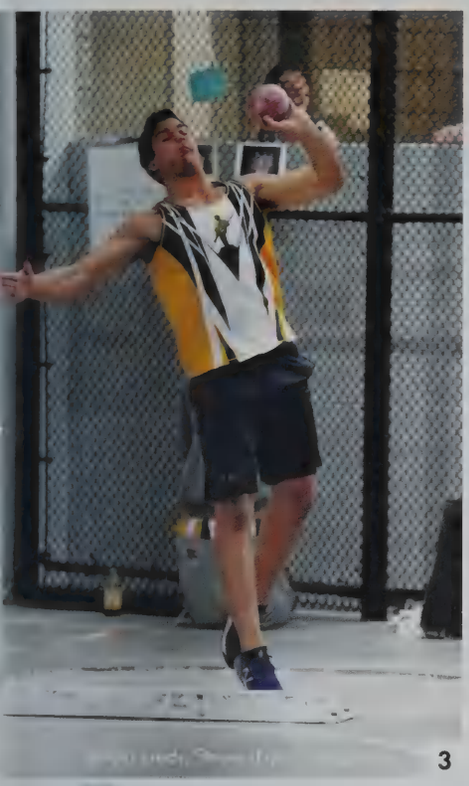
ON YOUR MARK

GET SET, GO!

The Boys' Indoor Track Team put in effort needed to reach the finish line.

At the start of the season, with a team comprised primarily of underclassmen, the Boys' Indoor Track Team did not know what to expect. They soon discovered that age and experience did not matter. As the season unfolded their efforts were rewarded with a first place finish in the League. Before the first meet, Coach Hall had warm-ups for an entire two hour practice. It was a test to see people's dedication to the work that needed to be done. "My favorite moment of the track season would be the Saturday that we spent two hours attempting to learn a new warm up that now only takes us 15 minutes," said Brendan Caracino (11), "The thing I enjoy most about track is being part of a team with many amazing athletes who all push themselves to become even better while also supporting their friends to do the same." The boys pushed each other to their limits and became even better runners in doing so.



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4. AND GO! Bang! The gun goes off and Selvin Backert (11), John Stevens (11) and Jeb Jacob (12) take off in the 1000m. The boys swept the race leaving Arlington in the dust. Later, Backert ran the second leg of the boys 4x400 relay and said, "I prefer running in a relay because it's a lot more fun running with a group of boys running the same event." **5. HARD WORK PAYS OFF** Andrew McGovern (11) takes first place against Arlington with a leap of 5'5" in the high jump. He also placed first in the 600m and second in the long jump. McGovern's favorite event is the 400m hurdles because, "It is both mentally and technically difficult. It is a challenge to both finish a 400 while also focusing on efficiently jumping over the hurdles.". **6. GOTTA CATCH THE OPPONENT** In hot pursuit, Joseph Tibbles (12) chases down the competition. Tibbles placed third in the 600m and later ran the leadoff leg in the 4x400. He said his favorite part of the meet was "improving and seeing my teammates improve and all the work at practice and then seeing it show in my teammates and I's races with a league championship."

WHAT WAS THE BIGGEST SURPRISE THIS SEASON?

"Having so many guys qualify for championship meets" - Eli Gappelberg (12)

"How strong of a bond that all track kids in our league have with one another. We don't see each other as the people to beat but the people to push us to run faster or throw farther or jump higher." - Liam Cotter (11)

"I guess the biggest surprise was that I made it through" - Christopher Cervone (11)

"Biggest surprise was probably me hitting a 35.59 after coming off of a sickness that I've had for weeks now" - Kazuyoshi Uda -Thach (12)

"The biggest surprise for me this season was how much I was able to improve my hurdle time every meet despite being basically self coached" - Shymon Samsel (11)

Liam Cotter, Shymon Samsel. Photo creds. Stormy Five Photography

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photo credit: Mr Lu's album

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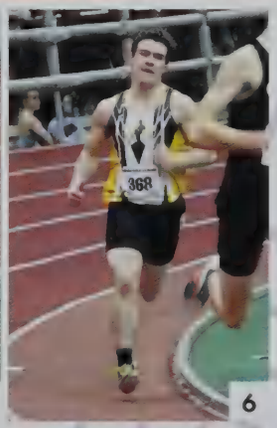

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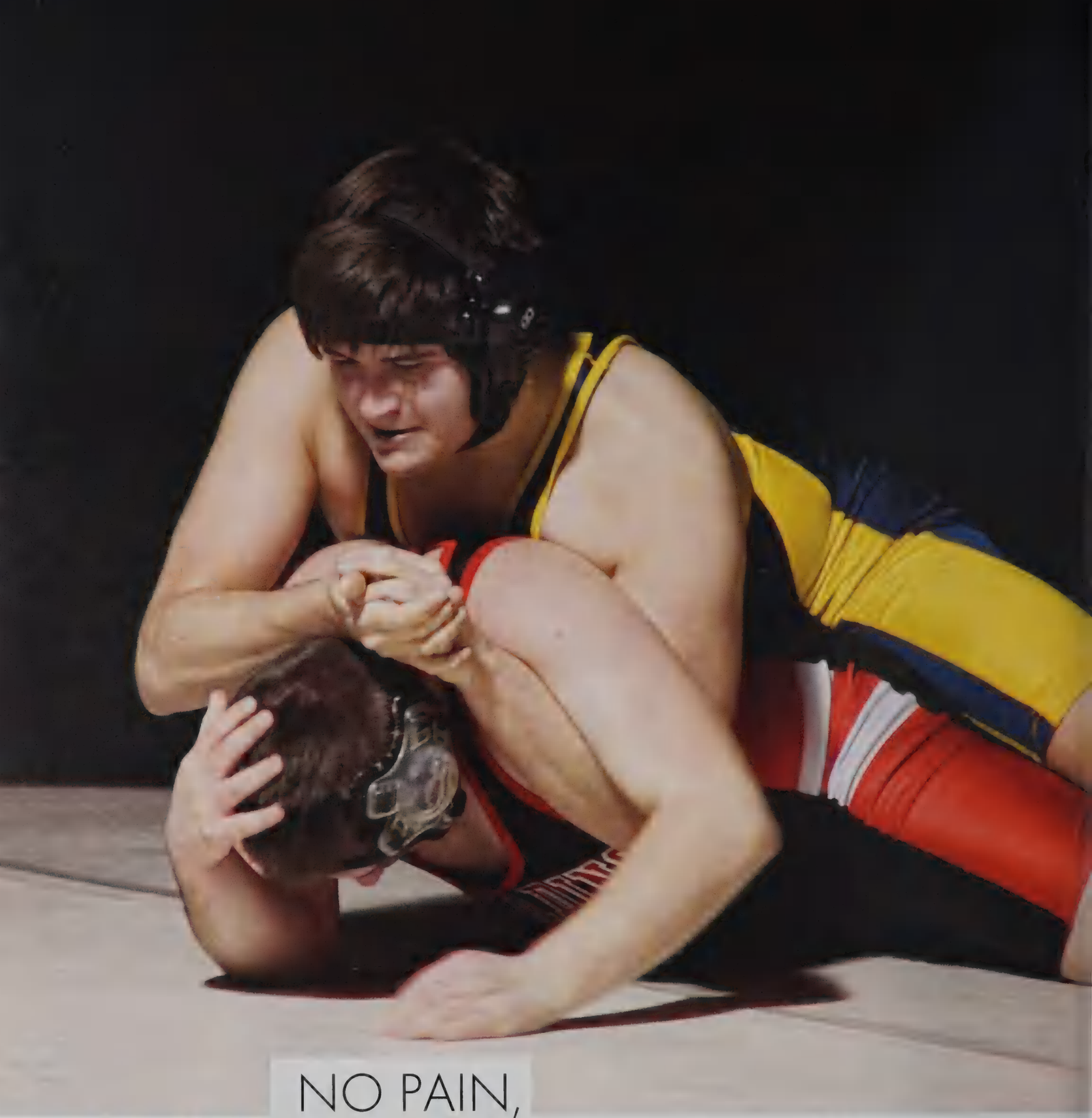


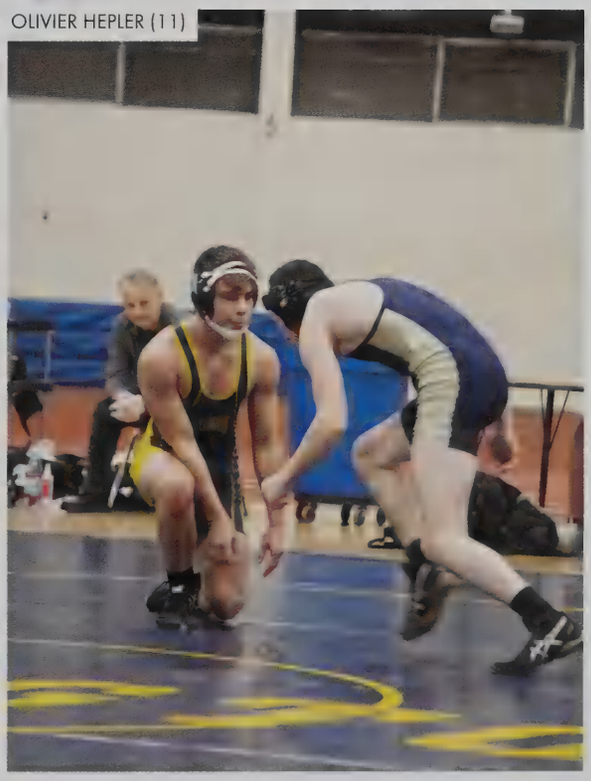
NO PAIN, NO GAIN

The Boys' Varsity Wrestling Team put in their maximum effort during their practices and matches.

"I REALLY ENJOY THE THRILL AND INTENSITY OF WRESTLING, ALONG WITH THE HARD WORK THAT COMES WITH THE SPORT. MY FAVORITE MOMENT FROM THE SEASON WAS WHEN I WON BY PINS." - YONATON BASON (11)

MICHAEL WHITE (12)

MIZUKI KEN MIYAGAWA (10)



OLIVIER HEPLER (11)

ON THE EDGE OF VICTORY

The Lexington Waltham Ski Team continues success by sending athletes to State.

From doing dry land drills to skiing down a snowy mountain, the ski team built up the athleticism they needed to out ski their competition. The team ended up sending two student athletes, Karen Oh (11) and Jonathan Bachman (12), to the MIAA alpine ski tournament. "Whenever I get in the starting gate, I am always nervous and have millions of things running through my head, like remembering where to set up for the next gate. The best part is when you launch yourself out of the starting gate and you have no time to think about any of that stuff. Before you know it, you're at the finish with adrenaline pumping through your body. My favorite moment of the ski season was when after a successful meet, on the way back in the bus, the whole team was hyped and singing along to some classic tunes," said Joris Konijnenberg (11)

1. STAY FOCUSED Jonathan Bachman (12) races down the slope in a slalom race during the MIAA State Championship. Bachman said, "My favorite part about skiing is definitely the team itself. Racing is such an individual sport but the team atmosphere is ultimately what determines how much you enjoy it and we have a lot of fun. I was pleased to make states again this year and Karen Oh and I did well." **2. KEEP YOUR EYES ON THE HILL AHEAD** Rafe Sullivan (12) speeds down the the slalom course during a race . Sullivan said, "I would say that my favorite part of the Ski Team is being out on the slopes with my friends and getting to try my hardest to compete against the other 96 racers in the league. Skiing is by far my favorite sport and I love the atmosphere that racing brings to it." **3. SISTER INFLUENCE** Natalie Olofsson (9) races down the slalom course. Oloffson said, " Well my sister was in it and really enjoyed it, so I figured it would be fun. Even without her skiing, I would probably would have joined anyways as it seemed like a cool way to improve on my skiing."

Photo courtesy of Mike Oh

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Photo courtesy of Mike Oh

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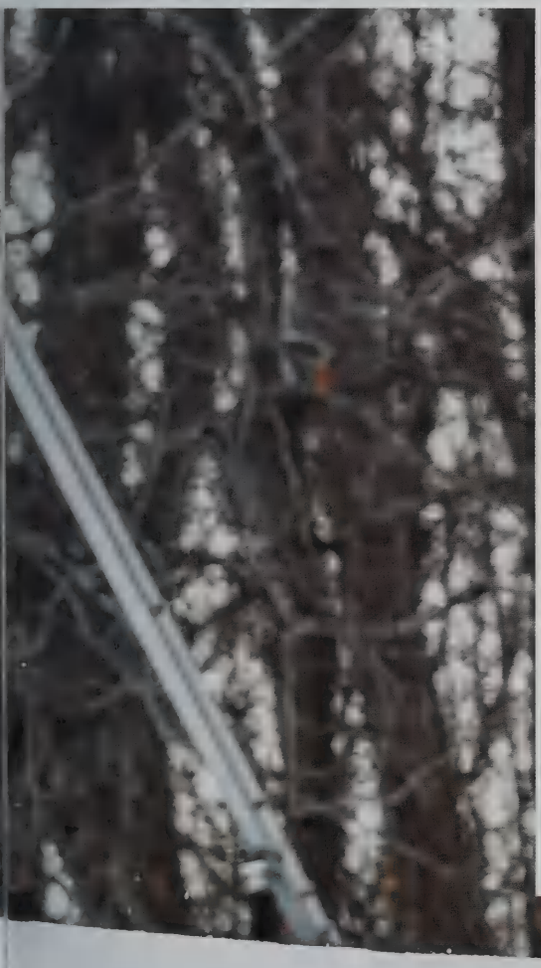

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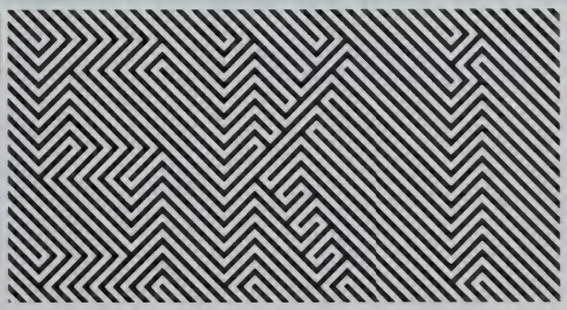
4. FLYING DOWN THE SLOPE Karen Oh (11) approaches a gate on the slalom course during the MIAA State Championship. Oh said, "My favorite part about skiing is the escape it gives me from sources of stress in my life (mainly school. Some of my best friends are on my ski teams and we have a lot of fun together. It felt incredible to qualify for states, and even more incredible when I was able to represent our team well." **5. A GREAT FOUR YEARS** Piper Schneider (12) speeds through a gate during a giant slalom race. Schneider said, "My favorite part about skiing is that it's something that's grown and changed with me that I can take with me forever. I think I'll really miss my teammates and all the fantastic memories I've been able to make with them over the years."



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DO A DOUBLE TAKE

Some of the school's many multiples share childhood memories and give insight into the life of a twin.

ANTHONY MABARDY (11)
CHARLES MABARDY (11)

LAUREN WEDGWOOD (11)
CAMRYN WEDGWOOD (11)

What is the best part of having a twin?
ANTHONY: "My favorite part of being a twin is that I always have a friend by my side. It is so much easier for me to go through life with my brother Charles. For example, trying to start something new by yourself can be very difficult, but I have always had somebody by my side while I took on new challenges. Having a twin, it has been much easier to make friends and adapt to new routines, as I never had to do it alone."
CHARLES: "In my opinion, the best part about being a twin is knowing I always have someone just like myself to depend upon. Also, when It comes to school, it's awesome being able to go to my twin for help in a class or other work. Being able to study together is a great part of having a twin."

What is the worst part about having a twin?
A: "The worst part about having a twin, especially at a big high school, is that sometimes people don't realize that you exist. There have been many times where classmates have thought that I was my brother, or mistaken me for his younger/ older brother even though we don't look that much alike. My favorite example was once when I was in the library and somebody came up to me asking for help on a worksheet that I have never seen. After realizing that they were looking for my brother, I had explained that I was not Charles but forgot to mention that we were twins. The person responded with "I'm so sorry, you look just like this kid Charles in my class!" And I think that to this day they still don't know that Charles' twin brother indeed exists."
C: "The worst part about having a twin is that there is always some competitive aspect to life, whether its sports, academics or being the best child. After 17 years this eventually wears off but growing up it was always an issue."

Have you ever tried to purposely switch places for day? If so, why and what did the people around you think?
A: "We have never tried to switch places for a day. But I would hope that people would notice based on how we look, act and talk."

C: "Anthony and I are fraternal twins, which means we don't look the exact same, so unfortunately we have never tried to switch spots in real life. But who knows, it's a great idea to try in the future. "

Describe a moment when you had "twin telepathy".
A: "There isn't really a moment I can pinpoint where we had real twin telepathy. But when we were younger people would always ask us if we could read each other's minds. We would always tell them yes and have pre-determined responses when they would ask us questions. When we would be asked to name a random food we would both say "chicken fingers", and when asked to pick a number we would both say "8". We had them fooled."

C: "As far as telepathy goes, I've noticed we sometimes sing and hum the same song at the same time. But nothing else to take note of."

Describe each other in one word.
Camryn: "Lauren is very unique. She loves to joke around and lighten up people's days when the mood may seem dim and isn't scared of having her opinions shared."
Lauren: "Bold. This is because she's a confident girl who isn't afraid of what other people think.

Do you think your relationship has changed over time?
C: "Definitely. As kids we would "compete" for our mom's attention a lot and often fight over the stupidest and littlest things. But as we have entered high school, we have developed different interests in terms of the music we listen to, and the clothes/styles that we have."
L: "Definitely. We've developed very different interests and personalities, for example I love rock music and the color black. My sister, on the other hand, loves more color and K-pop."

Describe a moment of "twin telepathy".
C: "There's a lot haha. We like a lot of the same foods so usually if you ask us at the same time to think of a favorite drink, or food, we usually end up saying the same thing!"
L: "When our parents say we can have whatever we want for dinner, and we both automatically look at each other, knowing we wanna eat something from out. It's always as if the idea clicks in our head at the same time."

What is the best part about having a twin?
C: "This is gonna sound really really cheesy, but I guess I'd say always having a partner in crime for some of the most important and difficult times in life as well a the fun and most exciting ones."
L: "You have somebody who understands you and somebody to defend you. Also, twins can share experience other kinds of siblings can't, like entering high school or talking about boys."

EVA MOLLA (9)
CELIA MOLLA (9)

BRIANNA EDWARDS (12)
ZOEY EDWARDS (12)

HELENE MANDL (12)
THERESE MANDL (12)

What is a memorable moment from your childhood that involved being a twin?
CELIA: "In kindergarten our family had two cats, me and Eva were big fans of those cats so one Halloween we begged our mom to make costumes for us so that we could dress up as our cats."
EVA: "In elementary and middle school everyone thought we were the same person, but we just changed outfits with each other all the time."

What is the dumbest or funniest fight you have had with each other?
C: "I honestly could not tell you a specific stupidest fight but I would say that almost every fight we have is pretty stupid. Me and Eva agree on most things so we do not fight a lot."
E: "In preschool we beat each other up over a hat."

When has it been useful to have a sibling in the same grade?
C: "Having a sibling in the same grade and school has helped me a lot. Primarily, we have been in similar (if not the same classes), so we are basically tutors for each other."
E: "We can help each other with school work."

Can you tell a story about a time when your twin helped support you?
C: "Me and Eva support each other everyday. The bond between us sisters is unbreakable."
E: "I can not think of anything specific, but Celia and I help each other everyday. I do not know what I would do without her support everyday."

What do you like most about each other?
Brianna: I like that Zoey understands me really well and understands my weird humor.
Zoey: Bri is someone I can depend on. She's organized (most of the time) in her work and decisive when making decisions. She knows me and wants the best for me. I can see this is most if not all of her actions. She's gets me and we can laugh together.

Complete this statement: "My twin is..."
B: My twin is great!
Z: My twin is going to the Air Force Academy.

Do you ever think about how life would be if the other wasn't there?
Z: I haven't necessarily thought what if Bri never existed, but I have seen only children and noticed that if Bri wasn't there I'd have the vibe that they have (lol not learning how to share > inside joke.)
B: I always think of that, especially because I'll be going off to the Air Force Academy in late June and I won't be able to see her for more than 3 or 4 months. Communication during this time will also be very limited. We normally do everything together at home and sometimes at school so it's saddening to know that I really won't be able to talk to her for so long. I never worry about losing our close relationship. We're family and twin sisters. We were born together and I know her so well that even if we fight, we're still friends at the end of the day.

How alike do you think you guys are?
Z: We are more alike than we care to admit. It's a given as we were brought up in the same home. However, we do have our own unique quirks and personalities.
B: We are fairly alike in some of our mindsets. Like we agree with some of each other's values. Our personalities and interests however are very different. For example, my careers will entail me serving in the military while hers will be and the fashion merchandising industry.

What's your favorite memory you had together?
Thesi: I feel like it's not one favorite memory, especially this year and the last few years I've gotten into the habit of randomly coming over to her room and chilling on her bed and going on lots of walks together and I think I like those moments best!
Leni: I think memory wise, we have this route that we walk together that takes exactly half an hour.
T: Yeah! We call it the Leni Thesi Route.
L: Sometimes if after half an hour we're still in a really enthusiastic discussion we'll add extra walks in order to finish it before we get home.

Describe each other in five words.
L: Energetic, caring, athletic, inspiring, and really hard working.
T: That's the cutest thing ever. So... beautiful (inside and out).
L: Aww.
T: Really helpful, really funny, like hilarious, hardworking and chill in the right ways, you know?

Are you closer now or when you were younger? What was different when you were little?
L: Definitely now.
T: I feel like in the beginning, like middle school and freshman year, we definitely could not have hung out as much as we do now. I think we would just clash more.
L: I think when we were very little we were like the same person, and then we started becoming more of our own people where we weren't that close. I mean obviously we were still extremely close, but not the way we are now where each part of us works together really well.
T: For me, I feel like when we were younger, I just remember getting into verbal fights. I would do something really rude and I would get mad, then I'd storm off but five minutes later I'd apologize.
L: Now we're way more conversational.
T: Yeah, now I don't really get mad at you.

Do you think it's going to change as you grow older?
T: So I don't think we're ever going to grow apart. We've already decided next year to have daily phone calls.
L: I don't think our relationship would ever get less close. Ultimately all those experiences are going to bring us closer together, and maybe even living apart will bring us to deeper conversations because we won't see each other every day.

CAUGHT OFF GUARD

Whether you are getting some unexpected Vitamin D during an evacuation drill or learning to speak a lanuage you've never heard of before, one certainty of the high school experience is that every day will be its own - full of people and experiences to discover and enjoy. The bounty of unique perspectives provided by faculty and fellow students enrich the collective personality of the school, and the diverse array of subjects offered means that our learning is never stifled. The multitude of ways to simultaneously get involved and hone in on talents, passions, and tangible skills are too numerous to count. And an ever work-in-progress is permission to sometimes just exist - to be present in the moment and let life happen around you and to find peace with that. However you choose to spend your time at LHS, it's your own path that no one else has walked or will walk again. Let it happen, and let it all surprise you, for it's the unexpected that makes it all worth it.

1. SURPRISE GUEST William Eaglesham (9), and his a capella group, the Pitchpipes, get surprised by a wandering dog during sound check for Fall Jam. Eaglesham was one of several freshmen accepted into the a capella ensembles after auditions. Eaglesham said, "Pitchpipes has offered a sense of community and a space to collaborate and relax outside school while making great music and having great fun in performance." **2. COOLING DOWN** Beverly Liu (12) and her fellow Peer Mentors relax in the hallways while new students orient themselves in their classes on the first day of school. Liu said, "Being a Peer Mentor was definitely a really transformative experience. It really asked me to go out of my comfort zone. Overall it contributed a lot to my personal growth, and I am really grateful to my peers for being such great pals."

1

2

OUT IN THE SUN Joseph Tibbles (12) warms up on the football field in the sun during an evacuation drill. Students were out for over an hour during the drill, so Tibbles sat and relaxed as he waited for the signal to go back inside.

FOOTBALL SENIORS **FRONT ROW:** Duncan Hewitt, Gabriel Van Emon, Benjamin Burnham, Randy Heney, Nathan Tadigiri, Arman Movsesian, Joseph Tibbles, **MIDDLE ROW:** Triston Carney-Quander, Leonard Losen, Jonathan Bachman, Patrick Kridaratikorn, Kase Cronin, Matthew Pusatere; **BACK ROW:** Xi Xiao, Anthony Bianchi, John Marcin, Mesay Merseth, Luke Butler, James Murray

FOOTBALL JUNIORS **FRONT ROW:** Amir Elananzeh, Nicholas Ursino, Beau Vernet, Justin Siri, Marcell Kiss, Nicholas Orf, Andrew Egan, Charles Mabardy, **BACK ROW:** Nathan Tadigiri, Kevin Xiong, Mihai Ciocan, Tristan Raymond, Mariano Cuartas, Ethan Xi

VARSITY RECORD 9W - 2L

BROCKTON	L	14-42
CONCORD-CARLISLE	W	26-20
READING	W	19-14
WINCHESTER	W	42-28
ARLINGTON	W	46-21
BELMONT	W	35-14
WOBURN	W	32-07
CENTRAL-CATHOLIC	L	9-40
METUEN	L	15-21
HAVERHILL	W	15-0
BURLINGTON	W	40-27

JV RECORD 4W - 3L

BROCKTON	L	12-24
CONCORD	CANCELED	
READING		
WINCHESTER	W	26-06
ARLINGTON	W	48-08
BELMONT	W	18-06
WOBURN	L	14-28
WAKEFIELD	CANCELED	
WILMINGTON	W	28-0
BURLINGTON	CANCELED	

FOOTBALL SOPHOMORES **FRONT ROW:** Joshua Wisdom, Omari Franklin, Keegan Thourani, Timothy Hogan, Mason Hatfield, Michael Perkins; **MIDDLE ROW:** Kieran Parikh, Christian Garay, James Maliszewski, Henry Graf, Adam Rayan, Noah George, Jarret Dlugy; **BACK ROW:** Michele Oldrati, Jayden Dillon, Cole Velis, Matei Golesteanu, Isaac Traub

FOOTBALL FRESHMEN **ROSTER:** Gabriel Aguirre, Wayne Baker, Alexandros Bertsekas, Alexander Carington, Pierce Cattier, Maxwell Cole, Atticus Colwell, Patrick Crogan, Jamahl Cruickshank, Michael DeAngelis, Thomas Egan, Alexander Exposito III, Matthew Favazzo, Brett Fortier, Mark Gainey, Hunter Gannon, Parker Grainger, Ryan Greenberg, Jazz Grullon, Ahmad Hanberry, Chanaiah Holland, Nicholas Keim, Arun Kodumuru, Hudson Kortbus, Martin Landis, Aidan Lynch, Benjamin Mack, Jack Maloney, Saumith Menon, Ethan Mukwaya, Jack Murray, Dayton Nandy, Johnathan Reamer, Joseph Sabatini, Rhys Scarbrough, Jake Strollo, Daniel Tadigiri, Justin Yates, Ashton Young

FRESHMEN RECORD 5W -4L

BROCKTON	CANCELED
CONCORD	W
READING	L
WINCHESTER	W
CONCORD	W
BELMONT	W
WOBURN	L
WAKEFIELD	L
WILMINGTON	W
BURLINGTON	L

Abalian, Minna 11, 90, 99
Abbate, Natalia 62
Abdu-Glass, Zachary 120
Abe, Grace 11, 23, 62, 63, 129, 184, 186, 189, 191, 192, 193, 194, 195, 196, 199, 200
Abela, Adriana 110, 182
Abitbol-pierce, Kai 100
Ablimit, Lila 90, 97
Abrahamian, Emin 90, 97, 173
Abrams, Gino 90
Abrams, Joshua 100, 187
Abrams, Miriam 13, 90, 93, 188, 189, 200
Abramson, Eliora 110, 175
Abramson, Karl 62, 199
A Capella, 26, 27
Adams, Brady 62, 208
Adams, Charlotte 90, 193
Adams, Douglas 71
Adams, John 75
Adams, Marcus 110
Adams, Tieren 110
Ades, Reina 62, 137, 174
Ades, Samuel 110, 117, 178
Adiwijaya, Frances 110, 119
Afify, Youssef 90
Aggouras, Catherine 110, 156, 176, 180
Aggouras, Madelyn 110, 180
Agresti, Danielle 120
Agresti, English, Danielle 120
Aguiar, Katrina 62, 188
Aguilera, Christina 28
Aguirre, Gabriel 110, 172, 180
Ahmed, Ashlan 90
Ahmed, Rayhan 90, 184, 194, 195, 199
Ahn, Thomas 100, 106
Ahuja, Anika 110
Ai, Jiangyuan 90, 196
Akmal, Ali 100
Akmal, Myesha 86
Akoad, Ahmed 110
Alam, Tanisha 110
Albert, Brendan 90
Albert, Fat 72
Albino, Anthony 62
Albino, Cassandra 100, 174
Albright, Herm 64
Aldahan, Samar 62
Aldairy, Laurine 62, 189, 191, 199
Aldairy, Lily 100, 103, 124
Alemayehu, Eden 62
Alemayehu, Mickhael 90
Alessandrini, Nathaniel 90, 173
Alessandro, Michael 90, 180
Alexander, Kevin 100, 101, 187, 197
Ali Hassan, Adriana 62
Allard, Max 147
Allard Mendez, Maximiliano 110
Allen, Glenn 120
Allen, James 100
Allen, Science, Glenn 120
Almeida, Janet 120
Almohssen, Ali 110
Alperovich, Mikhail 100
Altreuter, Jennifer 120
Altschuler, Samantha 62
Alvernaz, Eduardo 90
Amanuel, Merkeb 110
Amato, Brandon 94
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American, Asian 152
American, Latin 35
American, Native 15
Amirault, Jonathan 3, 19, 110, 112
Amitay, Lior 100
Amitay, Yuval 62, 188, 190, 192, 196
Amsler, William 90, 159, 180
Amundsen, Manu 110
Anand, Kripa 62
Anand, Maya 100
Anand, Raunak 110
Anantha, Sidharth 90, 188
Anderberg, Nicolaes 100, 101
Anderson, Kelly 120
Anderson, Peyton 110
Anderson, Sarah 120
Anderson's, Leroy 55
Andrews, Joshua 110, 173
Andrews, Samuel 90, 94, 173
Angelou, Maya 205
Anthem, National 15
Antonio, Anthony 110
Aquilina-piscitello, Benjamin 90
Aramati, Justin 120
Arcieri, Dario 90, 173
Arcieri, Giordano 110, 182
Arena, Andrew 110
Arena, David 62, 199
Arif, Evren 100
Arliss, Abigail 62
Arnold, Julia 43, 48, 110, 196
Arnold, Naomi 110, 175
Aronson, Jane 126
Arrigo, Heather 120
Arshad, Luca 62, 173
Arshad, Matteo 100, 192
Art, Fine 49
Arts, Visual 120, 121, 122, 123, 125
Arumugam, Viveca 110
Asif, Rayyan 100
Asthagiri, Arun 90
Astorga-licardie, Yuliana 100
Astrom, Albert 110
Atalay, Ece 110
Atassi, Camelia 110, 177, 180
Atiyyat, Mohammad 90
Atkins, Ryan 37, 100, 182
Atnoor, Sohum 110
Atnoor, Soumya 62
Au, Shangyin 100
Au-yeung, Kyle 100
Aviles, Jalessi 100, 186
Awomah, Beryl 110
Awomah, Chrisondra 90, 174, 183
Ayala, Jazin 62, 180
Aydemir, Ali 62

Babashak, Anna 100
Bachman, Jonathan 62, 166, 172
Backert, Joshua 38, 90, 129, 178, 182
Backert, Selvin 90, 135, 163, 178, 182
Baden-Powell, Robert 75
Baek, Jun Ki 90
Baguli, Swapnesh 110, 185

VARSITY BOYS SOCCER **FRONT ROW:** Kevin Chen, Robert Hutchinson, Karl Vernet, Nicholas Lupone, Hyeonhwi Chung (Sam), Luca Arshad, Chun Wunn Leung (Elman), Eric Espino, Nathan Willemsen, **BACK ROW:** Malte Steines, Barnaby Brandon, Robert Lloyd, Samuel Andrews, Conor Murphy, Knut Lundstrom Svahnqvist, Sancho Maroto Tobias, Jaeho Chung, Felipe Palacio, Dylan Corbett, Andes Willemsen, Hyungbin Kim, Oliver Rourke

RECORD 16W - 1L -2T

MELROSE	W	3-1
STONEHAM	W	2-0
WAKEFIELD	W	1-0
WINCHESTER	L	0-1
BELMONT	W	3-0
ARLINGTON	W	1-0
WOBURN	W	5-1
READING	[illegible]	1-0
NEEDHAM	TIE	1-1
WATERTOWN	W	2-1
BURLINGTON	W	3-0
WILMINGTON	W	4-0
WINCHESTER	W	3-1
BELMONT	W	3-0
ARLINGTON	W	3-2
WOBURN	W	3-0
READING	W	3-0
EVERETT	W	2-1
ST. JOHN'S PREP	TIE	1-1

JV BOYS SOCCER **FRONT ROW:** Toranosuke Dohi, Parker Lin-Butler, Joshua Andrews, Stephen Joseph, Fynn Jueppner; **MIDDLE ROW:** Emin Abrahamian, Elijah Pacheco-Bloch, Darragh Murphy, Alexander Samra, Francisco De Amorrortu, Junpei Ota; **BACK ROW:** Yassien Youssef, Nathaniel Alessandrini, Zachary Kaufman, Nicholas Favazzo, Luke Mager, Aidan Keaveny, Karl Lundstrom Svahnqvist, Alexandru Tufa, Matthew Joseph, Dario Arcieri, Coach Andre

RECORD 10W -2L -3T

DANVERS	TIE	0-0
STONEHAM	W	7-0
WAKEFIELD	W	6-0
WINCHESTER	TIE	2-2
BELMONT	W	5-0
ARLINGTON	TIE	1-1
READING	W	6-0
WATERTOWN	W	2-1
BURLINGTON	W	2-0
WILMINGTON	W	2-0
WINCHESTER	W	3-0
BELMONT	W	3-0
WOBURN	W	6-1
ARLINGTON	L	0-2
READING	L	0-1

VARSITY GIRLS SOCCER **FRONT ROW:** Nora McGovern, Ava Buchanan, Abigail Donaghy, Reina Ades, Sheyda Hershberger, Avani Kabra, Claire Shiple, Aleia Gisolfi-McCready; **BACK ROW:** Kirsty Carnan, Elena Sabin, Caroline Ghayour, Elizabeth Stump, Isa Lundstrom Svahnqvist, Caroline Donaghy, Eliza Stokes, Jessica Zales, Jennifer Fiore, Karen Oh, Hannah Sweeney, Carolyn Lane, Rachel Chen

RECORD 7W - 5L - 4T

STONEHAM	W	2-1
WAKEFIELD	TIE	0-0
WINCHESTER	W	4-0
BELMONT	L	0-5
ARLINGTON	TIE	1-1
READING	L	0-1
SWAMPSCOTT	W	4-3
WATERTOWN	W	4-0
BURLINGTON	W	3-0
WILMINGTON	W	3-1
BELMONT	L	1-4
ARLINGTON	TIE	1-1
WOBURN	L	1-3
WOBURN	TIE	1-1
READING	W	3-0
WINCHESTER	L	0-1

JV GOLD GIRLS SOCCER **FRONT ROW:** Noelle Germanetto, Emily Narouz, Samruddhi Naik, Trisha Shenoy, Grace Flanagan, Hailey Kingsbury; **MIDDLE ROW:** Nishika Karody, Marina Chen, Sophia Lupone, Rebecca Cooney, Jillian Zerkowski, Jadyn Thibodeau, Olivia White, Kaitlyn O'Shaughnessy, Sophia Clausen; **BACK ROW:** Emily Weinberg, Sritha Ravi, Trisha Peswani, Anika Chaturvedi, Isha Vasishtha, Shreya Gajula, Coach

RECORD 0W-16L

MELROSE	L	0-5
WAKEFIELD	L	0-6
WINCHESTER	L	0-5
BELMONT	L	0-11
ARLINGTON	L	0-8
STONEHAM	L	0-4
WOBURN	L	0-7
BURLINGTON	L	0-7
WILMINGTON	L	1-7
WATERTOWN	L	0-2
WINCHESTER	L	0-5
READING	L	0-9
BELMONT	L	0-7
ARLINGTON	L	0-4
WOBURN	L	0-6
READING	L	0-7

FOOTBALL CHEERLEADING **FRONT ROW:** Claudia Han, Alea Turner, Cameron Richards, Kaylie Cruz, Victoria Sowle, Christina Richards, Sharai Holley, Angelina Conte, Murrette Gaudette; **BACK ROW:** Sydney Weekes, Chrisondra Awomah, Oriane Cayron, Kyra Cooper, Naiomi Harris, Cassandra Albino, Paula Prado, Zoe Prestbo, Gianna Watson, Emmanuela Hippolyte, Karmyn Speed, Sarah Daniel

VARSITY FIELD HOCKEY **FRONT ROW:** Abbie Ortyl, Janna Lee; **MIDDLE ROW:** Eva Perhanidis, Mary (Cate) Swan, Elisabeth Lawrence, Caralyn Briggs, Zoe Toulmin, Felice Brennan; **BACK ROW:** Annabel Cincotta, Sarah McGloin, Ana Ortiz DeRosa, Lilly Hart, Katherine DeVine, Sydney Wardwell, Isabel Larrabee, Nairi Enright

RECORD 16W - 2L - 2T

MELROSE	W	5-0
STONEHAM	T	2-2
WAKEFIELD	W	3-0
WINCHESTER	L	0-1
ARLINGTON	W	7-0
WOBURN	W	5-0
READING	W	4-0
WATERTOWN	T	1-1
BURLINGTON	W	3-0
WILMINGTON	W	4-1
BELMONT	W	2-0
WINCHESTER	W	2-0
BELMONT	W	5-1
ARLINGTON	W	5-1
CC	W	4-0
WALTHAM	W	5-0
WOBURN	W	6-0
READING	W	3-0
TOURNAMENT		
METHUEN	W	3-2
CHELMSFORD	L (OT)	1-2

Bahadir, Dilara 110, 176
Bai, Leanna 100
Baik, Jinwoo 39, 62, 187, 188, 191, 192, 193, 195, 197
Baik, Sunwoo 100, 194
Bajaj, Annika 100, 194
Baker, Wayne 110, 172, 182
Bal, Meher 90, 175
Balachander, Rohan 110
Baliga, Mithun 100
Barbesino, Beatrice 62
Barbour, Cathryn 90
Barchuk, Andriy 120
Baril, Daisy 90, 93
Barkson, Michelle 120
Barnes, Emily 90
Barnes, Julia 110
Barneschi, Damian 120, 123
Baron, Christopher 110, 185
Baron, David 110
Baron, William 62, 182
Barrentine, Ava 100
Barrett, Erin 120
Barrett, Isabella 110, 183
Barrett-Tzannes, Orion 110, 181
Barry, Caroline 100
Barry, Thierno 110
Basker, Ava 110
Baskey, Mia 90, 177
Baskin, Sarah 110, 195
Bason, Ty 110, 175
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Basu, Surita 62
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Beers, Regan 90, 186
Beh, Samuel 120
Beh, Samuel 120
Behera, Serena 23, 90, 186, 195
Beinbrech, Carlos 63
Belanger, Mira 110
Belgaonkar, Nikhil 110
Belichick, Bill 79
Bell, Theresa 120
Belleau-Bhowmik, Lourenco 100, 182
Benedetti, Sofia 110, 184, 189
Benghiat, Elias 63, 69
Benjamin, Alec 28
Bennatan, Dafne 100, 183
Bennett, Brianna 100
Bensassi, Gabriela 100, 176
Benson, Anna 63, 89, 176
Benson, Micah 90, 128, 178, 182
Benson, Taylor 100
Bergin, Jane 120, 121
Berhe, Matthew 100
Berkes, Jack 63, 187
Berliner, James 63, 72
Bernabel, Kiana 110
Bernier, Christian 100
Bernstein, Adam 12, 60, 90, 178, 182
Bertsekas, Alexandros 110, 172
Besho'ak, Eish 28
Beverly, Charles 110
Bhagwat, Anushka 110, 212
Bhalla, Neel 90
Bhandarkar, Ria 90, 184, 191, 193
Bhangle, Devanshi 40, 50, 63
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Bhargava, Vedanti 43, 110, 176, 187
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Bianchi, Anthony 86, 143, 172
Bijesse, Charles 100
Binnall, Marissa 120
Birnberg, Charles 63, 158, 180
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Blatt, Talia 63, 193, 201
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Blum, Sophie 120, 125
Bo, Andrew 110
Bobrowicz, Camilla 100
Bodemer, Jillian 63
Bodepudi, Asritha 110, 177
Bodrog, Patrick 63
Boehm, Samuel 90
Bognar, Erzsebet 120
Boiney, Cade 110
Bojanowski, Yan 90
Bolleddula, Jyothsna 90, 193
Boni, Marisa 90, 180
Boo, Hyunah 29, 100
Borgers, Benjamin 100, 105
Borges, Kristie 120
Born, Heather 63, 177, 199
Boruta, Evelyn 100
Boruta, Jonah 63
Bottan, Meiling 100, 148, 176
Boudreau, Alexis 90
Boudreau, David 90
Bouksdorf, Liri 90
Bouksdorf, Tommy 63
Bourjolly, Chris 90
Boutwell, Myles 100, 178
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Boys Swim, 150, 151
Bracken, Graham 110, 178
Braginsky, Gregory 90
Brambila, Lluvia 100
Brand, Megan 90
Brandes, Jacob 100, 178
Brandon, Barnaby 90, 173
Brattain, Wesley 100
Braunstein, Mia 90
Breen, Colin 90, 182
Breen, Fiona 43, 57, 111, 175
Brennan, Felice 63, 147, 174, 183
Brennan, Kennice 19, 111, 175
Brenner, Jack 111
Brenner, Jesper 90
Brigg, Carly 32
Briggs, Caralyn 63, 174
Brooks, Melissa 120
Brown, Audrey 90
Brown, Nyree 90
Brown, Taylor 90
Bruce, Aylin 100, 160, 177, 183
Bruce, Catherine 63, 176
Bruce, Sinan 63, 188, 196, 198
Bruno, Katherine 63
Bryant, Madelin 90, 182
Bryant, Ronan 64, 154, 182
Buchanan, Ava 64, 174
Buckley, Thomas 120
Bujwid, Martha 64
Bulovic, Ian 64
Bulovic, Nora 100, 195
Bultman, Helen 100
Bulucu, Deniz 90, 188

JV FIELD HOCKEY **FRONT ROW:** Allison Libby, Gabriella Tagliamonte, Sandhya Raman, Elizabeth Kelly, Maya Lurie, Sakshi Kaul, Lia Veit; **BACK ROW:** Rebecca Wilkinson, Bella Strollo, Grace Marcin, Sabrina Salman, Hannah Elefante, Jiayi Zhou, Meher Bal, Renee Titemore, Kennice Brennan

RECORD 16W - 0L - 1T

MELROSE	W	4-0
STONEHAM	W	8-0
WAKEFIELD	W	6-0
WINCHESTER	W	2-0
BELMONT	W	1-0
ARLINGTON	W	5-0
WOBURN	W	6-0
READING	W	4-0
WATERTOWN	CANCELLED	
BURLINGTON	W	4-0
WILMINGTON	W	2-0
WINCHESTER	W	1-0
BELMONT	W	2-0
ARLINGTON	W	2-0
CC	T	1-1
WALTHAM	W	2-0
WOBURN	W	7-0
READING	W	4-0

FRESHMEN FIELD HOCKEY **FRONT ROW:** Eliora Abramson, Erica Riley, Efthimia Pesiridis, Siyona Chawla, Sofia Demirjian; **MIDDLE ROW:** Caroline Martin, Naomi Arnold, Ty Bason, Fiona Breen, Ayushi Patel, Mariyam Simon, Erykah Takudzwa; **BACK ROW:** Raquel Batista-Vieira, Philippa Fletcher, Madeline Murphy, Ava Glavine, Olive Peterson

RECORD 11W - 1L - 3T

MELROSE	W	7-0
BELMONT	W	8-0
WINCHESTER	W	3-2
BELMONT	W	2-0
ARLINGTON	T	1-1
WOBURN	W	7-0
BURLINGTON	W	2-0
WILMINGTON	L	0-2
WINCHESTER	T	2-2
READING	W	3-2
BELMONT	W	4-0
ARLINGTON	W	1-0
CONCORD CARLISLE	T	0-0
WALTHAM	W	2-0
READING	W	6-0

VARSITY GIRLS VOLLEYBALL

FRONT ROW: Eden Vachtel, Sydney Mackler, Madeleine Leake, Maria Jose Galvan Murillo, Huining Liang, Riya Gopal; **BACK ROW:** Jenny Park, Pamela Chiakpo, Colleen Levangie, Taylor Salerno, Regina Fong, Julia Wu

RECORD 7W - 11L

MELROSE	L	1-3
STONEHAM	W	2-0
WAKEFIELD	W	3-1
BELMONT	L	0-3
ARLINGTON	L	1-3
WAYLAND	L	0-3
WOBURN	W	3-1
READING	L	0-3
WATERTOWN	W	3-0
BURLINGTON	L	2-3
WILMINGTON	W	3-0
WINCHESTER	L	1-3
BELMONT	L	0-3
ARLINGTON	L	1-3
WALTHAM	W	3-0
WOBURN	W	3-2
READING	L	1-3

JV GIRLS VOLLEYBALL

FRONT ROW: Anna Nolden, Maria Pawelka, Nathalie Pak, Claire Johnson, Yashita Nakka, Julia Irving **BACK ROW:** Gabriela Bensassi, Jamin Seo, Eileen Cannon, Sophia Martin, Erin Cullinan, Sophia Martel

RECORD SCORES NOT PROVIDED

FRESHMEN GIRLS VOLLEYBALL

FRONT ROW: Sofia Patrizi Sorcini, Raegan Lacombe, Dilara Bahadir, Georgeanne (Annie) O'Brien, Isabelle Mazerall, Sara Minemoto, Madelyn Aggouras **BACK ROW:** Charlotte Shaw, Avery Cutler, Ava Parsons, Simone Parsons, Julia Griffiths, Catherine Aggouras, Tiffany Liu, Ella Thomas, Ipek Kendircioglu

RECORD

MELROSE	L	1-2
STONEHAM	L	1-2
WAKEFIELD	L	0-2
WINCHESTER	W	2-1
BELMONT	W	2-1
ARLINGTON	W	2-1
WAYLAND	W	3-0
WOBURN	W	2-1
READING	W	2-1
WATERTOWN	W	3-0
BURLINGTON	L	1-2
WILMINGTON	W	2-0
WINCHESTER	L	1-2
BELMONT	W	2-1
ARLINGTON	W	2-1
WALTHAM	W	2-1
WOBURN	W	2-0
READING	W	3-0

GIRLS SWIMMING

FRONT ROW: Stephanie Siracuse, Miriam Landis, Anna Benson, Aditi Kaveti, Rachel Harvey, Elizabeth Hubbard, Catherine Bruce, Dorothy Zhao, Sidney Kavanagh; **LOWER MIDDLE ROW:** Katherine Vogelzang, Gabriela Padilla, Emi Yuki, Angela Lai, Victoria Nagle, Nikita Seth, Jessica Schroeder, Maya Lamm Anna Lee; **UPPER MIDDLE ROW:** Kaitlin Hilderbrand, Meiling Bottan, Natalie Gorshkova, Grace Zhang, Audrey Ferrell, Silvia Mare, Kristina Wong, Deniz Erus, Irene Zhang, Ada Erus; **BACK ROW:** Sara Mei, Lucille Martarello, Elizabeth Woo, Isabel McGovern, Aaria Prakash, Lily Metzger, Ellie Chedid, Emily Xu, Vedanti Bhargava

RECORD 8W - 4L

CHELMSFORD	L	76-89
MELROSE	W	88-77
READING	L	64-104
WINCHESTER	W	87-83
STONEHAM	W	96-66
NATICK	L	81-97
BURLINGTON	L	85-71
BELMONT	W	87-81
ARLINGTON/WATERTOWN	W	49-43
WOBURN	W	91-71
WAKEFIELD	W	93-75
ACTON BOXBORO	L	83-94

GIRLS CROSS COUNTRY **TEAM ROSTER:** Camelia Atassi, Mia Baskey, Asritha Bodepudi, Heather Born, Aylin Bruce, Jessica Chase, Yuna Cho, Emily Eayrs, Sydney Elliott, Avery Fortier, Li Fen Frothingham, Clara Fu, Tan (Amy) Gao, Zoe Gu, Iris Gu, Maude-Emmanuelle Hajjaj, Aria Harris, Lina Jaafar, Isabel Jakimczyk, Hanna Jiang, Paola Kefallinos, Gladys Lee (Sujin), Amelia Lemont, Crystal Liao, Athena Marcell, Lorelei Marcell, Anne Grace Miniutti, Anna Nelson, Julia Lennon-Newell, Danna Ofek, Stephanie Pagnozzi, Michelle Pak, Sydney Porter, Sofia Rezvani, Galen Roy, Annika Salpukas, Sophie Schadler, Maria Schapfel, Donya Shavarini, Isabel Siu-Zmuidzinas, Kesinia Sortor, Summer Spencer, Pauline Steines, Lauren Sterne, Yinuo Sun (Catherine), Marilyn Swinger, Jiahui Tang (Sunny), Alexis Thomas, Yuxi Wang (Amber), Fiona Weir, Casey Weisberg, Anna Yang

RECORD 5W - 1L

MELROSE	L	42-17
WINCHESTER	W	26-31
BELMONT	W	18-39
ARLINGTON	[illegible]	15-45
WOBURN	W	25-30
READING	W	18-41

LEAGUE CHAMPS

Bunt, Jaden 111
Burcsu, Daniel 100, 198
Burey Fraser, Kiara 111
Burke, Ashley 64, 195
Burkholder, Alison 111
Burkholder, Lucas 64
Burnham, Benjamin 86, 172
Burns, Kristi 120
Burstein, Abigail 111, 195
Burwell, Ana 100
Burwell, Christian 64
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BOYS CROSS COUNTRY

TEAM ROSTER: Samuel Ades, Joshua Backert, Selvin Backert, Micah Benson, Adam Bernstein, Myles Boutwell, Graham Bracken, Nathaniel Colburn, Hein Coonen, Nathan Croke, Seth Cutler, Jackson Davy, Lucas Dicerbo, Max Dicerbo, Oliver Dicerbo, Evan Eberle, Henri Engstrom, Nicholas Everin, Alasdair Fletcher, Eli Gappelberg, Rishi Gollerkeri, Samuel Greenberg, Naoki Heginbotham, Owen Hwang, Jeb Jacob, Amartya Jain, Jeffrey Kong, Dimitrios Kontos, Nicholas Lam, Thomas Lane, Andrew Lawrence, Justin Liu, Zachary Lynch, Anthony Mabardy, Simon Martarello, Matthew McAlarney, Devin McAlister, Justin McCarthy, Jack Mcgaraghan, Leo McGaraghan, Sunay Patel, James Pickar, Nicholas Porter, Syed Noah Quadri, Daniel Ramsey, Ian Richter, Vilius Schmidt, Maxim Slobodchikov, Reed Solomon, Paul Song, Till Steines, William Steinfeld, John Stevens, Trevor Tisdale, Mateo Useche Rosania, Lukas van der Laan, Zachary Vincent, Isaac Volan, Takumi Wang, Reed Warburton, Jerry Xia, Joseph Zarba

RECORD

MELROSE	W	22-39
WINCHESTER	W	20-43
BELMONT	W	15-47
ARLINGTON	L	29-28
WOBURN	NA	
READING	NA	

VARSITY GOLF

FRONT ROW: John Cowdrick, insert name, Matthew Harding, insert name; **MIDDLE ROW:** insert name, insert name, insert name, insert name, Joseph Fernandes, Michael Swift, insert name, Eric Decoste, Tristan Ohler; **BACK ROW:** Coach Rick Thibeault, Collin McMahon-Shea, insert name, Jacob Brandes, Riley Wong, Peter Miniutti

RECORD 7W - 3L

WINCHESTER	W	37.5-34.5
READING	L	35.5-36.5
BELMONT	L	32-40
STONEHAM	W	40-32
WAKEFIELD	W	42-30
WATERTOWN	W	60.5-11.5
ARLINGTON	W	36.5-35.5
WOBURN	W	42.5-29.5
MELROSE	L	30.5-41.5
BURLINGTON	W	38.5-33.5
WILMINGTON	W	59-13

LEAGUE FINISH 3RD

BASKETBALL CHEERLEADING

FRONT ROW: Claudia Han, Sharai Holley, Zoe Prestbo, Sydney Weekes, Yesline Salcedo; **MIDDLE ROW:** Alea Turner, Victoria Sowle; **BACK ROW:** Amanda Kanashiro, Sophia Zheng, Naiomi Harris, Kaylie Cruz, Sarah Daniel, Nevaeh Scott, Sofia Garcia

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BOYS SWIMMING **FRONT ROW:** Noah Fryou, Ryan Wu, Gregory Conrad, Bill Wu, Alexander Mingolla, Justin Tsai, Lucas Dicerbo; **MIDDLE ROW:** Ezra Erives, William Yang, Rishi Mukherjee, Robert Li, Shivendran Vytheswaran, Tianyi Yang (Chris) , Jeffrey Kong, Sadiv Gupta, Nathan Randall, Samedh Desai, Giancarlo Zaniolo; **BACK ROW:** Jonathan Hu, Julian Marmier, Andrew Shen, Srinivasan Sathiamurthy, Mason Denton (Gabe), Maanas Gupta, Anubhav Shelat, Nicholas McKee

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WRESTLING **FRONT ROW:** Patrick Kridaratikorn, Michael White, Yonatan Bason, John Marcin, Rasmus Raukas, Owen Mattingly; **MIDDLE ROW:** Hunter Snell, Mizuki Ken Miyagawa, Olivier Hepler, Zachary Pierro, Rahim Mian, Jacob Weinstein-Delahunt, Joshua Fein-Cole, Venkata Varun Subhash Madiraju, Benjamin Mack, Carter Mack; **BACK ROW:** Coach, Mourad Mokrani, Arun Kodumuru, Jiaxin Zhou (Eddie), Kieran Parikh, Alexandru Tufa, Fawzi El-Kattan, Max Ostrowski, Benjamin Solomon, Aidan Lynch, Gabriel Aguirre, James Pullen, Jackson Ostrowski, Coach

RECORD 3W - 6L - 1T

HOLLISTON	L	24-54
WAYLAND	L	12-62
KEEFE TECH	L	29-48
WINCHESTER	L	27-51
ARLINGTON	L	18-60
NEWTON SOUTH	T	42-42
LEOMINSTER	W	48-36
WOBURN	W	42-36
READING	L	18-44
BEDFORD/MINUTEMAN	W	55-24

JV GIRLS BASKETBALL **FRONT ROW:** Emma Stump, Alexandra Rifkin (Sasha), Ipek Kendircioglu, Lindsey Laquerre, Christina Richards, Manpriya Pabla, Stella Omenetto; **BACK ROW:** Coach Marc Bluestein, Julia Majchrzak, Camelia Atassi, Paige Hawkes, Lily Metzger, Skylar Spencer, Carolin Nothaft, Yashita Nakka, Madelyn Aggouras, Coach Amanda Carlson

RECORD 12W - 6L

STONEHAM	W	35-19
BELMONT	W	37-30
WAKEFIELD	W	43-36
WOBURN	L	14-42
WATERTOWN	W	41-20
READING	W	41-27
BURLINGTON	W	44-40
WINCHESTER	L	14-22
MEDFORD	W	38-23
BELMONT	L	36-44
WILMINGTON	W	33-31
ARLINGTON	W	39-34
MEDFORD	W	45-26
MELROSE	L	11-50
WOBURN	L	17-64
READING	W	44-49
WINCHESTER	W	30-26

VARSITY GIRLS BASKETBALL **FRONT ROW:** Isabel Jakimczyk, Athena Marcell, Marisa Boni, Elizabeth Stump, Ofek Rotlevy, Addison Metzger; **BACK ROW:** Coach Marc Bluestein, Ella Mattingly, Kirea Snell, Oonah (Maggie) O'Neil, Sydney Porter, Catherine Aggouras

RECORD 9W - 11L

STONEHAM	W	54-35
BELMONT	L	29-58
WAKEFIELD	L	41-44
ARLINGTON	L	48-60
ASHLAND	L	33-48
ACTON-BOXBORO	L	48-56
WOBURN	L	33-53
WATERTOWN	L	46-29
READING	W	52-50
BURLINGTON	W	43-27
WINCHESTER	W	50-22
BELMONT	L	33-57
WILMINGTON	L	44-61
ARLINGTON	W	59-40 (DOUBLE OT)
MEDFORD	W	58-39
MELROSE	L	31-54
WOBURN	L	42-50
READING	L	33-60
WINCHESTER	W	66-34
MEDFORD	W	59-24

VARSITY BOYS BASKETBALL **FRONT ROW:** Jazin Ayala, Charles Birnberg, Dante Ortiz, Kase Cronin, David Cser; **BACK ROW:** John Cowdrick, Michael Alessandro, Theodore Schroeder, Tucker Crowley, William Amsler, Mason Hatfield, Joseph Cacciatore, Henry Graf, Adam Cser

RECORD 14W - [illegible]

STONEHAM	W	81-56
BELMONT	L	73-89
WAKEFIELD	W	81-76
ARLINGTON	W	45-71
CATHOLIC MEM.	L	75-84
NEWTON SOUTH	W	62-58
WOBURN	W	83-38
WATERTOWN	W	71-54
READING	W	67-61
ANDOVER	W	56-68
BURLINGTON	W	79-64
WINCHESTER	W	73-67
LINCOLN-SUD.	W	72-67
BELMONT	L	73-91
WALTHAM	L	55-72
WILMINGTON	W	83-45
ARLINGTON	L	66-69
MELROSE	W	67-65
WOBURN	W	61-59
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JV BOYS BASKETBALL **FRONT ROW:** Gavin Ricardo, Andrew Crowley, Orion Barrett-Tzannes, Keegan Thourani, Matthew Healy; **BACK ROW:** insert name, Michael Hickey, Johnathon Nordman, Connor Driscoll, Henry Graf, John Cowdrick, Coach

RECORD 8W - 9L

MELROSE	L	50-54
STONEHAM	W	48-38
WINCHESTER	W	69-48
ANDOVER	L	41-71
ARLINGTON	W	51-47
WALTHAM	L	58-60
READING	W	48-38
WATERTOWN	L	53-62
BURLINGTON	L	42-64
WILMINGTON	L	57-59
BELMONT	W	52-49
WINCHESTER	L	32-37
LINCOLN-SUDBURY	L	40-52
BELMONT	L	36-43
ARLINGTON	W	40-29
WOBURN	W	57-45
READING	W	42-35

JV GOLD BOYS BASKETBALL

FRONT ROW: Rhys Scarbrough, Luke Sheth, Dylan Mackler, Keshav Sharma, Maxwell Cole, Jake Strollo, Oliver Dicerbo; **BACK ROW**: Francisco De Amorrortu, Leonard Seidel,Kailen Larkin, Nathan Ruesch, insert name, Michael Gordon, Justin Yates, Coach Scot Schaming

RECORD 16W - 4L

STONEHAM	W	71-15	LINCOLN SUDBURY	W	53-51
BELMONT	L	38-49	BELMONT	L	49-55
WAKEFIELD	W	68-56	WALTHAM	W	53-36
ARLINGTON	W	55-42	WILMINGTON	W	51-44
WOBURN	W	53-42	ARLINGTON	W	46-39
WATERTOWN	W	64-33	MELROSE	W	49-41
READING	W	50-44	WOBURN	W	75-54
ANDOVER	W	55-49	WALTHAM	L	49-58
BURLINGTON	W	47-33	READING	L	41-44
WINCHESTER	W	62-42	WINCHESTER	W	65-42

VARSITY BOYS ICE HOCKEY

FRONT ROW: Donald McCarthy, Brennan Fiske, Ginu Lee, Nathaniel Sidel, Ronan Bryant, Christopher Hughes, Griffin Posey, Samuel Clough, William Baron; **BACK ROW:** Benjamin Vlacich, Henry Kjelsberg, Nicholas Tringale, Davis Richard, Thomas Caouette, Collin McMahon-Shea, Luke Murphy, Joseph Hunt, Colin Breen, Eric Decoste, Lachlan Mclaren, Alexander Dixon, Brian Gillis, William Cincotta, Matthew Harding

RECORD 5W - 12L -3T

WAYLAND	W	6-3	WOBURN	T	3-3
MELROSE	L	2-5	READING	L	1-8
STONEHAM	L	1-3	NEWTON SOUTH	T	2-2
WAKEFIELD	W	4-0	READING	L	1-8
WINCHESTER	L	0-7	BURLINGTON	L	0-3
ACTON-BOXBORO	W	4-1	WILMINGTON	W	2-1
WACHUSETT	L	1-4	WINCHESTER	L	1-5
WESTFORD ACADEMY	L	0-3	BELMONT	W	3-2
BELMONT	T	2-2	ARLINGTON	L	1-5
ARLINGTON	W	5-1	WOBURN	L	2-3

GIRLS ICE HOCKEY

FRONT ROW: Nicole Zermani, Adriana Abela, Rebecca Voss, Kaitlyn O'Shaughnessy, Angelina Minasian, Jacqueline Minasian, Elizabeth Geldart, Annabel Cincotta, Lilia Dawson, Allison Libby, Elizabeth Kelly; **BACK ROW:** Coach, Cameron Richards, Isabel Larrabee, Lena Cassidy, Audrey Eastridge, Katherine DeVine, Sabrina Mahoney, Sarah Murphy, Kaitlyn Murray, Galen Roy, Madelin Bryant, Erica Riley, Abbie Ortyl, Coach

RECORD 6W - 11L - 3T

MELROSE	L	3-8	ST. MARY'S	L	1-3
STONEHAM	L	1-2	BURLINGTON	W	7-1
WAKEFIELD	T	1-2	WILMINGTON	W	3-2
WINCHESTER	L	1-1	WINCHESTER	W	3-1
ARLINGTON CATHOLIC	L	0-2	BELMONT	W	2-1
BELMONT	W	6-1	ARLINGTON	L	0-4
ARLINGTON	L	1-4	WOBURN	L	1-4
WOBURN	T	2-2	READING	L	2-6
READING	T	3-3	MEDFORD	L	1-3
WATERTOWN	W	3-2	CONCORD CARLISLE	L	2-4

BOYS INDOOR TRACK

TEAM ROSTER: Giordano Arcieri, Ryan Atkins, Joshua Backert, Selvin Backert, Wayne Baker, Lourenco Belleau-Bhowmik, Micah Benson, Adam Bernstein, Brendan Caracino, Ian Carson, Christopher Cervone, Neo Chen, Alexander Chin, Thomas Chiu, Declan Clark, Abel Clement, Liam Cotter, Patrick Crogan, Nathan Croke, David Sumner Cue, Seth Cutler, Juno Daciuk, Max DiCerbo, Jarret Dlugy, Arjun Dulipsingh, Evan Eberle, Carter Franciskovich, Eli Gappelberg, Samuel Greenberg, Michael Gupta, Henry Han, Hiroki Heginbotham, Naoki Heginbotham, Brian Her, Alexander Hiser, Andrew Hu, Jeb Jacob, Jake Jesurum, Ishan Kumar, Justin Liu, Zachary Lynch, Anthony Mabardy, Simon Martarello, Jack Mcgaraghan, Leo McGaraghan, Andrew McGovern, Aditya Meruva, Alexander Murphy, Felipe Palacio, Sunay Patel, Tihan Perera, Matthew Pusatere, Nicholas Porter, Daniel Ramsey, Ian Richter, Shymon Samsel, Joao Franca Silva (Pedro), Maxim, Slobodchikov, Traver Smith, Paul Song, Till Steines, William Steinfeld, John Stevens, Michael Sun, Joseph Tibbles, Darren Tswei, Darren Tswei, Kazuyoshi Uda-Thach, Mateo Useche Rosania, Batuhan Usluel, Jakob, Venzke-Kondo, Riley Walsh, Takumi Wang, Reed Warburton, Brandon Wilkins, Conway Xu, Ethan Yang, Yianni Zavaliagkos, Jilun Zhang (Jonathan)

RECORD 5W-0L

WINCHESTER	W	84-16
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ALPINE SKIING

GIRLS INDOOR TRACK

TEAM ROSTER: Chrisondra Awomah, Isabella Barrett, Raquel Batista-Vieira, Dafne Bennatan, Felice Brennan, Aylin Bruce, Rachel Caldwell-Glixon, Eileen Cannon, Leyao Chang (Ina), Yuna Cho, Isa Coonen, Elizabeth Dube, Anjali Dulipsingh, Anne Eayrs, Emily Eayrs, Jennifer Fiore, Li Fen Frothingham, Clara Fu, Valentine Ganis, Keena Gao, Leala Garcia, Aleia Gisolfi-McCready, Joy Gong, Zoe Gu, Maude-Emmanuelle Hajjaj, Katherine Hogan, Anna Honohan, Sophie Hua, Lina Jaafar, Hanna Jiang, Sailavanya Lakshmi Narayan, Carolyn Lane, Gladys Lee (Sujin), Janna Lee, Julia Lennon-Newell, Tiffany Liu, Ambar Luzio, Marielsa McBride, Callie Moody, Catherine Movsessian, Samruddhi Naik, Danna Ofek, Claire Pak, Ava Parsons, Simone Parsons, Eva Passer, Sofia Patrizi Sorcini, Sofia Rezvani, Samantha Robinson, Elena Sabin, Annika Salpukas, Sophie Schadler, Trisha Shenoy, Lily Sheth, Isabel Siu-Zmuidzinas, Kesinia Sortor, Pauline Steines, Lauren Sterne, Abigail Sullivan, Sophia Sullivan, Jiahui Tang (Sunny), Aulani Thomas, Yuxi Wang (Amber), Casey Weisberg, Anna Yang, Jillian Zerkowski

RECORD 4W - 1L

WINCHESTER	W	52-48
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ACADEMIC DECATHALON **FRONT ROW:** Charitha Bavirisetty, Shashwati Sanjay, Aaroosh Ramadorai, Evan Li; **BACK ROW:** Krishna Kuchibhotla, Tara Sarma, Sharath Jegannathan, Samuel Charney, Powell Zhang

ACLU **FRONT ROW:** Andrea Reier, Vivian Ho, Shweta Kondapi, Ria Bhandarkar; **BACK ROW:** Rayhan Ahmed, David Cai, Jinhee Heo, Mira Ward

ALZHEIMERS AWARENESS **FRONT ROW:** Dalton Kern, Anna Jensen, Danica Sun, Rona Cao, Yuexin Zang (Elina), Anna Xu, Sofia Benedetti, Joanne Wang; **BACK ROW:** Gabriella Starets, Danielle Efrat, Marina Chen, Zhemin Duan,Bonnie Zhang, Emiliano Torres Valencia, Lane Malafeew

AMNESTY INTERNATIONAL **FRONT ROW:** Emily Chen, Grace Abe, Aradhna Johnson, Anushka Rathi, Danielle Efrat; **BACK ROW:** Emiliano Torres Valencia, Nicolas Daglio Fine, Khushi Soni, Morgan Zvezdov, Nicholas Rommel

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ANIMATION **FRONT ROW:** Elena Serenko, Evan Ziegler, Tara Sarma

ANIME **FRONT ROW:** Michelle Tu, Saidarshini Lakshmi Narayan, Eric Ye, name unknown, Michelle Wang, Sanjana Shanker, name unknown

ARDUINO METTS MAKEY MAKEY **FRONT ROW:** Robert Kwolek, Matthew Hamami, Guixuan Jin, Alexander Shick; **BACK ROW:** Swapnesh Baguli, Jilud Trivisvavet, Christopher Baron, Jeffrey Guo

BEE KEEPERS **FRONT ROW:** Nayrie Patel, Ariana Schreibman, Emma Germanetto, Sophie Gregoretti, photo bomber, Wakako Okuda, photo bomber; **BACK ROW:** Rachel Kuznetsov, Emiliano Torres Valencia, Henry Fisher, Vilius Schmidt, Sophie Munn, Callie Rabins

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BEST BUDDIES **FRONT ROW:** Hailey Kingsbury,Annabel Cincotta, Campbell Kemp, Athena Marcell ; **MIDDLE ROW:** Brian Gillis, Regan Beers, Lilly Hart, William Cincotta, Carson Kemp, Daniel Cellucci, Stephanie Siracuse; **BACK ROW:** Naomi Pearlman, Sydney Porter, Melanie French, Olivia Pitts, Brianna Lee, Hannah Sweeney, Jalessi Aviles, Ido Dinnar, Lena Cassidy, Claire Pak

BHANGRA **FRONT ROW:** Vibhuti Naik, Meher Khanna, Serena Behera, Richa Patil, Pooja Kawatkar; **BACK ROW:** Alisya Kaur, Vrinda Chandar, Aishwarya Rajagopalan, Bryna Patel

ETHICAL REASONINGS **FRONT ROW:** Michael Ji, David Cai, Rishi Mukherjee, Emilie Sang; **BACK ROW:** Jason Vogel, Emiliano Torres Valencia, Akshay Jha, Sophia Weber, Laya Kumar

CHRISTIAN **FRONT ROW:** Anju Minemoto, Joanne Wang, Rachel Koh, Robert Li, Esther Ng, Charissa Lee; **MIDDLE ROW:** Alexander Wu, David Cai, Karis Lee, Luke Lee, Richard Chen, Elaine Xu, Matthew Tam, Tony Kim; **BACK ROW:** Jane Jung, Kate Romero, Bonnie Zhang, Marina Chen, Jeffrey Yeung, Anna Xu, Richard Chang, Joshua Lee, Danielle Efrat, Grace Abe

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COOKING **FRONT ROW:** Vivian Ho, Darshana Venkatesh, Pranathi Srirangam, Jack Berkes, Richa Patil, Maryam Khan, Nishika Karody; **BACK ROW:** Joshua Abrams, Robert Li, Aditi Mannem, Michelle Wang, Aron Lu , Tanisha Saxena

CRADLES TO CRAYONS **FRONT ROW:** Adair Treadway, Sophia Sullivan, Mahima Das, Dilara Dokmecioglu, Zainah Islam

DEMOCRATS (MASSACHUSETTS H.S. CHAPTER) **FRONT ROW:** Karis Lee, Michelle Tom, Angelina Sun, Andrea Reier, William Spector, David Cai, Grace Yang

DEPARTMENT OF ENERGY SCIENCE BOWL **FRONT ROW:** Aaroosh Ramadorai, Eeshan Chakrabarti, Vedanti Bhargava, Brandon Li, Robert Li, Sean Fei, Amaan Khwaja, Emilie Sang; **BOTTOM MIDDLE ROW:** Gideon Tzafriri, Alex Li, Samedh Desai, Richard Chang, Hyun Heo (Danny), Anka Hu, Jinwoo Baik, Chanseo Lee, Jeffrey Chang; **TOP MIDDLE ROW:** Kevin Alexander, Yejun Kim (Henry), Victoria Yuan, Armaan Tipirneni,Daniel Zhou, Xinyi Zhao (Angel), Edward Xia, Jilun Zhang , Mr. Nicholas Gould; **BACK ROW:** Daniel Zhou, Robin Pan, Evan MacLure, Powell Zhang, Alec Zhu, Shreyas Sreeprakash, Arthur Hu, Julian Han

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BACK ROW: Athena Li, Jonathan Jiang, Mina Lee, Emily Chen, Joyce Guo

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BACK ROW: Ria Bhandarkar, Justin Lin,Sarah Liu, name unknown

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BACK ROW: Robert Chen, Stanley Wu, Jinwoo Baik, Jason Han, Nicolas Daglio Fine, Aria Harris, Emily Chen, Morgan Zvezdov, John Kim, Maximilian Griner, Suwon Kim

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BACK ROW: Aria Harris, Laura Xu, Mina Lee, Aradhna Johnson, Khushi Soni, Danielle Efrat, Morgan Zvezdov

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BACK ROW: Kevin Lee, Kevin Zhou, name unknown, name unknown, name unknown, Jeffrey Chang, Robert Chen, insert name, Chanseo Lee, Yiming Zheng

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MIDDLE ROW: Jinhee Heo, Ria Bhandarkar
BACK ROW: Ishika Jha, Arjun Delity, Emily Chen, Brendan Cantwell, Clare Wiesen, Brennan Fiske

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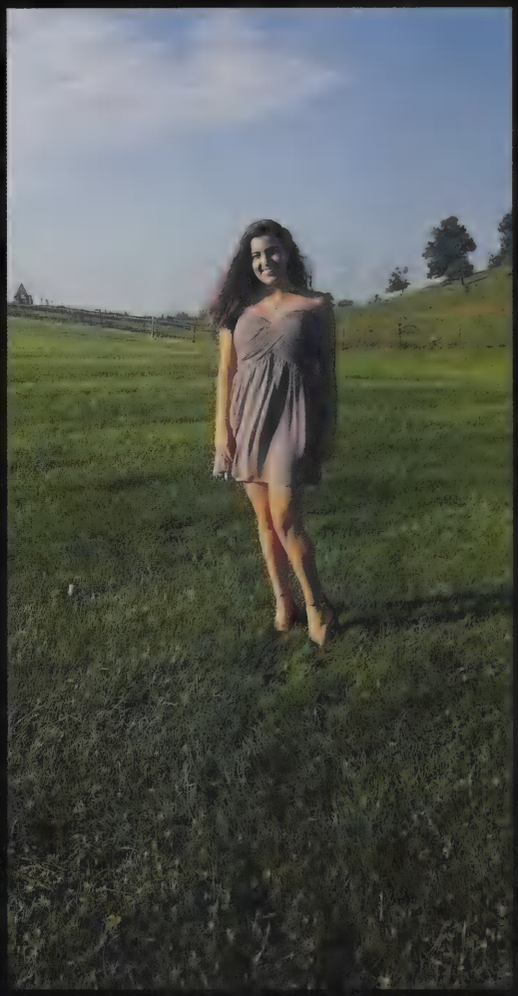
"HIGH SCHOOL - DESPITE ITS QUOTIDIAN FRUSTRATIONS - HAS MOSTLY BEEN A STRING OF EXQUISITE SURPRISES: NEW FRIENDSHIPS FOUND, OLD FRIENDSHIPS REDISCOVERED, HAPPY ACCIDENTS, AND SWEET, FLEETING TRIUMPHS."
- TALIA BLATT (12)

Isabelle Frances Cecilia McRedmond

Congratulations to our dear Isabelle. Your smile has continuously lit up our lives. You've made us so proud over the years and we know this is only the beginning.

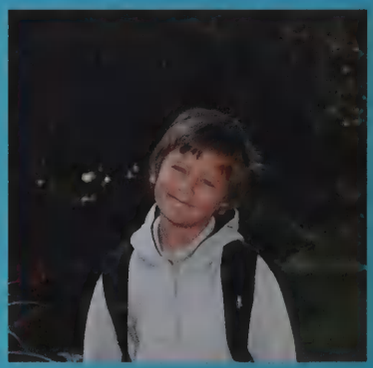
Love always, Dad, Mom, Emma, Olivia & Echo



Dearest Laya,

Its been an amazing journey to see you grow from a sweet little girl to a charming, compassionate, and bright young lady!
Congrats on all your achievements!
You have made us so proud!

We wish you the very best as you embark on the next phase of your journey.
Lots of luv, Mom, Dad and Nitin.



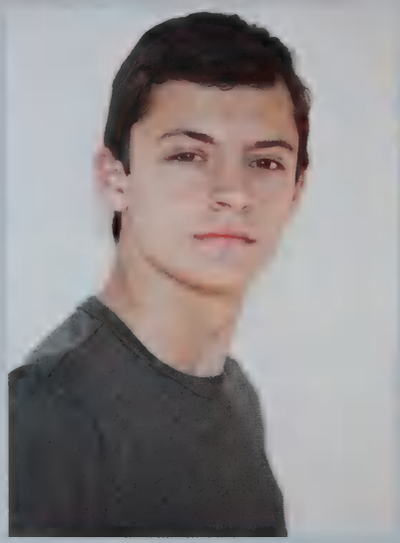
Maxim,

Life is just like jazz: rehearse, improvise and enjoy!
We wish you all the best,
Your loving family

Congratulations!
YMCA
Donya
Grace
Emmet
WE LOVE YOU!

Abigail Fanucci

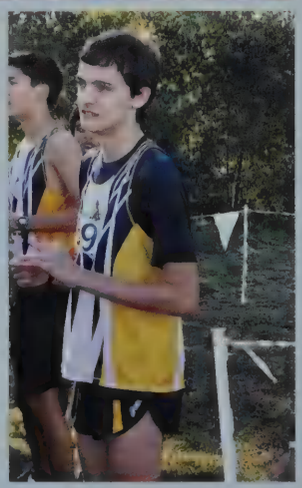
Congratulations!! Love, Mom, Dad, Ben and Kristina



Devin McAlister

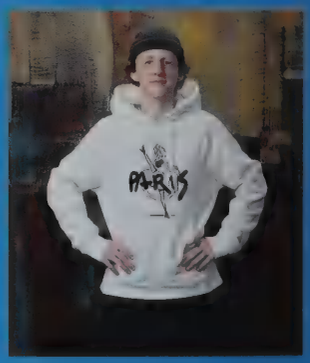
Congratulations to Devin for graduating from LHS! We are so proud of you! We wish you continued success in the future!

Love,
Mom and Jeff | Nanie Pavelka | Dad and Grandma and Grandpa McAlister | Your brother, Dylan and all your family, cousins and friends



Aiden Christensen

Congrats on completing HS! We're excited for your next adventure!



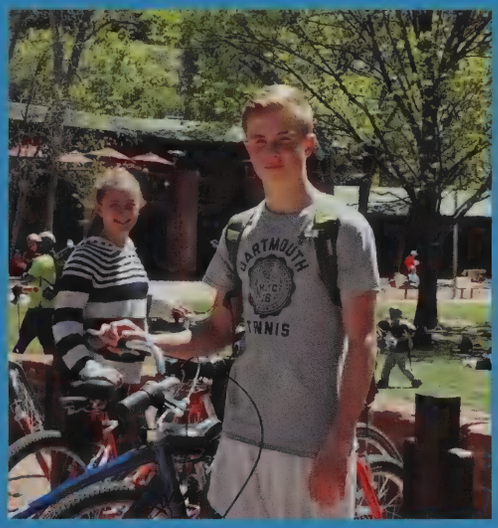
We're so proud of you! Good Luck in college!

Love, Mom & Dad

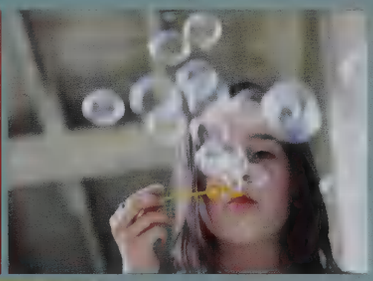
Griffin Posey

We're so proud of your hard work and so grateful for all the places you have taken us!
We love you,
M, D, E

Keep smiling, learning, pursuing what captures your interests.



So amazed by how you push yourself.



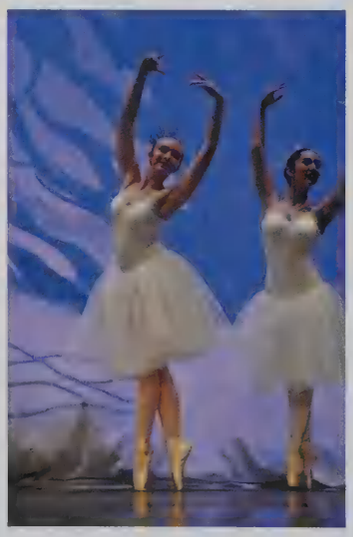
LILLI JARAUSCH

Congratulations Lilli!
Way to go!
We love you so!
XOXO
~ Your Family of Fans

Congratulations Emily!!

"My wish for you is that you continue. Continue to be who and how you are, to astonish a mean world with your acts of kindness. Continue to allow humor to lighten the burden of your tender heart."
- Maya Angelou

We are so proud of you!
Love,
Grammy, Grampy, Mom, Lily, and Annie



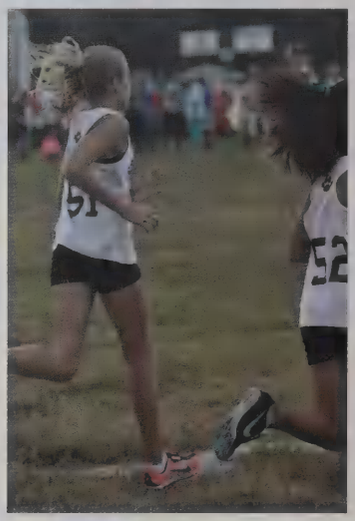
Kirsten

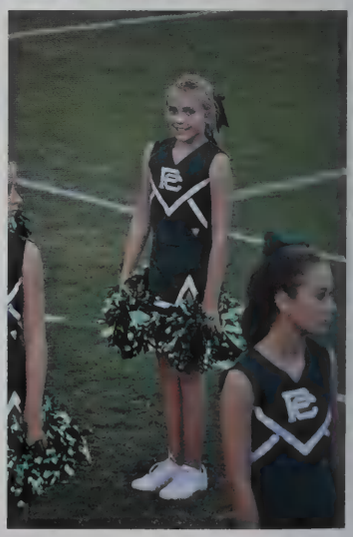
The difference between school and life? In school you're taught a lesson and given a test. In life you're given a test that teaches you a lesson....its an exciting ride!

We couldn't be more proud of you,

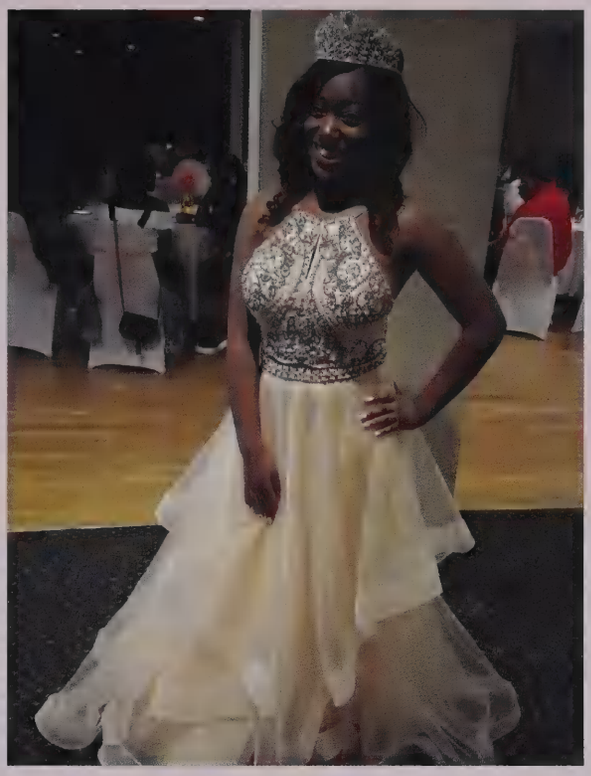
All our love,
Mum, Dad & Lachlan

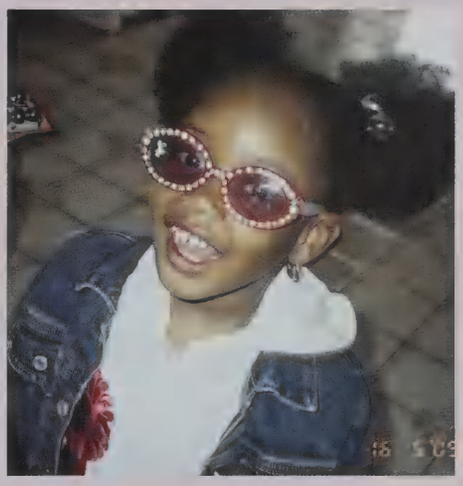
Congratulations to the class of 2019!

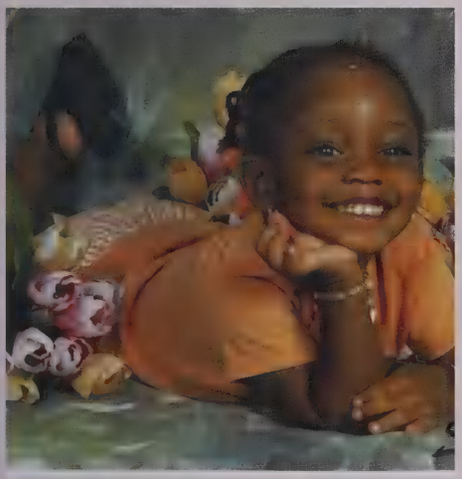


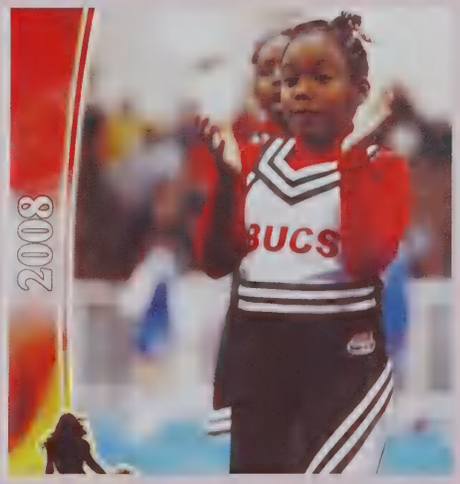


Sharai Holley









You have grown into such a beautiful young lady!
I couldn't have asked for a more PERFECT daughter. You have inspired me in ways that you would never imagine. My one and only...I am SO PROUD OF YOU and can't wait to see how you RUN THE WORLD!
Love Forever and a Day,
Mom
xoxoxo

Papa and I could not have asked for a better gift than you, coming into this world at 3lbs. 15oz. He always said, *"Your only job is to go to school"*. Well, you did your job like he said, and even the hard stuff didn't hold you back! I am so proud of you, and I know that he is too.
Love Always,
Nana & "Papa"

BRADY ADAMS

Brady,
We are so proud of the fine young man you have become.
We know you will make your unique mark on the world.
Always keep reaching for all that you want from life.
All of our love,
Mom, Mama, Megan, Vera & Brooke

Kate Robinson

Katie Kate,
So proud of the young women you have become! Looking forward to the next chapter of your life, and your continued success.
Love you more than you know!

Rebecca Johnson

You did it! Congratulations! We are so very proud of you, and so excited to watch your next chapter unfold.
All of our love – Mom & Dad

EDITOR **MUSINGS**

FRONT ROW (L to R): Luke Choi, Rachel Kuznetsov, Arielle Lee, Talia Chait, Cynthia Fu, Parker Morii-Sciolla, Brittany Lin

Talia Chait (11), Co-Editor-In-Chief

"The theme of this year's yearbook is to "live the unexpected." It means to look for the positive in things you don't expect. Not only is this book a reflection of the year, but it also exemplifies the twists and turns of high school life and showcases it in its best possible form. Like our theme, we hit many unexpected bumps along the way. But its 200-plus pages show us what happens when everyone decides to embrace those unexpected bumps and work together towards a common goal. We hope you enjoy it as much as we enjoyed making it.

This yearbook would not be possible without the tireless work of our fantastic yearbook staff. Thank you for all of your hard work. Thank you to Yearbook Advisors Ms. Wallen and Susan Happel for your encouragement and support. Thank you to our fantastic group of editors, Parker, Rachael, Brittany, Soham, Luke and Cynthia. Thank you to my Co-Editor-in-Chief Arielle.

And finally, to our seniors, go forth and expect the unexpected. Use those inevitable twists and turns of life to build something amazing. Congratulations and best of luck."

Arielle Lee (12), Co-Editor-In-Chief :)

"When I joined Yearbook sophomore year, I never thought I would leave high school as a co-editor-in-chief of the club. It's been three long years of hard work, stress and last minute cramming, but every single time it always pays off. The most incredible thing about co-leading this process is that we're able to simultaneously highlight every individual and unite the student body through a common theme. This year in particular, I had the pleasure of working with Talia as co-editors-in-chief. Let me tell you, we had a rough start. But I think that slowly we learned how to divide and conquer based on what we specialized in and that's really when it started to just fall together. I hope you discovered something new about the LHS community as you read this book.

I'm so, so ridiculously proud of how this book has come out. It was such an honor to compile this year's greatest moments and memories into a single book, and I hope we did it justice. As you flip through the pages of this book, I hope you can reflect back on the year and appreciate the experiences you've had and the people you've met.

Lastly, congratulations to the Class of 2019! We've struggled through four (very) long years of high school. When you walk out those blue doors for the last time, you'll be leaving LHS a much different person than the one you were four years ago. This is *just* the beginning, so I wish everyone well as they go off into the world."

Rachel Kuznetsov (12), Writing Editor

"This book has been incredibly fun to make this year. Through the thick and thin, we were able to bring together different aspects of our year that make LHS so special. It's a bittersweet feeling to be writing this, knowing it's my last year. I am so thankful to have had a chance to be an editor in the yearbook and am thankful to everyone who made this book possible. It's been wonderful working with the editors and staff. This opportunity has given me experience that I can bring with me beyond the high school.
We made it, Class of 2019!"

Cynthia Fu (10), Design Editor

"Hi yearbook staff! It's Cynthia (your design editor) and I just really want to tell you guys that you've done such great work on the yearbook throughout the year. You guys have been such a hardworking group of people and always get your assignments done on time. Again, Thank you for being such a great team to work with this year and I hope to see you guys next year!

P.S. Congratulations to the class of 2019! I can't believe you guys are already graduating when I just got to know you guys last year. You guys have helped me adjust to LHS from middle school and I really appreciate it! Thank you seniors!"

Parker Morii-Sciolla (11), Mod Editor

"Working with this years staff has been such a pleasure! I've never seen so many students come together to work on one project. They all worked so diligently and, though it was a long and difficult process, we managed to create something beautiful. Great job, team, and best wishes to all the graduating students. We'll miss you!"

Brittany Lin (9), Assistant Editor

"I love that I had a chance to work on this incredible book with such supportive advisers and a wonderful staff! When I first joined this team, I felt a little overwhelmed by the amount of work it takes to create 200 pages of content. But as the year progressed, the advice and support given to me by the rest of the staff made me feel welcome in the Lexington High community, and I have thoroughly enjoyed working with them all. Late night spread designs, brainstorming sessions, and photography assignments were all so fun. I learned so many different skills, from journalistic writing to basic graphic design. But I think my favorite part of this project was simply learning more about other students. I was able to take a deeper look into the experiences, challenges, and triumphs of my classmates, and I am so glad that I get to share their stories with the rest of the Lexington High community. I am extremely thankful for this experience, and I can't wait to see what else this group will do in the future! Congratulations and best wishes to the Class of 2019!"

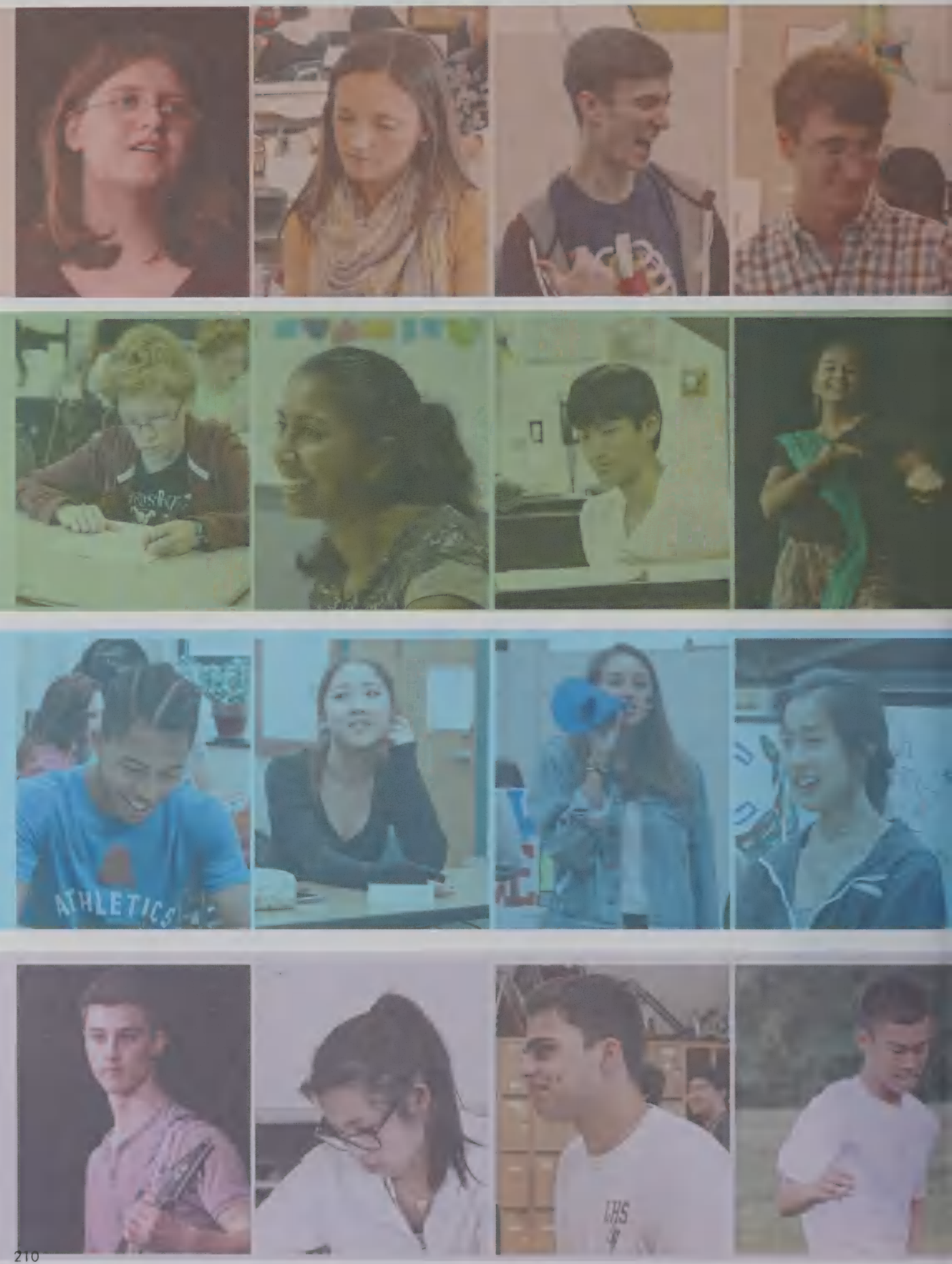
Soham Dave (12), Photo Editor

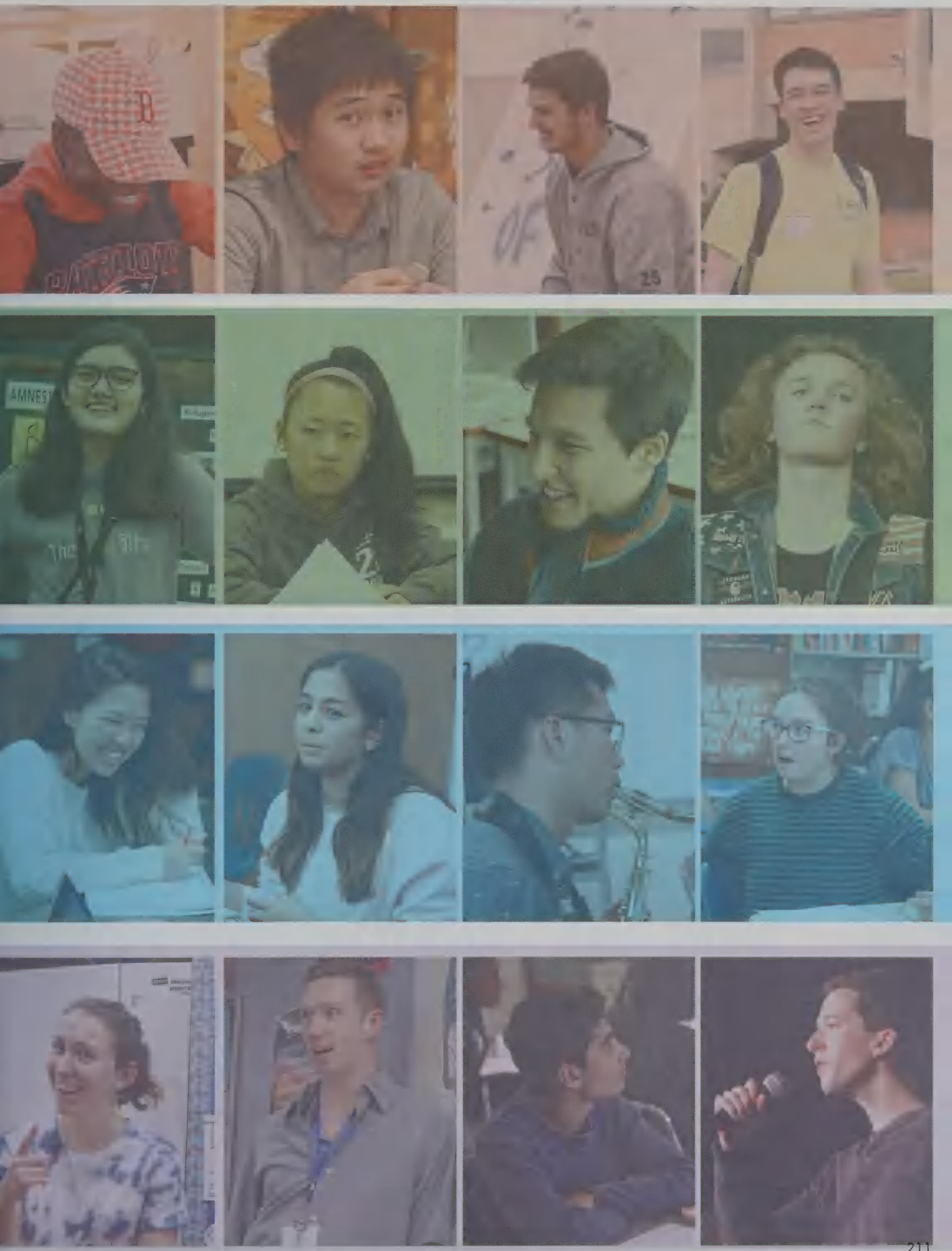
"To be honest, I wasn't sure if I was ready to join the Editor Team due to extracurricular commitments. Frank Ma, the previous editor, assured me that the experience was definitely worth it. Taking his word for it, I soon discovered that he was entirely right. I feel honored to work with such a great group of people, and I feel that as a result of being in a leadership position, I have grown tremendously and have acquired valuable skills that I can utilize in the future."

Luke Choi (12), Photo Editor

"Hey y'all, it's your photo editor here! I didn't really know what I was getting into when I agreed to join the yearbook team this year, but I'm so glad I did! All of y'all new photographers have progressed like crazy and I feel confident you guys are going to kill it next year. Y'all are the backbone of the yearbook, so make sure to keep on taking photos and teaching newbies!

To seniors: Thanks for always making me feel welcome. I've moved 26 times in my life and moving here has by far been the smoothest and most enjoyable experience!"


ATHLETICS
LHS


AMNEST

COLOPHON

The Revolution is the 2018 - 2019 Lexington High School Yearbook of Lexington, Massachusetts. It is the school's 94th volume and 15th full-color book. The book contains 220 pages of vivid color photography to document the minutes in the halls of our hallowed school; a 28-page supplement of spring events will follow. Our thematic perspective this year endeavored to take on the ways in which our high school experience provides elements of the unexpected - be it learning something new in the classroom, a surprising victory on the court, or discovering something both random and cool about the people who comprise this school. This book was published by Herff Jones Yearbooks in Kansas City, MO, with the support of representative Susan Happel and their in-plant support team, too.

The Revolution was produced using the web application, eDesign, a Herff Jones proprietary software. The cover was created in collaboration with graphic designer Ashley Joiner at a Herff Jones sponsored cover clinic in the spring of 2018. The cover is a special fusion printing process that applies a rich four color printing on a muted background. An anti-scuff soft lamination has been applied to the design. To help reinforce the idea of the unexpected, we've embedded our school nickname of "LEX" within the phrase "Live the Unexpected", and we've also used a graphic font that has embedded letters within the optical illusion of their design. The lines of these letters led us to our use of lines as graphic element on pages, though primarily we've tried to let consistent and sleek headline treatments coupled with our photography help tell our visual tales. Our endsheets are a Pantone silver spot blend paper.

We used the font family of AHJ Function throughout the book for our headline treatments, articles, captions, and mods. Our color palette varies, at is often sampled from a pop of color in the dominant photograph.

Professional portraits, sports photos, activities photos and school function photos were provided by SmilePro Studios of Bedford, MA. The majority of candid photos were taken by staff members using The Revolution's Canon EOS Rebel T2i and other digital cameras belonging to various staff members and the school library. All copy for The Revolution was written by an editor or a staff member.

The LHS Yearbook is a member of the Columbia Scholastic Press Association (CSPA), the New England Scholastic Press Association (NESPA), the American Scholastic Press Association (ASPA), and the Quill and Scroll Society.

YEARBOOK STAFF

FRONT ROW: Seoyoung Lee, Cynthia Fu, Li Fen Frothingham, Iris Gu, Catherine Yu, Prakshi Khare, Brittany Lin, Isabelle Lim;
MIDDLE ROW: Rachel Kuznetsov, Anushka Bhagwat, Maya Shimron, Johanna Simon;
BACK ROW: Shekinah Simon, Parker Morii-Sciolla, Luke Lee, Arielle Lee, Shui Hu, Grace Wang, Hannah Steinbrecher, Zhuoran Wen, Talia Chait, Kayla Weng, Enya Zhang; (Not pictured: Harriet Wallen, adviser)

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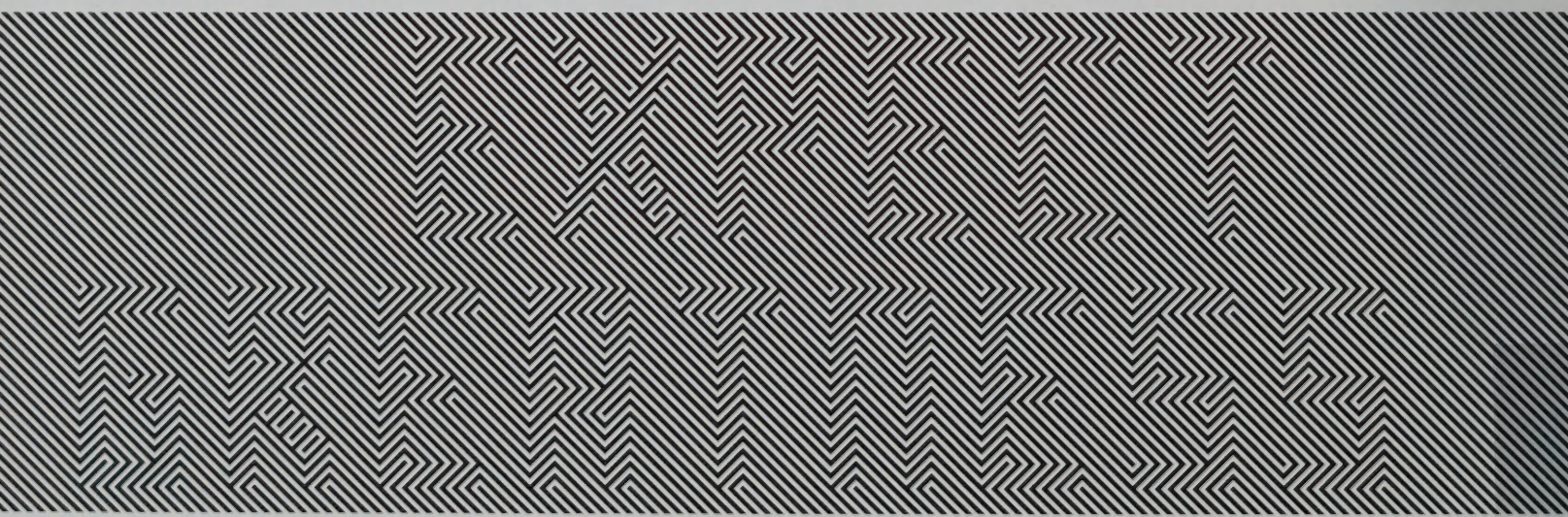
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